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## Drilling Waste Causes Concern

By Sue Smith-Heavenrich

Two months ago the Pennsylvania Department of Environmental Protection (DEP) asked drillers to stop hauling their waste fluids to publicly-owned wastewater treatment plants. The reason, said DEP secretary Michael Krancer, is the high levels of total dissolved solids and bromides that flow into plant effluents and from there into rivers that serve as drinking water for cities downstream.

By itself bromide is non-toxic, but during disinfection at the water treatment facilities bromide combines with chlorine, forming trihalomethanes. Studies link ingestion of trihalomethanes to cancer and birth defects.

So why is the Auburn wastewater treatment plant still accepting drilling waste fluid? That's what the Cayuga Anti-Fracking Alliance wants to know. Through a FOIL request, Terry Cuddy, one of the group's founding members, obtained documents that clearly show Auburn continues to accept drilling waste fluids. And making a lot of money by doing so, Cuddy says.

From June 2009 to July 2010 the City of Auburn

raked in \$900,000 for treatment of 16.5 million gallons of drilling waste fluids. This year treatment of drilling wastewater only generated \$300,000, said Cuddy, but next year's proposed budget reflects \$1.2 million of projected revenue coming from treatment of drilling wastewater.

A 2009 letter to the New York Department of Environmental Conservation (DEC) from city assistant

civil engineer Bruce Ross listed four companies as sources of the wastewater: Anschutz, Talisman (Fortuna), Southwest Energy Company and Chesapeake Energy. Except for Southwest, the drilling waste fluid came from Trenton-Black River and Queenston wells in New York. Southwest was transporting drilling waste from Bradford and Susquehanna counties in Pennsylvania.

In the letter, Ross tries to

characterize the drilling waste from testing samples provided by the companies. Unfortunately, most of the drillers did not test their waste fluids for chlorides, sodium, total dissolved solids, barium or strontium. Also missing were some data for surfactants, gels and volatile organic chemicals such as benzene, ethylbenzene, toluene and xylene.

"We originally expressed our concerns about accepting drilling waste fluids about a year ago," Cuddy told Tompkins Weekly. The recently published New York Times series highlighting drilling impacts on water revitalized their efforts. In April, Cuddy and a handful of other concerned citizens decided to investigate further.

"We were told that this stuff is okay, that it is from vertical wells," Cuddy says. That's when Cuddy's wife Beth decided to file a request for documents. "We realized that 'vertical' doesn't necessarily mean 'good' drilling wastewater," Cuddy says. The Fortuna wells use fracturing chemicals, and one of the Chesapeake wells is drilled into Marcellus shale. "There's no such thing as good natural gas drilling

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### Parade Prowler



Photo by Ted Crane

**The Seishi Karate dancing lion entertained young and old during the Ithaca Festival parade, which kicked off the annual community celebration on June 2.**

## Class Studies Local Energy Needs

By Eric Banford

Our energy future is currently being debated in town halls, in classrooms, in government agencies and among ordinary citizens. There are varying opinions on whether we have already passed peak oil production, whether or not hydro-fracturing for shale gas can be done safely and whether or not nuclear power can regain public support after the disaster in Japan.

Renewable energy seems promising and safer than fossil fuels or nuclear, but has not overcome the technological barriers that keep it from mass deployment. Thus, our energy future is unclear.

Last fall, Cornell earth and atmospheric sciences professor Larry Cathles and Town of Caroline resident Milton Taam engaged a group of Cornell engineering students in a course designed to explore various energy paths, and to specifically look at Tompkins County and what it would take to generate all of its needed electricity locally. The class' findings are now available for the general public to consider at <http://sites.google.com/site/fingerlakesenergychoices>.

The class is called Energy and Resources of the Earth, and this year's project focused on how AES Cayuga's Milliken Station coal plant

on Cayuga Lake could be replaced, since company CEO Paul Hanrahan announced in February that AES was selling its New York coal plants.

Milliken is Tompkins County's primary source of electricity, generating roughly 258 megawatts of power while emitting some 2 million tons of CO2 annually. Groups within the Cornell class each explored a different energy source—wind, solar, gas, hydro and nuclear—and then summarized their finding in a presentation.

"The basic idea was to look at the Earth's resources in general, whether there were any constrictions that would curtail development, and if so what they were. We looked at related issues like free trade, policy, environmental aspects, global warming etc," Cathles says. "Our project this year was to look at Ithaca, and if you were going to replace Milliken Station, what would you replace it with? Part of the motivation is Marcellus gas drilling. Maybe we don't like natural gas, but maybe we don't like other things more. So we set out to compare the alternatives."

The group studying solar panels concluded that the technology is currently not cost effective, and would require eight square miles of land to generate enough electricity to supply the county's needs. The other energy options came out at roughly the same

cost, but each took up different footprints, and had differing environmental consequences. For example to meet our local power needs, 700 wind turbines would be required, covering 50-square miles. Gas extraction would cover 710 acres, assuming one five-acre pad per square mile, and would require 2.3 million gallons of water per day for drilling.

An interesting idea that came out of the class was to use excess wind power to pump water uphill to a storage reservoir in Lansing, and then release it when the wind was not blowing. The reservoir would be a half-square mile, 20-feet deep, and would store 4,000 megawatts hours of energy, the same as 12 hours of AES Cayuga's output.

Taam points out that, "Hydro storage like this is a unique opportunity of the Finger Lakes region. A difficult issue with renewables is that once you have a large source, there hasn't been a cost effective solution to storage." This solution could offset that issue.

Another idea Tamm suggested was to develop hydropower at Ithaca Falls. Estimates for energy production were only about 1 megawatt, but it would be a cost effective addition to our energy mix, and would require very little maintenance over the years, according to Taam.

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# Graduation Special for Homeschoolers

By Sue Henninger

June is an exciting month for the many students who are saying goodbye to the schools where they've spent the majority of their youth. All over Tompkins County graduation ceremonies are being held and diplomas handed out, confirming that teens have met the requirements to graduate from high school and signaling the beginning of a future that offers all sorts of promising opportunities.

But there's another group of teens who are also graduating, those who are homeschooled. Though these students' educations occur in a different space than their peers, completing their high school requirements is just as memorable and exciting for them and their parents.

One organization that offers homeschooling families a site to hold a public graduation in is Loving Education at Home (LEAH) ([www.leah.org](http://www.leah.org)). Holly Phillips, New York State's LEAH Upstate commencement coordinator, explains that each year LEAH holds a commencement ceremony for any homeschooled students who live in New York State and whose families are members of LEAH, a Christian organization.

For the last four years the event has been held at the Riverside Convention Center in Rochester, this year attracting 120 graduates and upwards of 2,100 guests. The graduation program is similar to that found in many traditional high schools, says Phillips. The average age of the students is 17 and they wear caps and gowns and walk up



Photo by Sue Henninger

From left are Anna Felker, Steve Felker, recent graduate Lydia Felker and Gail Felker at their home in Ithaca. The Felkers have graduated three of their four children after homeschooling them.

on the stage just like their high school counterparts.

There's also a commencement speaker, someone who is nationally recognized in the homeschool movement. Phillips notes that this year they added a Fine Writers Award, and the winner, Lydia Putney, read her essay, "20 Generation: Why I will Choose to Homeschool," to the audience. LEAH's narrator, Jaime Cole announces each graduate by reading a short biographical sketch submitted by the student, a scripture verse that the teen selects that's been meaningful to them and a description of their future plans.

Unlike at public high schools, parents play a key role in LEAH's ceremony, meeting their son or daughter onstage and handing them their diploma acknowledging that they've completed a "satisfactory course of study," inscribed with their name and the date by a calligrapher, and signed by their parents.

Phillips explains that LEAH has the parents come up on stage not only because they are the ones who are actually graduating their student, but also because, "It's important to recognize them as well. They've put so much dedication and sacrifice into the educational

process." Who are the parents who choose to homeschool their children day in and day out? Though she and her husband Steve both attended public schools and she was trained as a teacher, Gail Felker of Ithaca decided to homeschool all four of her children. It was a decision that the couple didn't make lightly, doing a lot of research as well as observing other homeschooling families first.

"It's a real commitment. I had the advantage of having a teaching background and felt that ultimately I knew my kids strengths, weaknesses, and interests better than anyone else ever would," Gail says.

Felker's family belongs to LEAH and her two oldest children, Ben (23) and Rachel (21), were past participants in the Rochester ceremony. For Felker, the LEAH graduation was an amazing thing to be a part of, with a real feeling of camaraderie, "We've all done this; we made it and here are 100 kids ready to take on the world!" she says.

However, as her third child Lydia (17) was approaching her graduation this year, the family decided to stay local, joining six other homeschool students from the Ithaca Community LEAH group at the Reach Out for Christ Church in Freeville on May 14 for a celebration designed by the teens themselves.

Felker found the personal atmosphere of Lydia's graduation very moving. She notes that not only did the students put together a PowerPoint presentation of their years growing up as homeschoolers, but that also there was time for

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2 Tompkins Weekly June 13

# Guidelines Offered for Restaurant Owners

By Anne Marie Cummings

The Tompkins County Workers' Center (TCWC) recently released a Tompkins County Restaurant Owner's Manual and marked the publication's debut with press event that also noted the enactment of the New York State Wage Theft Prevention Act.

Speakers included Vilda Vera Mayuga, director of the New York State Department of Labor's Bureau of Immigrant Workers' Rights; Carol Chase, senior public health sanitarian of the Tompkins Department of Health; and Martha Robertson, chairwoman of the Tompkins County Legislature.

The 16-page manual was compiled by Linda Holzbaur, community organizer with the TCWC, and was approved by the Tompkins County Health Department (TCHD) and the New York State Department of Labor (NYS DOL). The forward was written by Nathan Shinagawa, county legislator, and the introduction was written by TCWC staff.

Laurie Linn, president of the design and marketing firm Communiqué and former board chairwoman of the Tompkins County Chamber of Commerce, approached Audrey Edelman Real Estate and received a pledge of \$500 to \$600 to cover the cost of printing 750 copies of the manual. The TCHD will begin distributing the booklet during restaurant health department inspections, and eventually it will be in approximately 525 restaurants in the Ithaca area, as TCHD inspectors work through their annual calendar of inspections.

Included is a one-page summary of the new Wage Theft Prevention Act, which became law on April 12. This law addresses issues such as record keeping, increased penalties for wage theft and record keeping violations, instituting criminal penalties, including imprisonment, for failure to pay minimum wage, as well as providing the Department of Labor with additional powers for investigation and

prosecution of wage theft.

The manual doesn't address food safety regulations in New York State. Instead, "It's a user-friendly restaurant guide for workers and employers to simplify the language and explain immigration laws, tips, overtime, wage laws, payroll, uniforms, shifts and breaks, hourly rate laws [and] unemployment insurance, to name a few important topics," says Chase, "It's interesting how many people don't know what their rights are when they're employed at a restaurant. A lot of the population has blind faith and trusts that their employers know the law."

Pete Meyers, coordinator of the TCWC, explains that the law about uniforms is one that many restaurant employers and workers aren't familiar with. The law is: "If you require employees to wear a specific uniform, you must provide them with the uniforms, replace them when necessary, and pay the cost of their cleaning, or a weekly uniform maintenance allowance, whichever is higher. The uniform maintenance pay is now due to all workers, not just those paid minimum wage or close to it."

In 2009, the Workers' Center encouraged the NYSDOL to do a sweeping investigation of 22 local restaurants that resulted in the discovery that \$89,000 was owed to a total of 94 restaurant workers. "We still get calls from restaurant workers, about 300 a year," says Meyers, "and there are still a lot of restaurants in the area that are cheating their employees."

## Math and Arts Conference Planned at Ithaca College

"Math and Arts Conference," a two-day event to be held Saturday and Sunday, July 23 and 24, at Ithaca College, will show teachers how to use music to inspire students K through 12 to develop skills in mathematics.

The cost for attending the workshops is \$100. Virtual interactive sessions are available for \$50. Interested participants may register online at [www.ithaca.edu/sacl/summercamps/mmu/](http://www.ithaca.edu/sacl/summercamps/mmu/). The deadline is June 22. Two continuing education credits are offered.

"This conference is an excellent opportunity to help teachers reach young people through the creative

medium of music and help them develop self confidence in math," said Dani Novak, associate professor of mathematics at Ithaca College and a conference presenter. "Our goal is to empower teachers to teach in a way that will motivate their students and allow them to shine."

The conference will include workshop presentations such as "Music and Math" as well as GeoGebra, Simulations, and other software programs. The presentations will be held in Williams Hall on the Ithaca College campus. The interactive virtual classroom can be accessed online.



Photo by Anne Marie Cummings

Laurie Linn, left, president of the design and marketing firm Communiqué, Nicole Hartmann, a waitress at Taste of Thai Express, Pete Meyers, Workers' Center coordinator, and Linda Holzbaur, community organizer with the center.

Nicole Hartmann, a server at Taste of Thai Express, thinks the manual is a great step toward an open line of communication between restaurant owners and their workers. "It's easy to understand," she says. "At Taste of Thai Express, the owner is very open and easy to talk to, and this will just give us more ground to speak from more professionally about restaurant owner and employee issues that arise."

Paulette Manos, owner of Manos Diner, says the manual will be a great resource and will be very helpful. "Laws that refer to the service industry are sometimes passed very quickly with a very short turn-around time for employers to take the necessary steps to implement them," she says.

The initial idea of a Tompkins County restaurant manual came about two years ago from Carol Chock, a Tompkins County legislator. Jessica Yoon, a Cornell University student, who was completing a work-study project with the TCWC followed through. Yoon discovered New York City's 100-page restaurant manual, prepared and distributed through Mayor Michael Bloomberg's Office of Immigrant Affairs, and felt a strong urge to help the hundreds of restaurant workers calling the TCWC to make complaints about everything from not being paid minimum wage to not being paid overtime.

Shinagawa says these situations arise because the complicated rules for restaurant owners can be very difficult to understand. In 2004 he got involved with the TCWC because of the workers' rights issues at Collegetown Pizzeria. "They were using workers who were undocumented, were not paying them overtime, and were paying them less than minimum wage," Shinagawa says. "This is a good example of how once the community put pressure on them, they understood the rules and then they did in fact change."



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# County Budget Recommendations Set

By Tompkins Weekly Staff

County departments and agencies are being directed to prepare 2012 budget scenarios showing how they would reduce spending by 7.8 percent and 11.2 percent, as a starting point in the 2012 budget process.

The fiscal targets, approved last Tuesday by the Tompkins County Legislature without dissent, are recommended by both County Administrator Joe Mareane and the legislature's budget committee as the reductions needed to achieve the 2012 tax levy goal set by the legislature.

Lawmakers have requested that Mareane deliver a tentative budget that shows what can be supported by a 2 percent tax levy increase (which would require a \$4.5 million total reduction in locally controlled spending), and by a recommended tax levy increase of 5.4 percent (requiring a more than \$3 million reduction).

Fiscal targets represent the maximum amount of general revenue spending authority that a department may request without initiating an over-target request as part of the budget process.

At the request of legislator Frank Proto, Mareane presented preliminary a breakdown of how reductions of 7.8 percent and 11.2 percent would affect individual budgeting units. Proto said that information will be helpful as committees begin to review finances for departments that report to them.

Legislators Proto, Brian Robison, and Jim Dennis all stressed that the targets are only a starting point, that priorities must be established and that many programs cannot survive an across-the-board cut.

Dennis said that, among his personal priorities, he believes that if there is a county program that can be done elsewhere, without taxpayer expense, that is an area the legislature must carefully review.

The provisions apply to county departments, not-for-profit agency grants, towns and villages seeking reimbursement for countywide services, and human service and criminal justice agencies receiving reimbursement related to the sales tax agreement between the county and City of Ithaca.

For County departments, the 2011 fiscal targets must be adjusted to include funding for the required fringe rate increase, then the modified target decreased in the two scenarios by the 7.8 percent and 11.2 percent.

The action also authorizes Mareane to adjust department targets, as needed, to achieve the levy goal and states that he will consult with department heads and division managers before making any needed target reduction.

In other business, the legislature, appointed the nine-member independent commission charged with preparing a recommended reapportionment plan for county legislative districts.

Appointed to the redistricting

commission were Henrik (Hank) Dullea, Linda Duttweiler, John Gutenberger, Michael Hattery, Margaret Hobbie, Daniel Konowalow, Erick Lerner, Sarah Reistetter-Akiri and Jeffrey True. Hattery and Lerner are former county legislators; Gutenberger is the former mayor of the City of Ithaca.

Dullea was appointed chairman of the Independent Redistricting Commission. Dullea, Cornell's vice president emeritus for University Relations, is a recognized authority on constitutional issues in state government. He is author of "Charter Revision in the Empire State: The Politics of New York's 1967 Constitutional Convention" and co-editor of "Decision 1997: Constitutional Change in New York." He served for eight years as Director of State Operations and Policy Management for former Gov. Mario Cuomo.

Legislator Mike Lane, chairman of the Government Operations Committee, expressed high hopes for the committee, one that is diverse politically and includes people "who can work with each other; work with each other; and do the best for our county." Personnel

The legislature also confirmed Mareane's reappointment of Anita Fitzpatrick to a six-year term as the county's personnel commissioner. Fitzpatrick has served as commissioner since 1993 and has been employed by the county since 1977.

Mareane told legislators his rec-

ommendation follows a "very rigorous" review process, which involved survey of department heads, union leadership, and Personnel Department staff, and produced very positive results.

Based on that input and his own annual review, Mareane said he recommends Fitzpatrick's reappointment "very strongly."

Legislator LeslynMcBean-Claiborne noted that the last time the issue was discussed it was recommended that the legislature have a greater role in the review process. She stressed that she is not dissatisfied with Fitzpatrick's performance.

The legislature reconsidered a measure that failed to win approval at its last meeting and supported a home rule request that would amend state retirement law to authorize the county to make the new investigator position in the District Attorney's office eligible for full retirement benefits after 20 years of service without regard to age, as do other such positions across the State.

Legislator Nathan Shinagawa, who was excused at the time of the last vote, asked for the matter to be reconsidered so that he could vote on it. Shinagawa called the issue a matter of fairness. District Attorney Gwen Wilkinson offered to delay filling the position and instead put it through the 2012 budget process, if that is what the Legislature desired.

## Community Foundation Announces Grant Awards

The Community Foundation of Tompkins County has awarded 13 grants totaling some \$52,000 in 2011 Helen Thomas Howland Foundation awards to benefit Tompkins and Broome counties.

Seven additional requests were selected by Community Foundation donor advisors or field of interest funds for grants of an additional \$25,000 from the resources of the Community Foundation.

The 2011 Howland Foundation

grant recipients for aging services are Lifelong for a Newfield fitness program, and the Kitchen Theatre for a senior ticket initiative.

The grant recipients for youth services are Franziska Racker Centers for their capital campaign, Advocacy Center for shelter improvements, Hangar Theatre for work in fourth grades of Newfield Schools, Cooperative Extension for a youth energy leadership project, Tompkins Community Action for a


youth job training program, and Groton Public Library for an art project.

The grant recipients for animal welfare are the SPCA for their annex and the Broome County Humane Society for feline cages.

Three Howland grants represent creative ways of seeking results in multiple priority areas by combining goals in youth and environment priorities. They include Finger Lakes ReUse for an apprenticeship

program, Village at Ithaca for Ithaca Community Harvest and Southern Tier Advocacy & Mitigation (STAMP) for a youth media collective.

Community Foundation donor advised grants are awarded to the Finger Lakes Land Trust, STAMP, Habitat for Humanity, Brooktondale Community Center and the Child Development Council for a rural transportation project.



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# Down Economy Impacts Summer Camps

By Patricia Brhel

Even summer camp, the joy of vacationing children everywhere, has been affected by the economy. While prices for everything including snacks have been rising, donations are down and requests for scholarships are up, by 30-50 percent.

Middle class families who used to casually write the annual camp check, looking at it as a child's well-deserved recreational adventure, as well as a welcome break for mom, are thinking twice about the expense, signing up for fewer weeks or less expensive camps. Lower income families, who depend on the school system during the winter for child care while they work are now hard pressed to come up with even the modest camp fees charged by camps such as the one offered in Brooktondale at \$40 per week.

Camp directors are afraid that it will be a lonely summer for some children, separated from their friends and perhaps even home alone as families struggle with rising costs and look for somewhere to cut back.

Karen Coleman of Tompkins Youth Services laid out the problems faced by the Brooktondale Community Center Summer Camp and others in Tompkins County. "Especially in areas where there are a lot of low income students, it can be hard not to lose money, let alone run a profitable camp," she says. "Staffing costs are the biggest expense and the biggest concern. A high ratio of staff to campers is

good for the campers, especially those who need extra attention, but it's expensive to maintain.

"Camp is good for kids and we want to encourage families to send their children to camp," Coleman adds. "Camp gives children something positive to do, lets them enjoy time with their friends and teaches positive skills. For some children the alternative is to be left home alone, where mischief can occur. For others, camp also provides an opportunity to enjoy a healthy breakfast, snack and/or lunch when they might otherwise miss out."

Coleman suggests that summer camp is more available than many parents think. While parents are encouraged to pay what they can, some camps offer partial scholarships, including Brooktondale and Enfield. Many camps, including Brooktondale, Enfield and GIAC, will help with the paperwork and families who qualify can get assistance from the Department of Social Services (DSS) and other agencies.

If a parent is working or going to school, he or she can often get assistance from the DSS, as many camps can be used as daycare substitutes. Coleman cautions, "Parents need to do the paperwork and camps should check to make sure that the child's family qualifies."

Vera Howe-Strait, director of the Enfield Community Councils Summer Camp, says, "More families are asking for scholarships than ever before, but some families don't even apply, because they don't



Josh Brhel, a former summer camp participant, at the Brooktondale Community Center playground.

know about the scholarships or the DSS help and assume that camp is a luxury out of the question. However, camp is important for children, especially those who might have a stressful home life. We try to get the word out through the schools with the teachers and social workers, but I know that we still have a lot of silent families, those who haven't come to our attention. Some don't know about the programs available, some are embarrassed to ask for help, though they shouldn't be. A job loss or other issue could happen to anyone."

Enfield, like Brooktondale, runs an informal scholarship program. "We don't have money set aside

specifically for scholarships, unless someone donates or we get a grant to cover it," Howe-Strait says. "What we do is work with the parents to pay as much as they can and allow the children to attend, even if our costs aren't covered. We hope that the families that can afford to pay the full amount will help keep us in the black and depend on donations to help make up the difference."

Contributions for summer camp scholarships are greatly appreciated. Send donations to the Brooktondale Community Center, P.O. Box 135, Brooktondale, NY 14817; or to the Enfield Community Council Summer Camp, P.O. Box 214, Jacksonville, NY 14854.

## County Gets Input on Privatizing Home Health Care

County officials last week continued gathering information on potential options as they consider whether the county should continue to operate its Certified Home Health Agency (CHHA), now that New York State has eliminated its financial support for such agencies.

The county must decide whether the local property tax subsidy needed to operate the agency can be reduced or eliminated, or if the agency should be sold or transferred to another home health provider.

The Tompkins County Legislature's Health and Human Services Committee heard the perspective on CHHA operations from representatives of Home Care of Rochester (HCR), a private, employee-owned company. HCR president Mark Maxim and Elizabeth Zicari, HCR's vice president of clinical

services, answered questions related to their experience with such transitions.

Among questions raised was how quality of care can be assured in a private organization. Zicari responded that all such agencies, public or private, are regulated by the New York State Department of Health and are held to the same standards. She also said that if an agency focuses only on the bottom-line, it would not survive in that regulatory environment.

Maxim added that private organizations have the economies of scale to spread overhead cost over many more patients than a county can do, to support cost of keeping up with changing regulations and new technology. On the issue of whether private agencies "cherry-pick" (denying cases because of financial considerations or com-

plexity), the representatives responded that does not happen in their organization—that financial aspects are not considered and that they have not experienced people who need care being "left behind."

Zicari did note, however, that some patients require too high a level of care to be cared for at home.

Zicari reported said that in counties where HCR acquired a county

CHHA, her company met with affected staff, most applied for positions, and the agency hired all. Wages and benefits overall, she said, were comparable, though the company could not duplicate the public pension plan.

The Health and Human Services Committee may offer a recommendation to the legislature on the CHHA's future at a June 14 meeting.

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# Opinion

## National Security vs. Local Insecurity

By Ute Ritz-Deutch

On June 1 Governor Andrew Cuomo announced that his administration is suspending New York’s participation in the controversial Secure Communities (S-Comm) immigration enforcement program, also known by opponents as the (In)Secure Communities program, since, according to several major city police chiefs, it undermines public safety and security.

On the same day, the City of Ithaca Common Council passed a resolution applauding the governor’s decision and urging him to rescind the S-Comm agreement entirely, as Governor Quinn of Illinois has recently done.

New York signed a memorandum of agreement with Immigration and Customs Enforcement (ICE) on Dec. 28, and since then more than half of the state’s jurisdictions have become “activated,” meaning that police departments are required to use fingerprint-based biometric technology during booking and share this data with ICE. This affects all persons processed by the police, regardless of guilt or innocence, before they can get legal counsel and have their day in court.

According to the New York Civil Liberties Union, more than 80 percent of people transferred to ICE in New York State and subsequently deported had no criminal record, which contradicts the government’s stated goal of targeting violent criminals. To date ICE has not developed regulations ensuring that dangerous people are the ones being targeted and deported, nor does it have procedures in place to review any noncompliance to the stated goals.

Across the nation, ICE has also given jurisdictions conflicting information about their ability to opt out and has been deceptive about the cost of the program, which is why the Inspector General of the Department of Homeland Security is currently investigating the program.

Opponents to the program, including numerous civil rights organizations, have argued that the (In)Secure Communities program places considerable burden on local jurisdictions, increases community policing and public safety costs, and adds to financial and adminis-

trative burdens. Local police departments have to shoulder additional costs associated with S-Comm, including those associated with holding prisoners until they are in ICE custody. Police chiefs from around the nation have come out against Secure Communities because it strains already limited police resources and generates fear in the immigrant communities, which undermines the ability of the police to provide safety and security for everybody.

Civil rights groups have expressed great concerns about racial profiling and the erosion of due process rights that affects all of us. Many of the deportees are in mixed-status families that include U.S. citizens, who are then either deported with their parents, or if no one else can take care of them here, are placed in foster care.

Deportations are tearing families apart and traumatizing millions of people in this country every year. In the last two years alone 800,000 people have been deported, a sharp increase since the Bush administration. The combined price tag for detaining and deporting people is \$7 billion a year (\$2 billion and \$5 billion, respectively), which ultimately comes out of taxpayers’ pockets.

The current enforcement-only policy also fails to address the underlying causes of immigration. What we need in this country is comprehensive immigration reform, but until we get it we need to make sure that the rights of all people in this country are protected, as guaranteed by the Bill of Rights.

The Tompkins County Immigrant Rights Coalition applauds Governor Cuomo and the Common Council of Ithaca for taking a stand against (In)Secure Communities and for being beacons of light in the national immigration debate.

The governor’s press release can be found at [www.governor.ny.gov/press/06012011FederalSecureCommunitiesProgram](http://www.governor.ny.gov/press/06012011FederalSecureCommunitiesProgram). City Council resolution: [www.cityofithaca.org](http://www.cityofithaca.org) under Boards and Committees >Common Council>Minutes>June 1, 2011.

*Ute Ritz-Deutch of Ithaca is on the steering committee of the Tompkins County Immigrant Rights Coalition and is the coordinator of the Ithaca Chapter of Amnesty International.*

# Carbon Fund Backed by Cornell Conference

By Gay Nicholson

*This is the latest installment in our Signs of Sustainability series, organized by Sustainable Tompkins. Visit them online at [www.sustainabletompkins.org](http://www.sustainabletompkins.org).*

Energy security and climate protection are interwoven global issues with highly local solutions. We need to reduce fossil fuel use across the board in order to slow global warming and strengthen our local economy, and that means taking responsibility for our own fossil carbon emissions while making sure that everyone in our community is supported in their efforts to be more energy secure.

The Finger Lakes Climate Fund was designed with this in mind. Donors to the fund can calculate the carbon emissions from their travel or building use, and make a donation to remove an equivalent amount of carbon from the atmosphere. Those carbon reductions are achieved by helping modest-income residents reach their energy security goals by investing in energy efficiency and renewable energy.

LeChase Construction of Rochester understood that direct connection between energy security and climate health when they volunteered to offset the carbon emissions for all of the participants at Cornell’s recent Big 10 & Friends Utility Conference. LeChase is a partner in Cornell’s climate action plan, and led the team that built Cornell’s new cogeneration plant, which has reduced emissions for the university by over 20 percent.

“Our company is working nationwide to help institutions decrease their dependence on fossil fuels through green building design and alternative energy sources,” notes Paul Sugnet, LeChase Senior vice president, “and I’ve been impressed by Cornell’s leadership and commitment to reducing their emissions to net zero by 2050. We realize that travel to exchange ideas and share research results is essential for a university, so we decided we would facilitate yet another step toward their climate protection goal by arranging to offset carbon emissions related to this conference.”

Air and car travel for the 85 conference attendees added up to 78,709 miles, or roughly 23 tons of CO2 emissions. Offsets to the Finger

Lakes Climate Fund are set at \$20 per ton, so the travel-related emissions for the conference cost \$460 to offset. This contribution to the fund will go a long way toward helping a local family become more energy secure. Grants from the Finger Lakes Climate Fund are awarded to families below the median income to help them go forward with energy improvements that will save them money and reduce their emissions.

For example, the Ellis family received a grant to help purchase an efficient wood pellet stove along with some insulation and air sealing performed by Tompkins Community Action. Another awardee, first-time homebuyer Jill Rosentel of Lansing, received a grant to upgrade to a highly efficient furnace and have insulation work done on an older home by ASI Energy.

These projects will reduce carbon emissions by an amount equal to or greater than that emitted from the travel and building use by the fund’s donors, thus creating the carbon offset and “neutralizing” the donors’ emissions. As an add-on benefit, both households will be less vulnerable to rising fossil fuel prices and better positioned to remain stable and secure property owners. Over the long term, everyone benefits, the university, the homeowners, local energy contractors and the community.

Ed Wilson, Sustainable Energy Team Manager of Cornell’s Office of Energy & Sustainability, endorsed the effort, saying, “The ability to offset the CO2 emissions for those attending our conference was welcomed by all. The conference centered on utilities, basically energy and associated emissions. It was a great conference and offsetting the emissions locally raised the bar for future conferences. The Finger Lakes Climate Fund provided a real added value.”

Sustainable Tompkins always advocates for people to consume energy responsibly and reduce their emissions as much as possible, but we recognize that some emissions are unavoidable. We don’t expect people to give up meaningful travel or shift their buildings to renewable power sources all at once. But we can all get on the path to energy security and help others .

*Please turn to page 7*

### Letters Policy

Tompkins Weekly welcomes letters to the editor. In order to run letters in a timely fashion, they should be no longer than 300 words. Letters should be e-mailed to [wrols@twcnynyrr.com](mailto:wrols@twcnynyrr.com), or mailed to P.O. Box 6404, Ithaca, NY 14851. Please include name, address and the best way to reach you for confirmation.

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‘Rumors’



Photo by David Blatchley

Cortland Repertory Theatre presents Neil Simon’s “Rumors” with performances through June 18. In this farce, written by America’s master of comedy four couples gather in the posh home of New York City’s deputy mayor to celebrate his 10th anniversary, only to discover there are no servants, the hostess is missing and the mayor has shot himself through the earlobe. For tickets and more information go to [www.cortlandrep.org](http://www.cortlandrep.org).

United Way Offers Service Scholarships

United Way of Tompkins County announces the fourth year of its Stephen E. Garner Summers of Service Scholarships.

This employment and learning opportunity, funded primarily by Cornell University’s Student United Way Campaign, will provide five paid summer internships for local high school students (first priority to those entering their senior year) at one or more of United Way of Tompkins County’s member organizations.

The internships are named in memory of Stephen E. Garner, president & CEO of Tompkins Trust Company, and former United Way of Tompkins County campaign chair and chair of the board of Directors.

The \$1,500 annual internships give high school students the opportunity to learn firsthand about the health and human services sector

and make an important difference in Tompkins County.

For the past three summers, students have gained a wealth of knowledge about the programs and services offered to individuals and families from our communities, in addition to learning more about United Way of Tompkins County. After the completion of the summer internships, and as a result of the positive experiences, several students have become volunteers with local nonprofit organizations.

Position descriptions and the job application can be found online at [www.uwtc.org/summer-internships](http://www.uwtc.org/summer-internships) under Community Impact-Student Engagement, or picked up at United Way of Tompkins County. Applications are due by Friday, June 17.

For more information call 272-6286 or email Carmela LoRusso at [clorusso@uwtc.org](mailto:clorusso@uwtc.org).

sion is to promote the long-term well being of our communities and region by integrating social equity, economic vitality, ecological stewardship, and personal and civic responsibility. Visit [www.sustainabletompkins.org](http://www.sustainabletompkins.org) to learn more.

Gay Nicholson is President of Sustainable Tompkins

Fund

Continued from page 6

in our community while doing so. That’s the beauty of this program.

Sustainable Tompkins is a citizen-based organization whose mis-

Street Beat

The word on the street from around Tompkins county.

By Kathy Morris

Question: What makes a good yard sale?



“Quality stuff at good prices. Not someone else’s trash. People don’t mind paying more for good stuff.”

- Kate Booth, Ithaca

“One of the things about yard sales is they have the potential to invite community. Include an activity that invites community, like an acoustic jam or children’s activities.”

- Manda Adams, Ithaca



“Shade. A good profit.”

- Jodi Moss and daughter, Ithaca



“Vintage. Something classic that you couldn’t get anywhere else.”

- Warren Davis, Ithaca



Submit your question to **Street Beat**. If we choose your question, you’ll receive a gift certificate to GreenStar Cooperative Market. Go to [www.tompkinsweekly.com](http://www.tompkinsweekly.com) and click on Street Beat to enter.

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# The Exceptions to the Rule

By Arthur Whitman

★ ★ ★ *X-Men: First Class*. Written by Ashley Miller, Zack Stentz, Jane Goldman, Matthew Vaughn, et al. Directed by Matthew Vaughn. At Regal Cinemas.

Granted, this column hasn't been too kind to summer superhero flicks. To see a muddled contraption of a movie like *Thor* as somehow "pretty good" is, to this critic's mind, to reveal stunningly low expectations. Buried as we are in an avalanche of Batmen and Supermen and Watchmen and Fantastics and Spidermen and Iron Men and, soon, Green Lanterns and Captain Americas, it's fair to wonder—just how much spandex induces oxygen starvation to the brain, anyway?

Of all the franchises based on Marvel or DC Comics, the *X-Men* series has been the least bad and occasionally even good (*X2: X-Men United*). Even the least of the series, such as 2009's *X-Men Origins: Wolverine* or 2006's *X-Men: The Last Stand*, was partly redeemed by performances by Hugh Jackman—a guy who is, to his credit, never less than "all in" no matter how preposterous the material.

Jackman doesn't star in Matthew Vaughn's *X-Men: First Class*, but it still belongs on the positive side of the ledger: True, this is another soufflé with way too many cooks in the kitchen (there are, count 'em, six screenwriting and story credits here). It's also another cynical attempt to sidestep sequel-fatigue by producing an "origin story" of several of the series' signature characters. And once again, the series' theme—that Thou Shalt Celebrate Difference Instead of Fearing It—is wielded with all shoulder-tapping earnestness of the most preachy of episodes from *Star Trek: Generations*. Yes, yes—nobody who is different, whether purple, gilled, webbed, or (and get set for the *message* here, folks...) gay, Jewish, colored, or "differently



James McAvoy and Michael Fassbender begin their game in *X-Men: First Class*.

abled", deserves anybody's scorn. We get it. Can we get back to resenting perfectly ambulatory people using handicapped spaces at the mall now?

I still liked *First Class* because the cast is first class, and because the screenplay by Ashley Miller, et al. gives them scope to show their strengths. We get Michael Fassbender (who did a memorable turn as a British spy in *Inglorious Basterds*) as the young, svelte Magneto, the mutant who can move any metallic object with his brain-waves. He's more James Bond here than caped crusader, swimming onto the yachts of his nemeses and peeling off his wetsuit to reveal a tuxedo. He even looks good in a turtleneck. We also get James McAvoy as an early-days "Dr. X", the telepath who later becomes Patrick Stewart in the prequels to this origin story (or is that the sequels to this prequel...?). McAvoy is essentially playing the Yoda figure, helping the other X-persons learn to control their individual super-powers. In fact, playing the nurturer *and* the take-charge executive type is not an easy combination, but McAvoy pulls it off.

This Bondish Magneto connection is not the only blast from the

suddenly uber-sexy early Sixties. With its highly revisionist version of the Cuban Missile Crisis, the script is deliberately styled to capitalize on *Mad Men* chic. In addition to the *Dr. Strangelove*-inspired Cold War jitters and short skirts, we get *Mad Men*'s own January Jones as a mutant with telepathic powers and the strange, seemingly random ability to crystallize herself into something typically seen hanging from a chandelier. While I like her on the small screen, it's hard to escape the suspicion somebody here is making fun of Jones' rather precious, brittle appeal. Sure, she plays a telepath in this movie, but was she in on the joke?

Something similar might be asked of Kevin Bacon, who plays the villain cruising the globe in a groovy, shag-lined submarine that seems more Austin Powers than superpowers. Alas, it's none too clear what Bacon's exact talent is—something to do with "absorbing energy," or maybe the facility with accents to transition from ruthless Nazi apparatchik to ruthless arms contractor with a drawl. (Wouldn't you think his superpower would lie in being only six degrees of separation from any given individual on the planet?) He, likewise, gets into

the *Mad Men* groove when, at a key moment in scheming with his gal pal Jones, he tells her that his drink "needs ice."

As comparatively painless as the *X-Men* films are, I can't help wondering if it's helping to raise a whole generation of evolutionary illiterates. No, Virginia, the vast majority of genetic mutations are *not* good things. Most are either neutral or harmful. Even a really cool-sounding mutation, like a working pair of wings, would actually be bad if it meant the mutant would be more likely to die in a flying accident before he could pass on his gift.

But of course, a mutation with truly Darwinian implications—like a guy with hyper-potent super-testicles who can outbreed everybody else, or extra wide female hips for safe birthing—don't necessarily lend themselves to spandex treatment. Maybe the most biologically plausible mutant isn't January Jones, but some even more fecund version of Christina Hendricks. XXX-Men, anyone?

Contact Nicholas Nicastro at [www.nicastrobooks.com](http://www.nicastrobooks.com).

Movie Ratings	
★★★★★	Classic
★★★★	Excellent
★★★	Good
★★	Fair
★	Poor

## Lake Monitoring Cruise Planned

The Cayuga Lake Floating Classroom will host a citizen lake monitoring cruise on Sunday, June 26, from 2-5 p.m., open to all watershed residents and visitors.

Volunteers with the Community Science Institute will demonstrate sampling techniques and share their experiences working to protect streams throughout the region.

See [floatingclassroom.blogspot.com](http://floatingclassroom.blogspot.com), or call 697-0166 for reservations.



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# Hangar Plays on Field of Young Dreams

By Ross Haarstad

**Rounding Third** by Richard Dresser. Hangar Theatre.

The fields of boyhood dreams and nightmares—in this case Little League baseball—are the well-plowed yet still fertile ground for explorations of American manhood. From the child-centric view, no one chronicled it better than Charles Schultz in just four simply drawn panels of *Peanuts*.

With *Rounding Third*, playwright Richard Dresser takes on the flipside of this dreamscape, the tribulations of the father-coaches, still haunted by their childhood games. His odd-couple comedy pits Don, the perpetual jock, winning is everything, high-octane coach whose son Jimmy is the team's star pitcher, against the new assistant, Michael, who wants the game to be fun for the kids no matter who wins, and whose son is forever losing his glasses and dropping the ball.

*Rounding Third* dabbles with issues of male loneliness, competitiveness, dashed expectations, infidelity, and fatherhood as the reliving of boyhood, but never risks peeking beneath the surface.

The dialogue is moderately humorous in the vein of an extended SNL sketch, making the most of the oil and water nature of these two poles of American manhood, with a dollop of class difference thrown into the mix (beers vs. lattes, for instance.) To move his plot along, Dresser awkwardly drops in major character revelations whenever an emotional cli-

max seems called for.

That this facile, low-risk sketch is widely produced (bro-comedy, two actors, one minimal set) is unsurprising, especially given the economics of theater in this country. That the Hangar launches its season with it is surprising.

Usually the fare there, even in light comedy, is richer (speaking of rich fare, the concessions stand now features Simply Red Bistro, with some mouth-watering cheese platters and other goodies.)

Fortunately, the season past the opener is much more exciting with the complexities and vigor of the musical *Ragtime*, a brand new play (*Ever So Humble*), more of the great August Wilson (*Gem of the Ocean*) and the pop-culture hijinks of *The Rocky Horror Show* to whet our appetites.

The Hangar production itself displayed high craftsmanship—brisk, bright and elegantly designed. Aaron Roman Weiner gave a full throttle rendering of the slightly outrageous Don, a continuing car-wreck of take-no-prisoners attitude with gleam of mania in the eyes.

As Michael, Sidney Williams, was a perfect foil: a usually gentle, slower-paced, naïve Pillsbury dough boy. Director Stephanie Yankwitt kept the pace up, and the staging simple.

The real delight this time out was the design. Jennifer L. Adams managed to pour character into simple little costume changes (abetted by set changers in baseball uniforms), while scenic designer Brian Prather, lighting designer Matt Richards and sound designer



Sidney Williams and Aaron Roman Weiner are Little League coaches in *Rounding Third* at the Hangar.

Andrew Wilhelm went to town creating summer outdoors in a sometimes dusty, sometimes muddy field and other venues.

Prather put a central element of movable stadium seating against a cyclorama of Normal Rockwell sky and a faded, forced-perspective ball field. Richards lit this subtly yet romantically, with an especially appealing dreary day of rain, a few flashes of stadium lights, and a

glowing late summer dusk. Wilhelm's soundscape was thick yet very lightly laid in, with bats cracking against balls, murmuring sheets of rain, distant crowd cries, punctuated by witty pop songs in the transitions.

On to better material for the rest of the season, but with hopes that the craft of the designers holds to the standards of this opening quartet.



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# A Different Perspective on Still Life

By Arthur Whitman

Bulbous, abstracted forms populate Jessica Warner’s still-life paintings. Drawn from setups of peppers, beads and fragments of tree branches, her work distinctively evokes landscape: rocks and mountains with finely checkered areas (perhaps tablecloth) suggesting partitions of farmland. The viewer looks down, as if from a bird’s eye view—one wants to swoop in and out.

The pieces have a refreshing airiness; the white of the paper is left mostly uncovered and areas of shading are minimal. The linework, done primarily in gouache with a narrow stick, is slightly stiff and richly calligraphic, the colors bold and opaque. Combining in some images with pencil lines, they form an intricate linear tangle. The shading, done with a brush, is watery, adding a subtle heft to the line drawing, which tends to dominate.

Warner, a local artist, is showing nine of her watercolor and gouache paintings (including one diptych) at the Community Arts Partnership’s ArtSpace gallery in Center Ithaca.

The work that comprises “Peppered” has a strongly consistent approach. This consistency extends here to the format and presentation of her pieces. Most of them are about 21 inches in their dimensions, not precisely square. Behind glass, on matching black frames, the sheets of rough paper are attached to the matting only at the top. They dangle like laundry on a clothesline. Given particularly that her work emphasizes relationships of scale and depth—small vs. large, near vs. far—it would be interesting to see more variety of size and proportion.

The major failing of most of this work though, to a greater or lesser extent, is the color. There are many colors in most of these pieces and they often seem willfully chosen and juxtaposed. Bright pink and cyan strike needlessly discordant notes when placed against more naturalistic tones—often reminiscent, indeed, of peppers. This is particularly so to the extent that



“Roots and Peppers 2,” a watercolor and gouache on paper piece created by Jessica Warner.

the color is thinned-down (the brushed areas).

With the bold-opaque of the lines, the variation seems to cancel itself out and we can see the strength of the drawing through the noise of the color.

Among the strongest works on show are a pair of “Roots and Peppers” paintings, which avoid this failing. Painted from the same still-life setup and very similar in composition, “1” and “2” show a knot-like arrangement of branches accented with a generous pile of vegetal lumps (occasionally resembling peppers) resting towards the bottom edge. The lines readily overpower the narrow strips of faded tone: mostly grayish or dull. Both, but especially the first one, are delicate and poignant pieces with a subtly comical anthropomorphic quality.

“Awry” shares the same relative strength of color, again due to its emphasis on line and sub-

tle tones. The central form is a tree-like configuration of branches (in this still-life context, it also suggests a footed cup or bowl). A dense and amorphous pile of peppers spills outwards from its bottom. With the darkness and thickness of its base and the lightness that predominates towards the top of the image, we get the feeling of a struggle between gravity and flight, of rising and falling, rising and falling.

“Embark” is notable for its distinctive format: two sheets of paper connected by a single two-section frame. The left-hand image is the stronger of the two. Three mountain-like forms predominate, coming down from the upper-left corner in a perspectival procession. The first two resemble comical robed figures, looking down through long binoculars. The third, the largest and frontmost rock-formation, sprouts a head like a tube of toothpaste, arced downwards. These “figures” float, like gods, above a delicate landscape of hills and fields. The landscape on the right-hand sheet is similar but its anchor, a mountain with a dotted tassel, seems pasted on rather than integral.

Warner’s still life as landscape as abstraction has a rich historical pedigree. The artist cites the abstract expressionist painters Joan Mitchell and Philip Guston as sources. The mordant, absurdist quality of Guston’s late figurative painting is particularly strong point of reference (strong in both senses), especially so for his omnipresent piles of suggestive and repetitious objects. As well, the delicacy and openness of her rendering and composition are broadly in the tradition of Paul Cezanne, the pioneer of modernist still life.

“Peppered,” despite its flaws, is an engaging show, filled with moments of surprise and pleasure. The approach is sophisticated; it twists a familiar genre in unexpected and experience-expanding directions.

The show is up at the CAP ArtSpace through June 29. Warner will give an artist’s talk there on June 20 at 6:30 p.m.

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# BusinessWeekly

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## Restored Building a Commons Gem

By Ann Krajewski

The metamorphosis of the Commons continues. Last Monday Downtown Ithaca, the City of Ithaca, Tompkins County Area Development and the Ithaca Urban Renewal Agency welcomed the addition of the latest downtown restoration project at the site of the former Plantations building located at 130-132 the Commons.

The event marked the completion of Downtown Ithaca's most recent addition, Mia, which will open for business later this month.

Downtown Ithaca Alliance executive director Gary Ferguson says, "This undertaking was two years in the making. It was a lot of work and we're very excited to add it to our already impressive lineup of business establishments here in downtown. It's very attractive and many people are of the opinion that it really has a feel of Greenwich Village or Soho to it, and that's a great compliment."

This keystone project, located on the west end of the Commons, incorporates a ground floor restaurant featuring high-end Pan-Asian cuisine, a function room, office space and eight units of housing.

"The apartments are as nice as the restaurant and they've already been rented out," Ferguson says.

With a total price tag in excess of \$3 million, the centrally located establishment aims to bring new life to an often vacant building that was in need of extensive repairs.

"Here we've saved an important building. It probably would have fallen down without this renovation," says Ferguson.

The project was funded in part with a grant from the Restore New York Program and both state and federal Historic tax credits.

"This marks the first time we've utilized state Historic tax credits, and it's important to note that this undertaking required nearly a

dozen different funding sources and the completion of this project really illustrates the importance of people working together to make downtown projects a success," Ferguson says.

The completion of this multi-purpose facility marks the culmination of the most ambitious project for one of Ithaca's most accomplished entrepreneurs, Sunit "Lex" Chutintaranond. In addition to this latest venture, Lex is also responsible for the establishment and subsequent success of four other area restaurants; Thai Cuisine, Just a Taste, Madeline's and most recently Za Za's Cucina.

The inspiration for this newest restaurant addition to the Commons comes from Lex's personal heritage of being born and raised in Thailand up until his teenage years prior to studying at Iowa State and the University of Nebraska, where he majored in computer engineering and worked for such well known companies as IBM.

Twenty-one years ago he arrived in Ithaca, where he started his first restaurant. Mia is a result of Lex's constant drive to create new and exciting food concepts and his desire to reconnect with his roots and the food he grew up with in Thailand and India.

And while Lex is excited about the restaurant opening, he stresses that the dining establishment is part of a bigger picture.

"This is a historic building that was very run down. The second, third and fourth floors hadn't been used in about 50 years, and just cleaning up the contamination such as lead paint removal and asbestos cost nearly \$50,000," he says.

"Pretty much everything had to be replaced because things like all the original floor joists and supporting beams were really old and cut wrong and it needed a new



Photo by Ann Krajewski

Sunit "Lex" Chutintaranond at his new restaurant, Mia, which will open later this month on the Commons.

roof. That's just for starters. Let me just say that this endeavor was much more than applying a coat of paint," Lex says.

"It has been extensively renovated in order to facilitate continued growth downtown, provide affordable housing, office space and a 60-person capacity banquet room for which we already have bookings and we've made it much safer structurally. We have installed firewalls and sprinkler systems, which makes our neighbors on either side of us very happy," he adds.

In addition, Lex notes that this project is creating much-needed new jobs which many people are interested in, as evidenced by the stacks of applications on the restaurant's elegant tables, which currently serve as Lex's temporary office. "We'll be employing between 18 to 25 people full and part time," he says.

He also has respect for the histo-

ry of the building and kept that in mind during the restoration process. "Holt Architects did a great job of researching what this building looked like 50 years ago and we were able to incorporate features of the old look back into this, such as extending the front of the building to where it once was," the businessman says.

Getting back to the restaurant, Lex said that in Mia, as well as his other eateries, he tries to give patrons more than just a place to sit down and eat. "People work hard, they have many pressing priorities, so when they come to my place I want them to enjoy not only the food and service, but the ambience as well. I want them to have a wonderful experience that they will remember."

Gary Ferguson weighed in on the new restaurant, too. "I predict Mia will be Lex's culinary masterpiece," he says.



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# Tompkins County Community Calendar...

## 6 Monday

**Breastfeeding for the Health of It!**, 10am-12pm, OR 6-8pm, at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca, This week's topic: How to pump and store breast milk. A FREE 6-class series for new or expectant moms who are eligible for WIC, Medicaid, Food Stamps or similar programs. Participants receive FREE useful items. Call Cornell Cooperative Extension of Tompkins County (607) 272-2292 or email TMF8@cornell.edu to sign up.

**Continuing Beginning Ballet for Adults**, 5:30-7:30pm, CSMA, 330 E. Martin Luther King Jr./State St., drop-ins welcome, Nathanielsz Dance Studio, Instructor, Miranda Strichartz.

**Cortland Youth Center**, Open from 12-9pm. Info: [www.cortland.org/youth](http://www.cortland.org/youth) or call 753-0872.

**Emergency Food Pantry**, 1-3:30pm, Tompkins Community Action, 701 Spencer Rd., Ithaca. Provides individuals and families with 2-3 days worth of nutritious food and personal care items. Info. 273-8816.

**Food Addicts in Recovery Anonymous**, 7-8:30pm, Cayuga Medical Center, 301 Dates Dr., Ithaca, Fourth Floor North Conference Room. Food Addicts in Recovery Anonymous (FA) is a free Twelve Step recovery program for anyone suffering from food obsession, overeating, under-eating and bulimia. Call FA at 781-321-9118 or toll free 1-866-931-6932. Visit our website at [www.foodaddicts.org](http://www.foodaddicts.org).

**Free GED classes**, Groton Elem. 5:30pm-8:30pm; TST BOCES- 1pm-4pm; Call 257-1561 to register.

**GIAC Teen Program** 4-7pm, 318 N. Albany St., Ithaca, Game Room, Video Games, Open Gym & Field Trips.

**Hatha Yoga w/Dr. Kasia**, 6-7:20pm, World Seishi Karate, 989 Dryden Rd., Varna, Info., 277-1047 or email: [drkasiaadc@yahoo.com](mailto:drkasiaadc@yahoo.com).

**Hatha Yoga in the Svaroopa® Style**, 10:15-11:45am, Finger Lakes Fitness Center, taught by Shelley Clark, Every Monday, Non-members welcome.

**Infant Care Class**, Every 1st Monday of the month, Cayuga Medical Center. The basics on the care and feeding of your little one in the first few weeks. Fee \$25. Information 274-4408 or [www.cayugamed.org](http://www.cayugamed.org).

**Introduction to Edible & Medicinal Herbs & Spices**, 6-8pm, CCE-Tompkins Education Center, 615 Willow Avenue, Ithaca, Learn about the growing habits and benefits of herbs and spices in your home garden – culinary, medicinal, and aromatherapeutic! Explore the folklore and history of herbs. Enjoy a hands-on class with a complete sampling of herbs and plenty of time for questions and answers. Please call (607) 272-2292 and register in advance so we can make a sufficient number of handouts.

**Jazz Dance Classes with Nancy Gaspar**, 7:15pm, Finger Lakes Fitness Center, 171 E. State St., Center Ithaca, Non-members & drop-ins welcome. Info 256-3532.

**Jazzercise**, 5:45 & 6:45pm, 119 W Court St., Ithaca. Jazzercise combines dance, resistance training, pilates, yoga, kickboxing and more to create programs for people of every age and fitness level. More info. 288-4040 or [www.jazzercise.com](http://www.jazzercise.com).

**Lifelong Schedule**, 8:30-9:30AM, Enhance Fitness®, Lifelong, 119 W. Court Street, Ithaca; 9-10AM, Enhance Fitness®, Juniper Manor I, 24 Elm St., Trumansburg; 10-11:30AM, Tai Chi Class, Titus Towers, Apartments 800 S Plain St, 10-12PM, Clay Class; 10:15-11:15AM, Enhance Fitness®, Enfield Community Building, 168 Enfield Main Rd.; 11:45-1:30PM, Dryden Senior Citizens meeting and lunch, Dryden Fire Hall; 12:30-1:30PM, Strength Training; 1:45-3PM, Off-Site-Senior Chorus; 2-3PM, Enhance Fitness®, McGraw House Annex, 211 S. Geneva St.; 7-9PM, International Folk Dancing; Info., 273-1511 or [www.tclifelong.org](http://www.tclifelong.org).

**Loaves & Fishes Community Kitchen**, 12 Noon, St. John's Church, 210 N Cayuga St., Open to all, no limitations or requirements. Info., [www.loaves.org](http://www.loaves.org).

**Overeaters Anonymous**, 7:30-8:30pm, Henry St. John Building, 301 S. Geneva St., #103, corner W. Clinton St., Speakers/Literature meeting, Meetings are free, confidential, no weigh-ins or diets, Info., 387-8253.

**Personal Defense**, 7:30-8:30pm, World Seishi Karate, 989 Dryden Rd., Info., [www.seishihonbu@verizon.net](http://www.seishihonbu@verizon.net) or 277-1047.

**Post Traumatic Stress Disorder Meeting**, 6PM (holidays excluded), The First Baptist Church, Dewitt Park, PTSD Ithaca is an independent, Post Traumatic Stress Disorder support, social, educational and self-help group to assist those individuals who have been diagnosed with or think they may have PTSD.

**Pre-School Story Hour and Craft**, 10am, The SPCA Annex at The Shops at Ithaca Mall.

**Schools, Business, and Economic Development**, 6-7:30PM, Country Club of Ithaca, The Local School System and the Economy: How the Ithaca City School District will meet the needs of employers in a challenging fiscal environment, Please RSVP to [info@tcad.org](mailto:info@tcad.org).

**Site Grading Workshop**, 9am-5pm, June 6-11th, Cornell Campus. To learn more or to register for the workshop, visit the Site Grading Workshop website at [www.sce.cornell.edu/exec/site\\_grading.php](http://www.sce.cornell.edu/exec/site_grading.php), call 255-7259, or e-mail [culp@cornell.edu](mailto:culp@cornell.edu).

**Volunteer Work & Learning Sessions at ICG**, 5-7pm, Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca, Drop in at the Ithaca Children's Garden for volunteer work and learning sessions on Monday evenings 5:00-7:00pm from May 16 - June 27. Volunteers will work with the guidance of a professional horticulturist Linda Yannone to get the garden in shape this season. Come once or several times to learn gardening basics hands-on, or simply to help the Children's Garden look its best. No gardening experience required. For more information, contact Leigh MacDonald-Rizzo, Garden Manager at (607) 272-2292 x186, or [lam26@cornell.edu](mailto:lam26@cornell.edu).

**Yoga Classes**, 5-6:15pm, Mindful Movement in Community Corners, 903 Hanshaw Rd., Suite 201, Info., 607-592-5493.

**Al-Anon**, 12noon, 518 W. Seneca St., Ithaca, Meeting open to anyone affected by another person's drinking. Info., 387-5701.

**Alzheimer's Support Group**, 1-2:30pm, Office for the Aging in the County Courthouse, 320 N. Tioga St., Meets 4th Tues of the month. Open to those caring for someone with dementia, confusion or serious memory loss. Info 274-5492.

**Belly Dancing**, 7:30-8:30pm, CSMA, 330 E. Martin Luther King Jr./State St., Nathanielsz Dance Studio/Drop-ins welcome, Kathryn Howd Machan.

**Candor Library Story Hour**, 10:15am, Candor Free Library, Bank and Main St., Info. 659-7258.

**Cayuga Club Toastmasters**, 6-7pm, meets every Tuesday, 6th floor of Rhodes Hall, Conference Room #655, Cornell University, Ithaca. Info., <http://cayuga.freetoasthost.us>.

**Cortland Main Street Farmers Market**, Tuesdays and Saturdays 8 am - 2pm on Main Street, Cortland, June 1 - October 30. Convenient location, plenty of free parking, and close to fine restaurants, shops, and

the Main Street merchants. For more information call (607) 753-8570 or e-mail [tsandstrom@ocmboces.org](mailto:tsandstrom@ocmboces.org).

**Cortland Youth Center**, 12noon-9pm, [www.cortland.org/youth](http://www.cortland.org/youth), 753-3021.

**Dairy Parade**, Downtown Cortland. Celebrating the rich dairy and agricultural heritage of the region. With more than 100 entries, the parade stretches from North Main Street to Argyle Place off south Main Street and lasts two hours. The eclectic mix of participants includes local churches, service groups, businesses, school groups, marching bands, and dairy themed floats. A key feature of the event is the crowning of the Dairy Princess, who symbolizes the region's commitment to the dairy industry. For more information call Brenda Brooks at (607) 753-1593.

**Emergency Food Pantry**, 1-3:30pm, Tompkins Community Action, 701 Spencer Rd., Ithaca. Provides individuals and families with 2-3 days worth of nutritious food and personal care items. Info. 273-8816.

**Finger Lakes AFP Chapter's Annual Conference**, 8:30am-4:30pm, Hotel Radisson in Corning, \$65 for AFP members, \$75 for non-members, Includes breakfast, lunch and snacks, Reserve your space today by emailing [sgriffin@foodnet.org](mailto:sgriffin@foodnet.org).

**Free GED classes**, GIAC, 9am-12pm; TST BOCES, 5:30pm-8:30pm; TC3, 10am-1pm; Newfield Elem.- 9:00am-12pm; South Seneca Elem., 9am-12pm; Call 257-1561 to register.

**GIAC Teen Program**, 7-9pm, BJM, 318 N. Albany St., Ithaca, Game Room, Video Games, Open Gym & Field Trips, 272-3622.

**Girl Scout Camp Open House**, 6-8pm, Comstock Program Center, North of Ithaca, The open houses provide an opportunity to meet the camp directors, tour the facilities, shop at the camp trading posts, enjoy a s'more and see what fun is in store this summer. The open houses are free, but registration is encouraged. Info., (607) 796-6202, visit [www.gsnypern.org](http://www.gsnypern.org).

**Hatha Yoga w/Dr. Kasia**, 12-1:20pm, 989 Dryden Rd. (in Varna), World Seishi Karate, Info., 277-1047, [www.seishihonbu@verizon.net](http://www.seishihonbu@verizon.net).

**Herbs: Show & Tell**, 7pm, Lansing Community Library, 27 Auburn Road, Lansing, Join us for a fun program on herbs and learn how to grow them and utilize them. This program is being presented by Kathy Kessler of Baker's Acres of North Lansing. Program is free and open to the public. Free and open to the public.

**Immaculate Conception Church Food Pantry**, 1-1:45pm, Seneca near Geneva St., Ithaca, Free, fresh produce, breads, desserts, dairy and deli. For low to moderate incomes, limit 1 pantry per week. [www.friendshipdonations.org](http://www.friendshipdonations.org).

**Interfaith Group Prayer Service**, 5:15 PM - 5:45 PM, St. John's Episcopal Church, 210 N. Cayuga Street. Host: Rev. Philip Snyder, Rector. For information, contact Leslie Meyerhoff, member of St. Paul's United Methodist Church, at [HealingIthacaNY@gmail.com](mailto:HealingIthacaNY@gmail.com).

**Ithaca Farmers Market in Dewitt Park**, 9am-2pm, Market open from 5/4-10/26. More information available at [www.ithacamarket.com](http://www.ithacamarket.com).

**Jazzercise**, 5:45pm, 119 W Court St., Ithaca. Jazzercise combines dance, resistance training, pilates, yoga, kickboxing and more to create programs for people of every age and fitness level. More info. 288-4040.

**Knowledge is Power**, 6pm, group for those who have been in abusive relationships, For info., 277-3203.

**Lifelong Schedule**, 9-12PM, Morning Watercolor Studio; 10-12Noon, Open Computer Lab/Discussion; 12-1:30PM, Northside-Southside Gathering; 1-4PM, Confidential HIV Testing and Counseling, by appt, Call 274-6683; 1-4PM, Afternoon Art Studio; 2-4PM, Open Computer Lab; 2-4PM, Create a Mandala; 2:30-3:30PM, Travel Discussion and Networking Group; 7-9PM, Lions Club Meeting; Info., 273-1511 or [www.tclifelong.org](http://www.tclifelong.org).

**Loaves & Fishes Community Kitchen**, 6pm, St. John's Church, 210 N Cayuga St., Open to all, no limitations or requirements. Info., [www.loaves.org](http://www.loaves.org).

**Meditation at Rasa Spa**, 7:30-8:30pm. Tranquility Room, Shamatha, or "calm abiding", meditation. \$5 donation. Info., 273-1740, visit [www.rasaspa.com](http://www.rasaspa.com).

**Overeaters Anonymous**, 12:15-1:15pm, Henry St. John Building, 301 S. Geneva St., #103, corner W. Clinton St., 12 Steps & 12 Traditions meeting; 7-8pm, Watkins Glen Library; Meetings are free, confidential, no weigh-ins or diets. Info., 387-8253.

**Planning, Development, and Environmental Quality Committee**, Special Meeting, 4:45PM, 320 North Tioga Street, Ithaca,

**Sciencenter Math Time: "Ten Little Elephants"**, 10:30am, Sciencenter, 601 First St, Ithaca, Toddlers and preschoolers are invited to hear the story "Ten Little Elephants" and then make their own number trading cards! Included with admission. Kids under three receive free admission. Info., [www.sciencenter.org](http://www.sciencenter.org) or 607-272-0600.

**Sexual Compulsives Anonymous**, 5:30pm, This is an anonymous 12-Step Group of men and women whose purpose is to recover from sexual compulsion. Info., [scatitaca@gmail.com](mailto:scatitaca@gmail.com) or [www.scarecovery.org](http://www.scarecovery.org).

**Stress Management Group**, 11am, Starlight Center, 301 S. Geneva St., Ithaca, Suite 110, 277-7337.

**Studio Faculty Presentation**, 7:30 pm, The Studio Lecture Room, Corning Museum of Glass, Corning, Attend a free, informal lecture by Studio faculty members Martin Janecky, Jifí Harcuba, and Martin Rosol. Admission is free and registration is not required. Call (607)438-5100 to confirm speakers' dates, which are subject to change.

**Tai Chi Yang Long Form**, 7-8pm, Abovoagogo Art Studio, 409 W. Seneca St., Ithaca, with Anthony Fazio LAC, CA, Fees: \$10 per class; \$30 for the month; Info., 272-0114.

**Taylor Guitars Road Show**, 7pm, Dewitt Mall Atrium. An evening of free guitar talks and demos with the Taylor factory staff and guitar makers - straight from El Cajon, California. Info., (607) 272-2602.

**Toddler Time Storytime**, 10am, Groton Public Library, Enjoy stories with Mrs. Radford, Info., 898-5055.

**Tuesday Lunch Club**, 12noon, Royal Court Restaurant, 529 S. Meadow St., An informal lunch get-together on the 2nd Tuesday of the month for bereaved adults. Participants pay for their own food and beverage. Info email [dgeorge@hospicare.org](mailto:dgeorge@hospicare.org) or 272-0212.

**Tuesday Morning Art Classes for Children**, 9:15-11:30am, Dryden Community Cafe, Main St., Dryden, Please come by to sign up, or email Leslie at [robertcobb@frontiernet.net](mailto:robertcobb@frontiernet.net), or leave a note at the Cafe.

**Uncle Joe and the Rosebud Ramblers**, 7-9pm, Scale House Brew Pub Ithaca, play traditional fiddle tunes and songs, free.

**Women Singin' at Hospicare**, 1st Tuesday of each month, 5:30-7pm, Nina K. Miller Hospicare Center, 172 East King Road, Ithaca, A singing circle (a capella songs from different traditions, harmonizing, rounds, etc.) for all

women who like to sing. For info., [www.hospicare.org](http://www.hospicare.org), 272-0212.

**Yoga for Women in Midlife**, 6-7:15pm, 132 Northview Road, Ithaca, Explore the possibilities for renewed strength and aliveness, calm and alert mind, with acceptance and compassionate awareness. Information 319-4138 or [nishkala@gmail.com](mailto:nishkala@gmail.com).

**Alzheimer's Support Group**, 5:30pm, Lifelong, 119 W. Court St., Meets the 1st Wed of the month. Open to those caring for someone with dementia, confusion or serious memory loss. Info 274-5492 Office for the Aging or 800-272-3900 Alzheimer's Association.

**Bread of Life Food Pantry in Candor**, Rt 96, across from Post Office, 3-6pm.

**Dryden Guest Artist Series Mambo Kings**, 6pm workshop, HS Bandroom, 7pm, Concert, HS Auditorium, Free and open to the public, Info., [www.mambokingdom.com](http://www.mambokingdom.com).

**Evening Bereavement Support Group**, 5:30-7pm, Nina K. Miller Hospicare Center, 172 East King Road, Ithaca. 1st and 3rd Wednesdays of the month, Free and open to adults who have experienced the loss of a loved one. For information, contact 272-0212 or [dgeorge@hospicare.org](mailto:dgeorge@hospicare.org) or visit [www.hospicare.org/grief-support-groups](http://www.hospicare.org/grief-support-groups).

**Food Addicts in Recovery Anonymous**, 7-8:30pm, The 1st Congregational Church, 309 Highland Rd., Ithaca, Food Addicts in Recovery Anonymous (FA) is a free Twelve Step recovery program for anyone suffering from food obsession, overeating, under-eating and bulimia. Info., toll free 866-931-6932 or 718-321-9118 or [www.foodaddicts.org](http://www.foodaddicts.org).

**Free GED classes**, TST BOCES, 5:30pm-8:30pm; Candor HS, 5:00pm-8:00pm; South Seneca Elem., 9:00am-12pm; Call 257-1561 to register.

**Homer Farmers' Market**, Wednesdays 4:30-7pm and Saturdays 9am - 1pm on the Green in Homer, from May 21 - October 22. Wide variety of produce, arts, baked goods, and prepared food: Live music on selected dates. For information e-mail [tammie@coldbrookfarm.com](mailto:tammie@coldbrookfarm.com) or visit [www.homerfarmersmarket.com](http://www.homerfarmersmarket.com).

**Ithaca Community Police Board Drop-In Hours**, 2-5pm, GIAC, 301 West Court Street, Ithaca, you can also make an appointment. To leave a private message or make an appointment, call 275-0799.

**Ithaca Singles Group**, 6pm, Dinner: Mahogany Grill, 607-347-4398, [ps@momentummedia.com](mailto:ps@momentummedia.com)

**Jazz Dance Classes with Nancy Gaspar**, 5:45pm, Finger Lakes Fitness Center, 171 E. State St., Center Ithaca, lower level, Non-members & drop-ins welcome, Info., 256-3532.

**Jazzercise**, 5:45pm, 119 W Court St., Ithaca, Jazzercise combines dance, resistance training, pilates, yoga, kickboxing and more to create programs for people of every age and fitness level. Info., 288-4040.

**Knitting Lessons or Knitting Hang-Out**, Bring your knitting projects to the Cafe, Wednesdays and Thursdays from 10am-2pm, either to help start a knitting (crochet, crafts, etc.) group at the Cafe and/or to receive knitting lessons from Kerra Quinn – fifteen years behind the needles. Donations are very much appreciated if you come for lessons/instruction. Kerra can teach beginners from scratch, or help more experienced knitters with pattern reading, sticky spots, fixing glitches, and the like. Please contact Kerra at 844-3006 or [kerraquinn@gmail.com](mailto:kerraquinn@gmail.com) for further information.

**Lifelong Meeting**, 8:30-9:30AM, Enhance Fitness®, Lifelong, 119 W. Court Street, Ithaca; 9-10AM, Enhance Fitness®, Juniper Manor I, 24 Elm St., Trumansburg; 9-12noon, HILCAP Health Insurance Counseling by appointment, call 273-1511; 10-11:30AM, Food and Wine II; 10-1PM, Off-Site-Hands in the Soil Garden Session; 10:15-11:15AM, Enhance Fitness®, Enfield Community Building, 168 Enfield Main Rd.; 1-2:30PM, German; 1-3:30PM, Crafting Circle-Needlework and Quilting; 1:30-3:30PM, Carmen; 1:30-3:30PM, Tips on Searching the Internet, FULL; 2-3PM, Enhance Fitness®, McGraw House Annex, 211 S. Geneva St.; 3:15-4:10PM, Wii Game Time and More, Computer and Cell Phone help also available, New Roots School students at Lifelong; 7-8PM, Tai Chi for Wellness; Info., 273-1511 or [www.tclifelong.org](http://www.tclifelong.org).

**Loaves & Fishes Community Kitchen**, 12 Noon, St. John's Church, 210 N Cayuga St., Open to all, no limitations or requirements. Info., [www.loaves.org](http://www.loaves.org).

**Mary's Wedding**, 7:30pm, The Kitchen Theatre, 417 W. State St., Ithaca, n 1914, a young Canadian soldier meets a young woman just as he is about to go overseas. It is a familiar story told in a most unusual way—a dreamscape of passionate love, heart-wrenching separation, hope and survival. For those who loved Last Train to Nibroc, this will be another favorite. Info., [www.kitchentheatre.org](http://www.kitchentheatre.org).

**Meet the Practitioner**, 7-8:15pm, In this class, Martin Kelly-Smyth will discuss how Energy Kinesiology and Muscle Testing can be used to change the energy around stressful areas in our lives, and make fun and adventure the norm. He will look at the limiting beliefs and self-sabotages that prevent us from reaching our true potential and will share some techniques to help change them. Martin is an Energy Kinesiologist with a practice using Applied Physiology. Free. Registration is required; sign up at GreenStar's front desk or call 273-9392.

**Mindfulness Practice**, 7:30-9pm, Hospicare, 172 E. King Rd., Ithaca, In times of stress, the present moment can seem anything but wonderful. The group meets each Wednesday to practice mindfulness as taught by Vietnamese Zen monk, Thich Nhat Hanh. This group is open to everyone, regardless of experience or spiritual affiliation. For more information, contact Pamela Goddard at 607-273-8678 or Dr. Nancy Stewart at 607-277-0260.

**Neil Simon's Rumors**, 7:30pm, Cortland Repertory Theatre, 6799 Little York Lake Road, Preble, Information and tickets at <http://www.cortlandrep.org>.

**Qigong for Health**, 6pm, Ithaca Karate Harmony with Nature School, 120 E. King Rd., ancient energy practices, 273-8980.

**Resume Critique Workshop**, 10-12noon, Tompkins Workforce NY, 171 E. State Street, Center Ithaca Building, Room 241, Ithaca, Registration is required. Please call 607-272-7570 x 118.

**Seidaiko "Taiko" Japanese Drum Classes**, 7-8:30pm, World Seishi Karate, 989 Dryden Rd., For beginning students. Info [www.seishihonbu@verizon.net](http://www.seishihonbu@verizon.net) or 277-1047.

**Story Time**, 4pm, Newfield Library, Main St., Newfield. Info., 564-3594, [www.newfieldpubliclibrary.org](http://www.newfieldpubliclibrary.org).

**Teen/Parent Workshop: "Waiting for Superman"**: Documentary Film viewing and panel discussion with local school principals, 5:30-8:00pm, New Roots Charter School, 116 North Cayuga Street, FREE, donations welcome. Includes information and discussion on charter schools with Q&A. All workshops are open to the public. RSVP is helpful for planning but not required. Refreshments will be provided. Questions, please call New Roots at (607) 882-9220.

**Traonach**, Trumansburg Farmers Market, corner of

Routes 96 and 227. Market open: 4pm - 7pm; Music: 5pm - 7pm.

**Trumansburg Farmers Market**, 4-7pm, the Village Park located at the intersection of Routes 96 and 227. Join in a community-side event, enjoy supper and shop for fresh locally grown produce, naturally raised meats, eggs, flowers, plants, wine, and local crafts and products. Info., [www.trumansburg-ny.gov/farmersmarket.htm](http://www.trumansburg-ny.gov/farmersmarket.htm).

**Waffle Wednesdays**, 8:30-11am, Dryden Community Cafe, Main St., Dryden, Serving hot, fresh waffle from scratch, served with either real New York maple syrup or fresh strawberries and cream.

**Wednesday Breakfast Club**, 8:30am, Royal Court Restaurant, 529 S. Meadow St., Ithaca, An informal breakfast get-together for bereaved adults. Participants pay for their own breakfast. Info., Hospicare and Palliative Care Services email [dgeorge@hospicare.org](mailto:dgeorge@hospicare.org) or 272-0212.

**Zen Meditation Practice**, Every Wednesday 5:30-6:30pm, Anabel Taylor Hall, Cornell, founders Room. Sponsored by the Ithaca Zen Center. Prior sitting experience or attendance of an orientation session required to participate. For information or to schedule an orientation, contact Tony @ 277-1158 or Marissa @ 272-1419.

**AL-ANON Hope for Today**, 7:30pm, 518 West Seneca St., Ithaca, main floor, Meeting open to anyone affected by another person's drinking, Info., 844-4210.

**Alice in Wonderland**, Hangar Theatre, 801 Taughannock Blvd., Route 89, Ithaca, Adapted by Kathryn Schultz Miller, Based on the book by Lewis Carroll, Alice travels through Wonderland in an imaginative and clever re-telling of this classic tale. Info., [www.hangartheatre.org](http://www.hangartheatre.org).

**Anorexia Nervosa & Associated Disorders**, 7pm, Cooperative Extension, 614 W. State St., for those in need of help & recovery. Info., 272-2292.

**Being a Wise Consumer in the Utility Market**, 11am-1pm, CCE-Tompkins Education Center, 615 Willow Avenue, Ithaca, In this Consumer Issues Program, a NY State Attorney General's Office representative will make a brief presentation, then consult with individuals on unresolved consumer problems until 1:00 pm. Free and open to the public. No appointment is needed. Presentations are taped and broadcast on Cable Access Channel 15 on Mondays at 7:00 am, 1:00 pm & 7:00 pm. Info., 272-2292.

**Book Discussion Group**, 11am, Southworth Library, Main St., Dryden, 2nd Thursdays, All are welcome to join us for stimulating conversation and coffee. Info., 844-4782, [www.southworthlibrary.org](http://www.southworthlibrary.org).

**Cancer Resource Center Yoga Class**, 9:30am-11am, Island Health and Fitness, The classes are free to anyone with a cancer diagnosis, but registration is required. To do so, call the Cancer Resource Center at 277-0960 or contact [ann@crcfl.net](mailto:ann@crcfl.net).

**Consumer Issues Program**, 11am, Cornell Coop Ext., 615 Willow Ave., Ithaca, Assistant Attorney General Will Discuss Consumer Concerns in the Utility Market, Info., 272-2292.

**Cortland Youth Center**, Open from 12-9pm, Info., [www.cortland.org/youth](http://www.cortland.org/youth), 753-3021.

**Depression Support Group**, 5:30-7pm, Finger Lakes Independence Center, 215 Fifth Street, Ithaca. Every Thurs. The group is free, confidential and organized by people who have personal experience with depression. Info., 272-2433.

**Diversity Roundtable Conference and Exposition**, 8:30am-4pm, Emerson Suites, Ithaca College. Registration for the conference is now open. Attendance is limited, and organizers urge interested employers to register soon. Registration, which includes lunch, will be \$40 before April 28. After April 28, registration will be \$55. To register, visit: [www.diversityconsortium.org](http://www.diversityconsortium.org).

**Free GED classes**, GIAC, 9:00am-12pm; Candor Elem- 9:00am-12pm; Groton Elem- 9:00am-12pm; TC3- 10am-1pm; TST BOCES- 1pm-4pm; Call 257-1561 to register.

**French Conversation Group**, 7pm, Ulysses Public Library, 74 E Main Street, Trumansburg, Free, Info., 607-387-5623.

**Game Club**, 3:30-4:30pm, Edith B. Ford Memorial Library, Ovid, Play chess, monopoly, or bring a new game to share. Info. [www.ovidlibrary.org](http://www.ovidlibrary.org).

**Gardening Reprise**, 6:30-8:30pm, Groton Public Library, Gardening doesn't have to stop with spring planting! Find out what veggies and herbs can be planted in June or July for late summer/fall harvest. Info., 272-2292.

**GIAC Teen Program**, 4-7pm, 318 N. Albany St., Ithaca, Game Room, Video Games, Open Gym & Field Trips, Info., 272-3622.

**Halsey Valley Pantry**, 4-4:45pm, GAR building, Hamilton Rd, Halsey Valley, Free, fresh produce, breads, desserts, dairy and deli. For low to moderate incomes, limit 1 pantry per week, Info., [www.friendshipdonations.org](http://www.friendshipdonations.org).

**Hatha Yoga w/Dr. Kasia**, 12-1:20pm, World Seishi Karate, 989 Dryden Rd. (in Varna), Info., [www.seishihonbu@verizon.net](http://www.seishihonbu@verizon.net) or 277-1047.

**Hospicare's Illuminations**, 7:30pm, Hospicare Center, 172 East King Road, Ithaca. On this evening the pathways that wind through the Hospicare gardens

Dancing Lessons; Info., 273-1511 or www.tclifelong.org.

**Loaves & Fishes Community Kitchen**, 6pm, Loaves & Fishes, 210 N Cayuga St., Open to all, no limitations or requirements. Info., www.loaves.org.

**Mary's Wedding**, 7:30pm, The Kitchen Theatre, 417 W. State St., Ithaca, n 1914, a young Canadian soldier meets a young woman just as he is about to go overseas. It is a familiar story told in a most unusual way—a dreamscape of passionate love, heart-wrenching separation, hope and survival. For those who loved Last Train to Nibroc, this will be another favorite. Info., www.kitchentheatre.org.

**Military Family Support Group**, 2nd Thursday each month, 6:30PM, dish-to-pass at the Danby Federated Church, 1859 Danby Rd. All active and retired service members and their families welcome. Call Ed at 592-8276 for info.

**Multi-county Diversity Roundtable Conference and Exposition**, 8:30am-4pm, Emerson Suites on the Ithaca College, The conference will address diversity issues facing the workforce in the coming decade, such as gender transition, religious diversity, incorporating ex-offenders, interrupting bias, hiring veterans with disabilities, preparing for Gen Y and Gen Z, white privilege, the "new majority" and best practices for implementing a diversity initiative. Attendance is limited, and organizers urge interested employers to register soon. Registration, which includes lunch, will be \$40 before April 28. After April 28, registration will be \$55. To register, visit: www.diversityconsortium.org. **Neil Simon's Rumors**, 7:30pm, Cortland Repertory Theatre, 6799 Little York Lake Road, Preble, Information and tickets at http://www.cortlandrep.org. **"New to Cancer" Support Group**, 12noon-1pm, Cancer Resource Room (In Cayuga Medical Center's Medical Office Building, immediately adjacent to the infusion suite of Drs. Garbo and Bael. This is a drop-in group - come as often as is helpful. Ask questions, find resources, and make connections. For information, contact Kerry Quinn at kerryquinn3@gmail.com or 277-0960.

**Out of Bounds Radio Show**, hosted by Tish Pearlman, will feature novelist ELEANOR HENDERSON. 7pm:WEOS-FM ( 90.3 & 89.7 Geneva region), Live Stream: Weos .org.

**Overeaters Anonymous**, 6:15-7pm, Henry St. John Building, 301 S. Geneva St., #103, corner W. Clinton St., Just for Today/open sharing meeting. Meetings are free, confidential, no weigh-ins or diets. Info., 387-8253.

**P.O.D. Workshop**, 9-11am, Tompkins Workforce NY, 171 E. State Street, Center Ithaca Building, Room 241, Ithaca, Registration is required. Please call 607-272-7570 x 118.

**Rounding Third**, Hangar Theatre, 801 Taughannock Blvd., Route 89, Ithaca, A hilarious & touching journey about two fathers coaching little league. Info., www.hangartheatre.org.

**Save Energy, Save Dollars**, 6:30-8:30pm, Cooperative Extension Education Center, 615 Willow Avenue, Ithaca, Learn low-cost and no-cost ways to reduce home energy use and programs to help you afford home energy-efficiency improvements at this FREE workshop. Each participating household receives a free Energy-Savers kit worth \$15 that includes weather-stripping, shrink window cover, outlet and light switch insulators, and more. Pre-registration is required. Call or email to reserve a seat and an energy kit. Carole Fisher at Cornell Cooperative Extension of Tompkins County (607) 272-2292 or crf11@cornell.edu.

**Separated and Divorced Men's Group**, 7pm, facilitated by Dr. Jerry Feist, Info., 277-4131.

**Sunset Music Series**, 7:30-9pm, Six Mile Creek Vineyard, Ithaca, Free entertainment by Blue Skies, enjoy snacks and wine, rain or shine.

**Thursday Night Spaghetti Special**, Dryden Community Cafe, 1 West Main St., Dryden, Our Thursday spaghetti dinner comes with a side salad and Tuscan bread for \$4.95 with meatballs just a little bit extra. Info., 844-8166.

**Toddler & Pre-School Storytime**, 10:30-11AM every Thursday, Cortland Free Library, 32 Church St, Cortland, Info., 753-1042.

**Tompkins Trust 175th Birthday Fun Fair**, 4-8pm, "Bank Alley", Tioga St. portion of the Ithaca Commons, and Bernie Milton Pavillion. The Fun Fair will include live music, old-time games, demonstrations, a bake-off, and a cake eating competition. For more information contact the Downtown Ithaca Alliance at 607-277-8679 or Sue Lason at the Tompkins Trust Company at 607-274-2052.

## 10 Friday

**Al-Anon**, Meeting open to anyone affected by another person's drinking. 7pm. Dryden Methodist Church, Park in Ride-Aid lot. Info., 387-5701.

**Alice in Wonderland**, Hangar Theatre, 801 Taughannock Blvd., Route 89, Ithaca, Adapted by Kathryn Schultz Miller, Based on the book by Lewis Carroll, Alice travels through Wonderland in an imaginative and clever re-telling of this classic tale. Info., www.hangartheatre.org.

**Aqua Zumba**, 4:45-6pm, Cortland YMCA, Tompkins St., Cortland.

**"Brown Bag Lunch"** 12noon-1pm, Cancer Resource Center, 612 W. State St.; open to women with any type/stage of cancer, Info., 277-0960.

**Courtard Concert**, 7pm, in the large courtyard at Lansing High School. Music will be provided by the LHS Varsity Chorale and Show Choir. Table seating and refreshments will be provided. Tickets are \$10 Adults; \$5 students; children age 10 and under are free. Tickets can be purchased in advance from a member of the Varsity Chorale or Show Choir or at the door.

**Cruisin' The Fossil Freeway Opening Reception**, 6-8pm, Museum of the Earth, Trumansburg Rd., Ithaca, **Gala Night at The 1890 House Museum**, 6-9pm, 37 Tompkins St. Experience an evening at The 1890 House Museum, surrounded by brilliant stained glass, hand carved woodwork, shimmering chandeliers, and live chamber music. Enjoy sumptuous hot & cold hors d'oeuvres, delectable desserts, fine wine, beer, and other beverages. A Silent Auction of donated treasures will be held on the second floor. In addition, our popular 50/50 raffle will be awarded that evening. Tickets \$50/guest. To purchase tickets, call the Museum. For more information call 607-756-7551, e-mail the1890house@gmail.com or visit www.1890house.org.

**GIAC Teen Program After Hours Spot** 4-midnight, 318 N. Albany St., Ithaca. Movies, open gym, game room, video games, snacks, computers, skating & more, Info., 272-3622.

**Guided Sensory Night Hike**, at sunset each Friday, Cayuga Nature Center, 1420 Taughannock Blvd., Ithaca, Hike our wooded trails, under the big sky of our back fields or around our ponds. Find out who is awake and stirring under the moonlight. No need to bring a flashlight, you'll be surprised by how much you see without one. Info., www.cayuganaturecenter.org.

**Interlaken Reformed Church Pantry**, 3–6pm. Free, fresh produce, breads, desserts, dairy and deli. For low to moderate incomes, www.friendshipdonations.org.

**Kundalini Yoga Classes**, All levels welcome, Ahimsa Yoga Center in the Dewitt Mall, 10:30am-Noon. Info., 760-5386.

**Lifelong Schedule**, 8:30–9:30AM, Enhance Fitness®, Lifelong, 119 W. Court Street, Ithaca; 9–10AM, Enhance Fitness®, Juniper Manor I, 24 Elm St., Trumansburg; 9–10:30AM, Knitting Circle, All Levels Welcome; 9-12PM, Duplicate Bridge Class, Beginner and Intermediate Lessons and Practice Play, Seats Available; 9:30–10:30AM; Strength Training @ St. Catherine of Siena Parish Hall, Room 3, 302 St. Catherine Circle, Ithaca; 10–11AM, Chair Yoga; 10–1PM, Coffee and Conversation; 10:15–11:15AM, Enhance Fitness®, Enfield Community Building, 168 Enfield Main Rd.; 10:30-11:30AM, Chair Yoga-Cayuga Ridge, 1229 Trumansburg Road; 11AM–12Noon, Continuing French; 11:30–1PM, T'ai Chi Class, All levels welcome; 1–3PM, Mahjong; 2-3PM, Enhance Fitness®, McGraw House Annex, 211 S Geneva St.; 2–4PM, Square, Round, Line & Polka Dancing; Info., 273-1511 or www.tclifelong.org.

**Loaves & Fishes Community Kitchen**, 12 Noon, Loaves and Fishes, 210 N. Cayuga St., Open to all, no limitations or requirements. Info., www.loaves.org.

**Mary's Wedding**, 7:30pm, The Kitchen Theatre, 417 W. State St., Ithaca, n 1914, a young Canadian soldier meets a young woman just as he is about to go overseas. It is a familiar story told in a most unusual way—a dreamscape of passionate love, heart-wrenching separation, hope and survival. For those who loved Last Train to Nibroc, this will be another favorite. Info., www.kitchentheatre.org.

**Neil Simon's Rumors**, 2pm & 7:30pm, Cortland Repertory Theatre, 6799 Little York Lake Road, Preble, Information and tickets at http://www.cortlandrep.org.

**New England Contra and Square Dance**, 8-11pm, Bethel Grove Community Center, NYS Rt. 79, about 4 miles east of Ithaca. For more information: Ted Crane, 607-273-8678 or visit www.tedcrane.com/TCCD.

**Night Hikes**, 7:30pm, Cayuga Nature Center. Hike our wooded trails, under the big sky of our back fields or around our ponds. No need for a flashlight. Donations appreciated. Info. www.cayuganaturecenter.org.

**Pajamarama Storytime**, 7pm, Barnes & Noble, Join us for stories for preschool & elementary age children. Juice & snacks provided, pj's welcome. Info 273-6784 or www.BN.com.

**Pay What You Can Yoga Classes**, 5-6pm, Fine Spirit Studio, Dey, St., above Hickey's Music, All welcome, Bring a mat or rent one for \$1. Recommended to bring a bottle of water and a small towel. More info about class and teacher: http://vidayoga.org/schedule.

**Preschool Story Time**, 10am, Southworth Library, Dryden, For preschoolers and their caregivers. Come for stories, crafts and snacks. Info. 844-4782.

**Rounding Third**, Hangar Theatre, 801 Taughannock Blvd., Route 89, Ithaca, A hilarious & touching journey about two fathers coaching little league. Info., www.hangartheatre.org.

**Story Time**, 10:30am, Edith B. Ford Memorial Library, Ovid, Children enjoy stories, hands-on arts and crafts, science activities, and songs. www.ovidlibrary.org.

**Take a Tour of the Museum**, 11:30am, Museum of the Earth, 1259 Trumansburg Rd., The Museum of the Earth is pleased to offer exhibit tours included with admission. The tour is of the Museum's permanent exhibition hall, A Journey through Time, share the story of the Earth and its life. Info., 273-6623.

**Wii & Playstation Free Play**, Edith B. Ford Memorial Library, Ovid, Join kids of all ages to play the library's gaming systems, www.ovidlibrary.org.

**YA Book Chat**, 4-5pm, Edith B. Ford Memorial Library, Ovid, Teens and adults will meet to have a lively conversation about "Graceling" by Kristin Cashore. Snacks provided. www.ovidlibrary.org.

**Yoga for People with Cancer**, 10:30am-12noon, Island Health & Fitness. Gentle stretching, relaxation exercises, healing visualizations, and meditation. For information, contact instructor Nick Boyar at 272-2062 or Sharon Kaplan at 277-0960 \$10 per class. Scholarship available through the Cancer Resource Center.

## 11 Saturday

**2011 Open Days Garden Tour**, 10am-4pm, Various locations: 2 in Newfield, 1 in Brooktondale, Visit any or all of 3 outstanding private gardens that are open to the public for one day only. \$5 per person per garden, proceeds benefit the Tompkins County Community Beautification Program and the national Garden Conservancy. The tour goes on rain or shine. For garden addresses, maps and photos, visit http://cce-tompkins.org/opendays or contact Dan Klein at Cornell Cooperative Extension of Tompkins County (607) 272-2292 ext 123 or dek22@cornell.edu.

**A Play in a Day Workshop**, 10am-4pm, Art Room 9, CSMA, 330 E. Martin Luther King Jr. St., Ithaca, taught by Holly Adams, ages 7 to 11, Playwriting, mask-making, theatre exercises, rehearsing and performing: it's a play in a day! We start with a story and end with a show. Join us for a fun-filled, arts-laden Saturday. Performance at 3:30. And we will take a lunch break. Materials included., Members: \$65, Nonmembers: \$87, Info., 272-1474, csma-ithaca.org.

**Alice in Wonderland**, Hangar Theatre, 801 Taughannock Blvd., Route 89, Ithaca, Adapted by Kathryn Schultz Miller, Based on the book by Lewis Carroll, Alice travels through Wonderland in an imaginative and clever re-telling of this classic tale. Info., www.hangartheatre.org.

**Animal Feeding**, Cayuga Nature Center. Noon. Feel free to visit CNC as our animal volunteers feed our many animals, then hike one of our trails or visit the tree house. Free for members, low cost to visitors. Info www.cayuganaturecenter.org.

**Butterfly House Opening**, Cayuga Nature Center, 1420 Taughannock Blvd, Ithaca. Join us for the release of the butterflies. The Butterfly Garden hosts a fragrant and gorgeous garden of native flowers as well as caterpillars, chrysalises and various species of butterflies.Info., www.cayuganaturecenter.org.

**Caroline Farmers Market**, 10am-2pm, Old Fire Hall, 522 Valley Rd., Brooktondale, May-October, **Chicken BBQ at the Varna United Methodist Church**, 965 Dryden Rd./Rte 366. Dinners \$8, halves \$5. Eat in or take out. First serving @ 12; second @ 3 - 4.

**Community Yard Sale**, Sponsored by Trumansburg Area Chamber of Commerce & Sustainable Trumansburg, Info., David Means, popmeans@yahoo.com or Debbie Nottkke, Nottkke@trumansburg-ny.gov.

**Cortland Main Street Farmers Market**, Tuesdays and Saturdays 8 am - 2pm on Main Street, Cortland, June 1 - October 30. Convenient location, plenty of free parking, and close to fine restaurants, shops, and the Main Street merchants. For more information call (607) 753-8570 or e-mail tsandstrom@ocmboces.org. **Drive-Thru Chicken BBQ**, hosted by the Cayuga Chimes, 12noon until sold out, at Stewart Park Pavilion, Ithaca. Tickets \$9 in advance or at the door. For info, call 273-2324.

**Dryden Dairy Day**, parade at 9:30am, events at Montgomery Park from 10am-3pm, Lots of things for the entire family. Info., www.drydendairyday.org.

**Families Learning Science Together**, Thaler Howell Programming Room, Tompkins County Public

Library, 2nd Saturday of the month, 1-2PM. Info., (607) 254-8256 or kdilleym@ccmr.cornell.edu.

**Family Day**, 11am-3pm, Museum of the Earth, Trumansburg Rd., Ithaca, Featuring Circus of Science (noon-1pm), During a family-friendly show, you'll discover if they're fact or fiction, FREE ice cream samples from Purity Ice Cream.

**Free Red Cross Training: Disaster Preparedness Presenters**, 9:30am to 1pm at the Sullivan Trail Red Cross Chapter, 911 Stowell St., Elmira, NY. Please register by June 6 by calling 565-2061 or email jde-skins@redcrosselmira.org.

**Fresh Food Pantry**, Worker's Center- Linderman Creek, Comm. Rm, #1 at 12:30pm-1pm; 2nd Saturday of the month. For low to moderate incomes, Info., www.friendshipdonations.org.

**GIAC Festival**, 12noon-6pm, GIAC, 310 W. Court St., Ithaca, An annual community festival featuring music and dance performances, crafts and clothing for sale, kids' games, and food; this year with the theme "A Fusion of Cultures." Info., 272-3622.

**Homer Farmers' Market**, Wednesdays 4:30-7pm and Saturdays 9am - 1pm on the Green in Homer, from May 21 -October 22. Wide variety of produce, arts, baked goods, and prepared food: Live music on selected dates. For more information e-mail tammie@coldbrookfarm.com or visit www.homerfarmersmarket.com.

**Interlaken Old Home Days**, 9am-10pm, Interlaken, Parade begins at 1pm, music, food and great times for all, community yard sales also.

**Ithaca Farmers Market at Steamboat Landing**, 9am-3pm, Farmers Market is open from 4/3-10/30. More information available at www.ithacamarket.com.

**Jazz Dance Class**, 11am, Finger Lakes Fitness Center, 171 E. State St., Center Ithaca, lower level, Beginners. Non-members & drop-ins welcome. Info., 256-3532.

**King Ferry Farmers Market**, 10am-1pm, Southern Cayuga Community Center, King Ferry, Every 2nd and 4th Saturday, June-October.

**Kiwanis Annual Wood Chip and Bark Mulch Sale**, Delivered To You, Call 275-3416 for delivery orders and further information. Funds raised are used for Ithaca Youth Bureau Kiwanis Baseball, Urban 4H, Beverly J. Martin programs, Youth Scholarships and more.

**Lifelong Schedule**, 9–12PM, Men's Group, Newcomers Welcome; 9AM–1PM, AARP Safe Driving Course, by appointment only. Call 273-1511, Info., 273-1511 or www.tclifelong.org.

**Mary's Wedding**, 7:30pm, The Kitchen Theatre, 417 W. State St., Ithaca, n 1914, a young Canadian soldier meets a young woman just as he is about to go overseas. It is a familiar story told in a most unusual way—a dreamscape of passionate love, heart-wrenching separation, hope and survival. For those who loved Last Train to Nibroc, this will be another favorite. Info., www.kitchentheatre.org.

**Natural History at Noon**, 12Noon-1pm, Museum of the Earth, 1259 Trumansburg Rd., Rt 96, Ithaca. 2nd & 4th Saturdays, There is always a topic of interest at these fascinating lectures given by various guest experts in their fields. 273-6623, www.museumoftheearth.org.

**Neil Simon's Rumors**, 7:30pm, Cortland Repertory Theatre, 6799 Little York Lake Road, Preble, Information and tickets at http://www.cortlandrep.org.

**One Heart Community Drummers**, Open Community Drum Circle, Saturdays 5pm, Lehman Alternative Community School, 111 Chestnut Street, Ithaca, Plenty of Drums to Share, www.oneheartcommunitydrumming.org.

**"Our Brothers, Our Sisters' Table" hot cooked community meal**, 12noon, served at the Salvation Army, 150 N. Albany St. Ithaca. All welcome, No income guidelines.

**Restoration Workshop**, 10am-4pm, Historic ithaca, 212 Center St., Ithaca. Advance registration is required and space is limited. The registration fee is \$75 general public and \$65 for Friends of Historic Ithaca. The non-refundable fee includes a box lunch, refreshments, and a substantial handout packet. The workshop is an AIA/CES registered course, offering 5.5 LU hours. For additional information, please call (607) 273-6633 or visit www.historicithaca.org. For additional information, please call (607) 277-3450 or visit www.historicithaca.org.

**Rounding Third**, Hangar Theatre, 801 Taughannock Blvd., Route 89, Ithaca, A hilarious & touching journey about two fathers coaching little league. Info., www.hangartheatre.org.

**Sciencenter Showtime!**, 2pm, Sciencenter, 601 First St., Ithaca, See science in action with an interactive presentation, Included with admission. Info., www.sciencenter.org or 607-272-0600.

**St. Anthony's Festival**, 4-10PM, 50 Pomeroy St., Cortland, Spaghetti Dinner 4 – 7 P.M. Festival 6–10PM, Fireworks at 9:30PM, Sunday, Festival Noon till 9 P.M. Italian Food, Games and Entertainment.

**Toddlers Yoga**, Namasts Montessori School, 1-1:45pm. Walkers-3. Info 273-1673 or littlebuddhasyoga@gmail.com. 1608 Trumansburg Rd.

**Trumansburg Community Sidewalk and Yard Sale**, 8-4pm, with a chicken BBQ at 11am in front of NAPA. Last year was fun and successful so bring your wares out for all to see or have sale or specialty items taste or share what ever or how ever you decide please join us in the festivities. June 12th will be our rain date. Info., dinotkke@hotmail.com.

## 12 Sunday

**Bound For Glory Show**, 8-11, Anabel Taylor Hall, Cornell, with live sets at 8:30, 9:30, and 10:30. All three sets are different. Kids are always welcome. Refreshments are available. For information, call Phil Shapiro at 844-4535, or e-mail pds10@cornell.edu or visit www.wvbr.com.

**Cayuga Trails Club Hike**, a 2-hour hike on Satterly Hill in Schuyler County. Meet at 9:30 where the FLT crosses Logan Road on Rt. 4 near Bennettsburg. For information, call 272-5853 or visit www.cayugatrailsclub.org

**Discovery Sunday**, 1pm, Cayuga Nature Center, 1420 Taughannock Blvd., Ithaca, Each sunday we offer different themed educational programs for the public. Info., www.cayuganaturecenter.org.

**Ecology Cruise on Cayuga Lake**, 2:30-4:30pm, Ithaca Farmers Market dock, All ages, children accompanied by parents. Reservations are strongly suggested. E-mail info@tioherotours.com, or call (607) 697-0166. Space is limited.

**Fall Creek Garden Tour and Plant Raffle**, 11am-3pm, rain or shine. Pick up free maps for self-guided tour at Thompson Park (N. Cayuga and Marshall Streets). For information contact Carol at 275-9090.

**GIAC Teen Program** 4-7pm, 318 N. Albany St., Ithaca, Game Room, Video Games, Open Gym & Field Trips.

**Greensprings Natural Cemetery: Fifth Anniversary Celebration of Music & Poetry**, from 2-5pm, Lead band: Ti Ti Chickapea. Also Pamela Goddard, Aro Veno & Dee Specker, and Rebecca Leistikow. Preceded by potluck picnic at 12:45. Arnot Forest Lodge. Directions: naturalburial.org.

**Ithaca Farmers Market at Steamboat Landing**, 10am-3pm, Farmers Market is open from 5/2-10/31. More information available at www.ithacamarket.com.

**Ledyard Turkey Dinner**, 12noon, Ledyard UMC, Rt.

34B, between King Ferry and Poplar Ridge, Adults and take outs \$8, Children 6-12yrs is \$4, All are welcome.

**Mary's Wedding**, 4pm, The Kitchen Theatre, 417 W. State St., Ithaca, n 1914, a young Canadian soldier meets a young woman just as he is about to go overseas. It is a familiar story told in a most unusual way—a dreamscape of passionate love, heart-wrenching separation, hope and survival. For those who loved Last Train to Nibroc, this will be another favorite. Info., www.kitchentheatre.org.

**Neil Simon's Rumors**, 2pm, Cortland Repertory Theatre, 6799 Little York Lake Road, Preble, Information and tickets at http://www.cortlandrep.org/ **"Our Brothers, Our Sisters' Table" hot cooked community meal**, 3pm, served at the Salvation Army, 150 N. Albany St. Ithaca. All welcome, No income guidelines.

**Out of Bounds Radio Show**, hosted by Tish Pearlman, will feature novelist ELEANOR HENDERSON. 11:30am: WSKG-FM (89.3 Binghamton, 90.9 Ithaca 91.7 Cooperstown/Oneonta, 91.1 Corning/Elmira, 88.7 Hornell/Alfred) Live Stream: Wskg.org.

**Overlook Apartments Food Pantry**, Rt. 96, Ithaca, Community Room, 12noon-12:30, Every 2 weeks, alternating weeks, visit www.friendshipdonation.org for dates.

**Reach Out to Christ Pantry and Outreach**, Johnson Rd, Freeville. 12 to 2pm, alternating Sundays. Alternating Sundays.

## 13 Monday

**Breastfeeding for the Health of It!**, 10am-12pm OR 6-8pm, Cooperative Extension Education Center, 615 Willow Avenue, Ithaca, This week's topic: How to breastfeed in public, and the laws that protect breastfeeding mothers. Call Tina or Stacy at Cornell Cooperative Extension of Tompkins County (607) 272-2292 or email TMF8@cornell.edu to sign up.

**Dryden Senior Citizens Meeting**, Lunch is served at 12:15 p.m. with announcements starting at 11:45 a.m. Please bring your own table service. The meal cost for members is \$6.00 and \$8.00 for non-members. The menu will be chicken, baked beans, macaroni salad, cole slaw, rolls, and ambrosia salad. The entertainment will be Alice Detrick who will sing country music.

**Emergency Food Pantry**, 1-3:30pm, Tompkins Community Action, 701 Spencer Rd., Ithaca. Provides individuals and families with 2-3 days worth of nutritious food and personal care items. Info. 273-8816.

**Food Addicts in Recovery Anonymous**, 7-8:30pm, Cayuga Medical Center, 301 Dates Dr., Ithaca, Fourth Floor North Conference Room. Food Addicts in Recovery Anonymous (FA) is a free Twelve Step recovery program for anyone suffering from food obsession, overeating, under-eating and bulimia. Call FA at 781-321-9118 or toll free 1-866-931-6932. Visit our website at www.foodaddicts.org.

**Free GED classes**, Groton Elem. 5:30pm-8:30pm; TST BOCES 1pm-4pm; Call 257-1561 to register.

**GIAC Teen Program** 4-7pm, 318 N. Albany St., Ithaca, Game Room, Video Games, Open Gym & Field Trips.

**Hatha Yoga w/Dr. Kasia**, 6-7:20pm, World Seishi Karate, 989 Dryden Rd., Varna, Info., 277-1047 or email: drkasiadc@yahoo.com.

**Hatha Yoga in the Svaroopa® Style**, 10:15-11:45am, Finger Lakes Fitness Center, taught by Shelley Clark, Every Monday, Non-members welcome.

**Ithaca Town Board Meeting**, 5:30pm, 215 N. Tioga St., Ithaca. Info., www.town.ithaca.ny.us.

**Jazz Dance Classes with Nancy Gaspar**, 7:15pm, Finger Lakes Fitness Center, 171 E. State St., Center Ithaca, Non-members & drop-ins welcome. Info., 256-3532.

**Jazzercise**, 5:45 & 6:45pm, 119 W Court St., Ithaca. Jazzercise combines dance, resistance training, pilates, yoga, kickboxing and more to create programs for people of every age and fitness level. More info. 288-4040 or www.jazzercise.com.

**Kionix YMCA Kids-to-Camp Golf Outing**, Robert Trent Jones Golf Course, Cornell. 11:15 a.m. Registration, lunch, silent auction, and player gift pick-up at a club house location to be announced.1:00 p.m. Shotgun start, Email Frank Towner at ftowner@ithacaymca.com for further information about the items available in the silent auction.

**Loaves & Fishes Community Kitchen**, 12 Noon, St. John's Church, 210 N Cayuga St., Open to all, no limitations or requirements. Info., www.loaves.org.

**Music in the Park**, 6:30-8pm, Montgomery Park, Dryden, Entertainment by Dee Specker. Free **Overeaters Anonymous**, 7:30-8:30pm, Henry St. John Building, 301 S. Geneva St., #103, corner W. Clinton St., Speakers/Literature meeting, Meetings are free, confidential, no weigh-ins or diets, Info., 387-8253.

**Post Traumatic Stress Disorder Meeting**, 6PM (holidays excluded), The First Baptist Church, Dewitt Park, PTSD Ithaca is an independent, Post Traumatic Stress Disorder support, social, educational and self-help group to assist those individuals who have been diagnosed with or think they may have PTSD.

**Pre-School Story Hour and Craft**, 10am, The SPCA Annex at The Shops at Ithaca Mall.

**Shakuhachi Flute w/Senpai Kim**, 6:30-7:30pm, World Seishi Karate, 989 Dryden Rd. (in Varna), Info., www.seishihonbu@verizon.net or 277-1047.

**"Sharing The Wealth: Social & Economic Tools for Building Equity in a Sustainable Economy"** ,5:30–8:30pm, at La Tourelle Resort & Spa, Ithaca.

**Stepmother Support Group**, 6pm, 2nd Monday of the Month, for location and more details, contact Jessica at tompkinscountystepmom@gmail.com.

**Volunteer Work & Learning Sessions at ICG**, 5-7pm, Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca, Volunteers will work with the guidance of a professional horticulturist Linda Yannone to get the garden in shape this season. No gardening experience required. For more information, contact Leigh MacDonald-Rizzo, Garden Manager at (607) 272-2292 x186, or lam26@cornell.edu.

**Submit Your  
Calendar Listing:**

- visit tompkinsweekly.com and click on submissions
- Deadline is Wed. at 1pm for the next Monday's paper
- email: jgraney@twcny.rr.com
- fax 607-347-4302
- write: Tompkins Weekly  
PO Box 6404,  
Ithaca, NY 14851

# Waste

Continued from page 1

wastewater.”

Cuddy is concerned that the drilling waste may harm the wastewater treatment plant. “It’s also detrimental to those downstream,” he says. The treatment plant discharges effluent into the outlet of Owasco Lake, where it flows into the Seneca River, a source of drinking water for Baldwinsville.

Currently there’s no problem, Cuddy says. He’s concerned that, if Auburn continues accepting drilling wastes that New York State could face the same water quality problems that Pennsylvania is dealing with. “Pennsylvania won’t let their plants accept drilling wastewater. Why are we?” Auburn is one of two public plants in New York that treats drilling waste fluids; the other plant is in the Village of Sherburne. According to the DEC that plant also treats vertical drilling water.

Cuddy and the Cayuga Anti-Fracking Alliance are requesting that the Auburn City Council ban hydraulic fracturing within the Owasco watershed and enact a moratorium on accepting drilling waste fluids at the city’s treatment plant. A petition drive has generated 1,300 signatures supporting the moratorium, and on June 2 close to 150 citizens gathered for a rally outside city hall. About two dozen farmers, doctors and other residents spoke at the city council meeting that evening.

The council voted to send a memo to Governor Andrew Cuomo asking that he ban hydro-fracking in Auburn and the Owasco watershed, Cuddy reported. But they took no action to halt shipments of drilling waste to the wastewater treatment plant.

“The mayor is in favor of gas drilling wastewater,” Cuddy said. “Our government should protect the common good. What’s next, injection wells?”

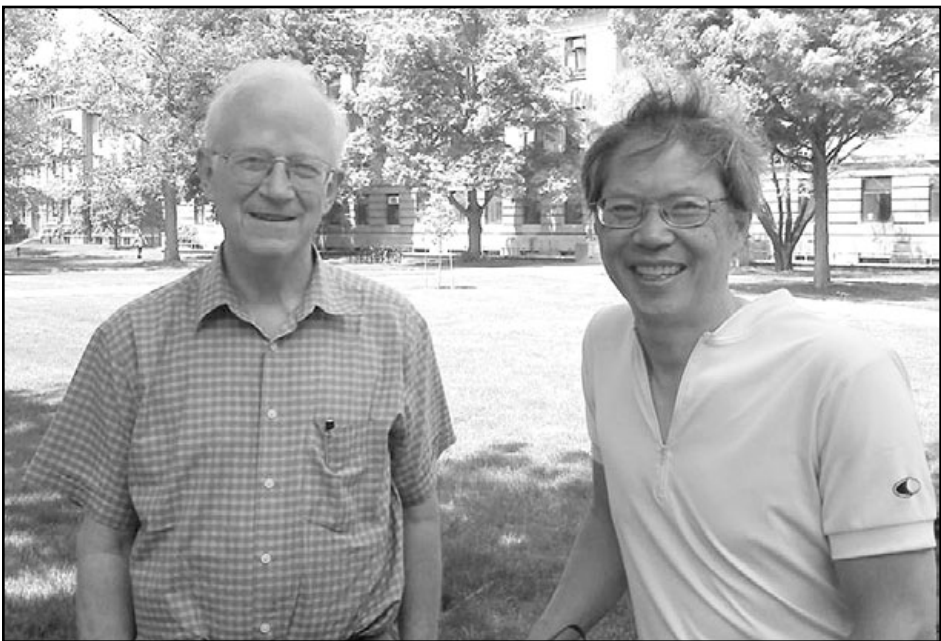


Photo by Eric Banford

**Cornell professor Larry Cathles, left, and Town of Caroline resident Milt Taam are thinking about energy alternatives that meet the county’s needs.**

# Energy

Continued from page 1

The class concluded that in the short term, a mix of wind and gas could meet our energy needs, and that a slow transition away from gas to more wind turbines, with continued research into other renewable resources, would meet electricity needs in the long run.

Cathles suggests that any conversion to renewables must be gradual. “We have seven billion people on the planet that are looking to have a better life, to have the standard of living that we have. Torpedoing that with a crash conversion from X to Y could have very negative consequences,” he says. “For example, you look at the food riots in Mexico, which happened in part because we diverted food corn to ethanol production. We are one global community, we’re not operating in an isolated sphere.”

Gas exploration using horizontal hydro-fracturing comes at the expense of industrializing the landscape, and has risks associated with the chemicals used in the process. Wind turbines can cause health issues for nearby residents, can impact bird and bat populations, and many people oppose them because they impact their view.

Nuclear power comes with huge risks, as we have recently witnessed following the tsunami in Japan, but newer designs like pebble reactors, or reactors using thorium instead of uranium, don’t risk meltdowns and cannot be used for nuclear weapons. Balancing all of these factors is not easy, and is key to setting a hopeful energy path, class participants conclude.

# Graduation

Continued from page 2

each parent to speak about their teen’s personal and educational growth.

Some other memorable moments included speeches given by three of the graduates about “Past, Present, and Future,” remarks from their chapter leader, Meghan McComb, and the students presenting all of the mothers with flowers. “It was special and unique,” says Felker, adding that the ceremony concluded with the seven students playing instruments and singing a song together.

Like many other families, the Felkers then took their out-of-town guests out for a celebratory dinner. Gail has also made a tradition out of presenting each of her children with an album including photos and other memorabilia highlight-

ing their homeschooling career throughout the years.

Though he admits to being apprehensive at first about homeschooling his children, Steve Felker feels that it was the right choice for their family. “It’s been a great journey,” he says. “We’ve had the chance to watch our children blossom and flourish and they have had more freedom and options than they would have in another setting.”

Lydia says she prefers her style of graduation to others that she’s been to, which she found too crowded and impersonal. One of her favorite parts of her ceremony was when her father read her a poem that he had written in her honor.

Like many other graduates, she’s looking forward to college and will be attending Ashland University in Ohio in the fall for fashion design. “But it will be hard to say goodbye to all my friends and to Ithaca,” she adds.

# Snug Planet Earns Business Award

Local business Snug Planet LLC was honored recently with an SBA Small Business Excellence Award. The U.S. Small Business Administration and the New York Business Development Corporation hosted the 13th annual luncheon to recognize the achievements of local small businesses. Tompkins Trust Company nominated Snug Planet, for the award.

With prior training in energy audits, installations and a small personal savings account, Jon Harrod started Snug Planet out of his residence in 2006. Snug Planet is a customer-focused business committed to helping home and business owners in the Tompkins County area make their buildings more comfortable and energy efficient.

Over the past five years, Jon and his wife Elisabeth have hired and trained a crew of seven professionals, all passionate about saving energy. Sales have increased steadily and based upon some recent changes in legislation, further expansion of space and staff is anticipated.

# Tompkins Weekly Classifieds

## Home Services

**Time for spring projects!**  
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Office: 323 N Tioga St., Ithaca 273-1654 [www.ithaca-rentals.com](http://www.ithaca-rentals.com)

## Announcements

**The Cancer Resource Center** seeks compassionate volunteers to provide support for people with cancer. [Sharon Kaplan](mailto:SharonKaplan@crcl.net) [sharon@crcl.net](mailto:sharon@crcl.net)

**Volunteers Needed:** Contact Southworth Library, W. Main St., Dryden. Call 844-4782 for info.

**Call for Vendors & Entertainers** - The American Civic Association is in need of vendors & ethnic entertainers for the upcoming Garlic Festival. The festival is scheduled for August 20th & 21st, 2011 at 131 Front Street, Binghamton, NY 13905. Please call 607-723-9419 for more information. Also, check website [www.americancivic.com](http://www.americancivic.com).

## Lawn Moving

**J.&R.'s Lawn Mowing Service.** Great Rates! call John @ 607-756-2915

## Entertainment

**Spirit-Rhythm 2011**  
Drumming and Dancing  
In the forest  
July 8, 9, 10  
Ithaca, NY

Info: Check out Spirit-Rhythm facebook

## Food & Drink

**Lunch Delivery** - Free Lunch Delivery from the Ithaca Bakery M-F 11am-2pm. Call 27-BAGEL.

**Shortstop Deli** Open 24/7 at 204 W. Seneca St., Ithaca 273-1030 [www.shortstopdeli.com](http://www.shortstopdeli.com).

**Two Locations to Serve You Best**  
GreenStar 701 W. Buffalo St. 273-9392 & 215 N. Cayuga St 273-8210

## Education

**Saturday Morning Yoga** in the Iyengar tradition, at Fine Spirit Studio, Dey St. Ithaca. For information contact [kathy@kathymorris.net](mailto:kathy@kathymorris.net)

**Wiles Guitar Studio**  
**Suzuki Guitar Lessons**  
**Children thru Adults**  
**Community Corners Ithaca**  
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## Employment

**Problems at work?** Know Your Rights! Contact 607-269-0409 [www.TCWorkersCenter.org](http://www.TCWorkersCenter.org)

**The Mary Durham Boutique** is a train-

ing program through the Women's Opportunity Center & a boutique selling new & used clothing to the public! Check us out from 10-5 Tues-Sat at 110 West Court St. 256-9957

## Position Announcement - Town of Ulysses Environmental Planner.

The Town of Ulysses is requesting applications for an Environmental Planner. Applicants will be expected to have excellent interpersonal skills, be flexible, able to work independently and willing to act as the zoning administrator for the Town. 30 hours/ week, eligible for partial benefits and retirement. This is a competitive job provisional on the applicant's civil service test score. Submit applications to: Tompkins County Personnel Department by June 16, 2011. Apply through the Tompkins County Personnel site: <http://www.tompkins-co.org/personnel/index.html> See the job description at <http://www.tompkins-co.org/personnel/JobDescriptions/documents/e13>. For questions, please contact: Marsha Georgia at 387-5767 ext 221

**Women's Opportunity Center** offers employment and computer training services to low income parents and displaced homemakers of Tompkins County. Check us out to find out if you qualify at 315 North Tioga St. 607-272-1520 [www.womensopportunity.org](http://www.womensopportunity.org)

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18, 8 am-Noon. State Route 79, 3  
miles West of Mecklenburg. Antiques,  
Household items; crafts and more.

## Calendar Submissions:

Do you have an event you want listed  
in our events calendar? Email your list-  
ing to jgraney@twcny.rr.com. The dead-  
line to submit items is each Wednesday  
at 1pm for the next Monday's paper.

Enter your question for

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The word on the street from around Tompkins county.

By Kathy Morris

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Example: **GAME + TEST ~ GATESMET**

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