

NHP PDSA Worksheet

Some instructions from ALPQC team...

For guidance on running PDSA cycles and some samples, see www.alpqc.org/initiatives/nhp under "Quality Improvement Tools"

Test start date

Test completion date

What is the objective of the test?

What key drivers does this test impact?

Optimizing preparation prior to delivery

Optimizing support throughout delivery

Identifying opportunities for improvement through debriefing

Providing resources to staff, patients, and families

Standardizing delayed cord clamping

Optimizing noninvasive respiratory support

PLAN: Develop the initiative

Briefly describe test-what question(s) do you want to answer?

What do you predict will happen?

Plan for collecting data (Who? What? When? Where?)

DO: Implement your plan

Was the cycle carried out as planned?

Yes

No

Record data and observations:

What did you observe that was not part of the plan?

STUDY: Summarize and reflect on what you learned.

Did the results match your predictions?

Yes

No

What did you learn?

ACT: Based on what you learned from the test, make a plan for your next test.

Based on what you learned from the test, make a plan for your next test.

- Adapt: Improve the change and continue testing the plan. Plan/changes for the next test
- Adopt: Select changes to implement on a larger scale and develop an implementation and sustainability plan
- Abandon: Discard the change idea and try a different one