Durable Infrastructure

Concrete Best Construction Practices

Getting Your Money's Worth From Concrete Flatwork

PRESENTED BY: DELAWARE T²/LTAP CENTER

Delaware T² Center

- T² Centers or LTAPs located in all 50 states
- Funded by FHWA and state DOTs
- Mission promote training, tech transfer, research implementation at local level
- Delaware T² hosted by University of Delaware, part of Delaware Center for Transportation
- Delaware T² funded by FHWA and DelDOT







Municipal Circuit Rider Program

- Delaware Center for Transportation
 - T²/LTAP Center
 - Based at University of Delaware
 - Dr. Christopher Meehan Director, DCT
 - Dr. Earl "Rusty" Lee T²/LTAP Program Coordinator
- Matheu J. Carter, P.E.
 - Engineering Circuit Rider, Delaware T²/LTAP Center



The Preliminaries

Today's Instructor:

- Matheu J. Carter, P.E.
 - Engineering Circuit Rider
 - Back when he actually worked...
 - Heavy construction
 - Design engineer
 - Public works director



- Zoom Meeting is our platform today
 - Potential to be interactive, so join in
 - We will be recording today's session



Concrete Flatwork Finishing Certification

Did you say "flatwork? What's a flatwork?"

Concrete flatwork

- Examples:
 - Sidewalk
 - Curb ramps
 - Curbing
 - Patio areas
 - Concrete floors









How long should they last?

- Do you have some sidewalk or curb in your municipality that was constructed sometime prior to WWII?
 - And it still looks pretty good (all things considered)?
- Do you have some that was constructed in the past 3 years?
 - And it looks like it was strafed by the US Air Force?
- Can we agree concrete flatwork should be durable for a 25-year period if we don't abuse it?



We've been having problems

- Delaware's problem with scaling concrete is not unique
- \$8 million sidewalk project in Montgomery County, Maryland
 - Showed deterioration of ~25% of the project within 1-5 years
 - Washington Post article vented the frustrations of Montgomery County officials and residents
 - Put more directly they wigged out, became unhinged, threw a tizzy, came unglued...
 - And for good reason



What's the problem?

Well, it can be many things, but scaling is the elephant in the room





Concrete surface problems

- Scaling
 - When large portions of the concrete surface are lost
- Mortar flaking
 - When mortar is lost over top of a coarse aggregate
- Popouts
 - When top mortar, along with a portion of coarse aggregate is sheared off, leaving pitted concrete; usually caused by highly absorptive aggregate like chert
- These can happen individually or, often, together



Scaling

- Scaling in exterior concrete is often caused by:
 - Excessive finishing
 - Finishing water into the surface
 - "Blessing" the concrete
 - Working bleed water into the surface
 - Too little air entrainment, especially at the surface
 - Low strength concrete
 - Insufficient curing
 - Excessive deicing materials before the concrete has matured



This won't last





Something needs to change

- The Delaware Department of Transportation (DelDOT) has sought to minimize poorly performing concrete through
 - Research of mix designs
 - Consultation with nation-wide experts
 - Modifications to its contract specifications

DelDOT Standard Specifications

- "Provide an American Concrete Institute (ACI) or National Ready Mix Concrete Association (NRMCA) certified concrete flatwork technician to supervise all finishing. Provide proof of the flatwork certification to the Engineer prior to concrete placement."
- DelDOT Standard Specifications for Road and Bridge Construction, August 2016
 - Cited in Sections 501, 503, 505, 610, 701, 702, 705
 - <u>http://deldot.gov/information/pubs_forms/manuals/sta</u> <u>ndard_specifications/index.shtml</u>



Concrete best practices

Let's take a look at how we can better ensure durable concrete

Placing concrete

- Forms
 - Clean, wood or metal, extending the full depth
- Placement
 - Wet GABC (graded aggregate base course, stone)
 - Spray forms with an approved form release agent
 - Place plastic concrete
 - Place (Type IV) expansion joints full depth
 - Also known as isolation joints
 - \leq 20' intervals
 - beginning and end of radii
 - sides of all structures or obstructions



Placing concrete

- Temperature extremes
 - Cold weather



- Ambient air temperature, in shade, <35°F (i.e., "35 and rising")
- Do not place on frozen grade
- Maintain \geq 50°F around the concrete for a curing period of 5 days
- Insulating blankets, straw, polyethylene, or other protection





Placing concrete

- Temperature extremes
 - Hot weather
 - Plastic concrete >80°F
 - Additional attention to dampening the subgrade immediately in advance of the concrete placement
 - Perform finishing, texturing, and curing operations as soon as possible [this is going to get us in trouble later; hence, avoid hot]
 - Should the pavement surface dry out to the extent that it cannot be sealed without the application of surface water, suspend placement
 - Plastic concrete >90°F at plant suspend placement







Finishing concrete

Best practice

- Place concrete as close to final location as you can
- Consolidate edges; vibrate if needed
- Strike it off (i.e., screed)
- Seal surface with magnesium bull float
- Then...wait
 - Plastic concrete will release bleed water and evaporate
 - Which you do not want finished into the surface
 - This can take 20 minutes or 2 hours or more
- Then, only then, finish surface with magnesium or wood floats, tool edges, groove control joints, lightly brush surface









































Finishing concrete

Control joints

- Controls where shrinkage cracks occur
- Strike contraction joint at 10' intervals when concrete is sufficiently set – closer better
- When sidewalk is behind the curb, align joints in the curb to coincide with joints in the sidewalk







Finishing concrete

- Construction joint
 - Formed at the end of a pour to create a neat joint for the next one





Curing concrete

- Penetrating Curing Compound with Sealer
- Sheeting
- Burlap -plain weave cloth made of jute or kenaf
- Water drip hose, etc.



Curing compound

- Most common curing method
 - Curing compound is a wax based material
 - Deep penetrating silane/siloxane sealer that consists of 40 percent solids by weight
 - Conform to the requirements of AASHTO M148 / ASTM C 309, Type 2, Class A or B white pigmented liquid curing compounds





Curing compound

- Apply immediately after brooming the concrete
- Paint it white meaning good coverage
 - We're <u>not</u> looking for it to color the concrete; it will go away with time
- Best to apply in two directions for good coverage



Avoid wrong concrete

- Specify the right mix design
- Verify that the right mix was delivered
 - Happens more than you think
 - Check the delivery tickets
- Pay attention to admixtures
 - Furnace slag
 - Fly ash
 - Accelerators
- Pay attention to water
 - Don't let them arbitrarily add water
 - Don't let them bless the concrete





The right mix design



Water-cement ratio, w/c

- Weight of water/weight of cement
 - Lower w/c higher strength, durability
 - Can make the mix difficult to work with and form
 - Workability can be mitigated with plasticizers or super-plasticizers
 - Hydration chemical reaction of water, cement hardens concrete
 - Requires ~0.35# water/# cement for full hydration
 - But a 0.35 w/c may not mix thoroughly, may not flow
 - 0.45-0.60 w/c typically used
 - DelDOT Class B mix maximum 0.45 w/c



Water-cement ratio, w/c

Excess water beyond hydration needs

- Segregation of sand and aggregate from the paste
- Excess bleedwater that can reduce strength
- Excess shrinkage of the concrete as water leaves the concrete
 - Shrinkage cracks, visible fractures



- Contractor can order a "creamier" mix and still comply with Class B mix
 - Admixtures and such at the plant...let's move on
- This creamier mix will be easier to finish without adding water
- If the first thing the supervisor does when the truck arrives is say, "add ten gallons," you didn't make yourself clear at the pre-bid meeting
 - He/she didn't even see it yet!



- Contractor <u>can</u> add water to the truck
 - There's an allowance in the mix design
 - There's a way to do it properly
- But Contractor cannot exceed the water to cement ratio (0.45 lb/lb for Class B)
- And Contractor may not, may not, shall not add water to the surface of the placed concrete...ever
 - No blessing with the brush
 - No water bottle tricks, no frequent sloshing of tools





Standard Specification for Ready-Mixed Concrete¹

- Adding water...the right way
 - 12.7 ...no water...shall be added after the initial introduction of water during batching, except as permitted in 12.8, and if on arrival at the job site the slump or slump flow needs to be increased to comply with the requirement stated in the purchase order.
 - Unless otherwise stated, obtain the required slump or slump flow...with the addition of water, or water reducing admixture, or both.
 - The maximum quantity of water or water-reducing admixture that can be added at the job site shall be determined by the manufacturer and <u>shall not exceed</u> <u>the maximum water content for the batch as established</u> <u>by the designed mixture proportions</u>.





Standard Specification for Ready-Mixed Concrete¹

- Adding water...the right way
 - Adjusting the concrete mixture with water or waterreducing admixture <u>shall be done before discharge</u> <u>of concrete</u>, except when obtaining a preliminary sample in accordance with 17.6.
 - Additional water shall be injected into the mixer under pressure and direction of flow to allow for proper distribution within the mixer. After the additions, <u>the drum shall be turned at least 30</u> <u>revolutions at mixing speed</u>. The quantity of water or water-reducing admixture added shall be recorded.


Let's talk about salt

- Scaling happens because you used salt"
 - Well, no, it probably didn't
- Properly constructed concrete can hold up to sodium chloride ("rock salt")
 - Proper mix
 - Properly made
 - Properly placed
 - Bleedwater allowed to evaporate (or be removed)
 - Avoidance of steel trowels (versus mag or wood)
 - Avoid over finishing
 - Cure immediately and properly
 - Allow concrete to mature

In other words If we use





Let's talk about salt

- But we use a LOT of rock salt"
- "And we use MgCl and/or CaCl"
- Ok. Well first, stop over-applying
- Next, MgCl and CaCl are common in proprietary blends and bagged salt
 - And that's okay
 - But you should be frugal and think about when to apply it
- Come to our Winter Maintenance course



Let's talk about slump

- What is slump?
 - A measures of the consistency of the concrete
 - A measure of the workability of the concrete

| Type of Work | Nominal Slump (inches) |
|-----------------------------|---------------------------|
| Formed Elements: | |
| Sections< 12 inches | 1 to 3 |
| Sections ≥ 12 inches | 1 to 4 |
| Concrete placed under water | 5 to 8 |
| Filling for riprap | 3 to 7 |
| Slip Formed elements | 0.5 to 2.5 |

Table 1022-4. Concrete Consistencies







Let's talk about slump

- How do we measure slump?
 - AASHTO T 119
 - A slump cone is a right circular cone,12" high
 - Base 8" in diameter, top 4" in diameter
 - · **~**\$150-200
 - (Thermometer is another \$10)





Let's talk about slump

- What is the correct slump?
 - Well, DelDOT says 1-3" for sidewalk
 - Most finishers will add a ton of water if that shows up...one way or another
 - $^\circ\,$ Normal concrete you should stay ${\leq}5"$ slump
 - \circ With high range water reducer ${\leq}8"$ slump
 - Also called superplasticizer
 - A chemical additive to improve flow characteristics
 - Makes concrete more workable without adding water
 - The Contractor can make the mix "creamier" with superplasticizer without exceeding W/CM ratio



What are slag and fly ash?

- Reduce cement content
- Resist alkali-silica reaction and sulfate attack
- Fly ash assists workability and reduce water
- Slag can reduce permeability
- These don't react quickly in the first 24 hours
- In cold weather, try to lower or eliminate these
- Concrete needs to reach about 500 psi before it can be allowed to freeze



Air entrainment

- Tiny air bubbles are entrained by use of a surfactant
 - 10-500 micrometers in diameter (0.0004-0.02")
- Increases durability of the concrete
- Helps fight freeze/thaw
 - Excess water not needed for hydration eventually evaporates but environmental water seeps in and fills them (concrete is porous)
 - Freezing causes stress and cracks the concrete
 - The tiny air bubbles help relieve the stress

Tiny bubbles In the wine Make me happy Make me feel fine ---Don Ho



Air content meter

- This measures the air entrainment
- ▶ We're looking for 4–7% in Class B concrete
- \$1,000-\$1,500
- A little more complicated than a slump test
 - But not much more





Time

- Once the water is added, the clock ticks
- Generally, ≤90 minutes is permitted from the time it is produced to when it is placed
- DelDOT limits this to 60 minutes
 - Unless approved admixtures are added
 - Water reducing admixtures
 - Set retarding admixtures
 - Replacement of a portion of the Portland cement with fly ash cement or slag cement
- Interval between loads ≤20 minutes or if the surface of previous loads exhibits signs of setting



- Accepting the concrete
 - Is it the right amount? Concrete trucks carry 9-11 cubic yards
 - Is it the correct mix?
 - Is the water to cementitious ratio at or below what was specified? (Don't let the finishers add more water than the plant held back)
 - Is the truck still within the maximum time?
- Be a good consumer
 - Don't accept something less than you ordered





Standard Specification for Ready-Mixed Concrete¹

- What's on the ticket?
 - 14.1 The manufacturer of the concrete shall furnish to the purchaser with each batch of concrete before unloading at the site, a delivery ticket containing information concerning said concrete as follows:
 - Name of ready-mix company and batch plant, or batch plant number
 - Serial number of ticket
 - Date
 - Truck number
 - Name of purchaser
 - Specific designation of job (name and location)





Standard Specification for Ready-Mixed Concrete¹

• What's on the ticket?

- Specific class or designation of the concrete
- Amount of concrete in cubic yards
- Time loaded or of first mixing of cement and aggregates
- Amount of water added at the request of the purchaser or the purchaser's designated representative and their initials
- Type and quantity of admixture or other adjustments made to the batch after batching
- For trucks equipped with automated water or water reducing admixture measurement and slump or slump flow monitoring equipment as defined in 12.8.1, the total amount of water or water-reducing admixture added by said equipment
- Revolution limit as determined by the manufacturer in accordance with 6.1.9





Standard Specification for Ready-Mixed Concrete¹

- What else?
 - 14.2 Additional information for certification purposes as designated by the purchaser and required by the job specifications shall be furnished when requested, such as:
 - Reading of revolution counter at the first addition of water
 - Type, brand, and amount of cement
 - Class, brand, and amount of coal fly ash, or raw or calcined natural pozzolans
 - · Grade, brand, and amount of slag cement
 - Type, brand, and amount of silica fume, admixtures, fiber reinforcement
 - Source and amount of each metered or weighed water
 - Information necessary to calculate the mixing water
 - Maximum size of aggregate
 - Mass (amount) of fine and coarse aggregate
 - Ingredients certified as being previously approved
 - Signature or initials of producer's representative



- Avoid using vapor barrier (plastic) under concrete
 - Bleed water can't go down; all has to rise to surface
- Use only flat headed shovels and comealongs to move concrete
 - No rakes or round shovels
 - Segregation
- Avoid steel trowels
 - Affects air entrainment





- Delay edging and joints to after bleed water evaporates
 - The steel trowels used for these will be less detrimental later
- Joint depths should be ¼ thickness of slab
 - Use the right joint tool
- Avoid patterned concrete
 - All those joints being cut in overwork the concrete
- Stamped concrete doesn't have the same problems



Overworked joints





- An overview by the Portland Cement Association
- https://youtu.be/9Xti2cifAsc
- ► ~18 minutes
- It's a bit old, but the fundamentals are still valid
- It's worth a viewing
- In the next 20 or so slides, we'll capture the high points



- Portland cement
- Water
- Filler materials
 - Aggregate (rock, sand)
 - Additives
- Hydration
 - Chemical reaction
 - Paste hardens & binds the aggregate





Purpose drives mix design

- Buildings
 - Heavy loads strength is key
- Roads
 - Cold weather, deicing durability is key
- Water storage
 - Need water tight concrete
- Warehouse floor
 - Abrasion resistance may drive design



Big three goals

- Strength
- Durability
- Water resistance



Water

- Amount is key
 - Think "Goldilocks and the Three Bears"
- Sometimes, quality is critical
 - Hardness, minerals, etc.
- Properly mix/coat ingredients
- Produces hydration
- Makes mix workable



| Add more water at the site? |
|-----------------------------|
| Who decides? |
| How? |



Water - Amount is key

- Too little
 - Not enough paste
 - Hard to place
 - Honeycombs can result
- Too much
 - Lacks strength/durability
 - More vulnerable to cracking
 - More permeable to salts/chemicals/water (ironic)





Water – Amount is key

- Less water we start with
 - Stronger
 - More impermeable



- W/C ratio max 0.45 for Class B
- Slump test
- Water added at site who decides?
 - If added at site
 - No more than "held back"
 - Only add in the drum (no spraying the shoot)
 - Mix proper revolutions per ASTM C94



Water – ASTM C94

- If added at site see section 12.7
 - Only if slump is less than specified
 - One time addition of water
 - As long as no concrete has been discharged
 - Can't exceed total water content in design
 - Sufficient pressure and direction in mixture for proper distribution
 - Mix additional 30 revolutions or more
 - No water later



Designation: C94/C94M – 17a

Standard Specification for Ready-Mixed Concrete¹





How placed

- Slip form low slump, low water content ideal
- Pumped need more fluid
 - But adding water reduces strength and durability
 - Alternatively, use water reducer
- Tight rebar cages often use water reducer
- Sidewalk no additives required usually
- Concrete road patches often use high early strength concrete





How placed









When placed

- Colder temperature
 - Hydration & strength gain slow or stop completely
 - Accelerating admixture called for
- Hotter temperature
 - Bleed water evaporation
 - Surface dries out/cracks
 - More water not the answer
 - Increases shrinkage cracks
 - Retarding admixture called for



- Concrete setting & drying
 - Air temperature
 - Concrete temperature
 - Humidity
 - Winds



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Where placed

- Cold climates
 - Need durability against
 - Cold
 - Deicing chemicals
 - Freeze/thaw cycles
 - Concrete is porous
 - Expansion
 - Stresses
 - Cracks
 - Air entraining admixture helps
 - Air voids relieve the stress of expansion









Standard Specification for Portland Cement¹

Types of cement (ASTM C150)

- Type I general use
- Type II general use with moderate sulfate resistance
 - Say for buried structures in soils with high sulfates
- Type III for high early strength
 - Say for winter placement or patches
 - Similar to Type I with an accelerator
- Type IV for low heat of hydration
 - Mass pours (dams, big piers like IRIB)
- Type V high sulfate resistance
 - Say WWTP tanks

Types IA, IIA, IIIA

- Same as Types I, II, III
- With added airentraining agent







Admixtures

- Generally, these retard set time while increasing durability and strength
 - "So I got that going for me...which is nice"
- Fly ash
 - Generally, for reducing cost
- Silica fume



- Decreases permeability (parking garage, damp spaces)
- Blast furnace slag







Aggregates

- Strong, hard aggregate
 - Wear resistance
- Sand
 - Makes pumping and finishing easier
- Regardless
 - Clean
 - Free of chemicals that interfere with the paste



Placing & consolidating

- Consolidate to move air voids to the surface
 - Correct amplitude & at right intervals
 - Needs vary by pour type
 - Don't use to move concrete horizontally
 - Don't over-vibrate
 - Settlement & non-uniformity of course aggregate
 - Less strength & durability











Finishing & Joining

- Strike off
- Bull float (or hand/Mag float)
 - Before bleed water appears
 - Finishing with bleed water on or near surface – spalling
- Excess water in mix
 - Dilutes strength
 - Makes more permeable
 - Lighter in color






Finishing & Jointing

- As concrete sets
 - Loses water
 - Shrinks
 - Changes temperature
- Internal stresses concrete cracks in response
- Joint is a neat, controlled crack





Curing

- Immediately
- Retains moisture & temperature



- Assists hydration & strength gain
- Types
 - Chemical compound
 - Wet burlap & plastic
 - Thermal blankets
 - Enclosures
 - Heaters from underneath
 - Steam heat







Some standards

- ASTM C31 making and curing cylinders
- ASTM C94 ready mix concrete
- ASTM C125 terminology
- ASTM C143 slump testing
- ASTM C173 air content testing (volumetric)
- ASTM C231 air content testing (pressure)
- ASTM C1064 temperature testing









Designation: C31/C31M – 17

Standard Practice for Making and Curing Concrete Test Specimens in the Field¹

Making/curing specimens

- ASTM C31 making and curing cylinders
 - Let's assume 4" cylinders
 - Tamping rod ³/₈"± 1/16" (#3 rebar)
 - \geq 4" longer than mold height
 - ≤24" total length
 - Tamping end rounded
 - ≥6" mold 5/8″ rod (#5 bar)
 - Measure
 - Slump ASTM C143
 - Air content ASTM C173
 - Temperature ASTM C1064



T²/LTAP



Making/curing specimens

- ASTM C31 making and curing cylinders
 - Let's assume 4" cylinders
 - Even distribution in the cylinder
 - Minimize segregation
 - 2 equal layers (for 4")
 - Number of roddings 25
 - Each layer
 - Bottom layer, rod through depth
 - Upper layer(s), rod through to lower layer
 - Tap outside of mold with mallet 10-15 times
 - Finish top of mold to eliminate depressions or projections >1/8"

TABLE 2 Method of Consolidation Requirements

| Slump in. [mm] | Method of Consolidation |
|----------------------|-------------------------|
| ≥ 1 [25] < 1 [25] | rodding or vibration |
| - , [L0] | FISTORION |

TABLE 3 Molding Requirements by Rodding

| Specimen Type and Size | Number of Layers of Approximately Equal Depth | Number of Roddings per Layer |
|---------------------------|--|------------------------------------|
| Cylinders: | | |
| Diameter, in. [mm] | | |
| 4 [100] | 2 | 25 |
| 6 [150] | 3 | 25 |
| 9 [225] | 4 | 50 |
| | | |





Making/curing specimens

- ASTM C31 making and curing cylinders
 - Let's assume 4" cylinders
 - Mark the molds for identification
 - Mold specimens where they will be initially cured
 - Initial cure up to 48 hours (typically on site)
 - 60–80 °F; prevent moisture loss
 - Higher strength designs (≥6,000 psi) require 68–78 °F
 - No transportation for at least 8 hours after final set
 - Final cure at testing facility
 - ≤30 minutes after removing molds, cure with free water on specimen surface
 - 73.5 °F ± 3.5 °F









Rebar





Rebar



Rebar



Forms



Forms





Bleedwater

- Cardinal rule of finishing
 - Never float or trowel concrete while there's bleedwater on the surface
 - Finishing before bleedwater has evaporated can cause
 - Dusting
 - Craze cracking
 - Scaling
 - Low wear resistance
 - Working bleed-water into the surface also increases permeability





Notice the bleed water

• Will this finish well?



- What happened here?
- •Bleedwater?
- •Cold temp finishing?
- •Inadequate curing?



Concrete QA/QC

- QC
 - Batch plant tests (agg, water)
 - Air test
 - Slump test
- QA
 - Test cylinders









Need more?

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https://sites.udel.edu/dct/t2-center/

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