



## Student Health Advisory Committee (SHAC)

### Minutes

Tuesday, November 16, 2021

11:30-12:30

- Welcome- Jan Fulbright welcomed everyone at 11:31 a.m.
- Those in attendance were Stefanie Beams, Leslie Brimmage, Jan Fulbright, Robbie Kuykendall, Carmen Sandoval, Shelly Barnes, Liza Smith, Cindy Tierney, Diana Zepeta, Gabriela Zepeta, Mary Gail McCarty and Stewart Burson.
- Liza Smith made a motion to approve the September minutes. Robbie Kuykendall seconded the motion. They were approved unanimously.
- Stewart Burson from the Family Crisis Center was a speaker. He spoke about a Prevention Program which is instrumental for healthy relationships. Stewart is going into schools and speaks to many people. Those that benefit are:
  - Schools
  - Colleges and Universities
  - Civic Organizations
  - Government Agencies
  - churches
- His talks are flexible according to his audience. He can do a presentation in 45 min all the way to 8 hours. His talks range from Rated G to PG 13.
- One reason he speaks to students is from statistics that deal with juvenile arrest rates. To lower these numbers, he speaks to teens and groups about healthy relationships.



- Healthy Relationships contain:
  - Consent - Asking beforehand
  - Bystander intervention
  - Risk Factors Associated with Gender Socialization
  - Gender Roles
    - Toxic Masculinity
    - Objectification of Women
    - Male Entitlement
- Mary Gail McCarty, Director of 21st Century spoke to us about the after school programs. The Primary programs are called The Clubhouse and the Elementary program is called Power Up Club.
- The grant is \$7.5 million for 5 years K-5.
- There are currently 10 campuses participating. - 5 Primary and 5 Elementary with a total of 650 students.
- Goals of the program are:
  - Improve Academic performance
  - Positive Behavior
  - Increase family engagement
  - Increase attendance
- The students engage in 45 minutes of Academics, and 45 minutes of Activities and have a SNACK!
- Community partners are Legacy Institute and Lufkin Parks and Recreation. They come to the campuses and teach chess, dance, yoga and many more activities. There are also many more community partners. One is the Family Crisis Center and they will be offering classes at DEC for families in the Spring.
- Jan Fulbright spoke about SPAN. 3rd, 5th and 7th Graders will have their height, weight and BMI recorded soon.



- The Tobacco survey will once again be for 6th-12th graders and will happen in the Spring as well.
- We are Covid Testing Tuesdays and Thursdays at Hackney from 9-11 and 2-4. On Wednesdays testing is from 9-11.
- Our next meeting is Feb. 15, 2022 at 11:30am.
- We adjourned at 12:34 pm.

Respectfully submitted,

Leslie Brimmage

Administrative Assistant to the Executive Directors