

Supplementary Table 2a: Quality of Life (n, %)

Table 2. Quality of Life, n (%)	Physicians vs. Nurses				Male vs Female			
	Overall	Physicians	Nurses	P-value	Overall	Male	Female	P-value
<i>I am happy</i>	52 (48.6%)	21 (60.0%)	31 (43.1%)	0.10	52 (48.6%)	12 (48.0%)	40 (48.8%)	1.00
<i>Preoccupied with more than one patient</i>	39 (44.8%)	13 (46.4%)	26 (44.1%)	0.84	39 (44.8%)	9 (45.0%)	30 (44.8%)	1.00
<i>Satisfaction from providing medical care</i>	52 (69.3%)	17 (70.8%)	35 (68.6%)	0.85	52 (69.3%)	12 (60.0%)	40 (72.7%)	0.44
<i>Connection to others</i>	46 (47.4%)	14 (48.3%)	32 (47.1%)	0.91	46 (47.4%)	11 (47.8%)	35 (47.3%)	1.00
<i>Startled by unexpected sounds</i>	11 (10.0%)	3 (8.3%)	8 (10.8%)	0.68	11 (10.0%)	1 (3.7%)	10 (12.1%)	0.38
<i>Feel invigorated by patient care</i>	31 (29.8%)	7 (21.2%)	24 (33.8%)	0.19	31 (29.8%)	6 (24.0%)	25 (31.7%)	0.63
<i>Able to separate personal life from professional</i>	43 (41.8%)	18 (54.6%)	25 (35.7%)	0.07	43 (41.8%)	9 (34.6%)	34 (44.2%)	0.53
<i>Not as productive at work due to sleep loss over Traumatic patient events</i>	8 (7.0%)	2 (5.1%)	6 (7.9%)	0.58	8 (7.0%)	3 (10.7%)	5 (5.8%)	0.64
<i>Affected by the traumatic stress of my patients</i>	18 (16.4%)	7 (18.9%)	11 (15.1%)	0.61	18 (16.4%)	4 (14.3%)	14 (17.1%)	0.96
<i>Feel trapped by my job as a healthcare provider</i>	25 (23.4%)	7 (18.0%)	18 (26.5%)	0.32	25 (23.4%)	4 (14.8%)	21 (26.3%)	0.34
<i>Due to my job, I have felt "on edge" about things</i>	25 (23.6%)	7 (18.9%)	18 (26.1%)	0.41	25 (23.6%)	5 (18.5%)	20 (25.3%)	0.65
<i>I like my work as a healthcare worker</i>	44 (53.0%)	16 (53.3%)	28 (52.8%)	0.96	44 (53.0%)	11 (47.8%)	33 (55.0%)	0.73
<i>Depressed by my patients' traumatic experiences</i>	12 (10.6%)	4 (10.3%)	8 (10.8%)	0.93	12 (10.6%)	3 (10.7%)	9 (10.6%)	1.00
<i>Have beliefs that sustain me</i>	48 (54.6%)	16 (53.3%)	32 (55.2%)	0.87	48 (54.6%)	9 (37.5%)	39 (60.9%)	0.08
<i>Pleased with my ability to keep up with new treatment</i>	45 (42.5%)	18 (47.4%)	27 (39.7%)	0.44	45 (42.5%)	9 (33.3%)	36 (45.6%)	0.38
<i>Overwhelmed due to never ending workload</i>	29 (27.6%)	12 (31.6%)	17 (25.4%)	0.49	29 (27.6%)	9 (33.3%)	20 (25.6%)	0.60
<i>I believe I can make a difference through my work</i>	42 (47.7%)	14 (45.2%)	28 (49.1%)	0.72	42 (47.7%)	9 (39.1%)	33 (50.8%)	0.47
<i>I have intrusive, frightening thoughts due to COVID-19</i>	11 (9.5%)	2 (5.1%)	9 (11.7%)	0.25	11 (9.5%)	0 (0.0%)	11 (12.5%)	0.11
<i>I feel "bogged down" by the system</i>	28 (26.9%)	10 (27.0%)	18 (26.9%)	0.99	28 (26.9%)	7 (28.0%)	21 (26.6%)	1.00
<i>I feel like a "success" as a healthcare provider</i>	33 (31.4%)	13 (34.2%)	20 (29.9%)	0.64	33 (31.4%)	7 (26.9%)	26 (32.9%)	0.74
<i>Can't recall important parts of my work with patients</i>	7 (6.0%)	2 (5.1%)	5 (6.5%)	0.77	7 (6.0%)	1 (3.6%)	6 (6.8%)	0.86
<i>I am a very caring person</i>	48 (64.0%)	16 (53.3%)	32 (71.1%)	0.12	48 (64.0%)	10 (41.7%)	38 (74.5%)	0.01
<i>I am happy I chose to do this work</i>	51 (59.3%)	17 (53.1%)	34 (63.0%)	0.37	51 (59.3%)	10 (43.5%)	41 (65.1%)	0.12

Supplementary Table 2b: Quality of Life (n, %) (Contd.)

Table 2. Quality of Life, n (%)	Physicians				Nurses			
	Overall	Male	Female	P-value	Overall	Male	Female	P-value
<i>I am happy</i>	21 (60.0%)	11 (55.0%)	10 (66.7%)	0.49	31 (43.1%)	1 (20.0%)	30 (44.8%)	0.28
<i>Preoccupied with more than one patient</i>	13 (46.4%)	7 (43.8%)	6 (50.0%)	0.74	26 (44.1%)	2 (50.0%)	24 (43.6%)	0.80
<i>Satisfaction from providing medical care</i>	17 (70.8%)	10 (62.5%)	7 (87.5%)	0.20	35 (68.6%)	2 (50.0%)	33 (70.2%)	0.40
<i>Connection to others</i>	14 (48.3%)	8 (44.4%)	6 (54.6%)	0.60	32 (47.1%)	3 (60.0%)	29 (46.0%)	0.55
<i>Started by unexpected sounds</i>	3 (8.3%)	1 (4.8%)	2 (13.3%)	0.36	8 (10.8%)	0 (0.0%)	8 (11.8%)	0.37
<i>Feel invigorated by patient care</i>	7 (21.2%)	4 (20.0%)	3 (23.1%)	0.83	24 (33.8%)	2 (40.0%)	22 (33.3%)	0.76
<i>Able to separate personal life from professional</i>	18 (54.6%)	7 (35.0%)	11 (84.6%)	0.01	25 (35.7%)	2 (33.3%)	23 (35.9%)	0.90
<i>Not as productive at work due to sleep loss over Traumatic patient events</i>	2 (5.1%)	1 (4.6%)	1 (5.9%)	0.85	6 (7.9%)	2 (33.3%)	4 (5.7%)	0.02
<i>Affected by the traumatic stress of my patients</i>	7 (18.9%)	3 (13.6%)	4 (26.7%)	0.32	11 (15.1%)	1 (16.7%)	10 (14.9%)	0.91
<i>Feel trapped by my job as a healthcare provider</i>	7 (18.0%)	4 (18.2%)	3 (17.7%)	0.97	18 (26.5%)	0 (0.0%)	18 (28.6%)	0.16
<i>Due to my job, I have felt "on edge" about things</i>	7 (18.9%)	4 (18.2%)	3 (20.0%)	0.89	18 (26.1%)	1 (20.0%)	17 (26.6%)	0.75
<i>I like my work as a healthcare worker</i>	16 (53.3%)	9 (47.4%)	7 (63.6%)	0.39	28 (52.8%)	2 (50.0%)	26 (53.1%)	0.91
<i>Depressed by my patients' traumatic experiences</i>	4 (10.3%)	3 (13.6%)	1 (5.9%)	0.43	8 (10.8%)	0 (0.0%)	8 (11.8%)	0.37
<i>Have beliefs that sustain me</i>	16 (53.3%)	7 (36.8%)	9 (81.8%)	0.02	32 (55.2%)	2 (40.0%)	30 (56.6%)	0.48
<i>Pleased with my ability to keep up with new treatment</i>	18 (47.4%)	8 (36.4%)	10 (62.5%)	0.11	27 (39.7%)	1 (20.0%)	26 (41.3%)	0.35
<i>Overwhelmed due to never ending workload</i>	12 (31.6%)	7 (31.8%)	5 (31.3%)	0.97	17 (25.4%)	2 (40.0%)	15 (24.2%)	0.43
<i>I believe I can make a difference through my work</i>	14 (45.2%)	7 (36.8%)	7 (58.3%)	0.24	28 (49.1%)	2 (50.0%)	26 (49.1%)	0.97
<i>I have intrusive, frightening thoughts due to COVID-19</i>	2 (5.1%)	0 (0.0%)	2 (11.8%)	0.10	9 (11.7%)	0 (0.0%)	9 (12.7%)	0.35
<i>I feel "bogged down" by the system</i>	10 (27.0%)	7 (33.3%)	3 (18.8%)	0.32	18 (26.9%)	0 (0.0%)	18 (28.6%)	0.21
<i>I feel like a "success" as a healthcare provider</i>	13 (34.2%)	7 (33.3%)	6 (35.3%)	0.90	20 (29.9%)	0 (0.0%)	20 (32.3%)	0.13
<i>Can't recall important parts of my work with patients</i>	2 (5.1%)	0 (0.0%)	2 (11.8%)	0.10	5 (6.5%)	1 (16.7%)	4 (5.6%)	0.29
<i>I am a very caring person</i>	16 (53.3%)	8 (42.1%)	8 (72.7%)	0.11	32 (71.1%)	2 (40.0%)	30 (75.0%)	0.10
<i>I am happy I chose to do this work</i>	17 (53.1%)	8 (42.1%)	9 (69.2%)	0.13	34 (63.0%)	2 (50.0%)	32 (64.0%)	0.58

Supplementary Table 3a: Work, Home/Family, and Social Life

Table 3. Work, Home/ Family, and Social Life, n (%)	Physicians vs. Nurses				Male vs Female			
	Overall	Physicians	Nurses	P-value	Overall	Male	Female	P-value
<i>I'm worried that being a healthcare worker during the COVID-19 crisis will adversely affect my family life / home responsibilities</i>	79 (69.3%)	26 (70.3%)	53 (68.8%)	0.88	79 (69.3%)	17 (65.4%)	62 (70.5%)	0.80
<i>I'm worried that being a healthcare worker during the COVID-19 crisis will disrupt my social life / leisure activities</i>	87 (76.3%)	30 (81.1%)	57 (74.0%)	0.41	87 (76.3%)	20 (76.9%)	67 (76.1%)	1.00
<i>I'm worried that being a healthcare worker during the COVID-19 crisis will put a financial strain on me / my household</i>	34 (29.8%)	9 (24.3%)	25 (32.5%)	0.37	34 (29.8%)	6 (23.1%)	28 (31.8%)	0.54
<i>I'm worried people will exclude me from their gatherings / activities knowing that I'm a healthcare worker</i>	59 (51.8%)	13 (35.1%)	46 (59.7%)	0.01	59 (51.8%)	11 (42.3%)	48 (54.6%)	0.38
<i>I'm worried that I might have unknowingly exposed my family members to Covid-19 because of my job</i>	89 (78.1%)	27 (73.0%)	62 (80.5%)	0.36	89 (78.1%)	17 (65.4%)	72 (81.8%)	0.13
<i>I'm worried I may have unknowingly exposed my colleagues to Covid-19 because of my job</i>	70 (61.4%)	19 (51.4%)	51 (66.2%)	0.13	70 (61.4%)	14 (53.9%)	56 (63.6%)	0.50
<i>I'm worried I may have unknowingly exposed friends or community members to Covid-19 because of my job</i>	71 (62.3%)	17 (46.0%)	54 (70.1%)	0.01	71 (62.3%)	13 (50.0%)	58 (65.9%)	0.21
<i>I'm worried that I'm putting myself at undue risk by going to work during the Covid-19 crisis</i>	65 (57.5%)	17 (46.0%)	48 (63.2%)	0.08	65 (57.5%)	14 (53.9%)	51 (58.6%)	0.84
<i>I'm worried that people will treat me differently because I am a healthcare worker during the Covid-19 crisis</i>	63 (55.8%)	14 (37.8%)	49 (64.5%)	0.01	63 (55.8%)	10 (38.5%)	53 (60.9%)	0.07

Supplementary Table 3b: Work, Home/Family, and Social Life (Contd.)

Table 3. Work, Home/ Family, and Social Life, n (%)	Physicians				Nurses			
	Overall	Male	Female	P-value	Overall	Male	Female	P-value
<i>I'm worried that being a healthcare worker during the COVID-19 crisis will adversely affect my family life / home responsibilities</i>	26 (70.3%)	15 (75.0%)	11 (64.7%)	0.49	53 (68.8%)	2 (33.3%)	51 (71.8%)	0.05
<i>I'm worried that being a healthcare worker during the COVID-19 crisis will disrupt my social life / leisure activities</i>	30 (81.1%)	17 (85.0%)	13 (76.5%)	0.51	57 (74.0%)	3 (50.0%)	54 (76.1%)	0.16
<i>I'm worried that being a healthcare worker during the COVID-19 crisis will put a financial strain on me / my household</i>	9 (24.3%)	6 (30.0%)	3 (17.7%)	0.38	25 (32.5%)	0 (0.0%)	25 (35.2%)	0.08
<i>I'm worried people will exclude me from their gatherings / activities knowing that I'm a healthcare worker</i>	13 (35.1%)	8 (40.0%)	5 (29.4%)	0.50	46 (59.7%)	3 (50.0%)	43 (60.6%)	0.61
<i>I'm worried that I might have unknowingly exposed my family members to Covid-19 because of my job</i>	27 (73.0%)	14 (70.0%)	13 (76.5%)	0.66	62 (80.5%)	3 (50.0%)	59 (83.1%)	0.05
<i>I'm worried I may have unknowingly exposed my colleagues to Covid-19 because of my job</i>	19 (51.4%)	12 (60.0%)	7 (41.2%)	0.25	51 (66.2%)	2 (33.3%)	49 (69.0%)	0.08
<i>I'm worried I may have unknowingly exposed friends or community members to Covid-19 because of my job</i>	17 (46.0%)	10 (50.0%)	7 (41.2%)	0.59	54 (70.1%)	3 (50.0%)	51 (71.8%)	0.26
<i>I'm worried that I'm putting myself at undue risk by going to work during the Covid-19 crisis</i>	17 (46.0%)	12 (60.0%)	5 (29.4%)	0.06	48 (63.2%)	2 (33.3%)	46 (65.7%)	0.11
<i>I'm worried that people will treat me differently because I am a healthcare worker during the Covid-19 crisis</i>	14 (37.8%)	6 (30.0%)	8 (47.1%)	0.29	49 (64.5%)	4 (66.7%)	45 (64.3%)	0.91