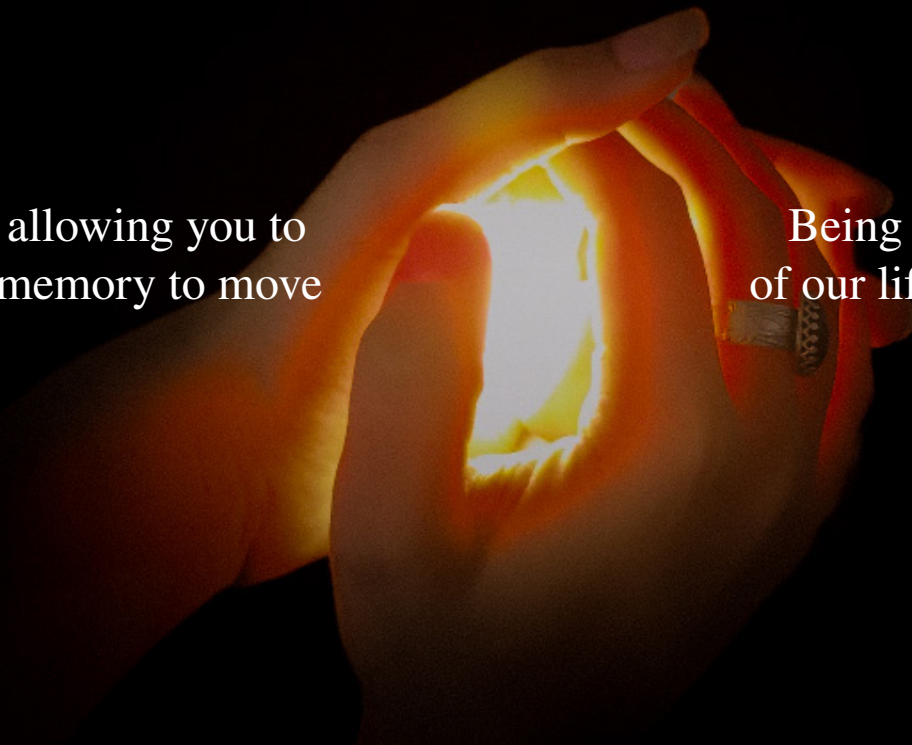




Memory can be both liberating and an attachment, allowing you to either be creative and use your experience of your memory to move forward, or causing you to live in the past.

Being unattached grants the freedom to experience phases of our life with open minds, therefore accepting what comes our way as new and fresh.



You don't have to fill the space that memories held in your life with anything. By letting go of the past, we are able to fully experience the future.

