

YOUR MEDICINE: Hydrochlorothiazide (HCTZ) ____ mg

Why am I getting this medicine? You have high blood pressure. High blood pressure is dangerous if not treated. It can cause strokes and heart attacks. You can die from having high blood pressure that is not treated.

Take 1 tablet first thing every morning. You do not have to eat before taking the tablet.

What will I feel when I take this medicine: Sometimes there are side effects from taking this medicine. A side effect is something you might feel that is not normal. Some side effects from taking HCTZ happen as your body gets used to the medicine and could include diarrhea dizziness, loss of appetite, upset stomach, and headaches.

Some side effects do not happen very often but can be very serious. **Call 911 or go to the Emergency Room immediately if you develop: hives; face, lip, tongue, or throat swelling; have trouble breathing or shortness of breath; eye pain/decreased vision; or, little or no urine.**

What else do I need to know?

1. You must take this medicine every day even if you feel well.
2. You must refill this medicine every month.
3. Don't drink alcohol. Drink plenty of water.
4. If you visit a different doctor's office, medical clinic or the emergency room, you must tell them you have high blood pressure and are taking Lisinopril.
5. If you become pregnant, stop taking this medicine right away. Return to Grace Village Medical Clinic to meet with a doctor so we can find another high blood pressure medicine for you to take.

"This content is for informational purposes only and should not be taken as professional medical advice. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have regarding a medical condition or treatment."