



4. What is the “story” that you built based on the facts above?
You might say, “This made me think_____.”

5. Now listen to the person that you are having the conversation with. What was the result? Did the other person have a very different point of view? How did their strengths make their pattern of behavior and pattern of thought different from yours?

6. What is the plan moving forward (towards the common goal)?

* Adapted and modified from Judy Ringer Step-By-Step Checklist for Difficult Conversations.