

NHP Self-Assessment Tool

Select the score that best describes your team's current improvement phase:

- 1.0 - Forming team
- 1.5 - Planning for the project has begun
- 2.0 - Activity, but no changes
- 2.5 - Changes tested, but no improvement
- 3.0 - Modest improvement
- 3.5 - Improvement
- 4.0 - Significant Improvement
- 4.5 - Sustainable Improvement
- 5.0 - Outstanding sustainable improvement

Please describe why you selected this score for your team.

Barriers and Breakthroughs: What were some of your barriers this month? What worked well?

Learning from Tests of Change: What did your PDSAs this month tell you about how/where to make change?

Reflecting on your work over the last month, please answer the following questions.

Your answers can help guide your next steps for the upcoming month and help the ALPQC team customize coaching and support for you.

Once you have completed one level, you will progress forward to the next level. Except for special circumstances, it is expected that once you complete a level you will not go back to a previously completed level. For example, if your team completes all components of "Activity, but no changes," you will not go back to the "Planning for the project has begun" level.

1.0. Forming a team: Team has been formed; target population identified, aim determined, and baseline measurement begun.

- Completed
- In progress
- Not started

1.5 Planning for the project has begun: Team is meeting, discussion is occurring. Plans for the project have been made.

- Completed
- In progress
- Not started

2.0 Activity, but no changes: Team actively engaged in development, research, discussion but no changes have been tested.

- Completed
- In progress
- Not started

2.5. Changes tested, but no improvement: Components of model being tested but no improvement in measures. Data on key measures are reported.

- Completed
- In progress
- Not started

3.0. Modest improvement: Initial test cycles have been completed and implementation begun for several components. Evidence of moderate improvement in process measures.

- Completed
- In progress
- Not started

3.5. Improvement: Some improvement in outcome measures, process measures continuing to improve, PDSA test cycles on all components of the Change Package, changes implemented for many components of the Change Package.

- Completed
- In progress
- Not started

4.0. Significant Improvement: Most components of the Change Package are implemented for the population of focus. Evidence of sustained improvement in outcome measures, halfway toward accomplishing all of the goals. Plans for spread of the improvement are in place.

- Completed
- In progress
- Not started

4.5. Sustainable Improvement: Sustained improvement in most outcomes measures, 75 percent of goals achieved, spread to a larger population has begun.

- Completed
- In progress
- Not started

5.0 Outstanding sustainable improvement: All components of the Change Package implemented, all goals of the aim have been accomplished, outcome measures at national benchmark levels, and spread to another facility is underway.

- Completed
- In progress
- Not started

Learning from Tests of Change: What are some steps for next month?
