

YOUR MEDICINE: Simvastatin ____mg

Why am I getting this medicine? You have high cholesterol. High cholesterol is dangerous if not treated. It can cause strokes and heart attacks. You can die from having high cholesterol that is not treated.

Take 1 tablet at bedtime every day. You do not have to eat before taking the tablet.

What will I feel when I take this medicine? Sometimes there are side effects from taking this medicine. A side effect is something you might feel that is not normal. Some side effects from taking Simvastatin happen as your body gets used to the medicine including headache, nausea, stomach pain, constipation or cold symptoms such as a stuffy nose or sore throat.

If you have unexplained muscle pain or tenderness, or weakness with a fever, are very tired and have dark colored urine, make an appointment to see a doctor right away.

Some side effects do not happen very often but can be very serious. **Call 911 or go to the emergency room immediately if you develop: hives, swelling of the face, lips, tongue or throat; have trouble breathing; or shortness of breath.**

What else do I need to know?

1. You must take this medicine every day even if you feel well.
2. You must refill this medicine every month.
3. Drink plenty of water.
4. Do not drink alcohol.
5. Do not eat grapefruit, drink grapefruit juice or use any other grapefruit product.
6. Do not use this medicine if you have liver disease.
7. **If you become pregnant**, stop taking this medicine right away. Return to Grace Village Medical Clinic to meet with a doctor so we can find another medicine for you to take.
8. New mothers **cannot breastfeed their baby while using this medicine.**
9. If you visit a different doctor's office, medical clinic, or the emergency room, you must tell them you have high cholesterol and are taking Simvastatin.

“This content is for informational purposes only and should not be taken as professional medical advice. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have regarding a medical condition or treatment.”