

# BASICS

# 2016-17

Brief Alcohol Screening and Intervention for College Students

## 2015 - 2016

DRINKS DURING A TYPICAL WEEK:



6 MONTHS AFTER BASICS





## 2016 - 2017

DRINKS DURING A TYPICAL WEEK:

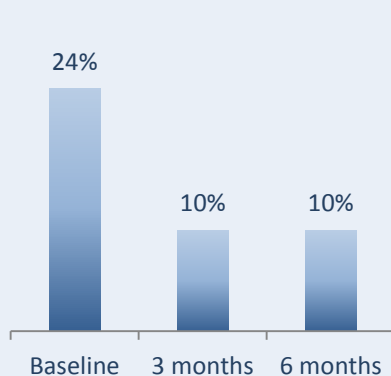


6 MONTHS AFTER BASICS

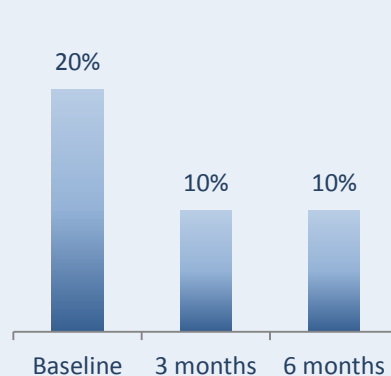


 [BASICS] made me realize my drinking might be out of hand sometimes. 

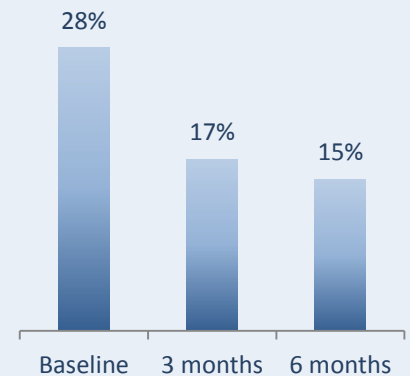
Reported binge drinking\*  
on a weekly basis.



"My drinking has gotten me into sexual  
situations I later regretted."



"I have not gone to work or missed  
classes at school because of drinking."



## BASICS for Greeks

Harm reduction strategies used by 90% or more of BASICS for Greeks participants:

- ❖ Planned for a safe way to get home
- ❖ Chose not to drink even though I could have
- ❖ Knew where my drink had been at all times
- ❖ Assisted someone else with getting home safely
- ❖ Refused to ride with someone who had been drinking or was high

\* Consuming 6+ drinks on one occasion