

Education

PhD., Clinical Community Psychology, Georgia State University Aug. 2021 – Present
Advisors: Cynthia Stappenbeck, Ph.D & Kevin Swartout, Ph.D

B.S., Psychology, University of Iowa May 2021

Minor: Rhetoric and Persuasion

Honors Thesis: *Protective Behavioral Strategies for Reducing Sexual Aggression, Risky Sex, and Heavy Drinking among College Men*

Chair: Teresa Treat, PhD.

Honors and Awards

Child and Adolescents Research and Empirical Services Fellow July. 2023 – Present

Funder: Health Resources and Services Administration

Training in Integrated Pediatric Psychology Services Fellow Aug. 2021 – June 2023

Funder: Health Resources and Services Administration

Iowa Center for Research by Undergraduates (ICRU) Research Fellowship Aug. 2020 – May 2021

Funder: University of Iowa, ICRU

Excellence in Undergraduate Research Award, ICRU March 2020

Awarded to four undergraduate students for outstanding accomplishments in scholarly work

Hawkeye Leadership and Service Awards March 2020

Awarded to two students annually for significant contributions to campus community care

Speaker, Univ. of Iowa Dept. of Psychological & Brain Sciences Building Jan. 2020

Dedication

Manuscripts Under Review

Treat, T.A., Corbin, W.R., Viken, R.J., & **Westemeier, O.R.** (2023). Protective behavioral strategies for sexual aggression, risky sexual behavior, and heavy episodic drinking.

Treat, T.A., Viken, R.J., **Westemeier, O.R.**, & Corbin, W.R. (2023). College men markedly underestimate peers' use of protective behavioral strategies for sexual aggression, risky sexual behavior, and heavy episodic drinking.

Manuscripts in Preparation

Westemeier, O.R., Swartout, K.M., Salazer, L.F., Bellis, A.L., & Swahn, M.H. (in prep). *A few bad apples ruin the bunch: The co-evolution of social support for sexual aggression and sexual violence perpetration among young men.*

Westemeier, O.R., Lanni, D.J., Swartout, K.M., & Daigle, L.E. (in prep). *Do personality characteristics differentiate between typologies of sexual assault perpetrators?: Examining differences between one time and serial perpetrators.*

Hartley, C.C., **Westemeier, O.R.**, & Schnelle, T. (in prep). *The effects of sexual victimization in college on academic persistence outcomes.*

Paper Presentations

Westemeier, O.R., Swartout, K.M. (2023, March) *Co-Evolution of Social Support for Sexual Aggression and Sexual Violence Perpetration among Young Men* Symposia paper presented at the South Eastern Psychological Association Conference. New Orleans, LA.

Swartout, K.M., Daigle, L., Latzman, R., Lanni, D., & **Westemeier, O.R.** (2022, July). *Campus Sexual Assault Serial Perpetrators: Updated Prevalence and Characteristics Based on Improved Measurement.* Symposia paper presented at the International Society for Research on Aggression World Meeting. Ottawa, CA.

Poster Presentations

Hartley, C.C. & **Westemeier, O.R.** (2024, January). The Impact of the Type of Sexual Misconduct on College Student's Academic Persistence. Poster to be presented at the Society for Social Work and Research 28th Annual Conference. Washington D.C.

Westemeier, O.R. & Swartout, K.M. (2023, November). I'm the Problem, It's Me: Emotional Awareness Reduces the Link between Externalizing Blame and Sexual Aggression among Men Experiencing Gender-Role Stress. Poster to be presented at the meeting of the Association for Behavioral and Cognitive Therapies. Seattle, WA.

Westemeier, O.R., Lanni, D.J., & Swartout, K.M. (2023, May) Not All Men are the Same: Serial, One-Time, and Non-Perpetrator Men Differ in Aggression-Related Personality Traits. Poster to be presented at the Association for Psychological Science Annual Convention. Washington D.C.

Treat, T.A., Viken, R.J., **Westemeier, O.R.**, & Corbin W.R. (2022, May) College Men Underperceive Peers' Reliance on Protective Behavioral Strategies for Sexual Aggression, Risky Sex, and Heavy Episodic Drinking. Poster presented at the Association for Psychological Science Annual Convention.

Treat, T.A., Viken, R.J., **Westemeier, O.R.**, & Corbin W.R. (2022, June) College Men's Underperception of Peers' Reliance on Protective Behavioral Strategies for Sexual Aggression, Risky Sex, and Heavy Episodic Drinking. Poster presented at the Research Society on Alcoholism Scientific. Orlando, FL.

Westemeier, O.R., Treat, T.A., Corbin W.R., & Viken, R.J. (2020, November). College Men's Underestimation of Peer's Usage of Protective Behavioral Strategies for Reducing Sexual Aggression, Risky Sex, and Heavy Drinking. Poster presented at the Iowa Center for Research by Undergraduates Fall Undergraduate Research Festival. Iowa City, IA.

Westemeier, O.R., Treat, T.A., Corbin W.R., & Viken, R.J. (2020, November). Protective Behavioral Strategies for Reducing Sexual Aggression, Risky Sex, and Heavy Drinking among College Men. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

Westemeier, O.R., Treat, T.A., Corbin W.R., & Viken, R.J. (2020, June). Protective Behavioral Strategies for Sexual Aggression, Risky Sex, and Alcohol Consumption. Poster presented at the Association for Psychological Science Virtual Poster Showcase. Chicago, IL.

Westemeier, O.R., Treat, T.A., Corbin W.R., & Viken, R.J. (2019, November). Pathway to Prevention: Protective Behavioral Strategies Linked to Sexual Assault on College Campuses. Poster presented at the Iowa Center for Research by Undergraduates Fall Undergraduate Research Festival. Iowa City, IA.

Westemeier, O.R., Corbin, W.R., & Treat, T.A. (2019, April). Sexually Aggressive Behavior and Risky Sexual Behavior: Protective Behavioral Strategies. Poster presented at the Iowa Center for Research by Undergraduates Spring Undergraduate Research Festival. Iowa City, IA.

Research Mentoring Experience

Fredua-Agyeman, A.B., **Westemeier, O.R.,** & Swartout, K.M. (2023, April). Sexual Victimization Survivors Disproportionately Have Friends Who Support Sexual Assault. Poster presented at the Georgia State Undergraduate Research Conference. Atlanta, GA.

Research Experience

Georgia State University

Graduate Research Assistant *Alcohol and Interpersonal Violence Research Lab* July 2023 – Present
Supervisor: Cynthia Stappenbeck, PhD.

- Assisting on research projects investigating sexual violence perpetration and victimization, interpersonal violence, and event-level risk factors (e.g., alcohol intoxication)

Graduate Research Assistant | *Violence Against Women Prevention Research Team* Aug. 2021 – Present
Supervisor: Kevin Swartout, PhD.

- Assisting on projects investigating predictors of sexual aggression and the impact of a campus' climate on sexual misconduct on students

University of Iowa

Research Assistant | *Clinical Cognitive Sciences Lab* Aug. 2018 – May 2021
Supervisor: Teresa Treat, PhD.

- Ran multiple subjects weekly in a laboratory setting to investigate misperception of sexual interest and normative feedback related to women's self-evaluation influences
- Collaborated with faculty colleagues in conduct of large online study examining revised version of PBS measures and evaluating whether college men and women underestimate their peers' usage of PBS

Independent Research | *Department of Rhetoric* Jan. 2020 – Dec. 2020
Supervisor: Breyan Neyland, PhD.

- Analyzed fraternity pledge class rhetorical inconsistencies with sexual assault prevention efforts on campus
- Provided recommendations for improving the rhetoric of sexual assault prevention programming

Grant Assistant | *Clinical Cognitive Sciences Lab* Jan. 2020 – May 2021
Supervisor: Teresa Treat, PhD.

- Assisted in preparing materials for an NIH-funded prevention trial targeting sexual perpetration among college men
- Organized, edited, and assisted in norming photo stimuli and program procedure

Research Assistant | *Comparative Cognition Lab* Dec. 2017 – Dec. 2018
Supervisor: Edward Wasserman, PhD.

- Ran trials on pigeons weekly to investigate perception and categorization questions
- Attended lab meetings to evaluate and discuss completed study findings

Veteran Affairs Healthcare System

Biological Science Specialist | *Iowa City VA Health Care System* June 2018 – Dec. 2020
Supervisors: Michelle Mengeling, PhD., Holly Strehlow

- Interviewed over 250 veterans for *The Impact of Sexual Assault and Combat-Related Trauma on Fertility in Veterans* research study
- Recruited participants and interviewed within Microsoft Access 2016 and Computer Assisted Telephone Interviewing (CATI)

Teaching Experience

Georgia State University

Graduate Teaching Assistant | *Psychology Department*

Advanced Graduate Psychology Research Statistics	Jan. 2023 – May 2023
Introduction to Social Psychology	Jan. 2023 – May 2023
Careers in Psychology	Aug. 2022 – Dec. 2022
Introduction Research Design and Analysis	Jan. 2022 – May 2022
Introduction to General Psychology	Aug. 2021 – Dec. 2021

University of Iowa

Undergraduate Teaching Assistant | *Department of Psychological and Brain Sciences*

Learning about Learning	Jan. 2020 – May 2020
Research Methods & Data Analysis in Psychology	Aug. 2019 – Dec. 2019

Undergraduate Teaching Assistant | *Department of Rhetoric*

Speaking Skills	Jan. 2021 – May 2021
Rhetoric for Science, Technology, Engineering, and Mathematics	Aug. 2020 – Dec. 2020
Rhetoric	Jan. 2019 – May 2020

Supervised Clinical Experience

Adult Therapy Practicum | *Georgia State University Psychology Clinic* Jan. 2023 - Present

Supervisor: Suzann Lawry-Smith, PhD.

- Conduct weekly psychotherapy with two clients
- Conduct intake interviews and write reports for potential clients and a variety of presenting concerns and psychological disorders
- Create and implement treatment plans and participate in weekly group and/or individual supervision

Adult Assessment Practicum | *Regents Center for Learning Disorders* Aug. 2022 – May 2023

Supervisors: Susan Massey Connolly, PsyD., Preston Elder, PsyD.

- Conducted outpatient neuropsychological assessments for university students with a variety of learning and psychological disorders
- Completed clinical interviews with clients and families; psychological and neurological test selection, administration, scoring, and interpretation; case conceptualization; report writing; timely feedback to patients; generated recommendations for academic and occupational accommodations
- Attended weekly didactics and supervision; prepared clinical case presentations

Adult Assessment Apprenticeship | *Regents Center for Learning Disorders* Jan. 2022 – May 2022

Supervisors: Susan Massey Connolly, PsyD., Preston Elder, PsyD.

- Assisted with a clinical intake
- Participated in weekly didactics and supervision

Adult Therapy Apprenticeship | *Georgia State University Psychology Clinic* Aug. 2021 – Dec. 2021

Supervisor: Dominic Parrott, PhD.

- Assisted with a clinical intake; writing an integrated treatment plan
- Participated in weekly group and individual supervision

Additional Clinical Training

Suicide Risk Assessment Training | *Georgia State University Clinical Program Meeting* Sept 21st, 2022

Suicide Risk Assessment Training | *Georgia State University Clinical Program Meeting* Sept. 29th, 2021

Telepsychology Best Practices 101 Training | *Continuing Education in Psychology* Sept. 14th, 2021

Mandated Child Abuse Reporter Training | *Prevent Child Abuse Georgia* Sept. 10th, 2021

Community Intervention Experience

Program Development Practicum Student | *Georgia Institute of Technology VOICE* May 2023 – Present

Supervisor: Susannah Fulling-Smith, MPH

- Conducting a program evaluation for VOICE peer educator program with a focus on sustainable social-norm change

- Creating sexual violence prevention evidence-based practices guidebook to include multilevel prevention and updating current projects to expand applicability to culturally relevant practices and include perpetration prevention
- Updating pre-and post-tests to utilize most validated measures and reflect multilevel changes (e.g., individual, interpersonal)

Raise the Bar Program Analyst | *Rape Victim Advocacy Program* May 2020 – Mar. 2021
Supervisors: Shalisa Gladney, Susan Junis

- Completed a program evaluation for the effectiveness of bystander intervention for bar staff for alcohol-related sexual assault, harassment, and “date rape drug” use
- Co-developed pilot programs for bystander intervention training for baristas and taxi/ride share drivers

Sexual Assault Prevention Evaluator | *Resilience: Advocates for Ending Violence* June 2020 – Aug. 2020
Supervisor: Christina Scarpino

- Completed a program evaluation for Coaching Boys into Men and LIVERESPECT programs for high school boys
- Aided in revising participant program evaluation questions and expanded programming by adding LGBTQIA+ inclusive content

Certified Peer Prevention Educator | *Women’s Resource Action Center* Aug. 2019 – May 2021
Supervisor: Martha Pierce

- Facilitated interactive anti-violence and anti-oppression workshops for the campus community

Community Involvement

Georgia State University

Cohort Representative | *GSU Clinical Psychology Program* Dec. 2020 – Present

University of Iowa

Safety & Security Presidential Charter Committee

Student Representative Aug. 2020 – July 2021

Anti-Violence Coalition

Member | *Men and Masculinities Coalition* Aug. 2020 – July 2021

Student Representative | *Sexual Misconduct Climate Survey Subcommittee* May 2020 – July 2021

Co-chair | *Student Advisory Committee on Sexual Misconduct* June 2020 – July 2021

Co-chair | *Protective Environments Workgroup* Jan. 2020 – May 2020

- Co-led a team of university stakeholders to develop policy and program recommendations for introducing protective environments on campuses aimed at reducing sexual misconduct

Member | *Student Advisory Committee on Sexual Misconduct* Aug. 2019 – May 2020

Department of Psychological and Brain Sciences

Undergraduate Representative | *Committee on Undergraduate Studies* Aug. 2020 – May 2021

Volunteer Experience

Direct Service Advocate | *Rape Victim Advocacy Program*

Nov. 2017 – July 2021

- Provided interpersonal support to sexual assault and exploitation survivors
- Dispatched to local hospitals, university public safety office, and local police offices to assist survivors in receiving proper care and resources
- Assisted survivors in seeking referrals for mental health resources and managing the reporting process

Skills

Research Software

SPSS E-Prime Qualtrics MediaLab G*Power 3.1

Clinical Assessments

- California Verbal Learning Test – 3rd Edition (CVLT-III)
- Comprehensive Test of Phonological Processing – 2nd Edition (CTOPP-II)
- Delis-Kaplan Executive Function System (D-KEFS)
- Expressive Vocabulary Test – 3rd Edition (EVT-3)
- Neuropsychological Assessment Battery (NAB)
- Nelson-Denny Reading Test (NDRT)
- Test of Word Reading Efficiency – 2nd Edition (TOWRE-2)
- Wechsler Adult Intelligence Scale – 4th Edition (WAIS-IV)
- Wechsler Individual Achievement Test – 5th Edition (WIAT-V)
- Wechsler Intelligence Scale for Children – 5th Edition (WISC-V)
- Wide Range Assessment of Memory and Learning – 3rd Edition (WRAML-III)
- Woodcock Johnson Tests of Achievement – 4th Edition (WJ-IV-Ach)
- Woodcock Johnson Tests of Oral Comprehension – 4th Edition (WJ-IV-Oral)

Certifications

NASPA (Student affairs administrators in higher education) Certified Peer Educator

- Nationally certificated to educate individuals, small groups, and campuses on prevention, health, and safety