

Student Pledge for #UnfollowBullying Campaign

Draw a Line - Delete negative or hateful comments rather than giving the bully an audience.

Speak Up - If you know the person doing the cyberbullying, and feel comfortable, talk to him/her. Help them to understand the harm they are doing. Or if you are being cyberbullied, find someone you trust to confide in. Speak up for yourself and for others; don't let fear silence you.

Consider Others - When online, ask yourself are you sending something you would say face-to-face? If not, don't send it.

Help transform the #UnfollowBullying campaign at your site from a vision to a reality by taking this pledge:

- 1. I agree to step up and take a stand against cyberbullying
- 2. I agree to use technology for good and not as a tool to hurt and harm others
- 3. I agree to support others who are targets of cyberbullying
- 4. I agree to treat others online as I would like to be treated.
- 5. I agree to treat others online as they would like to be treated.
- I agree to respect others by not posting/tagging embarrassing or inappropriate pictures or videos of anyone
- 7. I agree to think before clicking on Submit
- 8. I agree to "Stop, Block, and Report" when I am the target of a cyberbully
- 9. I agree to be part of the solution, not part of the problem
- 10. I agree to "unfollow," "unfriend," and delete cyberbullying

(Student Name – Please Print)	(Student Signature)
(Grade Level)	 (Date)

Note: Once you have signed your pledge, turn it into your school's activity director.

Pledge adapted in part from Parry Aftab's version of The Megan Pledge.