

THE ENERGY BALANCE AND NUTRITION LABORATORY INVITES YOU AND YOUR CHILD TO PARTICIPATE IN THE

# DIETARY APPROACHES FOR CARDIOVASCULAR HEALTH STUDY

IF YOU CURRENTLY SMOKE, HAVE HIGH BLOOD PRESSURE, HIGH CHOLESTEROL, ARE INACTIVE, ARE OVERWEIGHT/OBESE OR HAVE DIABETES AND HAVE A CHILD 6-12 YEARS OLD YOU MAY BE ELIGIBLE TO PARTICIPATE.

Call or text 302-722-5602 to see if you qualify for the study today. The Dietary Approaches for Cardiovascular Health study includes 5 in-person visits and engagement in a 6-month online program focused on eating for cardiovascular health. Participants could be compensated up to \$390 for full study participation.

