



School Health Advisory Council Lufkin ISD

SHAC Minutes
November 8, 2018
DEC, 11:30 am - 1:00 pm

Members Present: Jan Fulbright, Jennifer Gallaher, Kim Simmons, Kim Bartel, Araceli Mejia and Mayra Guzman

Guests: Zac Allen, Dan Usher, MarShaylin Martin, Lily Camarillo, Dosetti Galindo, Tonya Ackridge, Charlotte Davis and Marisol Flores

Welcome: SHAC Chair Jan Fulbright welcomed members and guest to our SHAC meeting. Our newest LHS Lead Student Council Sponsor, Dan Usher and some of our LHS Student Council members were recognized as our newest SHAC members.

Approval of minutes: September 6, 2018 minutes were approved as submitted by Kim Simmons and seconded by Kim Bartel.

Old Business: None

New Business:

- **Lufkin ISD Highlight:** Mrs. Charlotte Davis is our first early college high school director for Lufkin ISD. ECHS is a partnership between LISD and Angelina College to provide students the opportunity to complete core course requirements at no cost. It is designed to reduce barriers to postsecondary education for all students. Students will have the opportunity to take up to 60 hrs. of college credit classes toward an associate degree or Certificate program of study at no cost to families. Complete the application available at the February Incoming 9th grade parent meeting and return to LMS by the designated date. Some key facts about ECHS students: They are outperforming their peers nationwide: higher graduate, earn free college credit while in high school and 30% will earn an associate degree or other postsecondary credentials while in high school. There will be a 2019-2020 recruitment meeting with Julie McManus on February 11, 2019 for all incoming 9th graders.
- **Community Highlight:** Mr. Kim Bartel is the ADAC Regional Evaluator. He shared key finding for our area: 1. Region 5 is at risk to experience an increase in the opioid overdose death rate. 2. In Region 5, the use of alcohol, marijuana, and prescription drugs is above the state average. 3. Even though tobacco use is declining, the rate of tobacco use in Region 5 is among the highest in the state. 4. The use of e-cigarettes and vaping has increased over the past 5 years. 5. Methamphetamine remains the most used illicit substance in Region 5. With the number of students receiving prevention education, it has brought down the first drink before age 13, from 1991 32% to 2017 down to 15%. The number of high school students who have ever drank is down to 60%, from 82% in 1991. Mr. Bartel concluded the most important help in children's substance abuse is the influence of parents over substance abuse.

Next Meeting: Thursday, February 7, 2019

Meeting adjourned ~ Minutes Respectfully Submitted by: Jennifer Gallaher, SHAC Secretary