



School Health Advisory Council Lufkin ISD

SHAC Minutes
April 8, 2021
11:30-12 noon, Zoom

Members Present: Jan Fulbright, Leslie Brimmage, Deidra Harrison, Kim Simmons, Kim Bartel, Sandra Kirkpatrick

Guest: Rudy Flores, Director of Parks and Recreation for Lufkin and Delores Perez, Communities in School, LHS

Welcome: SHAC chair, Jan Fulbright welcomed everyone.

Rudy Flores has been the Director of Parks and Rec now for 7 months. He is the previous owner of Changing Lives Dance Studio that helped so many people get fit.

There are 2 teams at P&R. One team is the Administrative Team where reservations are made. Team 2 is the Parks Superintendent and Maintenance. These are the true workers that make the parks a better place to visit.

There are 16 parks in Lufkin with some being Pocket Parks. P&R has 2 Sports Parks (Kit McConnico and Morris Frank). These are 100% open to the public and available to reserve. There are 2 walking trails in Lufkin – the Azalea Trail and Jones Park. There are 2 Community Centers – Chambers Rock House and Brandon Community Center. These centers rent for \$25/hour and come with tables/chairs and restrooms. The Pavilions at the Parks are free to rent.

The P&R has a new building at 516 Montrose St. It has multipurpose rooms and a gym that is available. Mr. Flores said, "If you can dream it, they will make it happen." This facility is open M-F 8:00am – 8:30pm.

The Last week of every month is registration for classes. They have classes from cooking to canine. P&R is also working with a Century 21 Grant and Vicki Evans for events for Lufkin ISD. In April P&R is hosting a Walk a thon and a Father/Daughter Dance.

Delores Perez is the Director of Communities in Schools at LHS. Communities in Schools has been around since 1995. They are the largest dropout prevention program in the Nation. They monitor grades, attendance and successes.

CIS has a Unity Day where people where orange in support of Anti-Bullying. The past year many campuses at Lufkin ISD participated.

CIS has a year-round school supply drive, blanket drive and canned food drive. They teach students how to serve others.

Lufkin ISD will host it's 3rd shot clinic on Friday, April 9. We are opening it up to the Community for a One Shot, Johnson & Johnson shot.

Jan Fulbright gave us statistics from the Mobile Imaging Clinic. In 2017 we had 235 people participate and in 2021, we had 400 participate. Many health concerns were reported to individuals. The Imaging made a positive difference in the wellbeing of our faculty and staff.

Kinder Round up is going strong today and tomorrow.

This is the last meeting of the year. We will come back together in August or September.

Jan Fulbright adjourned us.

Respectfully submitted,

Leslie Brimmage
Administrative Assistant/Nursing Lufkin ISD