

YOUR MEDICINE: Metformin ____mg

Why am I taking this medicine? You have diabetes or are at risk for diabetes because you have too much sugar in your blood. Having too much sugar in your blood can cause heart disease, strokes, kidney disease, or problems with your eyes or nerves.

Take 1 tablet with a meal every day.

Take 1 tablet after you eat Breakfast and 1 tablet after you eat Dinner every day.

Take 1 tablet after you eat Breakfast, 1 tablet after you eat Lunch and 1 tablet after you eat Dinner every day.

What will I feel when I take this medicine? Sometimes there are side effects from taking medicine. A side effect is something you might feel that is not normal. Some side effects from taking Metformin happen as your body gets used to the medicine and can include nausea, diarrhea, upset stomach, and gas.

Some side effects do not happen very often but can be very serious. **Call 911 or go to the Emergency Room immediately if you develop: hives; swelling of the face, lips, tongue, or throat; have trouble breathing or shortness of breath OR during intense exercise, experience cramps, weakness or feeling exhausted.**

What else do I need to know?

1. You must take this medicine every day even if you feel well.
2. You must refill this medicine every month.
3. Drink plenty of water and don't miss any meals.
4. You need to see a doctor every 3 months to have your blood sugar tested.
5. If you visit a different doctor's office, medical clinic, or the emergency room, you must tell them you have high blood pressure and are taking Metformin.

"This content is for informational purposes only and should not be taken as professional medical advice. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have regarding a medical condition or treatment."