

# 15. Unfinished Sentences

1. **I usually worry about . . .** things I could change easily -- deadlines, grading papers, planning lessons.
2. **I feel angry when . . .** I see lazy students who don't try. I get angry when I hear excuses, not reasons. I also get angry when people make fun of me or when they are rude. I think I get angry often.
3. **I'm moody when . . .** I have too much to do and/or too little time to myself.
4. **I'm happiest when . . .** I'm snug and cozy in a flannel granny gown, reading a good book and drinking hot tea.
5. **I feel confident when . . .** I am well prepared for school or anything else. Whenever I "freelance" whatever I'm doing, I lose all confidence -- which makes perfect sense.
6. **I feel frustrated when . . .** I can't express myself clearly to someone, when I have to wait in any line, when I can't learn something no matter how hard I try, and when I can't remember someone's name.
7. **I feel depressed when . . .** I have no privacy, when my students do poorly on something I've taught them, when I am uncomfortable, and when I haven't had enough sleep.
8. **I am comfortable when . . .** I am talking with people I like and respect and have time to just visit, without rushing off for errands or appointments. I am also very comfortable just watching old movies with my husband or puttering around the house all by myself.
9. **I feel nervous when . . .** school starts because I don't know what to expect and when I am in a hurry to find some place and know I am hopelessly lost.
10. **I feel sentimental when . . .** I look at old photographs or listen to songs that remind me of friends and family from the past. I even get sentimental and weepy over some television commercials.