

COLLEGE of CHARLESTON

CENTER FOR CREATIVE RETIREMENT

FALL/WINTER ISSUE, 2014

SOMETHING FOR EVERYONE !

Hello from **Sandy Lopez**, your new **President of The Center for Creative Retirement (CCR)**. I have quickly found that CCR is different for each member. Some members never miss a Tuesday meeting. Others come rarely to meetings, but participate on trips, in study groups, with the book club, or on committees. Dedicated volunteers work together to make the CCR run seamlessly and provide choices for members.

The week of October 21-24, 2014 is a good example. The Curriculum Committee, under the leadership of **Del Sisson**, chose two decidedly different topics for the Tuesday, October 22 presentations: the story of the Footlight Players in Charleston and the reality today of food allergies. We learned so much from each, although I did leave at 3:30 pm wanting to scratch an imaginary itch!

Then on Wednesday, ten of us continued to delve into the relationship between science and religion; this semester's study group topic, organized by **Jan Harmon**. The night before, Jan was recognized by the South Carolina Aging in Place Coalition for her invaluable contributions to the West Ashley community. Congratulations, Jan!

Thursday was exceptional, thanks to the organizational skills of **Dave Clark**, who hit a grand slam with our trip to Elloree, SC. More than thirty members and guests rode the bus as **Jim Ulmer** told us background information and highlights of our upcoming experience.

First stop was the Elloree Museum where we learned much about this small South Carolina town that is the center of thriving cotton and peanut farms. Next stop was a delicious buffet of "down-home" country cooking at the Lone Star Barbecue and Mercantile in Santee.

There we were introduced to **Hugh McLaurin** the owner of the farm we visited later. First he gave an explanation of cotton farming in South Carolina, answered questions, and did a amazing duck call demonstration that could give Duck Dynasty some great competition.

We visited the fields as the cotton was harvested and rolled into 500 pound bundles to be taken by truck to the gin. The modern cotton production from seed to plant to gin to packaging was a memorable experience that makes one appreciate the jeans we wear in a totally different way. Our two hosts and the docents at the museum were amazing with their passion, knowledge, and hospitality.

Take advantage of Dave's trips, participate in Jan's book and/or study groups, attend some lectures, or join a committee and help create the programs that make CCR such an outstanding organization.



A Smorgasbord

In reading Sandy's article, I was reminded of the Smorgasbord. At the age of ten, I visited my grandmother in the Pennsylvania Dutch area of Lancaster, Pa. I was told I could not go to the smorgasbord because I did not eat enough! Being a thrifty German her idea was that you went to the smorgasbord to eat as much as you could and to "get more than your monies worth."

Many years later I met my future husband and he invited me to go to one of the area's well known smorgasbords. I exclaimed, "Oh no, I can't go. I don't eat enough." After laughing, he told me it did not matter how much I ate. The smorgasbord gave me an opportunity to try different foods and see what I liked. It did not matter how much I ate but that I enjoyed the experience and had fun trying the different things.

CCR is like a smorgasbord. Like to eat a lot there is plenty for you. Like to savor smaller bits intensely that is available. You can select from the whole spectrum of all the offerings and opportunities.

Judy Murdoch: Editor



MESSAGE FROM MAXWELL MOWRY : SOCIAL COMMITTEE



During the first semester we have enjoyed some tasty treats each Tuesday during the break time between speakers. Some of you have donated food items , and others of you have sustained our efforts with your weekly cash contributions. All of us on the **Social Committee-Mary Hartwell (Chair), Mary Ann Barnard, Sally Flynn, Toni Johnson, Debbie Toporek** and myself– thank all of you for your continued generosity. And when Sally Flynn passes around the sign-up sheet for goodies for the Spring semester, please sign up, particularly if you did not have a chance to sign up this past Fall semester. Bon appetite! Buen provecho! Enjoy.

JOIN US ON FACEBOOK

The **Charleston Center for Creative Retirement Facebook Group** is for exchanging information among members. Please post events you think our members would like, ask for recommendations for doctors, repair persons, movies– anything your would either like to get or share an opinion on.

To join, you must already be on Facebook. If you are, go to the search window at the top of the page and put in “Charleston Center for Creative Retirement.” When you get to the members, there is a space to add yourself to the group. If you need help, please email **Anne Fortson** (left in picture) anne.fortson@comcast.net and include your Facebook name and phone number for more help.



MONEY SAVING TIP FROM FRED FELDMAN

Our water bills charge the Stormwater Utility Fee. Residential is \$6. Anyone over 65 who owns their home and has implemented the Homestead Exemption on their taxes can get this charge removed by calling Barbara at 724-7246. She will call the assessors’ office to confirm the Homestead exemption and return a call to verify that it will be removed. At \$6 per month the savings is \$72 a year. Worth a call.

ADDITIONS, CORRECTIONS & COTTON PICTURES



New member, **Dr. Robert Ball** , Adjunct Professor, MUSC and College of Charleston was incorrectly identified as Dr. Wall. After his presentation on 10/28/2014 we hope members know the correct name. But he is so well known in the community that only those who are newcomers would not have recognized the error!!!

Previously, this newsletter published an article that outlined a brief history of CCR. Included in that article was a list of nearly all of CCR’s past presidents. Missing was the president that served from the Fall of 1996 through the Spring of 1997. Based upon input from two I independent sources ,Ron Zigli has now determined that the missing president was **Laura Singer**.



SOMETHING OLD & SOMETHING NEW



On Tuesday, October 28, 2014, **Sandy Lopez**, CCR President, and **Bronwyn Barron**, Non-Credit Registrar and Director of Facility Operations for the College of Charleston’s Center for Continuing and Professional Education, discussed the changes both see in the evolving relationship of the two organizations.

When CCR first began its affiliation with the College of Charleston in April 1990, it was simply an idea based on a model through the Elderhostel Institute Network. August 1993 saw the first organizational meeting with **John McConnell**. By 1995, official bylaws; rules and procedures; and officers were designated. **Claire Robinson** was hired to direct the College’s Elderhostel programs and to work with CCR. For 17 years, the relationship continued as Elderhostel changed its name to Roads Scholar, and the College of Charleston expanded. In 2013, the relationship between the College of Charleston and Elderhostel ended.

Between 2011 and 2012, the Center for Continuing and Professional Education at the College was revitalized. CCR became a part of the Center. Bronwyn was hired for the 3800 International Blvd., North Charleston Campus that housed the Lowcountry Graduate Center. In 2013, **Dr. Alice Hamilton** joined as Director of the Center for Continuing and Professional Education.

Many changes are coming to the Center for Continuing and Professional Development that will involve CCR and the community as a whole. Since 2013 the numbers and types of programs offered have increased. There is a desire to continue to expand programs and services. Dr. Hamilton wants to develop new non-credit continuing education offerings, outreach sessions, workshops, etc. Anyone in CCR with ideas, please suggest them to Dr. Hamilton or Bronwyn.

A key factor in this new growth is the new building many of you may have driven by on I-526. Opened in August, 2014, at 3800 Paramount Drive in North Charleston, the new Center is a state-of-the-art facility that is open for use by all CCR members. Classrooms, lounge areas, library, refreshments, study rooms and rooms for meetings are all available to CCR members. Use of rooms for meetings require prior arrangements, but each classroom is fully equipped with computers and AV equipment. CCR members have access to computers for research purposes. And there is plenty of parking!!

Members of the CCR Board took tours of the facility earlier this fall. Members are invited to stop by during regular hours of operation— 7:00 am-10:00 pm, Mondays through Fridays or 8:00 am-6:00 pm on Saturdays.

As CCR and the College of Charleston enter this new phase in our almost 25 year relationship, the future is filled with new opportunities for us to work together to grow even better programs and services for the rapidly expanding population of seniors and retirees in the Tri-County area.

**SAMPLE OF FACILITIES AT NEW CAMPUS
ON PARAMOUNT DRIVE, NORTH CHARLESTON**



COLLEGE of CHARLESTON

THE CENTER FOR CREATIVE RETIREMENT

College of Charleston
North Campus
3800 Paramount Drive,
North Charleston, SC. 29405

For Information Contact:

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Meetings Tuesdays 1 pm
St. Joseph's Family Life Center
1695 Raoul Wallenberg
Boulevard
Charleston, South Carolina
29407

Mailing Address



2014 CCR SCHOLARSHIP RECIPIENT

This year's recipient, **Julie Flugel** is a junior biology major and music minor at the College of Charleston. She is from Rochester, NY. During middle and high school, she volunteered at a nursing home. She is currently an intern at the VA and is a volunteer at MUSC Neuroscience lab where she works studying Alzheimer's and Parkinson's diseases. She is planning on applying to medical school. Julie is shown with her advisor, **Brenda Sanders**.

UPDATES ON SOME PREVIOUS RECIPIENTS

2005 recipient—Kate (Tebben) Pomplun, is now a Geriatric Care manager.

2006 recipient— Tracy (Borcyk) Cullinan is a Senior Director with the American Heart Association.

2009 recipient— Brittany Henderson graduated in May as a Physician's Assistant.

2010 recipient— Lara Brandfass is attending Charleston School of Law.

2012 recipient— Lauren Deasy, graduated in May from the College of Charleston and presented her research project entitled "Sociability, Personality, and Autobiographical Memory."