Studying abroad is an exciting opportunity to learn beyond the classroom. At NU, students can choose from a variety of programs through the Global Experience Office. All are welcome to take part in these programs, regardless of disability. The DRC encourages students with disabilities to consider certain factors in choosing when and where to study abroad.

1. Cultural Factors
2. Accommodations
3. Treatment Plans: Medication
4. Treatment Plans: Appointments
Cultural Factors

How accepting of varying ability levels is your chosen host country?

In turn, what does this mean for access to services and resources?

**To Research:**

Talk to others who have traveled to the location about their experiences

Research online: Mobility International USA (MIUSA) is a good place to start

Be open to more than one location or program, in case some do not provide all necessary support(s)

Connect with NU's Global Experience Office for more information
Accommodations

Consider that not all accommodations are available in other countries.

To Research:

Visit host institution's website. Review their policies and procedures on disability services and accommodations.

Find the host institution's disability services contact, and send an inquiry about their process.

Note who will be your primary contact at the host institution, in case of accommodation questions during your time there.
If you take medication for your disability, how will you ensure you have access to it?

Are there restrictions in transporting the medication?

Is it possible to obtain the medication in your host country? If so, how?

Visit the CDC’s website for information on purchasing, and traveling abroad with, medication.

Talk to your healthcare provider about your plan to be out of the country for an extended time period; discuss your options.
Treatment Plans: Appointments

Can you continue your therapy or medical appointments via telehealth? There can be geographical restrictions regarding location of the patient & provider, which could affect treatment while you're abroad.

If there are issues continuing your care during your time away, talk with your provider about how to manage your condition while abroad, and check whether the host institution offers health services for study-abroad students.