# Zoom QuickStart Guide for Participants

Getting Started

You do not have to have a Zoom account to attend a Zoom meeting. Once you receive an invitation to participate in a Zoom meeting, you will either click on the invitation link or go directly to Zoom app on your computer and enter the Meeting ID and password. You will enter a waiting room and the meeting host will admit you into the meeting.

Audio/Video

Once you join a meeting, you will be asked whether you want to join using your computer audio or join by using the phone. After selecting your preference, your audio will be connected to the meeting. You video will be muted by default upon entering the meeting.

Zoom Menu Bar
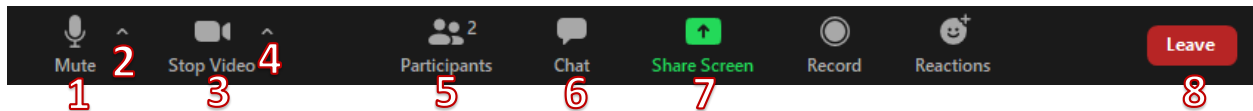
1. Mute/Unmute Microphone
2. Adjust Microphone Settings
3. Mute/Unmute Camera
4. Adjust Video Settings/Choose Virtual Background
5. View a list of participants
6. Send a Chat Message
7. Share Screen (if enabled)
8. Leave Meeting

Additional Resources

The following resources can help make sure you have the best experience:

1. Conduct a Test Zoom Meeting
2. List of Technical Requirements
3. General Troubleshooting
4. Rename Display Name (Video)
5. Leave Breakout Room and Return to Main Meeting (Video)