

THEME: SELF-IDENTITY

TITLE: WHO AM I?

OBJECTIVES:

1. Adolescents will learn to self-disclose to the group by completing at least three different sentences.
2. Members will increase self-awareness and/or awareness about other members in their group by sharing one thing they learned through the activity.

MATERIALS:

1. Unfinished sentences (Appendix – Who Am I?)
2. Container or basket

INSTRUCTIONS:

1. Make a copy of unfinished sentences and cut each sentence into individual pieces
2. Fold an place into basket
3. Place basket into middle of group circle
4. Each group member takes a turn picking a sentence from the basket, reads the question out loud, and completes the sentence in their own words
5. Allow discussion and/or questions after each member's response
6. Possible discussion questions are: Are you surprised by the response? What do you guys think about the response? Would you have given a similar or different answer?