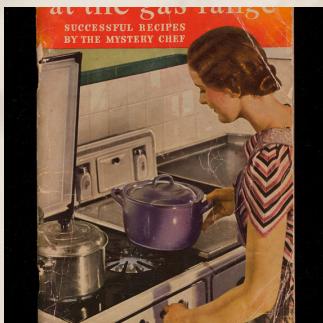


HIST 228: FOOD AND CULTURE

Satisfies History & Cultural Change (Group B)



About the Course:

Food is more than something we eat. Procuring and eating food is a basic human necessity but making food choices is more complex. Eating is biological, cultural, personal, environmental, and political.

Course's Goal:

- Introduce students to American food history and provide a tool for understanding people's relationships to the environment and each other, over time.
- Help students understand how humanities, not only science and technology, can help us understand the global challenges of food sovereignty and access, and environmental and human health



HIST 280.010
Prof. Cindy Ott
Spring 2026
MWF 1:50–2:40