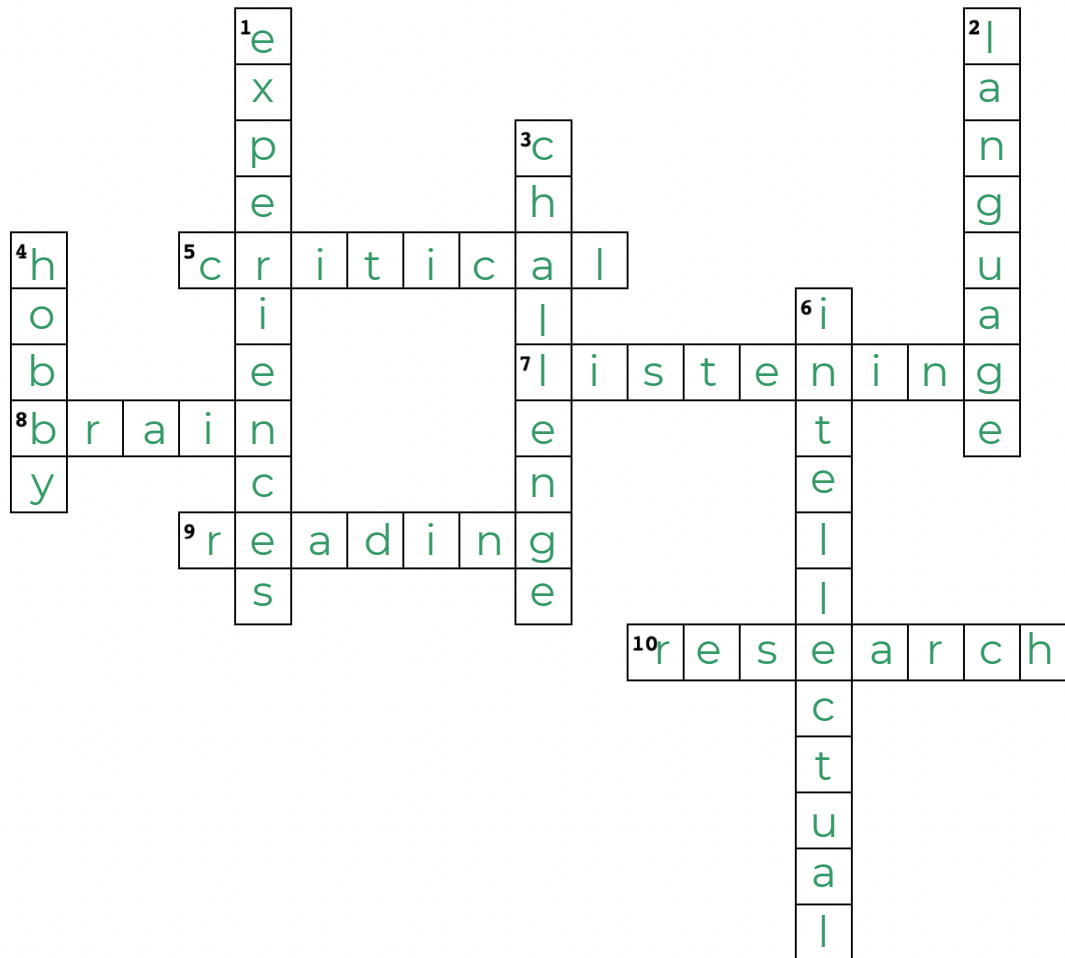


# INTELLECTUAL WELLNESS CROSSWORD PUZZLE



## Improving Intellectual Wellness



### Across

5. Work to become a \_\_\_\_\_ thinker.
7. By active \_\_\_\_\_, you can fully comprehend and take in information when in a conversation.
8. Improve your intellectual wellness by playing a \_\_\_\_\_ game.
9. A great way to increase your knowledge and address intellectual wellness is \_\_\_\_\_.
10. Discover something new by participating in \_\_\_\_\_.

### Down

1. One goal of intellectual wellness is to strive to be open to new \_\_\_\_\_ and ideas in all areas of your life.
2. Increase your global knowledge by learning a new \_\_\_\_\_.
3. Ability to \_\_\_\_\_ yourself in trying new skills.
4. Build your skill set by starting a new \_\_\_\_\_.
6. The type of wellness that involves creatively, curiously, and critically thinking and seeking new challenges.

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