



School Health Advisory Council Lufkin ISD

SHAC Minutes
February 7, 2019
DEC, 11:30 am - 1:00 pm

Members Present: Jan Fulbright, Jennifer Gallaher, Kim Bartel, Araceli Mejia, Deidra Harrison and Yolanda Bell

Guests: Kelly Proutt, Cherree Hall, Ashley Cook, Maria Mejia, Lizbeth Gonzalez and Tonja Ackridge

Welcome: SHAC Chair Jan Fulbright welcomed members and guest to our SHAC meeting.

Approval of minutes: November 8, 2018 minutes were approved as submitted by Kim Simmons and seconded by Deidra Harrison

Old Business: None

New Business:

- **Lufkin ISD Highlights:**
 - **Hackney Pre-K Principal Kelly Ford-Proutt:** Principal Proutt shared Hackney Primary's campus highlights. Their campus is composed of Pre-K 3 students that have met their eligibility requirements: child must be 3 yrs. old by Sept. 1, must live in the Lufkin ISD school zone, meet family income criteria and other required items. The school begins at 7:30am and students are dismissed at 1:45pm. This is an all-day school and there is no nap-time. Each classroom has 1 teacher and 1 paraprofessional. Their 3-year old students have a curriculum of various subjects including: Literacy, Language, Math, Science, and Social Studies. The students do not have a PE teacher or Music teacher, but each classroom incorporates these programs in their daily schedules. The teacher also introduces social skills and basic concepts such as shapes, letters and colors. Principal Proutt added when these students complete Pre-K 3 at Hackney, they are well-equipped and ready for Pre-Kindergarten at Garret.

- **Garrett Pre-K Principal Cherree Hall:** Principal Hall shared Garrett Primary's campus highlights. Their campus is composed of 350 students. Included in their regular classroom setting, they also house 5 bi-lingual classes and two self-contained classes. They go by the same eligibility criteria as the Pre-K 3 campus but must be 4 by Sept. 1st. At Garrett Primary, the students are taught the same subjects as Hackney Primary, but at a higher level. They begin to incorporate the Computer Lab into the daily schedule. All classrooms are equipped with: a Smart Board and 2 iPads. Looking to add 2 more iPads to each classroom soon. Principal Hall added they have an excellent staff, dedicated to the academic success of their preschool students. The teachers work extremely hard to ensure that they have engaging lessons and activities for their students.
- **District Social Services Staff Tonja Akridge:** Mrs. Akridge has been working with students and parents for 22 years as our LISD social worker. She helps families, one-on-one, who are in need and offer resources to help make their lives easier. She works with over 600 homeless students (according to the McKinney-Vento Homeless Assistance Act a homeless student is someone that lacks a fixed, regular, and adequate nighttime residence.) Some examples of a student being homeless include: their family having to double up with a relative, family loses their home to a fire and family living in a hotel or shelter. Mrs. Akridge does an amazing job as our district liaison. She also makes home visits when needed, as well.
- **Community Highlight:**
 - **Harold's House Community Education Director Ashley Cook:** Ms. Cook is the community educator for Harold's House. Harold's House is the first stop for children entering the justice system because of suspected sexual abuse, physical abuse/neglect, or those who have witnessed a violent crime. It is a child friendly center that is a welcoming space that is less traumatic for a child up to age 18 to share one-on-one with a child advocate staff. They offer many programs throughout the East Texas area. Some of these include: "Stewards of Children" which is a program that helps adults on how to prevent, recognize and react responsibly to child sexual abuse. "No, Go, Tell" is an age appropriate program for young children, (K-5th grade) on the difference between good touch and bad touch. "Digital Safety", and "REAL" Parenting programs are also offered. There are no charges for these programs, they are all covered by grants, fund raisers and donations.
- **Proposed change to FFA(Local) Wellness Policy:** According to Student Nutrition Director Amanda Calk, per the TASB Consultant, the proposed change is not a requirement. We will not go forward to make any local changes to our wellness policy.
- **ADAC Update Kim Bartel:** Mr. Bartel shared that "Binge Drinking" rates have continued in a downward trend. This was noted in the past 5 years across all grade levels.

Next Meeting: Thursday, February 7, 2019

Meeting adjourned ~ Minutes Respectfully Submitted by: Jennifer Gallaher, SHAC Secretary