News articles referencing Cassandra Boyd’s and Dr. John Gieng’s research.

1) NBC Right Now

2) Healio

3) New Scientist
https://www.newscientist.com/article/2383723-revealed-the-five-foods-that-are-key-to-maintaining-good-gut-health/

4) New Food Magazine

5) Eureka Alert

6) Newsweek

7) Yahoo
https://www.yahoo.com/lifestyle/5-foods-most-prebiotics-support-160844012.html

8) Earth.com (NOTE: this article lists prebiotic candidates and ISAPP recognized prebiotics as prebiotics)

9) Whats New in Food Technology & Manufacturing

10) Devdiscourse

11) Play Crazy Game

12) News Room Odisha
https://newsroomodisha.com/prebiotic-rich-artichokes-garlic-onions-can-keep-your-gut-healthy-study/
13) Hindustan Times

14) Revyuh

15) Bharat Times
https://eng.bharattimes.co.in/prebiotic-rich-foods-like-artichokes-garlic-and-onions-can-keep-your-gut-healthy-study/

16) Ahmedabad Mirror
https://ahmedabadmirror.com/prebiotic-rich-artichokes-garlic--onions-can-keep-your-gut-healthy-study/81860669.html

17) Fox News

18) Medical News Today

19) Veg News
https://vegnews.com/2023/7/vegetables-gut-health-prebiotics-study

20) Health.com
https://www.health.com/top-prebiotic-foods-7563612

21) Everyday Health