

A Regularized Newton Method for Computing Ground States of Bose–Einstein Condensates

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Received: 14 July 2016 / Revised: 15 February 2017 / Accepted: 6 March 2017 / Published online: 15 March 2017 © Springer Science+Business Media New York 2017

Abstract In this paper, we compute ground states of Bose–Einstein condensates (BECs), which can be formulated as an energy minimization problem with a spherical constraint. The energy functional and constraint are discretized by either the finite difference, or sine or Fourier pseudospectral discretization schemes and thus the original infinite dimensional nonconvex minimization problem is approximated by a finite dimensional constrained nonconvex minimization problem. Then we present a feasible gradient type method to solve this minimization problem, which is an explicit scheme and maintains the spherical constraint automatically. To accelerate the convergence of the gradient type method, we approximate the energy functional by its second-order Taylor expansion with a regularized term at each Newton iteration and adopt a cascadic multigrid technique for selecting initial data. It leads to a standard trust-region subproblem and we solve it again by the feasible gradient type method. The convergence of the regularized Newton method is established by adjusting the regularization parameter as the standard trust-region strategy. Extensive numerical experiments on challenging examples, including a BEC in three dimensions with an optical lattice potential and rotating BECs in two dimensions with rapid rotation and strongly repulsive interaction, show that our method is efficient, accurate and robust.

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Keywords Bose–Einstein condensation · Gross–Pitaevskii equation · Ground state · Energy functional · Spherical constraint · Gradient type method · Regularized Newton method

Mathematics Subject Classification 65N25 · 65N35 · 90C30

1 Introduction

Since the first experimental realization in dilute bosonic atomic gases [5,22,31], Bose– Einstein condensation (BEC) has attracted great interest in the atomic, molecule and optical (AMO) physics community and condense matter community [34,38,41,46]. The properties of the condensate at zero or very low temperature are well described by the nonlinear Schrödinger equation (NLSE) for the macroscopic wave function $\psi = \psi(\mathbf{x}, t)$, which is also known as the Gross–Pitaevskii equation (GPE) in three dimensions (3D) [6,29,36,43–45] as

$$i\hbar \frac{\partial \psi(\mathbf{x},t)}{\partial t} = \left(-\frac{\hbar^2}{2m}\nabla^2 + V(\mathbf{x}) + NU_0 \left|\psi(\mathbf{x},t)\right|^2 - \Omega L_z\right)\psi(\mathbf{x},t), \quad (1.1)$$

where *t* is time, $\mathbf{x} = (x, y, z)^{\top} \in \mathbb{R}^3$ is the spatial coordinate vector, *m* is the atomic mass, \hbar is the Planck constant, *N* is the number of atoms in the condensate, Ω is an angular velocity, $V(\mathbf{x})$ is an external trapping potential. The term $U_0 = \frac{4\pi\hbar^2 a_s}{m}$ describes the interaction between atoms in the condensate with the *s*-wave scattering length a_s (positive for repulsive interaction) and

$$L_z = xp_y - yp_x = -i\hbar(x\partial_y - y\partial_x)$$

is the *z*-component of the angular momentum $\mathbf{L} = \mathbf{x} \times \mathbf{P}$ with the momentum operator $\mathbf{P} = -i\hbar\nabla = (p_x, p_y, p_z)^{\top}$. It is also necessary to normalize the wave function properly, i.e.,

$$\|\psi(\cdot, t)\|^2 := \int_{\mathbb{R}^3} |\psi(\mathbf{x}, t)|^2 d\mathbf{x} = 1.$$
 (1.2)

By using a proper nondimensionalization and dimension reduction in some limiting trapping frequency regimes [19,34], we can obtain the dimensionless GPE in *d*-dimensions (d = 1, 2, 3 when $\Omega = 0$ for a non-rotating BEC and d = 2, 3 when $\Omega \neq 0$ for a rotating BEC) [10,43,45]:

$$i\frac{\partial\psi(\mathbf{x},t)}{\partial t} = \left(-\frac{1}{2}\nabla^2 + V(\mathbf{x}) + \beta \left|\psi(\mathbf{x},t)\right|^2 - \Omega L_z\right)\psi(\mathbf{x},t), \quad \mathbf{x} \in \mathbb{R}^d,$$
(1.3)

with the normalization condition

$$\|\psi(\cdot, t)\|^{2} := \int_{\mathbb{R}^{d}} |\psi(\mathbf{x}, t)|^{2} d\mathbf{x} = 1,$$
(1.4)

where $\beta \in \mathbb{R}$ is the dimensionless interaction coefficient, $L_z = -i(x\partial_y - y\partial_x)$ and $V(\mathbf{x})$ is a dimensionless real-valued external trapping potential. In most applications of BEC, the harmonic potential is used [16, 17]

$$V(\mathbf{x}) = \frac{1}{2} \begin{cases} \gamma_x^2 x^2, & d = 1, \\ \gamma_x^2 x^2 + \gamma_y^2 y^2, & d = 2, \\ \gamma_x^2 x^2 + \gamma_y^2 y^2 + \gamma_z^2 z^2, & d = 3, \end{cases}$$
(1.5)

where γ_x , γ_y and γ_z are three given positive constants.

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Define the energy functional

$$E(\phi) = \int_{\mathbb{R}^d} \left[\frac{1}{2} \left| \nabla \phi(\mathbf{x}) \right|^2 + V(\mathbf{x}) \left| \phi(\mathbf{x}) \right|^2 + \frac{\beta}{2} \left| \phi(\mathbf{x}) \right|^4 - \Omega \bar{\phi}(\mathbf{x}) L_z \phi(\mathbf{x}) \right] d\mathbf{x}, \quad (1.6)$$

where \overline{f} denotes the complex conjugate of f, then the ground state of a BEC is usually defined as the minimizer of the following nonconvex minimization problem [3,10,40,43,45]:

$$\phi_g = \arg \min_{\phi \in S} E(\phi), \tag{1.7}$$

where the spherical constraint S is defined as

$$S = \left\{ \phi \mid E(\phi) < \infty, \ \int_{\mathbb{R}^d} |\phi(\mathbf{x})|^2 \, d\mathbf{x} = 1 \right\}.$$
(1.8)

It can be verified that the first-order optimality condition (or Euler-Lagrange equation) of (1.7) is the nonlinear eigenvalue problem, i.e., find ($\mu \in \mathbb{R}, \phi(\mathbf{x})$) such that

$$\mu \phi(\mathbf{x}) = -\frac{1}{2} \nabla^2 \phi(\mathbf{x}) + V(\mathbf{x}) \phi(\mathbf{x}) + \beta |\phi(\mathbf{x})|^2 \phi(\mathbf{x}) - \Omega L_z \phi(\mathbf{x}), \quad \mathbf{x} \in \mathbb{R}^d, \quad (1.9)$$

with the spherical constraint

$$\|\boldsymbol{\phi}\|^2 := \int_{\mathbb{R}^d} |\boldsymbol{\phi}(\mathbf{x})|^2 \, d\mathbf{x} = 1.$$
(1.10)

Any eigenvalue μ (or chemical potential in the physics literature) of (1.9)–(1.10) can be computed from its corresponding eigenfunction $\phi(\mathbf{x})$ by [10,43,45]

$$\mu = \mu(\phi) = E(\phi) + \int_{\mathbb{R}^d} \frac{\beta}{2} \left|\phi(\mathbf{x})\right|^4 d\mathbf{x}.$$

In fact, (1.9) can also be obtained from the GPE (1.3) by taking the anstaz $\psi(\mathbf{x}, t) = e^{-i\mu t} \phi(\mathbf{x})$, and thus it is also called as time-independent GPE [10,43,45].

One of the two major problems in the theoretical study of BEC is to analyze and efficiently compute the ground state ϕ_g in (1.7), which plays an important role in understanding the theory of BEC as well as predicting and guiding experiments. For the existence and uniqueness as well as non-existence of the ground state under different parameter regimes, we refer to [10, 39, 40] and references therein.

Different numerical methods have been proposed in the literatures for computing the ground state of BEC and they can be classified into two classes through different formulations and numerical techniques. The first class of numerical methods has been designed via the formulation of the nonlinear eigenvalue problem (1.9)—time-independent partial differential equation (PDE)—under the constraint (1.10) with different numerical techniques, such as the Runge–Kutta type method [2,33] for a BEC in 1D and 2D/3D with radially/spherically symmetric external trap, the simple analytical type method [32], the direct inversion in the iterated subspace method [48], the Newton's method for solving the nonlinear system [17], the continuation method [25] and the Gauss–Seidel-type method [26]. The second class of numerical methods has been constructed via the formulation of the constrained minimization problem (1.7) with different gradient techniques for dealing with the minimization and/or projection techniques for handling the spherical constraint, such as the explicit imaginarytime algorithm used in the physics literature [3,4,24,26,27,47], the Sobolev gradient method [35], the normalized gradient flow method [7-9,11,14,16,19] which has been extended to compute ground states of spin-1 BEC [15,18], dipolar BEC [13] and spin-orbit coupled BEC [12], and the new Sobolev gradient method [30]. In these numerical methods, the time-independent infinitely dimensional constrained minimization problem (1.7) is first reformulated to a *time-dependent* gradient-type PDE and the ground state is obtained as the steady state of the gradient-type PDE with a proper choice of initial data.

In each numerical method, proper spatial and/or temporal discretization need to be chosen in practical computations, and different spatial/temporal discretization schemes have been proposed in the literature. For the numerical methods in the first class, only spatial discretization is needed, e.g. the time-independent nonlinear eigenvalue problem (1.9) and the constraint (1.10) can be discretized in space via different numerical methods, such as finite difference, spectral and finite element methods [2, 17, 26, 32, 33]. For the numerical methods in the second class, both spatial and temporal discretizations are needed, e.g. the normalized gradient flow is discretized in time by the backward Euler method and in space by the finite difference (BEFD) or Fourier (or sine) pseudospectral (BEFP) methods [7–9, 14, 16, 19].

Among those existing numerical methods for computing the ground state of BEC, most of them converge only linearly in the iteration and/or require to solve a large-scale linear system per iteration. Thus the computational cost is quite expensive especially for the large scale problems, such as the ground state of a BEC in 3D with an optical lattice potential or a rotating BEC with fast rotation and/or strong interaction. On the other hand, over the last two decades, some advanced optimization methods have been developed for computing the minimizers of finite dimensional nonconvex minimization problems, such as the Newton method via trust-region strategy [28,42,49] which converges quadratically or super-linearly.

The main aim of this paper is to propose an efficient and accurate regularized Newton method for computing the ground states of BEC by integrating proper PDE discretization techniques and advanced modern optimization methods. By discretizing the energy functional (1.6) and the spherical constraint (1.10) with either the finite difference, or sine or Fourier pseudospectral discretization schemes, we approximate the original infinite dimensional constrained minimization problem (1.7) by a finite dimensional minimization problem with a spherical constraint. Then we present an explicit feasible gradient type optimization method to construct an initial solution, which generates new trial points along the gradient on the unit ball so that the constraint is preserved automatically. The gradient type method is an explicit iterative scheme and the main costs arise from the assembling of the energy functional and its projected gradient on the manifold. Although this method often works well on well-posed problems, the convergence of the gradient type method is often slowed down when some parameters in the energy functional become large, e.g. $\beta \gg 1$ and Ω is near the fast rotation regime in (1.7). To accelerate the convergence of the iteration, we propose a regularized Newton type method by approximating the energy functional via its second-order Taylor expansion with a regularized term at each Newton iteration with the regularization parameter adjusted via the standard trust-region strategy [28,42,49]. The corresponding regularized Newton subproblem is a standard trust-region subproblem which can be solved efficiently by the gradient type method since it is not necessary to solve the subproblem to a high accuracy, especially, at the early stage of the algorithm when a good starting guess is not available. Furthermore, the numerical performance of the gradient method can be improved by the state-of-the-art acceleration techniques such as Barzilai–Borwein steps and nonmonotone line search which guarantees global convergence [28,42,49]. In addition, we adopt a cascadic multigrid technique [21] to select a good starting guess at the finest mesh in the computation, which significantly reduces the computational cost. Extensive numerical experiments demonstrate that our approach can quickly reach the vicinity of an optimal solution and produce a moderately accurate approximation, even for the very challenging and difficult cases, such as computing the ground state of a BEC in 3D with an optical lattice potential or a rotating BEC with fast rotation and/or strong interaction.

The rest of this paper is organized as follows. Different discretizations of the energy functional and the spherical constraint via the finite difference, sine and Fourier pseudospectral schemes are introduced in Sect. 2. In Sect. 3, we present the gradient type method for solving the discretized minimization problem with a spherical constraint. In Sect. 4, we propose the regularized Newton algorithm to accelerate the convergence. Numerical results are reported in Sect. 5 to illustrate the efficiency and accuracy of our algorithms. Finally, some concluding remarks are given in Sect. 6. Throughout this paper, we adopt the standard linear algebra notations. In addition, given $x \in \mathbb{C}^m$, the operators $\bar{x}, x^*, \Re(x)$ and $\Im(x)$ denote the complex conjugate, the complex conjugate transpose, the real and imaginary parts of x, respectively.

2 Discretization of the Energy Functional and Constraint

In this section, we introduce different discretizations of the energy functional (1.6) and constraint (1.10) in the constrained minimization problem (1.7) and reduce it to a finite dimensional minimization problem with a spherical constraint. Due to the external trapping potential, the ground state of (1.7) decays exponentially as $|\mathbf{x}| \rightarrow \infty$ [10,39,40]. Thus we can truncate the energy functional and constraint from the whole space \mathbb{R}^d to a bounded computational domain U which is chosen large enough such that the truncation error is negligible with either homogeneous Dirichlet or periodic boundary conditions. We remark here that, from the analytical results [10,39,40], when $\Omega = 0$, i.e., a non-rotating BEC, the ground state ϕ_g can be taken as a real non-negative function; and when $\Omega \neq 0$, i.e., a rotating BEC, it is in general a complex-valued function, which will be adopted in our numerical computations.

2.1 Finite Difference Discretization

Here we present discretizations of (1.6) and (1.10) truncated on a bounded computational domain U with homogeneous Dirichlet boundary condition by approximating spatial derivatives via the second-order finite difference (FD) method and the definite integrals via the composite trapezoidal quadrature. For simplicity of notation, we only introduce the FD discretization in 1D. Extensions to 2D and 3D without/with rotation are straightforward and the details are omitted here for brevity.

For d = 1, we take U = (a, b) as an interval in 1D. Let h = (b - a)/N be the spatial mesh size with N a positive even integer and denote $x_j = a + jh$ for j = 0, 1, ..., N, and thus $a = x_0 < x_1 < \cdots < x_{N-1} < x_N = b$ be the equidistant partition of U. Let ϕ_j be the numerical approximation of $\phi(x_j)$ for j = 0, 1, ..., N satisfying $\phi_0 = \phi(x_0) = \phi_N = \phi(x_N) = 0$ and denote $\Phi = (\phi_1, ..., \phi_{N-1})^{\top}$. The energy functional (1.6) with d = 1 and $\Omega = 0$ can be truncated and discretized as

$$E(\phi) \approx \int_{a}^{b} \left[\frac{1}{2} (\phi'(x))^{2} + V(x)\phi(x)^{2} + \frac{\beta}{2}\phi(x)^{4} \right] dx$$

$$= \sum_{j=0}^{N-1} \int_{x_{j}}^{x_{j+1}} \left[-\frac{1}{2}\phi(x)\phi''(x) + V(x)\phi(x)^{2} + \frac{\beta}{2}\phi(x)^{4} \right] dx$$

$$\approx h \sum_{j=1}^{N-1} \left[-\frac{1}{2}\phi_{j}\frac{\phi_{j+1} - 2\phi_{j} + \phi_{j-1}}{h^{2}} + V(x_{j})\phi_{j}^{2} + \frac{\beta}{2}\phi_{j}^{4} \right]$$

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$$= h \sum_{j=0}^{N-1} \frac{1}{2} \left(\frac{\phi_{j+1} - \phi_j}{h} \right)^2 + h \sum_{j=1}^{N-1} \left[V(x_j) \phi_j^2 + \frac{\beta}{2} \phi_j^4 \right]$$
$$= h \left[\Phi^\top A \Phi + \frac{\beta}{2} \sum_{j=1}^{N-1} \phi_j^4 \right] := E_h(\Phi),$$
(2.1)

where $A = (a_{jk}) \in \mathbb{R}^{(N-1) \times (N-1)}$ is a symmetric tri-diagonal matrix with entries

$$a_{jk} = \begin{cases} \frac{1}{h^2} + V(x_j), & j = k, \\ -\frac{1}{2h^2}, & |j - k| = 1, \\ 0, & \text{otherwise.} \end{cases}$$

Similarly, the constraint (1.10) with d = 1 can be truncated and discretized as

$$\|\phi\|^2 \approx \int_a^b \phi(x)^2 dx = \sum_{j=0}^{N-1} \int_{x_j}^{x_{j+1}} \phi(x)^2 dx \approx h \sum_{j=1}^{N-1} \phi_j^2 := \|\Phi\|_h^2 = 1, \quad (2.2)$$

which immediately implies that the set S can be discretized as

$$S_h = \left\{ \boldsymbol{\Phi} \in \mathbb{R}^{N-1} \mid E_h(\boldsymbol{\Phi}) < \infty, \ \|\boldsymbol{\Phi}\|_h^2 = 1 \right\}.$$
(2.3)

Hence, the original problem (1.7) with d = 1 can be approximated by the discretized minimization problem via the FD discretization:

$$\Phi_g = \arg\min_{\Phi \in S_h} E_h(\Phi). \tag{2.4}$$

Denote $G_h = \nabla E_h(\Phi)$ be the gradient of $E_h(\Phi)$, notice (2.1), we have

$$G_h := \nabla E_h(\Phi) = 2h \left(A \Phi + \beta \Phi^3 \right), \qquad (2.5)$$

where $\Phi^3 \in \mathbb{R}^{N-1}$ is defined component-wisely as $(\Phi^3)_j = \phi_j^3$ for j = 1, ..., N-1. We remark here that, when the FD discretization is applied, the matrix A is a symmetric positive definite sparse matrix. In addition, for the analysis of convergence and second order convergence rate of the above FD discretization, we refer the reader to [23,52].

2.2 Sine Pseudospectral Discretization

For a non-rotating BEC, i.e. $\Omega = 0$, when high precision is required such as BEC with an optical lattice potential, we can replace the FD discretization by the sine pseudospectral (SP) method when homogeneous Dirichlet boundary conditions are applied. Again, we only present the discretization in 1D, and extensions to 2D and 3D without rotation are straightforward and the details are omitted here for brevity.

For d = 1, using similar notations as the FD scheme, similarly to (2.1), the energy functional (1.6) with d = 1 and $\Omega = 0$ truncated on U can be discretized by the SP method as

$$E(\phi) \approx h \sum_{j=1}^{N-1} \left[-\frac{1}{2} \phi_j \, \partial_{xx}^s \phi \Big|_{x=x_j} + V(x_j) \phi_j^2 + \frac{\beta}{2} \phi_j^4 \right], \tag{2.6}$$

where ∂_{xx}^s is the sine pseudospectral differential operator approximating the operator ∂_{xx} , defined as

$$\partial_{xx}^{s} \phi \Big|_{x=x_{j}} = -\sum_{l=1}^{N-1} \lambda_{l}^{2} \, \tilde{\phi}_{l} \, \sin\left(\frac{jl\pi}{N}\right), \quad j = 1, 2, \dots, N-1,$$
 (2.7)

with $\{\tilde{\phi}_l\}_{l=1}^{N-1}$ the coefficients of the discrete sine transform (DST) of $\Phi \in \mathbb{R}^{N-1}$, given as

$$\tilde{\phi}_{l} = \frac{2}{N} \sum_{j=1}^{N-1} \phi_{j} \sin\left(\frac{jl\pi}{N}\right), \qquad \lambda_{l} = \frac{\pi l}{b-a}, \qquad l = 1, 2, \dots, N-1.$$
(2.8)

Introduce V = diag(V(x₁),...,V(x_{N-1})), Λ = diag(λ_1^2 ,..., λ_{N-1}^2) and C = (c_{jk}) $\in \mathbb{R}^{(N-1)\times(N-1)}$ with entries $c_{jk} = \sin\left(\frac{jk\pi}{N}\right)$ for j, k = 1,...,N-1 and denote $\widetilde{\Phi} = \left(\widetilde{\phi}_1,\ldots,\widetilde{\phi}_{N-1}\right)^{\top} = \frac{2}{N}C\Phi$. Plugging (2.7) and (2.8) into (2.6), we get

$$E(\phi) \approx h\left[\Phi^{\top}B\Phi + \frac{\beta}{2}\sum_{j=1}^{N-1}\phi_j^4\right] := E_h(\Phi), \qquad (2.9)$$

where $B \in \mathbb{R}^{(N-1) \times (N-1)}$ is a symmetric positive definite matrix defined as

$$B = \frac{1}{N}C\Lambda C + \mathbf{V}.$$
(2.10)

In fact, the first term in (2.9) can be computed efficiently at cost $O(N \ln N)$ through DST as

$$\Phi^{\top}B\Phi = \frac{N}{4}\widetilde{\Phi}^{\top}\Lambda\widetilde{\Phi} + \Phi^{\top}V\Phi = \frac{N}{4}\sum_{l=1}^{N-1}\lambda_l^2\widetilde{\phi}_l^2 + \sum_{j=1}^{N-1}V(x_j)\phi_j^2.$$
 (2.11)

Again, the original problem (1.7) with d = 1 can be approximated by the discretized minimization problem via the SP discretization:

$$\Phi_g = \arg\min_{\Phi \in S_h} E_h(\Phi). \tag{2.12}$$

Noticing (2.9), we have

$$G_h := \nabla E_h(\Phi) = 2h \left(B\Phi + \beta \Phi^3 \right) = 2h \left(\frac{1}{N} C \Lambda C \Phi + V \Phi + \beta \Phi^3 \right).$$
(2.13)

2.3 Fourier Pseudospectral Discretization

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For a rotating BEC, i.e. $\Omega \neq 0$, due to the appearance of the angular momentum rotation, we usually truncate the energy functional (1.6) and constraint (1.10) on a bounded computational domain U with periodic boundary conditions and approximate spatial derivatives via the Fourier pseudospectral (FP) method and the definite integrals via the composite trapezoidal quadrature. For simplicity of notation, we only introduce the FP discretization in 2D. Extensions to 3D are straightforward and the details are omitted here for brevity.

For d = 2, we take $U = [a_1, b_1] \times [a_2, b_2]$ as a rectangle in 2D. Let $h_1 = \frac{b_1 - a_1}{N_1}$ and $h_2 = \frac{b_2 - a_2}{N_2}$ be the spatial mesh sizes with N_1 and N_2 two positive integers and denote $x_j = a_1 + jh_1$ for $j = 0, 1, ..., N_1, y_k = a_2 + kh_2$ for $k = 0, 1, ..., N_2$. Denote $h = \max\{h_1, h_2\}$ and $U_{jk} = (x_j, x_{j+1}) \times (y_k, y_{k+1})$. Let ϕ_{jk} be the numerical approximation of $\phi(x_j, y_k)$

for $j = 0, 1, ..., N_1$ and $k = 0, 1, ..., N_2$ satisfying $\phi_{jN_2} = \phi_{j0}$ for $j = 0, 1, ..., N_1$ and $\phi_{N_1k} = \phi_{0k}$ for $k = 0, 1, ..., N_2$ and denote $\Phi = (\phi_{jk}) \in \mathbb{C}^{N_1 \times N_2}$. The energy functional (1.6) with d = 2 can be truncated and discretized as

$$E(\phi) \approx \int_{a_{1}}^{b_{1}} \int_{a_{2}}^{b_{2}} \left[-\frac{1}{2} \bar{\phi} \Delta \phi + V(x, y) |\phi|^{2} + \frac{\beta}{2} |\phi|^{4} + i \Omega \bar{\phi} (x \partial_{y} - y \partial_{x}) \phi \right] dx dy$$

$$= \sum_{j=0}^{N_{1}-1} \sum_{k=0}^{N_{2}-1} \int_{U_{jk}} \left[-\frac{1}{2} \bar{\phi} \Delta \phi + V(x, y) |\phi|^{2} + \frac{\beta}{2} |\phi|^{4} + i \Omega \bar{\phi} (x \partial_{y} - y \partial_{x}) \phi \right] dx dy$$

$$\approx h_{1}h_{2} \sum_{j=0}^{N_{1}} \sum_{k=0}^{N_{2}} \left[-\bar{\phi}_{jk} \left(\frac{1}{2} \partial_{xx}^{f} \phi \Big|_{jk} + \frac{1}{2} \partial_{yy}^{f} \phi \Big|_{jk} + i \Omega y_{k} \partial_{x}^{f} \phi \Big|_{jk} - i \Omega x_{j} \partial_{y}^{f} \phi \Big|_{jk} \right)$$

$$+ V(x_{j}, y_{k}) |\phi_{jk}|^{2} + \frac{\beta}{2} |\phi_{jk}|^{4}] \alpha_{jk} := E_{h}(\Phi), \qquad (2.14)$$

where

$$\alpha_{jk} = \begin{cases} 1 & 1 \le j \le N_1 - 1, \ 1 \le k \le N_2 - 1, \\ 1/4 & j = 0 \& k = 0, N_2 \text{ or } j = N_1 \text{ and } k = 0, N_2, \\ 1/2 & \text{otherwise}, \end{cases}$$

and the Fourier pseudospectral differential operators are given as

$$\partial_{x}^{f} \phi \Big|_{jk} = \sum_{p=-N_{1}/2}^{N_{1}/2-1} i \lambda_{p} \tilde{\phi}_{pk}^{(1)} e^{i\frac{2\pi jp}{N_{1}}}, \quad \partial_{xx}^{f} \phi \Big|_{jk} = -\sum_{p=-N_{1}/2}^{N_{1}/2-1} \lambda_{p}^{2} \tilde{\phi}_{pk}^{(1)} e^{i\frac{2\pi jp}{N_{1}}}, \\ \partial_{y}^{f} \phi \Big|_{jk} = \sum_{q=-N_{2}/2}^{N_{2}/2-1} i \eta_{q} \tilde{\phi}_{jq}^{(2)} e^{i\frac{2\pi kq}{N_{2}}}, \quad \partial_{yy}^{f} \phi \Big|_{jk} = -\sum_{q=-N_{2}/2}^{N_{2}/2-1} \eta_{q}^{2} \tilde{\phi}_{jq}^{(2)} e^{i\frac{2\pi kq}{N_{2}}},$$
(2.15)

with

$$\tilde{\phi}_{pk}^{(1)} = \frac{1}{N_1} \sum_{j=0}^{N_1-1} \phi_{jk} e^{-i\frac{2\pi jp}{N_1}}, \quad \lambda_p = \frac{2\pi p}{b_1 - a_1}, \quad p = -\frac{N_1}{2}, \dots, \frac{N_1}{2} - 1,$$

$$\tilde{\phi}_{jq}^{(2)} = \frac{1}{N_2} \sum_{k=0}^{N_2-1} \phi_{jk} e^{-i\frac{2\pi kq}{N_2}}, \quad \eta_q = \frac{2\pi q}{b_2 - a_2}, \quad q = -\frac{N_2}{2}, \dots, \frac{N_2}{2} - 1.$$
(2.16)

Plugging (2.15) and (2.16) into (2.14), the discretized energy functional $E_h(\Phi)$ can be computed efficiently via the fast Fourier transform (FFT) as

$$E_{h}(\Phi) = h_{1}h_{2} \left[\sum_{k=0}^{N_{2}} \alpha_{1k} N_{1} \sum_{p=-N_{1}/2}^{N_{1}/2-1} \left(\frac{\lambda_{p}^{2}}{2} + y_{k}\lambda_{p}\Omega \right) \left| \tilde{\phi}_{pk}^{(1)} \right|^{2} + \sum_{j=0}^{N_{1}} \alpha_{j1} N_{2} \sum_{q=-N_{2}/2}^{N_{2}/2-1} \left(\frac{\eta_{q}^{2}}{2} - x_{j}\eta_{q}\Omega \right) \left| \tilde{\phi}_{jq}^{(2)} \right|^{2} \right] + h_{1}h_{2} \sum_{j=0}^{N_{1}} \sum_{k=0}^{N_{2}} \alpha_{jk} \left[V(x_{j}, y_{k}) \left| \phi_{jk} \right|^{2} + \frac{\beta}{2} \left| \phi_{jk} \right|^{4} \right].$$
(2.17)

Similarly, the constraint (1.10) with d = 2 can be truncated and discretized as

$$\|\phi\|^2 \approx \int_{a_1}^{b_1} \int_{a_2}^{b_2} |\phi(x, y)|^2 \, dx \, dy \approx h_1 h_2 \sum_{j=0}^{N_1-1} \sum_{k=0}^{N_2-1} \left|\phi_{jk}\right|^2 := \|\Phi\|_h^2 = 1, \quad (2.18)$$

which immediately implies that the set S can be discretized as

$$S_{h} = \left\{ \Phi \in \mathbb{C}^{N_{1} \times N_{2}} \mid E_{h}(\Phi) < \infty, \ \|\Phi\|_{h}^{2} = 1 \right\}.$$
 (2.19)

Hence, the original problem (1.7) with d = 2 can be approximated by the discretized minimization problem via the FP discretization:

$$\Phi_g = \arg\min_{\Phi \in S_h} E_h(\Phi). \tag{2.20}$$

Noticing (2.17), similarly to (2.13), $G_h = \nabla E_h(\Phi)$ can be computed efficiently via FFT in a similar manner with the details omitted here for brevity.

3 A Feasible Gradient Type Method

By using the finite difference (FD), or sine/Fourier pseudospectral discretization (SP/FP), the infinite dimensional nonconvex minimization problem (1.7) can be approximated by a finite dimensional constrained nonconvex minimization problem in a unified way via a proper rescaling as

$$u_g := \arg \min_{u \in S_M} \mathcal{F}(u) := \frac{1}{2} u^* A u + \alpha \sum_{j=1}^M |u_j|^4,$$
 (3.1)

where *M* is a positive integer, α is a given real constant, $A \in \mathbb{C}^{M \times M}$ is a Hermitian matrix and the spherical constraint is given as

$$S_M = \left\{ u = (u_1, u_2, \dots, u_M)^\top \in \mathbb{C}^M \mid ||u||_2^2 := \sum_{j=1}^M |u_j|^2 = 1 \right\}.$$

3.1 Optimality Conditions

In this subsection, we first derive the optimality conditions of the problem (3.1). The gradient and Hessian of $\mathcal{F}(u)$ can be written explicitly.

Lemma 1 The first and second-order directional derivatives of $\mathcal{F}(u)$ along a direction $d \in \mathbb{C}^M$ are:

$$\nabla \mathcal{F}(u)[d] = \Re(d^*Au) + 4\alpha \sum_{j=1}^{M} \left(\bar{u}_j u_j \right) \Re \left(\bar{u}_j d_j \right), \qquad (3.2)$$

$$\nabla^{2} \mathcal{F}(u)[d,d] = d^{*}Ad + 4\alpha \sum_{j=1}^{M} \left[(\bar{u}_{j}u_{j}) \left(\bar{d}_{j}d_{j} \right) + 2\Re \left(\bar{u}_{j}d_{j} \right)^{2} \right].$$
(3.3)

Define the Lagrangian function of (3.1) as

$$L(u,\theta) = \mathcal{F}(u) - \frac{\theta}{2} \left(\|u\|_{2}^{2} - 1 \right),$$
(3.4)

then the first-order optimality conditions of (3.1) are

$$g - \theta u = 0, \tag{3.5}$$

$$\|u\|_2 = 1, (3.6)$$

where $g = \nabla \mathcal{F}(u)$ is the gradient of $\mathcal{F}(u)$. Multiplying both sides of (3.5) by u^* and using (3.6), we have $\theta = u^*g$. Therefore, (3.5) becomes

$$(I - uu^*)g = \mathcal{A}(u)u = 0, \quad \text{with} \quad \mathcal{A}(u) = gu^* - ug^*.$$
 (3.7)

By definition, $\mathcal{A}(u)$ is skew-symmetric at every u.

By differentiating both sides of $u^*u = 1$, we obtain the tangent vector set of the constraints:

$$\mathcal{T}_u := \left\{ z \in \mathbb{C}^M : u^* z = 0 \right\}.$$
(3.8)

The second-order optimality conditions is described as follows.

Lemma 2 (1) (Second-order necessary conditions, Theorem 12.5 in [42]) Suppose that $u \in \mathbb{C}^M$ is a local minimizer of the problem (3.1). Then u satisfies

$$\nabla^{2} \mathcal{F}(u)[d,d] - \theta d^{*}d \ge 0, \quad \forall d \in \mathcal{T}_{u}, \quad where \ \theta = \nabla \mathcal{F}(u)^{*}u.$$
(3.9)

(2) (Second-order sufficient conditions, Theorem 12.6 in [42]) Suppose that for $u \in \mathbb{C}^M$, there exists a Lagrange multiplier θ such that the first-order conditions are satisfied. Suppose also that

$$\nabla^2 \mathcal{F}(u) \left[d, d \right] - \theta d^* d > 0, \tag{3.10}$$

for any vector $d \in T_u$. Then u is a strict local minimizer for (3.1).

3.2 The Feasible Gradient Type Method

In this subsection, we consider to solve the problem (3.1) by following the feasible gradient method proposed in [51]. The description of the algorithm is included to keep the exposition as self-contained as possible. Observe that $\mathcal{A}(u)u$ is the gradient of $\mathcal{F}(u)$ at u projected to the tangent space of the constraints. The steepest descent path is $\hat{y}(\tau) := u - \tau \mathcal{A}(u)u$, where τ is a positive constant representing the step size. However, this $\hat{y}(\tau)$ does not generally have a unit norm.

An alternative implicit updating path is

$$y(\tau) := u - \tau \mathcal{A}(u)(u + y(\tau)) \Longleftrightarrow y(\tau) = (I + \tau \mathcal{A}(u))^{-1} (I - \tau \mathcal{A}(u)) u. \quad (3.11)$$

Then the fact that $(I + \tau \mathcal{A}(u))^{-1} (I - \tau \mathcal{A}(u))$ is orthogonal for any $\tau \ge 0$ gives $||y(\tau)||_2 = ||u||_2 = 1$, i.e., the constraints are preserved at every τ . The closed-form solution of $y(\tau)$ can be computed explicitly as a linear combination of u and g, in which the linear coefficients are determined by τ , $||u||_2$, $||g||_2$ and u^*g .

Theorem 1 For every $\tau \ge 0$, $y(\tau)$ of (3.11) satisfies $||y(\tau)||_2 = ||u||_2$. In addition, $y(\tau)$ is given in the closed-form as

$$y(\tau) = \alpha(\tau)u + \beta(\tau)g, \qquad (3.12)$$

where

$$\alpha(\tau) = \frac{(1 + \tau u^* g)^2 - \tau^2 \|u\|_2^2 \|g\|_2^2}{1 - \tau^2 (u^* g)^2 + \tau^2 \|u\|_2^2 \|g\|_2^2}, \quad \beta(\tau) = \frac{-2\tau \|u\|_2^2}{1 - \tau^2 (u^* g)^2 + \tau^2 \|u\|_2^2 \|g\|_2^2}.$$

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We refer to [51] for the details of the proof of this theorem.

A suitable step size τ can be chosen by using a nonmonotone curvilinear (as our search path is on the manifold rather than a straight line) search with an initial step size determined by the Barzilai–Borwein (BB) formula [20]. They were developed originally for the vector case in [20]. At iteration *k*, the step size is computed as

$$\tau^{k,1} = \frac{\left(s^{(k-1)}\right)^* s^{(k-1)}}{\left|\left(s^{(k-1)}\right)^* w^{(k-1)}\right|} \quad \text{or} \quad \tau^{k,2} = \frac{\left|\left(s^{(k-1)}\right)^* w^{(k-1)}\right|}{\left(w^{(k-1)}\right)^* w^{(k-1)}},\tag{3.13}$$

where $s^{(k-1)} = u^{(k)} - u^{(k-1)}$ and $w^{(k-1)} = \mathcal{A}(u^{(k)})u^{(k)} - \mathcal{A}(u^{(k-1)})u^{(k-1)}$. When $\tau^{k,1}$ or $\tau^{k,2}$ is not bounded, they are reset to a finite number.

In order to guarantee convergence, the final value for $\tau^{(k)}$ is a fraction of $\tau^{k,1}$ or $\tau^{k,2}$ determined by a nonmonotone search condition. Let $y(\tau)$ be defined by (3.11), $C^{(0)} = \mathcal{F}(u^{(0)})$, $Q^{(k+1)} = \eta Q^{(k)} + 1$ with $0 < \eta < 1$ a constant and $Q^{(0)} = 1$. The new points are generated iteratively in the form $u^{(k+1)} := y^{(k)}(\tau^{(k)})$ with $\tau^{(k)} = \frac{1}{2}\tau^{k,1}\delta^m$ or $\tau^{(k)} = \frac{1}{2}\tau^{k,2}\delta^m$ and $0 < \delta < 1$ a constant. Here *m* is the smallest nonnegative integer satisfying

$$\mathcal{F}(y^{(k)}(\tau^{(k)})) \le C^{(k)} - \rho_1 \tau^{(k)} \left\| \mathcal{A}(u^{(k)}) u^{(k)} \right\|_2^2,$$
(3.14)

where each reference value $C^{(k+1)}$ is taken to be the convex combination of $C^{(k)}$ and $\mathcal{F}(u^{(k+1)})$ as $C^{(k+1)} = (\eta Q^{(k)}C^{(k)} + \mathcal{F}(u^{(k+1)}))/Q^{(k+1)}$. In Algorithm 1 below, we specify our method for solving the constrained minimization problem (3.1) obtained from the discretization of the ground state of BEC. Although several backtracking steps may be needed to update the $u^{(k+1)}$, we observe that the BB step size $\tau^{k,1}$ or $\tau^{k,2}$ is often sufficient for (3.14) to hold in most of our numerical experiments.

Algorithm 1: A feasible gradient method

1 Given $u^{(0)}$, set ρ_1 , δ , $\eta \in (0, 1)$, k = 0. 2 while stopping conditions are not met **do** 3 Compute $\tau^{(k)} \leftarrow \frac{1}{2}\tau^{k,1}\delta^m$ or $\tau^{(k)} \leftarrow \frac{1}{2}\tau^{k,2}\delta^m$, where *m* is the smallest nonnegative integer satisfying the condition (3.14). 4 Set $u^{(k+1)} \leftarrow y(\tau)$. 5 $Q^{(k+1)} \leftarrow \eta Q^{(k)} + 1$ and $C^{(k+1)} \leftarrow (\eta Q^{(k)}C^{(k)} + \mathcal{F}(u^{(k+1)}))/Q^{(k+1)}$. 6 $k \leftarrow k + 1$.

We can establish the convergence of Algorithm 1 as follows.

Theorem 2 Let $\{u^{(k)} : k \ge 0\}$ be an infinite sequence generated by the Algorithm 1. Then either $\|\mathcal{A}(u^{(k)})u^{(k)}\|_2 = 0$ for some finite k or

$$\liminf_{k \to \infty} \left\| \mathcal{A}(u^{(k)}) u^{(k)} \right\|_2 = 0.$$

Proof Since the energy function $\mathcal{F}(u)$ is differentiable and its gradient $\nabla \mathcal{F}(u)$ is Lipschitiz continuous, the results can be obtained using the proofs of [37] in a similar fashion.

Remark 1 The convergence of the full sequence $\{u^{(k)}\}$ can be ensured if a monotone line search is used. Given $\hat{\alpha} > 0$, ρ_1 , $\delta \in (0, 1)$, the Armijo point at $u^{(k)}$ is defined as $y^{(k)}(\tau^{(k)})$,

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where $y(\tau)$ is the curve (3.11), $\tau^{(k)} = \hat{\alpha} \delta^m$ and *m* is the smallest nonnegative integer satisfying

$$\mathcal{F}\left(y^{(k)}(\tau^{(k)})\right) \le \mathcal{F}\left(u^{(k)}\right) - \rho_1 \tau^{(k)} \left\| \mathcal{A}\left(u^{(k)}\right) u^{(k)} \right\|_2^2.$$
(3.15)

Using the proofs of Theorem 4.3.1 and Corollary 4.3.2 [1] in a similar fashion, we can prove that $\lim_{k\to\infty} \|\mathcal{A}(u^{(k)})u^{(k)}\|_2 = 0.$

4 A Regularized Newton Method

In general, the Algorithm 1 works well in the case of weak interaction and slow rotation, i.e., $|\beta|$ and $|\Omega|$ are small in the energy functional (1.6). However, its convergence is often slowed down in the case of strong interaction and/or fast rotation, i.e., when one of the parameters becomes larger, and thus it can take a lot of iterations to obtain a highly accurate solution. Usually, fast local convergence cannot be expected if only the gradient information is used, in particular, for difficult non-quadratic problems. Observe that the most nonlinear term in (3.1) is the quartic function $|u_j|^4$ when $\alpha \neq 0$. A Newton method is to replace $\mathcal{F}(u)$ by its second-order Taylor expansion. In order to ensure the global convergence of the Newton's method, we adopt the trust region method [28,42,49] by adding a proximal term $||u - u^{(k)}||_2^2$ in the surrogate function as:

$$\tilde{W}^{(k)}(u) := \nabla \mathcal{F}(u^{(k)}) \left[u - u^{(k)} \right] + \frac{1}{2} \nabla^2 \mathcal{F}(u^{(k)}) \left[u - u^{(k)}, u - u^{(k)} \right] + \frac{\delta^{(k)}}{2} \left\| u - u^{(k)} \right\|_2^2,$$

where $\delta^{(k)} > 0$ is a regularization parameter. Using Lemma 1, we obtain that

$$\tilde{W}^{(k)}(u) = W^{(k)}(u) + \text{constant},$$

where

$$W^{(k)}(u) = \frac{1}{2}u^*Au + 4\alpha \sum_{j=1}^{M} \left(\bar{u}_j^{(k)} u_j^{(k)}\right) \Re \left(\bar{u}_j^{(k)} \left(u_j - u_j^{(k)}\right)\right) + 2\alpha \sum_{j=1}^{M} \left[\left(\bar{u}_j^{(k)} u_j^{(k)} + \frac{1}{4\alpha} \delta^{(k)}\right) |u_j - u_j^{(k)}|^2 + 2\Re \left(\bar{u}_j^{(k)} \left(u_j - u_j^{(k)}\right)\right)^2 \right].$$

The gradient of $W^{(k)}(u)$ is

$$\left(\nabla W^{(k)}(u)\right)_{j} = (Au)_{j} + 4\alpha \left(\bar{u}_{j}^{(k)} u_{j}^{(k)}\right) u_{j} + 8\alpha \Re \left(\bar{u}_{j}^{(k)}(u_{j} - u_{j}^{(k)})\right) u_{j}^{(k)} + \delta^{(k)} \left(u_{j} - u_{j}^{(k)}\right).$$

We next present the regularized Newton framework starting from a feasible initial point $u^{(0)}$ and the regularization parameter $\delta^{(0)}$. At the *k*-th iteration, our regularized Newton subproblem is defined as

$$\min_{\|u\|_{2}=1} \quad W^{(k)}(u). \tag{4.1}$$

The subproblem (4.1) is the so-called trust-region subproblem. Since the dimension M in (3.1) is usually very large so that the discretization error of (1.7) can be small, the standard algorithms for solving the trust-region subproblem [28,42,49] usually cannot be applied to (4.1) directly. Hence, we still use a gradient-type method similar to the one described in subsection 3.2 to solve (4.1). The method is ideal for solving these regularized Newton

Algorithm 2: A regularized Newton method

- 1 Given a feasible initial solution $u^{(0)}$ with $||u^{(0)}||_2 = 1$ and initial regularization parameter $\tau^{(0)} > 0$. Choose $0 < \eta_1 \le \eta_2 < 1$, $1 < \gamma_1 \le \gamma_2$.
- 2 Call Algorithm 1 to minimize problem (3.1) to a certain low accuracy for a feasible solution $u^{(1)}$. Set iteration k := 1.
- **3 while** *stopping conditions are not met* **do**
- 4 Solve (4.1) to obtain a new trial point $Z^{(k)}$.
- 5 Compute the ratio $\rho^{(k)}$ via (4.2).
- 6 Update $u^{(k+1)}$ from the trial point $Z^{(k)}$ based on (4.3).
- 7 Update $\delta^{(k)}$ according to (4.4).
- 8 $k \leftarrow k+1$.

subproblems since it is not necessary to solve these subproblems to a high accuracy, especially, at the early stage of the algorithm when a good starting guess is not available.

Let $z^{(k)}$ be an optimal solution of (4.1). Generally speaking, an algorithm cannot be guaranteed to converge globally if $u^{(k+1)}$ is set directly to the trial point $z^{(k)}$ obtained from a model with a fixed $\delta^{(k)}$. In order to decide whether the trial point $z^{(k)}$ should be accepted and whether the regularization parameter should be updated or not, we calculate the ratio between the actual reduction of the objective function $\mathcal{F}(u)$ and predicted reduction:

$$\rho^{(k)} = \frac{\mathcal{F}(z^{(k)}) - \mathcal{F}(u^{(k)})}{W^{(k)}(z^{(k)}) - W^{(k)}(u^{(k)})}.$$
(4.2)

If $\rho^{(k)} \ge \eta_1 > 0$, then the iteration is successful and we set $u^{(k+1)} = z^{(k)}$; otherwise, the iteration is not successful and we set $u^{(k+1)} = u^{(k)}$, that is,

$$u^{(k+1)} = \begin{cases} z^{(k)}, & \text{if } \rho^{(k)} \ge \eta_1, \\ u^{(k)}, & \text{otherwise.} \end{cases}$$
(4.3)

Then the regularization parameter $\delta^{(k+1)}$ is updated as

$$\delta^{(k+1)} \in \begin{cases} \left(0, \delta^{(k)}\right], & \text{if } \rho^{(k)} > \eta_2, \\ \left[\delta^{(k)}, \gamma_1 \delta^{(k)}\right], & \text{if } \eta_1 \le \rho^{(k)} \le \eta_2, \\ \left[\gamma_1 \delta^{(k)}, \gamma_2 \delta^{(k)}\right], & \text{otherwise.} \end{cases}$$
(4.4)

where $0 < \eta_1 \le \eta_2 < 1$ and $1 < \gamma_1 \le \gamma_2$ are chosen constants. These parameters determine how aggressively the regularization parameter is decreased when an iteration is successful or it is increased when an iteration is unsuccessful. In practice, the performance of the regularized Newton algorithm is not very sensitive to the values of the parameters.

The complete regularized Newton algorithm to solve (3.1) is summarized in the Algorithm 2.

The convergence of the Algorithm 2 can also be established as follows.

Theorem 3 Let $\{u^{(k)} : k \ge 0\}$ be an infinite sequence generated by the Algorithm 2. Then either $\|\mathcal{A}(u^{(k)})u^{(k)}\|_2 = 0$ for some finite k or

$$\lim_{k \to \infty} \left\| \mathcal{A}(u^{(k)}) u^{(k)} \right\|_2 = 0.$$

Proof Since the energy function $\mathcal{F}(u)$ is differentiable and its gradient $\nabla \mathcal{F}(u)$ is Lipschitiz continuous, the results can be obtained using the proofs of [50] in a similar fashion.

The discretization of (1.7) on a fine mesh usually leads to a problem of huge size ($M \gg 1$) whose computation cost is very expensive, especially for high dimensional case. In addition, for the Algorithm 2, it usually requests a good quality of initial data so that it converges superlinearly. A useful technique is to adopt the cascadic multigrid method [21], i.e. solve the minimization problem (1.7) on the coarsest mesh, and then use the obtained solution as the initial guess of the problem on a fine mesh, and repeat until we obtain the solution on the finest mesh. We present the mesh refinement technique via the cascadic multigrid method in the Algorithm 2', where the discretized problems are solved from the coarsest mesh to the finest mesh. In practice, we always recommend to use this technique to prepare the initial data on the finest mesh for the regularized Newton method. Of course, this technique can also be adopted to prepare good quality initial data on the finest mesh for other existing numerical methods, e.g. BEFD or BESP or Algorithm 1, for computing ground state of BEC.

Algorithm 2': A cascadic multigrid method for mesh refinement

- 1 Given an initial mesh \mathcal{T}^0 and $u^{(0)}$, set k = 0.
- 2 while convergence is not met do

3 Use $u^{(k)}$ as an initial guess on the *k*th mesh \mathcal{T}^k to calculate the optimal solution $u^{(k+1)}$ of the minimization problem (3.1) using the Algorithm 2.

- 4 Refine the mesh \mathcal{T}^k uniformly to obtain \mathcal{T}^{k+1} .
- 5 $k \leftarrow k+1$.

5 Numerical Results

In this section, we report several numerical examples to illustrate the efficiency and accuracy of our method. All experiments were performed on a PC with a 2.3GHz CPU (i7 Core) and the algorithms were implemented in MATLAB (Release 8.1.0). The Algorithm 1 is stopped either when a maximal number of K iterations is reached or when

$$\frac{\left\|u^{(k+1)} - u^{(k)}\right\|_{\infty}}{\tau^{(k)}} \le \varepsilon_0.$$
(5.1)

The default values of ε_0 and K are set to be 10^{-6} and 2000, respectively. In order to test the spectral accuracy of the SP discretization, a tighter stopping criterion is taken. A normalization step is executed if $|u^*u - 1| > 10^{-14}$ to enforce the feasibility. For non-rotating BEC with strong interaction, i.e., $\beta \gg 1$, the initial solution is usually chosen as the Thomas–Fermi (TF) approximation [10,16,45]

$$\phi_0(\mathbf{x}) = \begin{cases} \sqrt{\frac{\mu^{\mathrm{TF}} - V(\mathbf{x})}{\beta}}, & \text{if } V(\mathbf{x}) \le \mu^{\mathrm{TF}}, \\ 0, & \text{otherwise}, \end{cases}$$
(5.2)

where $\mu^{\text{TF}} = \frac{1}{2} \left(\frac{3\beta}{2}\right)^{2/3}$, $\left(\frac{\beta\gamma_y}{\pi}\right)^{1/2}$ and $\frac{1}{2} \left(\frac{15\beta\gamma_y\gamma_z}{4\pi}\right)^{2/5}$ for d = 1, 2 and 3, respectively. Since the Algorithm 1 may converge slowly for computing the ground state of rotating BEC, i.e., $\Omega \neq 0$, we choose the regularized Newton method (i.e., Algorithm 2) together with the cascadic multigrid method for mesh refinement (i.e., Algorithm 2') and it is terminated when

$$\left\| u^{(k+1)} - u^{(k)} \right\|_{\infty} \le \delta_0,$$
 (5.3)

where the default value of δ_0 is set to 10^{-8} . In our experiments using Algorithm 2, we first call the gradient type method, i.e., Algorithm 1, with a maximum number of iterations $K_{\text{init}} = 100$ to obtain a good initial guess $u^{(1)}$. Then the regularized Newton subproblem is solved by the Algorithm 1 up to a maximum number of iterations $K_{\text{sub}} = 200$ or when (5.1) is met. Since it is not necessary to solve the subproblems to a high accuracy and the Algorithm 1 converges fast in the first few steps, the computation is not sensitive to the choice of K_{init} and K_{sub} .

Let ϕ_g be the "exact" ground state obtained numerically with a very fine mesh and we denote its energy and chemical potential as $E_g = E(\phi_g)$ and $\mu_g = \mu(\phi_g)$, respectively. To quantify the ground state, one important quantity is the root mean square which is defined as

$$\alpha_{\rm rms} = \left\| \alpha \phi_g \right\|_{L^2(U)} = \sqrt{\int_U \alpha^2 \left| \phi_g(\mathbf{x}) \right|^2 d\mathbf{x}}, \quad \alpha = x, \, y \text{ or } z, \tag{5.4}$$

where U is the bounded computational domain.

5.1 Accuracy Test and Results in 2D

We take d = 2 and $\Omega = 0$ in (1.7) and (1.6) and consider a harmonic potential with a stirrer corresponding to a far-blue detuned Gaussian laser beam [16] as

$$V(x, y) = \frac{1}{2}(x^2 + y^2) + \omega_0 e^{-\delta((x - x_0)^2 + y^2)},$$
(5.5)

with $\omega_0 = 4$, $\delta = 1$, $x_0 = 1$ and $\beta = 200$.

The ground state is first computed by the Algorithm 1 on a bounded computational domain $U = (-8, 8)^2$ which is partitioned uniformly with the same mesh size *h* in each direction. The initial data is chosen as the TF approximation (5.2). In order to compare the accuracy of the FD and SP discretizations, we set $\varepsilon_0 = 10^{-12}$ in (5.1). Let $\phi_{g,h}^{\text{FD}}$ and $\phi_{g,h}^{\text{SP}}$ be the numerical ground states obtained with the mesh size *h* by using FD and SP discretization, respectively. Table 1 depicts the numerical errors.

From Table 1, it is observed that the SP discretization is spectrally accurate, while the FD discretization has only second order accuracy for computing the ground state of BEC in 2D. Hence, when a high accuracy is required, the SP discretization is preferred since it needs much fewer grid points, and thus it saves significantly memory cost and computational cost.

Mesh size	h = 2	h = 1	h = 1/2	h = 1/4
$\max \left \phi_g - \phi_{g,h}^{\text{FD}} \right $	8.77E-3	3.73E-3	7.51E-4	2.13E-4
$\left E_g - E\left(\phi_{g,h}^{\text{FD}}\right)\right $	4.55E-2	9.58E-3	1.98E-3	4.70E-4
$\left \mu_g - \mu \left(\phi_{g,h}^{\text{FD}} \right) \right $	1.50E-1	5.47E-3	8.47E-4	2.05E-4
$\max \left \phi_g - \phi_{g,h}^{\rm SP} \right $	4.33E-3	9.12E-4	6.73E-6	3.93E-10
$\left E_{g}-E\left(\phi_{g,h}^{\mathrm{SP}} ight)\right $	1.99E-2	1.42E-3	1.34E-7	1.14E-13
$\left \mu_{g} - \mu \left(\phi_{g,h}^{\mathrm{SP}} ight) ight $	1.49E-1	5.40E-3	5.20E-6	9.49E-13

Table 1 Accuracy of the FD and SP discretizations for the 2D BEC in Sect. 5.1

$\max \phi_g ^2$	$E(\phi_g)$	μ_g	x _{rms}	<i>y</i> rms	iter	iters	cpu(s)		
0.0387	5.8506	8.3150	1.6992	1.7183	272	-	19.64		
0.0387	5.8506	8.3150	1.6992	1.7183	225	-	2.52		
0.0387	5.8506	8.3150	1.6992	1.7183	3	85	1.43		

 Table 2
 Comparison of numerical results computed by the BESP method (rows 2), the Algorithm 1 (row 3) and the Algorithm 2 (row 4) for the 2D BEC in Sect. 5.1



Fig. 1 Norms of the projected gradient $\|A(u^{(k)})u^{(k)}\|_2$ and the energy errors against the computational time for the BESP method, the Algorithm 1 and the Algorithm 2 for the 2D BEC in Sect. 5.1

To compare with existing numerical methods in the literature [7, 10, 14, 16, 17], we choose the SP discretization with h = 1/16 and apply the Algorithm 1 and the Algorithm 2 to compute the ground state of BEC in this example with the default stopping criteria. Then it is also computed by using the normalized gradient flow method via the backward Euler sine pseudospectral (BESP) method with time step $\Delta t = 10^{-2}$ and the same stopping criterion as in the Algorithm 1. Since there is an implicit system to be solved at each step for the BESP method, a preconditioner for the Laplace operator has been employed in the computation. Table 2 depicts the maximum value of the wave function max $|\phi_g|^2$, the energy $E(\phi_g)$, the chemical potential μ_g and the root mean squares $x_{\rm rms}$ and $y_{\rm rms}$ computed by the BESP method, the Algorithm 1 and the Algorithm 2, respectively. It also shows the number of iterations (iter), the computational time (cpu) for all the algorithms, as well as the sum of the number of the inner iterations (iters) for the Algorithm 2. In addition, the norms of the projected gradient $||\mathcal{A}(u^{(k)})u^{(k)}||_2$ of $\mathcal{F}(u^{(k)})$ and the energy errors $|\mathcal{F}(u^{(k)}) - \mathcal{F}_{\min}|$ against the computational time are plotted in Fig. 1 for the three different methods, where \mathcal{F}_{\min} denotes the minimum energy obtained with rather tight tolerance.

From Table 2 and Fig. 1, we can see that our algorithms converge to the ground state much faster than the BESP method due to the explicit iterative scheme in each step.

5.2 Accuracy Test and Results in 3D

We take d = 3 and $\Omega = 0$ in (1.7) and (1.6) and consider a combined harmonic and optical lattice potential [14] as

$$V(x, y, z) = \frac{1}{2} \left(x^2 + y^2 + z^2 \right) + 50 \left[\sin^2 \left(\frac{\pi x}{4} \right) + \sin^2 \left(\frac{\pi y}{4} \right) + \sin^2 \left(\frac{\pi z}{4} \right) \right], \quad (5.6)$$

together with different interaction constants $\beta = 100, 800$ and 6400.

Mesh size	h = 1	h = 1/2	h = 1/4	h = 1/8
$\max \left \phi_g - \phi_{g,h}^{\text{FD}} \right $	9.52E-2	9.98E-1	3.64E-2	8.91E-3
$\left E_g - E\left(\phi_{g,h}^{\mathrm{FD}}\right)\right $	7.19	4.98E-1	1.17E-1	2.31E-2
$\left \mu_g - \mu \left(\phi_{g,h}^{\text{FD}} \right) \right $	6.66	6.83E-1	1.54E-1	3.10E-2
$\max \left \phi_g - \phi_{g,h}^{\rm SP} \right $	1.75E-1	3.86E-2	6.32E-5	1.51E-8
$\left E_{g}-E\left(\phi_{g,h}^{\mathrm{SP}}\right)\right $	5.63	3.25E-2	1.60E-5	2.24E-11
$\left \mu_g - \mu \left(\phi_{g,h}^{\mathrm{SP}} \right) \right $	5.24	1.15E-1	8.40E-5	8.00E-10

Table 3 Accuracy of the FD and SP discretizations for a BEC in 3D with a combined harmonic and optical lattice potential (5.6) and $\beta = 100$ in Sect. 5.2

The ground state is numerically computed on bounded computational domains $U = (-8, 8)^3$ for $\beta = 100$ and 800, and $U = (-12, 12)^3$ for $\beta = 6400$, which are partitioned uniformly with the same number of nodes $N_x = N_y = N_z$ in each direction. The initial data is chosen as

$$\phi_0(\mathbf{x}) = \frac{1}{\pi^{3/4}} e^{-(x^2 + y^2 + z^2)/2}.$$

To compare the accuracy of the FD and SP discretizations, we set $\varepsilon_0 = 10^{-12}$ in (5.1) and apply the Algorithm 1 to solve this example for $\beta = 100$. Let $\phi_{g,h}^{\text{FD}}$ and $\phi_{g,h}^{\text{SP}}$ be the numerical ground states obtained with the mesh size $h = \frac{16}{N_x - 1}$ by using FD and SP discretization, respectively. Table 3 depicts the numerical errors.

Again, from Table 3, it is observed that the SP discretization is spectrally accurate, while the FD discretization has only second order accuracy for computing the ground state of BEC in 3D. Hence, when high accuracy is required and/or the solution has multiscale phenomena, the SP discretization is preferred since it needs much fewer grid points, and thus it saves significantly memory cost and computational cost.

Again, for comparison with existing numerical results in the literature [7, 10, 14, 16, 17], we choose the SP discretization with $N_x = N_y = N_z = 2^7 + 1$ and apply the Algorithm 1, the Algorithm 2 and the BESP method to compute the ground state of BEC in this example with the same stopping criteria as for the previous 2D example. Table 4 depicts the numerical results obtained by the three different algorithms. They converge to the same result with

$$E(\phi_g) = 23.2356, \quad \mu_g = 27.4757, \quad x_{rms} = y_{rms} = z_{rms} = 1.8717 \quad \text{for } \beta = 100,$$

$$E(\phi_g) = 33.8023, \quad \mu_g = 40.4476, \quad x_{rms} = y_{rms} = z_{rms} = 2.6620 \quad \text{for } \beta = 800,$$

$$E(\phi_g) = 52.4955, \quad \mu_g = 63.7149, \quad x_{rms} = y_{rms} = z_{rms} = 3.3684 \quad \text{for } \beta = 6400.$$

In the table, although Algorithm 2 uses less inner iterations in the case of $\beta = 6400$ than $\beta = 800$, the corresponding computing time is longer. The reason is that the step size is obtained by line search in the inner Algorithm 1. Usually, a good stepsize can be obtained by only one step in line search, but it is also possible that several backtracking steps are performed. Our numerical results show that a few more steps are used in line search for $\beta = 6400$ than that for $\beta = 800$. Consequently, a slightly longer computing time is consumed. In addition, Fig. 2 plots the norms of the projected gradient $\|\mathcal{A}(u^{(k)})u^{(k)}\|_2$ of $\mathcal{F}(u^{(k)})$ and

Table 4 Comparison of numerical results computed by	β	BESF		Algo	rithm 1	Algo	rithm 2	
the BESP method, the Algorithm 1 and the Algorithm 2 for the 3D		iter	cpu (s)	iter	cpu (s)	iter	iters	cpu (s)
BECs in Sect. 5.2	100	177	850.94	112	76.18	3	59	53.33
	800	475	2385.88	260	182.72	3	68	61.18
	6400	728	3792.83	305	215.18	3	66	68.21



Fig. 2 Norms of the projected gradient $\|\mathcal{A}(u^{(k)})u^{(k)}\|_2$ and the energy errors against the computational time for the BESP method, the Algorithm 1 and the Algorithm 2 for the 3D BECs in Sect. 5.2

the energy errors $|\mathcal{F}(u^{(k)}) - \mathcal{F}_{\min}|$ against the computational time for the three different methods.

From Table 4 and Fig. 2, it is also observed that our algorithms converge to the ground state much faster than the BESP method.

5.3 Results for Rotating BEC in 2D

We take d = 2 and the harmonic potential (1.5) with $\gamma_x = \gamma_y = 1$ in (1.7) and (1.6) and consider different β and Ω . Since the convergence of the feasible gradient method (i.e. Algorithm 1) is often slowed down for the rotating BEC especially for large β and Ω . In this subsection, we choose the regularized Newton method (i.e. Algorithm 2) to compute the ground state with the FP discretization on bounded computational domains $U = (-10, 10)^2$ and $U = (-12, 12)^2$ for $\beta = 500$ and $\beta = 1000$, respectively. We remark that for large Ω such as 0.90 or 0.95, we enlarge the size of the computational domain by 4 or 8 in each direction. The domains are partitioned uniformly with the number of nodes $N_x = N_y = 2^8 + 1$ in each direction. In order to reduce the computational cost, the cascadic multigrid method (i.e., Algorithm 2') is applied for mesh refinement with the coarsest mesh \mathcal{T}^0 chosen with the number of nodes $N_x = N_y = 2^4 + 1$ in each direction.

For a rotating BEC, the ground state is a complex-valued function, and thus it is very tricky to choose a proper initial data such that the numerical result is guaranteed to be the ground state. Similarly to those in the literature [19], here we test our algorithms with the following different initial data

(a)
$$\phi_a(x, y) = \frac{1}{\sqrt{\pi}} e^{-(x^2 + y^2)/2},$$

(b) $\phi_b(x, y) = \frac{x + iy}{\sqrt{\pi}} e^{-(x^2 + y^2)/2},$ $(\bar{b}) \phi_{\bar{b}}(x, y) = \bar{\phi}_b(x, y),$
(c) $\phi_c(x, y) = \frac{[\phi_a(x, y)) + \phi_b(x, y)]/2}{\|[\phi_a(x, y)) + \phi_b(x, y)]/2\|},$ $(\bar{c}) \phi_{\bar{c}}(x, y) = \bar{\phi}_c(x, y),$
(d) $\phi_d(x, y) = \frac{(1 - \Omega)\phi_a(x, y) + \Omega\phi_b(x, y)}{\|(1 - \Omega)\phi_a(x, y) + \Omega\phi_b(x, y)\|},$ $(\bar{d}) \phi_{\bar{b}}(x, y) = \bar{\phi}_d(x, y).$

We remark here that, when $\beta \gg 1$, it is better to replace ϕ_a and ϕ_b in the above choices by $\phi_a^0(\mathbf{x}) = f_0(r)$ and $\phi_b^0(\mathbf{x}) = f_1(r)e^{i\theta}$ which are the ground state and central vortex state with winding number m = +1 of the GPE (1.3) with $\Omega = 0$, respectively [10,19]. Here (r, θ) is the polar coordinates in 2D. For a fixed $\beta \gg 1$, $f_0(r)$ and $f_1(r)$ can be easily obtained numerically since they are in 1D [10,19].

Table 5 Energy obtained numerically with different initial data of rotating BECs for $\beta = 500$ and different Ω in Sect. 5.3

0	0.00	0.25						
52		0.25	0.50	0.60	0.70	0.80	0.90	0.95
(a)	8.5118	8.5118	8.0246	7.5890	6.9731	6.1016	4.7790	3.7415
(b)	8.5118	8.5106	8.0246	7.5845^{\dagger}	6.9731	6.1055	4.7778	3.7414^{\dagger}
(b)	8.5118	8.5118	8.0197^{\dagger}	7.5890	6.9731	6.1016	4.7778^{\dagger}	3.7415
(c)	8.5118	8.5106	8.0246	7.5890	6.9726	6.1016	4.7778	3.7426
(ē)	8.5118	8.5118	8.0246	7.5890	6.9731	6.0997	4.7806	3.7415
(d)	8.5118^{\dagger}	8.5106^{\dagger}	8.0246	7.5890	6.9726^{\dagger}	6.0997^{\dagger}	4.7782	3.7420
(ā)	8.5118	8.5118	8.0246	7.5845	6.9731	6.1016	4.7781	3.7417

Table 6 Ground state energy, the number of iterations for the regularized Newton method (iter), the sum of the number of inner iterations for solving the subproblems (iters) on the finest mesh and the total computational time (cpu) of rotating BECs for $\beta = 500$ and different Ω in Sect. 5.3

Ω	0.00	0.25	0.50	0.60	0.70	0.80	0.90	0.95
iter	3	3	3	3	49	18	30	153
iters	66	109	238	316	7845	2817	5483	29077
cpu(s)	1.14	18.71	41.57	54.43	147.03	130.87	315.76	556.15
Energy	8.5118	8.5106	8.0197	7.5845	6.9726	6.0997	4.7778	3.7414



Fig. 3 Plots of the ground state density $|\phi_g(x, y)|^2$ —corresponding to the energy listed in the Table 5 with " \dagger " sign—of rotating BECs for $\beta = 500$ and different Ω in Sect. 5.3

Table 5 displays the energy obtained numerically with different initial data selected in the above with $\beta = 500$ for different $\Omega = 0.00, 0.25, 0.50, 0.60, 0.70, 0.80, 0.90$ and 0.95 (in the table, we use a "†" sign to indicate the one with the lowest energy among different initial data for given β and Ω), and Table 6 summarizes the lowest energy among different initial data and the corresponding number of iterations and computation time for $\beta = 500$ with different Ω . Figure 3 plots the ground state density $|\phi_g(x, y)|^2$ for $\beta = 500$ with different Ω . In addition, Tables 7 and 8 and Fig. 4 present similar numerical results for $\beta = 1000$.

Ω	0.00	0.25	0.50	0.60	0.70	0.80	0.90	0.95
(a)	11.9718	11.9718	11.0954 [†]	10.4392	9.5335	8.2610	6.3603†	4.8832
(b)	11.9718	11.9266	11.1326	10.4392	9.5283	8.2610	6.3607	4.8824
(b)	11.9718	11.9266	11.1054	10.4392	9.5335	8.2631	6.3606	4.8831
(c)	11.9718	11.9165	11.1054	10.4392	9.5289	8.2610	6.3605	4.8824^{\dagger}
(ē)	11.9718	11.9165	11.1326	10.4392	9.5283	8.2610	6.3605	4.8851
(d)	11.9718	11.9266	11.1054	10.4392	9.5289	8.2632	6.3608	4.8831
(ā)	11.9718^\dagger	11.9165^{\dagger}	11.1326	10.4392^\dagger	9.5283 [†]	8.2610^{\dagger}	6.3605	4.8831

Table 7 Energy obtained numerically with different initial data of rotating BECs for $\beta = 1000$ and different Ω in Sect. 5.3

Table 8 Ground state energy, the number of iterations for the regularized Newton method (iter), the sum of the number of inner iterations for solving the subproblems (iters) on the finest mesh and the total computational time (cpu) of rotating BECs for $\beta = 1000$ and different Ω in Sect. 5.3

0.95
721
135751
2285.93
4.8824

From Tables 5, 6, 7 and 8, among those different initial data, either (d) or (\bar{d}) gives the lowest energy in most cases. Thus, in practical computations, we recommend to choose either (d) or (\bar{d}) as the initial data. Also, it is observed that the regularized Newton algorithm converges quickly to the stationary solution within very few iterations, even for strong interaction, i.e., $\beta \gg 1$, and fast rotation i.e., Ω is near 1.

In addition, we also apply Algorithm 2 to solve another difficult problem with a quadraticplus quartic potential

$$V(x, y) = (1 - \alpha) \frac{x^2 + y^2}{2} + \kappa \left(\frac{x^2 + y^2}{2}\right)^2$$
(5.7)

for different Ω including $\Omega > 1$, where $\alpha = 1.2$ and $\kappa = 0.3$. The domains are partitioned uniformly with the number of nodes $N_x = N_y = 2^8 + 1$ for $\Omega < 5.0$ and $N_x = N_y = 2^9 + 1$ for $\Omega = 5.0$. The initial data can be chosen as (*a*), (*b*), (*a*), (*c*), (\bar{b}), (*a*) respectively for different Ω listed in Table 9. The numerical results are reported in Table 9 and Fig. 5. They show that our method works well for this challenging case too.

5.4 Application to Compute Asymmetric Excited States

When the trapping potential $V(\mathbf{x})$ in (1.7) is symmetric and the BEC is non-rotating, similarly to those numerical methods presented in the literature [10, 14, 16, 17], our numerical methods can also be applied to compute the asymmetric excited states provided that the initial data is chosen as an asymmetric function. To demonstrate this, we take d = 2, $\Omega = 0$ and $\beta = 500$ in (1.7) and the trapping potential is chosen as a combined harmonic and optical lattice potential



Fig. 4 Plots of the ground state density $|\phi_g(x, y)|^2$ —corresponding to the energy listed in Table 7 with "†" sign—of rotating BECs for $\beta = 1000$ and different Ω in Sect. 5.3

Table 9 Ground state energy, the number of iterations for the regularized Newton method (iter), the sum of the number of inner iterations for solving the subproblems (iters) on the finest mesh and the total computational time (cpu) of rotating BECs with a quadratic-plus quartic potential (5.7) for $\beta = 1000$ and different Ω in Sect. 5.3

Ω	0.00	0.50	1.00	2.00	2.50	5.00
iter	2	7	10	40	75	125
iters	106	1280	1906	7285	12,494	11,754
cpu(s)	2.11	106.45	124.49	211.15	266.65	985.45
Energy	14.9351	14.6629	12.4820	-2.3431	-21.7760	-513.7272



Fig. 5 Plots of the ground state density $|\phi_g(x, y)|^2$ of rotating BECs with a quadratic-plus quartic potential (5.7) for $\beta = 1000$ and different Ω in Sect. 5.3

$$V(x, y) = \frac{1}{2} \left(x^2 + y^2 \right) + 50 \left[\sin^2 \left(\frac{\pi x}{4} \right) + \sin^2 \left(\frac{\pi y}{4} \right) \right].$$
 (5.8)

The ground and asymmetric states are numerically computed by the Algorithm 1 via the SP discretization on the bounded computational domain $U = (-16, 16)^2$ which is partitioned uniformly with the number of nodes $N_x = N_y = 2^8 + 1$ in each direction. The initial data is chosen as the TF approximation (5.2) for computing the ground state ϕ_g , as $\phi_0(x, y) = \frac{\sqrt{2}x}{\pi^{1/2}}e^{-(x^2+y^2)/2}$ for the asymmetric excited state in the x-direction ϕ_{10} , as

-								
φ	$\max \phi ^2$	$E(\phi)$	$\mu(\phi)$	x _{rms}	Yrms	iter	cpu(s)	
ϕ_g	0.0820	32.2079	41.7854	2.9851	2.9851	365	3.99	
ϕ_{10}	0.0746	34.6053	43.8248	3.3029	2.8741	285	3.18	
ϕ_{01}	0.3749	34.6053	43.8248	2.8741	3.3029	272	3.03	
ϕ_{11}	0.0666	37.0864	46.1442	3.1434	3.1434	117	1.32	

Table 10 Different quantities of the ground and asymmetric excited states and the corresponding computational cost for a BEC in 2D with the potential (5.8) and $\beta = 500$ in Sect. 5.4



Fig. 6 Contour plots of the ground state ϕ_g (**a**), asymmetric excited state in the *x*-direction ϕ_{10} (**b**), asymmetric excited state in the *y*-direction ϕ_{01} (**c**), and asymmetric excited state in both *x*- and *y*-directions ϕ_{11} (**d**) of a BEC in 2D with the potential (5.8) and $\beta = 500$ in Sect. 5.4

 $\phi_0(x, y) = \frac{\sqrt{2}y}{\pi^{1/2}} e^{-(x^2+y^2)/2}$ for the asymmetric excited state in the y-direction ϕ_{01} , and as $\phi_0(x, y) = \frac{2xy}{\pi^{1/2}} e^{-(x^2+y^2)/2}$ for the asymmetric excited state in both x- and y-directions ϕ_{11} , respectively. The stopping criterion is set to the default value. Table 10 lists different quantities of these states and computational cost by our algorithm. In addition, Fig. 6 shows contour plots of these states.

From Table 10 and Fig. 6, we can see that our algorithm can be used to compute the asymmetric excited states provided that the initial data is taken as asymmetric functions. The

numerical results from our algorithm agree very well with those reported in the literature [10, 14, 16, 17] and the convergence speed of our algorithm is faster.

6 Concluding Remarks

Different spatial discretizations including the finite difference method, sine pesudospectral and Fourier pseudospectral methods were adopted to discretize the energy functional and constraint for computing the ground state of Bose–Einstein condensation (BEC). Then the original infinitely dimensional constrained minimization problem was reduced to a finite dimensional minimization problem with a spherical constraint. A regularized Newton method was proposed by using a feasible gradient type method as an initial approximation and solving a standard trust-region subproblem obtained from approximating the energy functional by its second-order Taylor expansion with a regularized term at each Newton iteration. We also adopt a cascadic multigrid technique for selecting initial data. The convergence of the method was established by the standard optimization theory. Extensive numerical examples of non-rotating BEC in 2D and 3D and rotating BEC in 2D with different trapping potentials and parameter regimes demonstrated the efficiency and accuracy as well as robustness of our method. Comparison to existing numerical methods in the literature showed that our numerical method is significantly faster than those methods proposed in the literature for computing ground states of BEC.

Acknowledgements Part of this work was done when the authors were visiting the Institute for Mathematical Sciences at the National University of Singapore in 2015. The work of Xinming Wu is supported in part by NSFC Grants 91330202 and 11301089 and Shanghai Science and Technology Commission Grant 17XD1400500. The work of Zaiwen Wen is supported in part by NSFC Grants 11322109 and 91330202. The work of Weizhu Bao is supported in part by the Ministry of Education of Singapore Grant R-146-000-196-112.

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