

CURRICULUM VITAE

BRENNAH V. ROSS, B.S.

610-246-4631 | BROSS28@GSU.EDU

EDUCATION

- 2020 – Present **PhD, Clinical-Community Psychology (Joint Program)**
Georgia State University, Atlanta, GA
Faculty Advisor: Cynthia A. Stappenbeck, PhD
- 2016 – 2017 **Post-Baccalaureate, Psychology**
Villanova University, Villanova, PA
- 2011 – 2015 **BS, Economics**
Minors: Public Health and Law, Politics, & Philosophy
The College of New Jersey (TCNJ), Ewing, NJ
Thesis Title: *Impact of the 2008 Economic Recession on Mental Health and Health Behaviors in the United States*

FELLOWSHIPS, HONORS, AWARDS

- 2022 – 2023 **Training in Integrated Pediatric Psychological Services Fellowship, \$12,500**
Funded by Health Resources & Services Administration (HRSA)
- 2022 **Research Society on Alcoholism (RSA) Student Merit Award, \$250 & Registration**
- 2021 – 2022 **Training in Integrated Pediatric Psychological Services Fellowship, \$12,500**
Funded by Health Resources & Services Administration (HRSA)
- 2020 – 2022 **GSU Psychology Department Scholar Award, \$8,000**
- 2019 **From the Heart Award, Exton Region Chamber of Commerce (Non-Profit Council)**
Recognized for advocacy work with victims of sexual assault and other crimes
- 2015 **Daniel R. Hall Economic Excellence Award | TCNJ School of Business**
Awarded at graduation in recognition of excellence in economic scholarship
- 2011 – 2015 **TCNJ Academic Merit Tuition Scholarship, \$30,000**
- 2011 – 2015 **TCNJ Dean's List**
- 2011 – 2015 **TCNJ Scholar-Athlete & NJAC All-Academic Honors**
- 2014 **Omicron Delta Epsilon Economic Honor Society**
- 2013 – 2014 **New Jersey Athletic Conference (NJAC) Swimmer of the Year**
- 2012 – 2014 **NCAA Academic All-American Award, Honorable Mention, Swimming**
- 2011 – 2012 **NCAA Academic All-American Award, 4x NCAA All-American, Swimming**

PUBLICATIONS, PEER-REVIEWED

- [1] Swee, M.B., Butler, R.M., Ross, B.V., Horenstein, A., O'Day, E.B., & Heimberg, R.G. (2021, August). Interpersonal Patterns in Social Anxiety Disorder: Predictors and Outcomes of Cognitive Behavioral Therapy. *Cognitive Therapy and Research*. doi:10.1007/s10608-020-10192-3

PUBLICATIONS, NON-REFEREED

- [1] **Ross, B.V.**, Gay, B. (2021). *Protecting Students' Data Privacy: Statewide Longitudinal Data Systems*. Policy Brief prepared for Congressional Offices with the Research-to-Policy Collaboration.
- [2] **Ross, B.V.**, Matheson, M. (2021). *Peer Support Recovery Services for Substance Use and Misuse*. Policy Brief prepared for Congressional Offices with the Research-to-Policy Collaboration.
- [3] Xu, N., **Ross, B.V.**, Lara, G.B., Davis, C., Kramer, B. (2021). *Teacher Workforce Development: Grow Your Own Teacher Programs*. Policy Brief prepared for Congressional Offices with the Research-to-Policy Collaboration. <https://research2policy.org/teacher-workforce-development-grow-your-own-teacher-programs/>
- [4] **Ross, B.V.**, Gray, B., Scott, T. (2021). *Institutional Policy on Legislative Engagement, Advocacy, & Lobbying*. Institutional Policy Drafted for the Evidence-to-Impact Collaborative <https://www.research2policy.org/institutionalpolicy>
- [5] **Ross, B.V.**, Nestor, C., Gray, B., Scott, T. (2021). *Advocacy vs. Lobbying: What's the Difference? Understanding Regulations for Researchers & Nonprofits*. Practice Brief prepared for the Research-to-Policy Collaboration. <https://www.research2policy.org/advocacylobbying>

MANUSCRIPTS UNDER REVIEW

- [1] Hammett, J.F., **Ross, B.V.**, Peddle, A.K., Duckworth, J., Blayney, J.A., Jaffe, A., Stappenbeck, C.A. (under review). *The Influence of COVID Stress and Inhibition Processes on Intimate Partner Aggression during COVID*

MANUSCRIPTS IN PREPARATION

- [1] Stappenbeck, C.A., Gulati, N.K., Leone, R.M., **Ross, B.V.**, Peddle, A.K., & Davis, K.C. (in prep). *Men's Aggression Perpetration Profiles and their Association with 3 Consistent Factors*.
- [2] **Ross, B.V.**, Hammett, J., Peddle, A.K., Jaffe, A., Ndungu, R.W., Blayney, J.A., Duckworth, J., & Stappenbeck, C.A. (in prep). *Intolerance of Uncertainty and Sex-Related Drinking Motives in Survivors of Sexual Assault*
- [3] Stappenbeck, C.A., Hammett, J.F., Peddle, A.K., & **Ross, B.V.** (under review) *Factors Associated with Women's Sex-Related Coping and Enhancement Drinking Motives*

POSTER PRESENTATIONS

+indicates mentored undergraduate student

- [1] **Ross, B.V.**, Hammett, J.F., Peddle, A.K., Prince, J., Jaffe, A.E., Blayney, J.A., Duckworth, J.C., & Stappenbeck, C.A. (2023, April). *The Role of Intolerance of Uncertainty in the Relationship Between PTSD Symptom Clusters and Alcohol Use in Sexual Assault Survivors*. Poster to be presented at the 20th Annual Institute on Violence, Abuse, and Trauma International Summit, Honolulu, HI.
- [2] Peddle, A.K., **Ross, B.V.**, & Stappenbeck, C.A., (2023, April). *The Role of Sexual Self Objectification in the Relationship Between Childhood Sexual Abuse and Abdication of Sexual Decision Making*. Poster to be presented at the 20th Annual Institute on Violence, Abuse, and Trauma International Summit, Honolulu, HI.
- [3] Stappenbeck, C.A., Hammett, J.F., Peddle, A.K., **Ross, B.V.** (2023, April). *Factors Associated with Women's Sex-Related Coping and Enhancement Drinking Motives*. Poster to be presented at the 20th Annual Institute on Violence, Abuse, and Trauma International Summit, Honolulu, HI.

- [4] Prince, J., **Ross, B.V.**, Peddle, A.K., Salamanca, N., Leone, R., Davis, K., Orchowski, L., Gilmore, A. (2022, November). *The Moderating Effect of Emotion Regulation on the Association Between Sexual Assault Severity and Sexual Satisfaction Among College Students*. Poster presented at 38th Annual International Society for Traumatic Stress Studies, Atlanta, GA.
- [5] **Ross, B.V.**, Stappenbeck, C.A. (2022, June). *Intolerance of Uncertainty Moderates the Relationship Between Sex-Related Drinking Motives and Severity of Past Sexual Victimization*. Poster presented 45th Annual Research Society on Alcoholism Scientific Meeting, Orlando, FL.
- [6] Stappenbeck, C.A., **Ross, B.V.**, Hammett, J.F., Peddle, A.K., Duckworth, J., Blayney, J., Jaffe, A. (2022, June). *The Influence of COVID Stress and Inhibition Processes on Intimate Partner Aggression during COVID-19*. Poster presented at the 45th Annual Research Society on Alcoholism Scientific Meeting.
- [7] **Ross, B.V.**, Peddle, A.K., Ndungu, R.W., Stappenbeck, C.A. (2021, November). *Perceived Helpfulness of Intimate Partner Response to Sexual Assault Disclosure Moderates the Relationship Between Trauma-Related Self-Blame and Drinking to Cope with Sex*. Poster presented to the 37th Annual International Society for Traumatic Stress Studies.
- [8] Peddle, A.K., **Ross, B.V.**, Ndungu, R.W., Stappenbeck, C.A. (2021, November). *History of Childhood Sexual Assault and Sex Motives Facets are Associated with Substance Use During Sex*. Poster presented to the 37th Annual International Society for Traumatic Stress Studies.
- [9] Peddle, A.K., **Ross, B.V.**, Ndungu, R.W., Stappenbeck, C.A. (2021, June). *Nonacceptance of Distress as a Unique Predictor of Drinking to Cope with Sex-Related Distress in Heavy Drinking College Women with Histories of Sexual Victimization*. Poster presented at the 44th Annual Research Society on Alcoholism Scientific Meeting, San Antonio, TX.
- [10] **Ross, B.V.**, Peddle, A.K., Ndungu, R.W., Stappenbeck, C.A. (2021, June). *The Role of Experiential Avoidance in the Relationship Between Lifetime Sexual Assault Severity and Post-Traumatic Stress in Heavy Drinking College Women*. Poster presented at the 44th Annual Research Society on Alcoholism Scientific Meeting, San Antonio, TX.
- [11] +Ndungu, R.W., **Ross, B.V.**, Peddle, A.K., Stappenbeck, C.A. (2021, April). *The Role of Mindfulness and Distress Tolerance on Post Traumatic Growth in Heavy Drinking College Women with Sexual Assault Histories*. Poster presented at the 12th Annual Georgia State University Undergraduate Research Conference, Atlanta, GA.
- [12] **Ross, B.V.**, O'Day, E.B., Morrison, A.S., Goldin, P.R., Gross, J.J., Heimberg, R.G. (2020, November). *Treatment Effects on Fear of Negative Evaluation and the Moderating Roles of Cognitive Distortions and Mindfulness Facets on the Relationship between Fear of Negative Evaluation and Social Anxiety*. Poster presented at the 54th Annual Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- [13] O'Day, E.B., **Ross, B.V.**, Morrison, A.S., Goldin, P.R., Gross, J.J., Heimberg, R.G. (2020, November). *Cognitive Distortions and the Use of Mindfulness Skills in the Relationship Between Social Anxiety and Loneliness*. Poster presented at the 54th Annual Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- [14] **Ross B.V.**, Horenstein, A., Heimberg, R.G. (2018, November). *Expressive Suppression Moderates the Relationship Between Childhood Emotional Trauma and Social Anxiety in Adulthood*. Poster presented at the 52nd Annual Association for Behavioral and Cognitive Therapies, Washington, DC.

- [15] **Ross, B.**, Skula, A., Pohle, M. (2013, December). *Fixing New Jersey's Unequal Access to State-Run Healthcare Programs for Lawfully Present Immigrants*. Presented at the Legal Challenges in Health Care Symposium, Ewing, NJ.

ORAL PRESENTATIONS/SYMPOSIA

+indicates mentored undergraduate student

- [1] +Turcios-Galves, E., **Ross, B.V.**, Stappenbeck, C.A., (2022, November). *The Role of Social Anxiety on the Relationship Between Sexual Victimization Severity and Sex-Related Drinking Motives*. Presented at the 21st Annual Georgia State University Undergraduate Research Conference, Atlanta, GA.
- [2] Stappenbeck, C.A., Gulati, N.K., Blayney, J., Jaffe, A.E., Peddle, A.K., **Ross, B.V.**, Kaysen, D. (2020, November). *Efficacy of a Tailored Web-Based Alcohol Intervention to Improve Regulatory Skills and Reduce PTSD Symptom Severity among Heavy Drinking College Women with Sexual Assault Histories*. Symposium presented at the 36th Annual International Society for Traumatic Stress Studies, Atlanta, GA.
- [3] **Ross, B.V.** (2015, April). *Impact of the Latest Economic Recession on Mental Health and Health Behaviors in the United States*. Paper presented at the 26th Annual Omicron Delta Epsilon Economic Research Conference, Collegeville, PA.

AD HOC REVIEWER

Journal of Interpersonal Violence (Co-Reviewer)

RESEARCH EXPERIENCE

- 2020 – Present **Graduate Research Assistant/PhD Student**
Alcohol and Interpersonal Violence Lab
Georgia State University, Atlanta, GA
 Supervisor: Cynthia A. Stappenbeck, PhD
 - Conduct research on victimization and perpetration of sexual and interpersonal violence, alcohol use, and brief web-based interventions.
- 2018 – 2020 **Clinical Research Coordinator**
Department of Psychology & Maurice H. Kornberg School of Dentistry
Temple University, Philadelphia, PA
 Supervisors: Richard G. Heimberg, PhD & Marisol Tellez, BDS, MPH, PhD
NIH U01: Efficacy of an Internet-Based Intervention for Dental Anxiety
 - Drafted manuals for standard operating procedures and data management.
 - Managed participant recruitment, randomization procedures, and programmed automated excel dashboards to track participant flow.
 - Managed reporting on data management/quality, study enrollment, and medical monitor reporting to NIDCR.
 - Administered specific phobia and panic disorder modules of ADIS-V to assess diagnostic criteria and establish clinical severity at baseline across follow-up.
 - Rated fidelity/intervention adherence to study protocol; conducted reliability ratings for ADIS-V and assess interrater reliability.
- 2017 – 2018 **Research Coordinator**
Heimberg Lab/Adult Anxiety Clinic of Temple University (AACT)
Temple University, Philadelphia, PA
 Supervisor: Richard G. Heimberg, PhD

- Trained and supervised undergraduate research assistants on lab procedures, experimental protocols, and databases.
- Coordinated studies: recruited, screened, and scheduled participants; managed and cleaned databases.
- Created lab database manual for SPSS coding and data entry procedures.
- Proposed and carried out independent research on emotion regulation, childhood maltreatment, and social anxiety in adulthood.

2018

Research Assistant**Child and Adolescent Anxiety Disorders Clinic (CAADC)****Temple University, Philadelphia, PA**

Supervisor: Philip Kendall, PhD

- Conducted training for undergraduate research assistants on database procedures, tracking logs, and data entry in SPSS and Excel.
- Coded treatment fidelity assessing therapist adherence to standard CBT protocol for child anxiety versus augmented protocol targeting parental accommodation.
- Coded therapy session behavior to assess impact process variables (i.e., interpersonal resistance, therapeutic alliance) on treatment outcome.

2016 – 2017

Research Assistant**Psychological Assessment Lab****Villanova University, Villanova, PA**

Supervisor: John E. Kurtz, PhD

- Conducted in-person research visits and entered data for studies examining deceptive positive response distortion in relation to dysfunctional eating attitudes/behaviors and dark triad personality traits.
- Categorized and coded unstructured qualitative data regarding college students' self-perceptions of emerging adulthood according to manual.

2014 – 2015

Independent Research in Economics**The College of New Jersey, Ewing, NJ**

Supervisor: Donka Mirtcheva, PhD

- Conducted independent econometric analyses using Stata (i.e., logistic, probit, time-series) assessing the impact of the 2008 financial recession and job loss on health behavior (e.g., alcohol consumption, smoking), anxiety, and depression.

CLINICAL EXPERIENCE

Jun 2022 - Present

External Practicum Student (Child, Adolescent), Child OCD Program at Emory Emory University School of Medicine, Atlanta, GA

Supervisor: Rebecca Schneider, PhD

- Co-lead weekly skills groups with children and adolescents (ACT, DBT, process group), plan exposure activities, and provide individual and family ERP coaching.
- Complete preliminary phone screens to determine eligibility, conduct clinical intake interviews, conceptualize cases, and write intake reports.

Jan 2022 - Present

Therapy Practicum (Adult)**Georgia State University Psychology Clinic, Atlanta, GA**

Supervisors: Suzann Lawry, PhD, Tamara D'Anjou Turner, Ph.D.

- Provide weekly individual outpatient therapy to clients with diverse presenting concerns using integrative approaches grounded in CBT and ACT; emphasis on clients with prior history of intimate partner violence and sexual trauma.

- Conduct clinical intake interviews, present and conceptualize cases, develop and implement treatment plans, attend weekly individual supervision and tape review.

2021 – 2022

Assessment Practicum (Child, Adolescent, Adult)
Georgia State University Psychology Clinic, Atlanta, GA

Supervisor: Jessica Lazer, PhD

- Conduct preliminary clinical intake and determine appropriate psychoeducational testing battery based on presenting concerns.
- Administer structured diagnostic interviews and neuropsychological testing, score tests and measures, interpret results and conceptualize cases, determine diagnoses.
- Develop recommendations and appropriate academic accommodations, provide comprehensive feedback to clients, and write integrative reports.

2020 – 2021

Dialectical Behavioral Therapy (DBT) Skills Training & DBT Supervision
Georgia State University Psychology Clinic, Atlanta, GA

Supervisor: Konrad Bresin, PhD

- Participate in weekly DBT skills training, didactics, and role play; preparation to apply DBT skills in group therapy setting.
- Participate in DBT supervision team through rotating roles: guide brief mindfulness activities, lead team dialectics, set agenda and manage time.

2017 – 2019

Sexual Assault/Other Crimes Victim Advocate
Crime Victims' Center of Chest County (CVC), West Chester, PA

Supervisor: Kathleen Gast, MPA

Certifications: *Pennsylvania Coalition Against Rape Sexual Assault Counselor Training (40-hour)*, *CVC Sexual Assault/Crime Victim Advocate Training (50-hour)*

- Provided on-call emotional support and medical/legal advocacy to crime victims as an emergency responder.
- Accompanied victims of sexual assault and domestic violence during forensic evidence collection (SANE) exams and police interviews.
- Experience with adult, adolescent, and child clients and their families.
- Handled sexual abuse disclosures from children and adolescents in a sensitive manner and made mandated reports.

2017 – 2018

Therapy Aide
Temple University, Philadelphia, PA
Adult Anxiety Clinic of Temple (AACT)

- Conducted preliminary phone screens assessing social anxiety and other psychological symptoms and eligibility of potential clients for social anxiety disorder treatment.
- Assisted therapists in exposure therapy and role play scenarios with clients.

Child and Adolescent Anxiety Disorders Clinic (CAADC)

- Assisted therapists in exposure therapy by role playing feared situations with child and adolescents with anxiety disorders.

PUBLIC POLICY & PUBLIC ENGAGEMENT

2021 – 2022

Public Policy Fellow
Research-to-Policy Collaboration
Social Science Research Institute, Penn State University, PA

Supervisors: Taylor Scott, PhD & Max Crowley, PhD

- Facilitate communication between researchers and policymakers to improve utilization of scientific evidence in legislation.

- Meet with congressional offices, conduct preliminary needs assessments, and identify policy priorities.
 - Compile evidence from researchers in the RPC network and collaboratively develop policy briefs on relevant issues.
- 2021 **Public Policy Intern**
 - Conducted comprehensive literature review and presented thematic analysis on researcher engagement with community stakeholders and policymakers.
 - Operationalized science messaging manipulations for a series of Rapid Response Clinical Trials for researchers and legislators.
 - Drafted institutional policy outlining internal revenue code regulations and lobbying/advocacy activities for RPC and partner organizations.
 - Developed and conducted training on congressional/legislative oversight process and expert testimony selection.
- 2021 **Science Communication**
Our Wave | Sexual Assault Survivor Education Series
<https://stories.ourwave.org/answers>
 - Synthesized current literature and wrote weekly evidence-based responses to frequently asked questions from survivors of sexual violence; topics included forensic rape exams, navigating the legal system, navigating sex, intimate relationships, disclosure, rape culture, and trauma recovery.

PROGRAM EVALUATION

- 2022 **Evaluation Consultant**
Esperanza United, Minneapolis, MN
 Supervisors: Nancy Nava, MPH & R. Lillie Macias, PhD
Ending Gender-Based Violence in Latin@ Communities: Building Evidence Toolkit
 - Worked with consulting team to review and update website content and instructional descriptions for the *Building Evidence Toolkit*
 - Lead designer of two logic model templates to improve external funding opportunities and outline evaluation processes for partnered advocacy organizations.
 - Collaborated on the development of an accompanying interactive worksheet to facilitate program evaluation and logic model development

LEADERSHIP & PROFESSIONAL SERVICE

- 2022 **Graduate Student Representative, *Student Technology Fee Committee***
 College of Arts and Sciences, Georgia State University
- 2022 **Psychology Graduate Student Rep., *Technology Proposal Review Committee***
 College of Arts and Sciences, Georgia State University
- 2021 – 2022 **Meeting Coordinator, *Community Conversations on Research & Action (CCRA)***
 Community Psychology Program, Georgia State University, Atlanta, GA
- 2021 **Graduate Student Volunteer, *Public Policy Council***
 Society for Community Research & Action (SCRA) Biennial Conference
- 2020 – 2021 **Multimedia Developer & Designer**
 Out in STEM (oSTEM) at Georgia State University
- 2017 – 2020 **Senior Volunteer**
 Crime Victims' Center of Chester County (CVC), West Chester, PA

2017, 2018 **Event Volunteer, “Hands Around City Hall” Sexual Assault Awareness Event**
 Women Organized Against Rape (WOAR), Philadelphia, PA

COMMUNITY PRESENTATIONS

2019 June **Event Speaker, Annual Non-Profit Meeting (Chester County)**
 Exton Regional Chamber of Commerce, Downingtown, PA
“The Role of Victim Advocates and Rape Crisis Centers in our Community”

2014 October **Event Speaker/Coordinator, Mental Health Awareness Month Event**
 TCNJ Peer Educators/Psychology Services Center, Ewing, NJ

TEACHING EXPERIENCE

2020 – Present **Graduate Teaching Assistant, Georgia State University**
 Courses: Intro to Psychology, Abnormal Psychology, Intro to Research and Design, Positive Psychology, Cognitive Psychology

GUEST LECTURES

Fall 2021 **Addiction & Substance Use Disorders**
 Psychopathology and Abnormal Psychology, Georgia State University

SKILLS

Statistics/Data R, SAS, Stata, SPSS, MPlus, Advanced Excel (VBA/Macro Development)
 JavaScript API for Qualtrics & Google Sheets App

Graphic Design Adobe Photoshop, Illustrator, InDesign, Procreate, Corel Painter

PROFESSIONAL AFFILIATIONS

2022 – Present National Prevention Science Coalition (NPSC)

2021 – Present Research Society on Alcoholism (RSA)

2021 – Present Society for the Psychological Study of Social Issues (SPSSI)

2020 – 2022 International Society for Traumatic Stress Studies (ISTSS)
Trauma & Substance Use Disorders Special Interest Group

2020 – Present Society for Community Research and Action (SCRA; APA Div. 27)
Public Policy Council

2018 – 2020 Association for Behavioral and Cognitive Therapies (ABCT)