



STUDENT GOALS FOR MENTORSHIP

REFLECTION QUESTIONS

Why do you want to be a mentor for undergraduates?
What do you hope to gain from your experience?

Think about your own experience being mentored. What
are the qualities that make someone a strong mentor?

What do you anticipate that the students will need or
want to get out of their conversations with you?

POSSIBLE MENTORING OBJECTIVES FOR UNDERGRADS

The reasons why undergrads seek mentorship
are as varied as the students themselves:



Learning about graduate
school and how to get
involved in research as an
undergraduate



Practicing networking and
other professional skills



Exploring career possibilities



Gaining confidence in their
unique strengths



Gaining advice on how to
succeed as an undergraduate
in a given field



Discovering different ways
they may be able to put their
unique strengths to use as a
student or as a professional



Relating to someone who
has a similar identity or set
of experiences



Exposure to resources that
they aren't familiar with

IT ISN'T ABOUT YOU... IT'S ABOUT THE STUDENT

You may have a lot of experience and knowledge to
share, but that has been shaped by your own unique
circumstances and experiences. Recognize that your
mentees are walking their own unique paths and that
your role is to respect that uniqueness while guiding
and encouraging them on their way.