Winter Garden Display
Plaza Level
Complimentary Therapies
Extending Nursing beyond the Usual
Promoting Balance of Mind, Body, Spirit
A glimpse at Complementary Therapies

Acupressure

Music Therapy
“Dr. I have an earache...”
500 BC “Here, eat this root”
300 AD “That root is heathen. Say this prayer”
1750 AD “That prayer is superstition. Drink this potion.”

Reflexology

Aroma Therapy
1900 AD “That potion is snake oil. Swallow this pill.”
1945 AD “That pill is ineffective. Take this antibiotic.”
2000 AD “That antibiotic is artificial. Here eat this root.”

Therapeutic Touch

Guided Imagery
Visit Complementary Therapies
Winter Garden
Plaza Level
Mary Ann Cofrin Hall