

INFLUENCE RATINGS

Directions: In the left hand column, rate the top five items that you feel have influenced your entire life. In the right hand column, rate the top five items that you feel influence you presently.

Influence over My Entire Life	Influence over Life Now	
		My Age
		My Gender
		My Race
		My Ethnicity
		My Nationality
		Where I have lived
		My Family
		My Religion
		My Grade
		The Sports I am involved in
		My Job
		My Family's Economic Status
		My Future Goals
		My Girlfriend / Boyfriend
		My Friends
		My Future Goals