

**THEME:** SELF-IDENTITY

**TITLE:** HOPES AND DREAMS ABOUT THE FUTURE

**OBJECTIVES:**

1. Members will be able to list at least two future goals
2. Members will be able to share these goals with the group
3. Members will discuss at least one way in which they can achieve their goal

**MATERIALS:**

1. Paper
2. Pens/pencils
3. Crayons or markers if possible

**INSTRUCTIONS:**

1. Each member is given sheets of paper and either markers or crayons (if not possible, just pens and pencils)
2. Each member is instructed to draw a picture of what they want to accomplish in one year, five years, and ten years.
3. After each member has finished this task they are asked to share their goals with the group
4. After each person shares their goal they are asked how they think they can accomplish it
5. Discussion question: What are your dreams about the future? If you could be anything you wanted, what would you be? What do you think your obstacles or limitations are in accomplishing your goals? Why do you think these dreams are important? What do you think you need to accomplish these goals?