



**Student Health Advisory Committee (SHAC)**

**Minutes**

**Tuesday, April 11, 2023**

**11:30am-1:00pm**

In attendance were Jan Fulbright, Cindy Tierney, Stefanie Beams, Yolanda Bell, Kristen Belshaw, Jesse Bradford, Stewart Burson, Robbie Kuykendall, David Rodriguez, Kim Simmons, Dr. Amanda Smith, Thalia Tierney and Paula Moore.

Jan Fulbright - welcomed everyone to the meeting by reading a quote; "If you worry about what might be, and wonder what might have been, you will ignore what is" - Unknown.

Previous minutes were reviewed and motion made by Thalia Tierney and second by Yolanda Bell. Attendees were asked to write suggestions on the index card of speakers you would like to hear at next year's SHAC meetings.

Cindy Tierney - introduced Teresa Colvin, Lufkin ISD's District Behavior Specialist. A handout was passed out on what Texas Child Health Access Through Telemedicine (TCHAT) is and how schools refer students. This is one way for our district to provide clinicians to those that are enrolled in the district. The TCHAT program is free to our district; it is funded through grants. Burke assists a lot of students and adults and TCHAT serves as a bridge. There is a referral process. TCHAT offers up to six visits. It is a statewide resource.

Kristen Bellshaw - Fifth Quarter Performance Fitness Club will offer a fit club for teachers and anyone who works for the district for five weeks after October break and another five week session in the Spring.

A Narcan link is posted on the agenda for those of you wanting to learn more.

Health Services has seen almost 35,000 students in the office since school started. 43,611 different symptoms, 3,460 headaches, 800 stomachaches and 11,000 diabetic symptoms. Vision and hearing screening (3,000+) is done in the first 120 days of school. Spinal screening is given to fifth and seventh grade girls and eighth grade boys.

SHAC will change meeting times to 9:30am-11:00am for next year.

Cindy and Jan passed out certificates to SHAC members thanking them and appreciating their participation.

Respectfully submitted, Paula Moore

**2023-2024 Meeting Dates at DEC in TR B 9:30am - 11:00pm**

9/12/2023, 11/14/23, 2/13/24, 4/16/24