

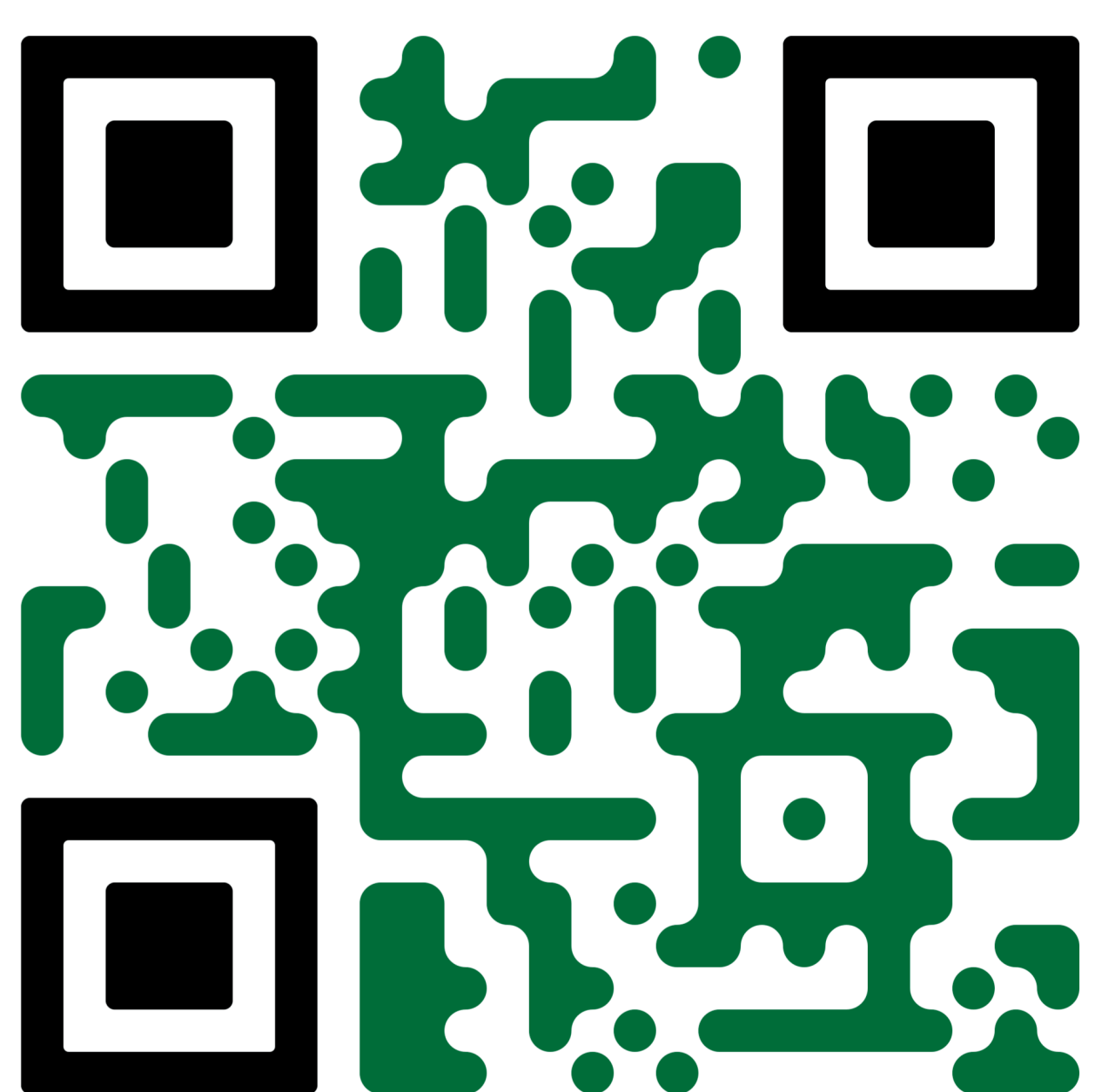
# Luke Shaw **A Little God:** a podcast



Final for Embodiment in the Writing Process (Fall '22), a class engaging with the connection between the body and the mind. We explored the invisible forces present within us that are accentuated through creativity.

This podcast explores physical manifestations of spiritual experiences through my own encounters as well as the examination of transcendence in Christian Mysticism and Haitian Vodou while questioning what constitutes a spiritual experience.

“These phenomenon, the ceremonies of Haitian Vodou, and the practices of hesychasm, the Jesus Prayer, and whatever I experienced on my bathroom floor in 2021... they’re similar...but they are definitely not the same. They’re similar in the way they manifest themselves, they’re outside forces that may not even be that ‘outside’ at all. They rouse people, they rouse us into altered, creative, mad, euphoric, terrified states. And that, for me, is the ‘felt sense,’ the pushing of the edge that we looked at, the complete and utter surrender that is required in order to get anywhere outside of yourself.”



*Sample*