

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Total Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN6: Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet												No linear change	Not available [§]	No change
								77.0	79.1	77.5	77.2			
QN7: Among students who used rollerblades or rode a skateboard, the percentage who never or rarely wore a helmet												No linear change	Not available	No change
									83.0	78.9	82.6			
QN8: Percentage of students who never or rarely wore a seat belt when riding in a car												No linear change	Not available	No change
								5.1	6.9	3.5	3.8			
QN9: Percentage of students who ever rode in a car driven by someone who had been drinking alcohol												Decreased, 2007-2013	Not available	No change
								29.5	30.2	22.7	20.5			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Total Injury and Violence	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011				2013
QN10: Percentage of students who ever carried a weapon, such as a gun, knife, or club									26.1	26.6	25.5		No linear change	Not available [§]	No change
QN11: Percentage of students who have ever been in a physical fight								60.4	58.5	51.7	45.8		Decreased, 2007-2013	Not available	No change
QN12: Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse										5.7	4.4		No linear change	Not available	No change
QN15: Percentage of students who ever seriously thought about killing themselves								23.3	18.7	20.3	9.0		Decreased, 2007-2013	Not available	Decreased
QN16: Percentage of students who ever made a plan about how they would kill themselves								13.3	9.4	11.2	15.1		No linear change	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey Trend Analysis Report

Total Tobacco Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18: Percentage of students who ever tried cigarette smoking, even one or two puffs														
								31.6	28.2	23.7	17.6	Decreased, 2007-2013	Not available [§]	Decreased
QN19: Percentage of students who smoked a whole cigarette for the first time before age 11 years														
								7.4	7.9	6.6	3.2	Decreased, 2007-2013	Not available	Decreased
QN20: Percentage of students who smoked cigarettes on one or more of the past 30 days														
								10.4	9.4	5.4	5.0	Decreased, 2007-2013	Not available	No change
QNFRCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
								2.9	2.3	1.8	1.2	No linear change	Not available	No change
QN23: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days														
								5.5	5.6	3.8	2.4	Decreased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

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Total Tobacco Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN24: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days												No linear change	Not available [§]	No change
QN25: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days												Decreased, 2007-2013	Not available	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days												Decreased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey Trend Analysis Report

Total Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN26: Percentage of students who ever had a drink of alcohol, other than a few sips															
								43.4	38.3	33.3	24.3		Decreased, 2007-2013	Not available [§]	Decreased
QN27: Percentage of students who had their first drink of alcohol other than a few sips before age 11 years															
								18.5	15.1	14.5	7.2		Decreased, 2007-2013	Not available	Decreased
QN28: Percentage of students who ever used marijuana															
								14.4	16.4	11.5	9.1		Decreased, 2007-2013	Not available	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years															
								3.5	2.3	3.3	1.9		No linear change	Not available	No change
QN30: Percentage of students who ever used any form of cocaine, including powder, crack, or freebase															
								2.9	7.9	2.3	1.4		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Total Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31: Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high														
										12.3	6.6	Decreased, 2011-2013	Not available [§]	Decreased
QN32: Percentage of students who ever took steroid pills or shots without a doctor's prescription														
										1.2	1.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN34: Percentage of students who ever had sexual intercourse												Decreased, 2007-2013	Not available [§]	Decreased
								23.5	22.2	18.7	10.2			
QN35: Percentage of students who had sexual intercourse for the first time before age 11 years												Decreased, 2007-2013	Not available	Decreased
								7.3	6.1	5.2	2.5			
QN36: Percentage of students who ever had sexual intercourse with three or more people												Decreased, 2009-2013	Not available	Decreased
									8.7	6.4	3.5			
QN37: Among students who ever had sexual intercourse, the percentage who used a condom during last sexual intercourse												No linear change	Not available	No change
								73.1	77.7	74.9	70.8			
QN49: Percentage of students who had ever been taught in school about AIDS or HIV infection												Decreased, 2007-2013	Not available	No change
								57.0	44.5	43.6	33.5			

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†Based on t-test analysis, p < 0.05.

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey Trend Analysis Report

Total														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN38: Percentage of students who described themselves as slightly or very overweight												No linear change	Not available [§]	No change
								26.6	26.5	30.8	29.5			
QN39: Percentage of students who were trying to lose weight												Increased, 2007-2013	Not available	No change
								45.8	45.9	48.8	50.4			
QN40: Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight												No linear change	Not available	No change
								19.2	18.7	14.9	16.7			
QN41: Percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight												Decreased, 2007-2013	Not available	No change
								5.9	4.6	3.9	2.3			
QN42: Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight												No linear change	Not available	No change
								5.3	5.0	3.2	3.8			

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Trend Analysis Report

Total												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN43: Percentage of students who ate breakfast on all of the past seven days												No linear change	Not available [§]	No change
										46.7	45.4			
QNNOBKFT: Percentage of students who ate breakfast on none of the past seven days												No linear change	Not available	No change
										11.6	10.7			

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Physical Activity	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011			
QN44: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days									56.6	50.4	55.4	No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days									11.5	10.7	9.0	No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days									36.7	35.3	31.4	Decreased, 2009-2013	Not available	No change
QN45: Percentage of students who watched three or more hours per day of TV on an average school day								37.6	41.8	35.2	38.9	No linear change	Not available	No change
QN46: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									25.5	30.9	39.7	Increased, 2009-2013	Not available	Increased

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey

Trend Analysis Report

Total Physical Activity												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47: Percentage of students who attended physical education (PE) classes one or more days in an average week when they were in school												No linear change	Not available [§]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school												Increased, 2007-2013	Not available	No change
QN48: Percentage of students who played on one or more sports teams during the past 12 months												Increased, 2007-2013	Not available	No change

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
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Total Other	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011			
QN50: Percentage of students who had ever been told by a doctor or nurse that they had asthma														
								19.0	22.6	21.8	21.2	No linear change	Not available [§]	No change

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Sussex County, DE Middle School Survey
Trend Analysis Report**

Total Site-Added	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011			
QN53: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting, scraping, or burning themselves on purpose, during the past 12 months														
										13.6	10.9	No linear change	Not available [§]	No change
QN55: Percentage of students who used marijuana during the past 30 days														
										5.6	3.4	Decreased, 2011-2013	Not available	No change
QN56: Percentage of students who have ever exercised to lose weight or to keep from gaining weight														
							74.2	72.4	73.0	75.8		No linear change	Not available	No change
QN57: Percentage of students who have ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight														
							50.0	47.2	49.8	51.1		No linear change	Not available	No change
QN65: Percentage of students who had one or more caffeinated drinks yesterday														
										66.0	57.2	Decreased, 2011-2013	Not available	Decreased

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Sussex County, DE Middle School Survey
Trend Analysis Report**

Total Site-Added	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011			
QN67: Percentage of students who get eight or more hours of sleep on average school night														
										61.5	57.2	No linear change	Not available [§]	No change
QN68: Percentage of students who typically sleep at home, or at the home of friend or relative, with their parent(s) or guardian(s)														
										97.5	98.9	Increased, 2011-2013	Not available	Increased
QN69: Percentage of students who have physical disabilities or long-term health problems														
										5.3	6.5	No linear change	Not available	No change
QN70: Percentage of students who have long-term emotional problems or learning disabilities														
										7.9	6.9	No linear change	Not available	No change

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey Trend Analysis Report

Male Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN6: Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet												No linear change	Not available [§]	No change
								81.0	80.9	80.1	78.8			
QN7: Among students who used rollerblades or rode a skateboard, the percentage who never or rarely wore a helmet												No linear change	Not available	No change
								82.4	81.2	81.8				
QN8: Percentage of students who never or rarely wore a seat belt when riding in a car												No linear change	Not available	No change
								6.1	7.0	3.9	4.5			
QN9: Percentage of students who ever rode in a car driven by someone who had been drinking alcohol												Decreased, 2007-2013	Not available	No change
								32.1	28.7	21.3	18.9			
QN10: Percentage of students who ever carried a weapon, such as a gun, knife, or club												No linear change	Not available	No change
								38.4	40.9	35.9				

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey

Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN11: Percentage of students who have ever been in a physical fight											Decreased, 2007-2013	Not available [§]	No change	
								72.7	72.7	63.9	57.8			
QN12: Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse											No linear change	Not available	No change	
										7.7	6.3			
QN15: Percentage of students who ever seriously thought about killing themselves											Decreased, 2007-2013	Not available	Decreased	
								18.9	14.0	15.5	5.5			
QN16: Percentage of students who ever made a plan about how they would kill themselves											No linear change	Not available	No change	
								10.5	7.3	6.5	8.6			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey Trend Analysis Report

Male Tobacco Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18: Percentage of students who ever tried cigarette smoking, even one or two puffs														
								32.3	30.1	22.0	16.2	Decreased, 2007-2013	Not available [§]	No change
QN19: Percentage of students who smoked a whole cigarette for the first time before age 11 years														
								8.2	8.7	7.4	3.3	Decreased, 2007-2013	Not available	Decreased
QN20: Percentage of students who smoked cigarettes on one or more of the past 30 days														
								9.9	8.8	6.5	4.4	Decreased, 2007-2013	Not available	No change
QNFRCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
								2.6	2.4	2.0	1.5	No linear change	Not available	No change
QN23: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days														
								5.2	6.8	4.0	3.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

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Male Tobacco Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN24: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days												No linear change	Not available [§]	No change
QN25: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days												Decreased, 2007-2013	Not available	Decreased
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days												No linear change	Not available	No change

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Trend Analysis Report

Male														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change*	Quadratic Change*	Change from 2011-2013 †
QN26: Percentage of students who ever had a drink of alcohol, other than a few sips														
								45.5	41.7	31.5	22.9	Decreased, 2007-2013	Not available [§]	No change
QN27: Percentage of students who had their first drink of alcohol other than a few sips before age 11 years														
								22.4	18.0	15.5	8.7	Decreased, 2007-2013	Not available	Decreased
QN28: Percentage of students who ever used marijuana														
								16.2	19.5	13.7	10.5	Decreased, 2007-2013	Not available	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years														
								5.3	3.7	4.9	2.8	No linear change	Not available	No change
QN30: Percentage of students who ever used any form of cocaine, including powder, crack, or freebase														
								2.9	6.8	2.9	1.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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Male												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31: Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high														
										10.9	5.8	Decreased, 2011-2013	Not available [§]	Decreased
QN32: Percentage of students who ever took steroid pills or shots without a doctor's prescription														
										1.1	1.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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Male Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN34: Percentage of students who ever had sexual intercourse												Decreased, 2007-2013	Not available [§]	Decreased
								26.2	27.4	23.7	12.8			
QN35: Percentage of students who had sexual intercourse for the first time before age 11 years												Decreased, 2007-2013	Not available	Decreased
								10.0	7.4	8.3	3.4			
QN36: Percentage of students who ever had sexual intercourse with three or more people												Decreased, 2009-2013	Not available	Decreased
									11.7	9.2	5.0			
QN49: Percentage of students who had ever been taught in school about AIDS or HIV infection												Decreased, 2007-2013	Not available	No change
								59.6	50.5	45.7	38.0			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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Male												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN38: Percentage of students who described themselves as slightly or very overweight												No linear change	Not available [§]	No change
								25.0	26.3	28.7	27.3			
QN39: Percentage of students who were trying to lose weight												No linear change	Not available	No change
								36.9	39.4	41.1	42.5			
QN40: Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight												No linear change	Not available	No change
								16.3	14.1	11.0	12.8			
QN41: Percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight												No linear change	Not available	No change
								4.5	3.9	3.7	1.7			
QN42: Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight												No linear change	Not available	No change
								3.1	3.5	2.5	1.5			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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Sussex County, DE Middle School Survey
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Male											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN43: Percentage of students who ate breakfast on all of the past seven days											No linear change	Not available [§]	No change	
										53.5	51.9			
QNNOBKFT: Percentage of students who ate breakfast on none of the past seven days											No linear change	Not available	No change	
										6.6	9.1			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey Trend Analysis Report

Male Physical Activity												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN44: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days												No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days												No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days												Decreased, 2009-2013	Not available	No change
QN45: Percentage of students who watched three or more hours per day of TV on an average school day												No linear change	Not available	No change
QN46: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day												Increased, 2009-2013	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Male Physical Activity												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47: Percentage of students who attended physical education (PE) classes one or more days in an average week when they were in school												No linear change	Not available [§]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school												Increased, 2007-2013	Not available	No change
QN48: Percentage of students who played on one or more sports teams during the past 12 months												Increased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Male Other	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011			
	QN50: Percentage of students who had ever been told by a doctor or nurse that they had asthma											No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Sussex County, DE Middle School Survey
Trend Analysis Report**

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting, scraping, or burning themselves on purpose, during the past 12 months														
										7.6	4.4	Decreased, 2011-2013	Not available [§]	No change
QN55: Percentage of students who used marijuana during the past 30 days														
										8.2	4.0	Decreased, 2011-2013	Not available	Decreased
QN56: Percentage of students who have ever exercised to lose weight or to keep from gaining weight														
							71.2	69.6	73.4	71.5		No linear change	Not available	No change
QN57: Percentage of students who have ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight														
							42.3	40.6	44.5	46.1		No linear change	Not available	No change
QN65: Percentage of students who had one or more caffeinated drinks yesterday														
										64.1	57.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN67: Percentage of students who get eight or more hours of sleep on average school night												No linear change	Not available [§]	No change
										63.1	58.7			
QN68: Percentage of students who typically sleep at home, or at the home of friend or relative, with their parent(s) or guardian(s)												No linear change	Not available	No change
										97.1	98.1			
QN69: Percentage of students who have physical disabilities or long-term health problems												No linear change	Not available	No change
										5.2	6.9			
QN70: Percentage of students who have long-term emotional problems or learning disabilities												No linear change	Not available	No change
										5.8	4.9			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey Trend Analysis Report

Female Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN6: Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet												No linear change	Not available [§]	No change
								72.6	77.0	75.5	75.4			
QN7: Among students who used rollerblades or rode a skateboard, the percentage who never or rarely wore a helmet												No linear change	Not available	No change
									83.8	76.3	82.7			
QN8: Percentage of students who never or rarely wore a seat belt when riding in a car												No linear change	Not available	No change
								4.1	6.6	3.3	3.0			
QN9: Percentage of students who ever rode in a car driven by someone who had been drinking alcohol												Decreased, 2007-2013	Not available	No change
								26.6	32.2	24.8	22.4			
QN10: Percentage of students who ever carried a weapon, such as a gun, knife, or club												No linear change	Not available	No change
									14.0	12.8	14.4			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey

Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN11: Percentage of students who have ever been in a physical fight											Decreased, 2007-2013	Not available [§]	No change	
								47.2	44.3	39.3	32.7			
QN12: Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse											No linear change	Not available	No change	
										3.4	2.6			
QN15: Percentage of students who ever seriously thought about killing themselves											Decreased, 2007-2013	Not available	Decreased	
								28.0	23.2	25.2	12.1			
QN16: Percentage of students who ever made a plan about how they would kill themselves											No linear change	Not available	Increased	
								16.3	11.3	15.2	22.0			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female Tobacco Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18: Percentage of students who ever tried cigarette smoking, even one or two puffs														
								30.8	25.5	25.6	19.3	Decreased, 2007-2013	Not available [§]	No change
QN19: Percentage of students who smoked a whole cigarette for the first time before age 11 years														
								6.5	6.9	6.1	3.0	Decreased, 2007-2013	Not available	Decreased
QN20: Percentage of students who smoked cigarettes on one or more of the past 30 days														
								11.0	9.4	4.5	5.2	Decreased, 2007-2013	Not available	No change
QNFRCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
								3.1	2.1	1.8	0.7	Decreased, 2007-2013	Not available	No change
QN23: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days														
								5.7	4.6	3.8	1.5	Decreased, 2007-2013	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female Tobacco Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN24: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days												No linear change	Not available [§]	No change
QN25: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days												No linear change	Not available	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days												Decreased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN26: Percentage of students who ever had a drink of alcohol, other than a few sips														
								41.0	34.9	35.4	25.6	Decreased, 2007-2013	Not available [§]	Decreased
QN27: Percentage of students who had their first drink of alcohol other than a few sips before age 11 years														
								14.5	12.6	13.2	5.2	Decreased, 2007-2013	Not available	Decreased
QN28: Percentage of students who ever used marijuana														
								12.2	12.7	9.6	7.3	No linear change	Not available	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years														
								1.5	0.6	1.8	1.0	No linear change	Not available	No change
QN30: Percentage of students who ever used any form of cocaine, including powder, crack, or freebase														
								2.7	8.7	1.8	0.8	Decreased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31: Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high														
										13.9	7.6	Decreased, 2011-2013	Not available [§]	Decreased
QN32: Percentage of students who ever took steroid pills or shots without a doctor's prescription														
										1.3	0.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN34: Percentage of students who ever had sexual intercourse												Decreased, 2007-2013	Not available [§]	Decreased
								20.8	17.3	14.1	7.3			
QN35: Percentage of students who had sexual intercourse for the first time before age 11 years												Decreased, 2007-2013	Not available	No change
								4.4	4.6	2.4	1.1			
QN36: Percentage of students who ever had sexual intercourse with three or more people												Decreased, 2009-2013	Not available	No change
									5.9	3.8	1.6			
QN49: Percentage of students who had ever been taught in school about AIDS or HIV infection												Decreased, 2007-2013	Not available	Decreased
								54.1	38.2	41.6	28.8			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN38: Percentage of students who described themselves as slightly or very overweight												No linear change	Not available [§]	No change
								28.2	26.9	33.4	31.0			
QN39: Percentage of students who were trying to lose weight												No linear change	Not available	No change
								55.4	52.0	56.9	58.2			
QN40: Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight												No linear change	Not available	No change
								22.2	22.7	19.0	20.4			
QN41: Percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight												Decreased, 2007-2013	Not available	No change
								7.2	5.3	4.3	3.0			
QN42: Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight												No linear change	Not available	No change
								7.5	6.4	4.2	6.4			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female											Linear Change*	Quadratic Change*	Change from 2011-2013 †		
Weight Management and Dietary Behaviors															
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN43: Percentage of students who ate breakfast on all of the past seven days											39.7	39.7	No linear change	Not available [§]	No change
QNNOBKFT: Percentage of students who ate breakfast on none of the past seven days											16.5	11.4	Decreased, 2011-2013	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey

Trend Analysis Report

Female Physical Activity												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN44: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days												No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days												Decreased, 2009-2013	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days												No linear change	Not available	No change
QN45: Percentage of students who watched three or more hours per day of TV on an average school day												No linear change	Not available	No change
QN46: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day												Increased, 2009-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Physical Activity														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47: Percentage of students who attended physical education (PE) classes one or more days in an average week when they were in school												No linear change	Not available [§]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school												Increased, 2007-2013	Not available	No change
QN48: Percentage of students who played on one or more sports teams during the past 12 months												Increased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female Other	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011			
QN50: Percentage of students who had ever been told by a doctor or nurse that they had asthma														
								20.3	22.5	22.6	20.5	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting, scraping, or burning themselves on purpose, during the past 12 months												No linear change	Not available [§]	No change
QN55: Percentage of students who used marijuana during the past 30 days												No linear change	Not available	No change
QN56: Percentage of students who have ever exercised to lose weight or to keep from gaining weight												No linear change	Not available	Increased
QN57: Percentage of students who have ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight												No linear change	Not available	No change
QN65: Percentage of students who had one or more caffeinated drinks yesterday												Decreased, 2011-2013	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN67: Percentage of students who get eight or more hours of sleep on average school night												No linear change	Not available [§]	No change
QN68: Percentage of students who typically sleep at home, or at the home of friend or relative, with their parent(s) or guardian(s)												No linear change	Not available	Increased
QN69: Percentage of students who have physical disabilities or long-term health problems												No linear change	Not available	No change
QN70: Percentage of students who have long-term emotional problems or learning disabilities												No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey

Trend Analysis Report

White*														
Injury and Violence														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN6: Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet														
								70.2	74.3	72.8	70.8	No linear change	Not available [¶]	No change
QN7: Among students who used rollerblades or rode a skateboard, the percentage who never or rarely wore a helmet														
									81.5	74.4	77.4	No linear change	Not available	No change
QN8: Percentage of students who never or rarely wore a seat belt when riding in a car														
								4.0	6.3	3.2	2.8	No linear change	Not available	No change
QN9: Percentage of students who ever rode in a car driven by someone who had been drinking alcohol														
								29.1	29.7	22.3	26.2	No linear change	Not available	No change
QN10: Percentage of students who ever carried a weapon, such as a gun, knife, or club														
									25.1	28.1	31.2	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Sussex County, DE Middle School Survey
Trend Analysis Report**

White*														
Injury and Violence														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change[†]	Quadratic Change[‡]	Change from 2011-2013[§]
QN11: Percentage of students who have ever been in a physical fight														
								52.6	53.3	47.4	38.9	Decreased, 2007-2013	Not available [¶]	Decreased
QN12: Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse														
										6.4	4.1	No linear change	Not available	No change
QN15: Percentage of students who ever seriously thought about killing themselves														
								20.9	17.6	20.8	9.6	Decreased, 2007-2013	Not available	Decreased
QN16: Percentage of students who ever made a plan about how they would kill themselves														
								12.8	8.7	11.0	15.8	Increased, 2007-2013	Not available	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey Trend Analysis Report

White* Tobacco Use												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18: Percentage of students who ever tried cigarette smoking, even one or two puffs														
								27.6	23.1	20.4	17.4	Decreased, 2007-2013	Not available [¶]	No change
QN19: Percentage of students who smoked a whole cigarette for the first time before age 11 years														
								6.2	5.5	6.4	3.5	No linear change	Not available	Decreased
QN20: Percentage of students who smoked cigarettes on one or more of the past 30 days														
								10.7	8.2	5.5	6.0	Decreased, 2007-2013	Not available	No change
QNFCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
								2.6	2.2	2.7	0.9	No linear change	Not available	Decreased
QN23: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days														
								5.1	5.3	4.7	2.3	No linear change	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

White* Tobacco Use												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN24: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days												No linear change	Not available [¶]	No change
QN25: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days												No linear change	Not available	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days												Decreased, 2007-2013	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

White*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN26: Percentage of students who ever had a drink of alcohol, other than a few sips														
								41.7	34.1	31.2	24.3	Decreased, 2007-2013	Not available [¶]	No change
QN27: Percentage of students who had their first drink of alcohol other than a few sips before age 11 years														
								15.8	11.3	12.8	7.8	Decreased, 2007-2013	Not available	Decreased
QN28: Percentage of students who ever used marijuana														
								12.2	13.5	9.7	9.1	No linear change	Not available	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years														
								1.6	1.1	3.0	1.8	No linear change	Not available	No change
QN30: Percentage of students who ever used any form of cocaine, including powder, crack, or freebase														
								2.0	8.2	2.4	0.9	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

White*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN31: Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high														
										11.2	6.1	Decreased, 2011-2013	Not available [¶]	Decreased
QN32: Percentage of students who ever took steroid pills or shots without a doctor's prescription														
										1.5	1.5	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

White*														
Sexual Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN34: Percentage of students who ever had sexual intercourse														
								16.2	17.1	14.1	8.8	Decreased, 2007-2013	Not available [¶]	Decreased
QN35: Percentage of students who had sexual intercourse for the first time before age 11 years														
								3.0	4.0	4.1	1.3	No linear change	Not available	Decreased
QN36: Percentage of students who ever had sexual intercourse with three or more people														
									6.9	5.2	2.4	Decreased, 2009-2013	Not available	Decreased
QN49: Percentage of students who had ever been taught in school about AIDS or HIV infection														
								53.7	39.3	41.9	31.1	Decreased, 2007-2013	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

White*															
Weight Management and Dietary Behaviors															
Health Risk Behavior and Percentages															
													Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN38: Percentage of students who described themselves as slightly or very overweight															
								28.5	28.2	32.1	28.7		No linear change	Not available [¶]	No change
QN39: Percentage of students who were trying to lose weight															
								49.2	48.3	48.8	46.9		No linear change	Not available	No change
QN40: Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight															
								18.3	18.0	12.1	15.1		No linear change	Not available	No change
QN41: Percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight															
								5.2	4.3	3.6	1.7		Decreased, 2007-2013	Not available	No change
QN42: Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight															
								5.0	5.7	3.1	2.9		No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

White*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN43: Percentage of students who ate breakfast on all of the past seven days												No linear change	Not available [¶]	No change
QNNOBKFT: Percentage of students who ate breakfast on none of the past seven days												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

White*														
Physical Activity														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN44: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days												No linear change	Not available [¶]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days												No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days												Decreased, 2009-2013	Not available	No change
QN45: Percentage of students who watched three or more hours per day of TV on an average school day												No linear change	Not available	No change
QN46: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day												Increased, 2009-2013	Not available	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey

Trend Analysis Report

White*														
Physical Activity														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN47: Percentage of students who attended physical education (PE) classes one or more days in an average week when they were in school														
								74.7	69.9	68.6	73.1	No linear change	Not available [¶]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school														
								19.1	21.5	43.4	47.0	Increased, 2007-2013	Not available	No change
QN48: Percentage of students who played on one or more sports teams during the past 12 months														
								60.1	61.7	67.6	69.8	Increased, 2007-2013	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

White* Other	Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]		
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011				2013	
QN50: Percentage of students who had ever been told by a doctor or nurse that they had asthma														No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting, scraping, or burning themselves on purpose, during the past 12 months												No linear change	Not available [¶]	No change
QN55: Percentage of students who used marijuana during the past 30 days												No linear change	Not available	No change
QN56: Percentage of students who have ever exercised to lose weight or to keep from gaining weight												No linear change	Not available	No change
QN57: Percentage of students who have ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight												No linear change	Not available	No change
QN65: Percentage of students who had one or more caffeinated drinks yesterday												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN67: Percentage of students who get eight or more hours of sleep on average school night												No linear change	Not available [¶]	No change
QN68: Percentage of students who typically sleep at home, or at the home of friend or relative, with their parent(s) or guardian(s)												Increased, 2011-2013	Not available	Increased
QN69: Percentage of students who have physical disabilities or long-term health problems												No linear change	Not available	No change
QN70: Percentage of students who have long-term emotional problems or learning disabilities												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey

Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN6: Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet												No linear change	Not available [¶]	No change
								90.1	89.5	83.9	87.5			
QN8: Percentage of students who never or rarely wore a seat belt when riding in a car												No linear change	Not available	No change
								7.4	5.9	4.4	6.9			
QN9: Percentage of students who ever rode in a car driven by someone who had been drinking alcohol												Decreased, 2007-2013	Not available	No change
								30.1	30.4	19.3	17.5			
QN10: Percentage of students who ever carried a weapon, such as a gun, knife, or club												No linear change	Not available	No change
									24.0	22.4	15.6			
QN11: Percentage of students who have ever been in a physical fight												No linear change	Not available	No change
								71.6	73.2	61.4	64.3			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black*														
Injury and Violence														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN12: Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse														
								4.7	6.9			No linear change	Not available [¶]	No change
QN15: Percentage of students who ever seriously thought about killing themselves														
						22.7	20.2	17.4	7.3			Decreased, 2007-2013	Not available	Decreased
QN16: Percentage of students who ever made a plan about how they would kill themselves														
						9.7	9.0	8.9	12.5			No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey Trend Analysis Report

Black* Tobacco Use														
Health Risk Behavior and Percentages												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18: Percentage of students who ever tried cigarette smoking, even one or two puffs												Decreased, 2007-2013	Not available [¶]	No change
						37.1	34.3	24.8	19.9					
QN19: Percentage of students who smoked a whole cigarette for the first time before age 11 years												No linear change	Not available	No change
						6.7	9.3	5.6	5.1					
QN20: Percentage of students who smoked cigarettes on one or more of the past 30 days												Decreased, 2007-2013	Not available	No change
						8.5	9.4	6.3	2.0					
QNFCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days												No linear change	Not available	No change
						1.3	2.0	0.5	0.6					
QN23: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days												No linear change	Not available	No change
						3.8	4.2	2.3	1.2					

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey

Trend Analysis Report

Black* Tobacco Use												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN24: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days														
								0.5	1.3	0.0	2.2	No linear change	Not available [¶]	No change
QN25: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days														
								7.9	6.2	5.8	2.7	No linear change	Not available	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days														
								9.4	10.0	7.4	3.9	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN26: Percentage of students who ever had a drink of alcohol, other than a few sips														
								45.1	43.8	31.2	23.4	Decreased, 2007-2013	Not available [¶]	No change
QN27: Percentage of students who had their first drink of alcohol other than a few sips before age 11 years														
								23.8	16.8	16.1	5.3	Decreased, 2007-2013	Not available	Decreased
QN28: Percentage of students who ever used marijuana														
								18.4	19.0	13.0	9.4	Decreased, 2007-2013	Not available	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years														
								6.1	3.4	4.0	2.6	No linear change	Not available	No change
QN30: Percentage of students who ever used any form of cocaine, including powder, crack, or freebase														
								1.3	6.1	1.8	2.6	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31: Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high												No linear change	Not available [¶]	No change
										12.2	6.0			
QN32: Percentage of students who ever took steroid pills or shots without a doctor's prescription												No linear change	Not available	No change
										0.9	1.2			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black*														
Sexual Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN34: Percentage of students who ever had sexual intercourse														
								42.7	40.5	29.7	20.7	Decreased, 2007-2013	Not available [¶]	No change
QN35: Percentage of students who had sexual intercourse for the first time before age 11 years														
								19.6	14.6	8.0	4.5	Decreased, 2007-2013	Not available	No change
QN36: Percentage of students who ever had sexual intercourse with three or more people														
									16.2	8.9	7.4	Decreased, 2009-2013	Not available	No change
QN49: Percentage of students who had ever been taught in school about AIDS or HIV infection														
								70.3	60.2	45.7	39.6	Decreased, 2007-2013	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN38: Percentage of students who described themselves as slightly or very overweight														
								20.8	20.3	26.1	23.8	No linear change	Not available [¶]	No change
QN39: Percentage of students who were trying to lose weight														
								41.8	37.4	47.0	47.5	No linear change	Not available	No change
QN40: Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight														
								17.5	21.2	20.2	25.4	No linear change	Not available	No change
QN41: Percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight														
								5.7	1.9	5.0	1.3	No linear change	Not available	No change
QN42: Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight														
								4.8	1.9	4.8	2.2	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN43: Percentage of students who ate breakfast on all of the past seven days												No linear change	Not available [¶]	No change
QNNOBKFT: Percentage of students who ate breakfast on none of the past seven days												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black*														
Physical Activity														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN44: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days												No linear change	Not available [¶]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days												No linear change	Not available	Decreased
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days												No linear change	Not available	No change
QN45: Percentage of students who watched three or more hours per day of TV on an average school day												No linear change	Not available	No change
QN46: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black* Physical Activity												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47: Percentage of students who attended physical education (PE) classes one or more days in an average week when they were in school												No linear change	Not available [¶]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school												Increased, 2007-2013	Not available	No change
QN48: Percentage of students who played on one or more sports teams during the past 12 months												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black* Other	Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011				2013
	QN50: Percentage of students who had ever been told by a doctor or nurse that they had asthma														
							25.0	33.4	22.2	28.2			No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting, scraping, or burning themselves on purpose, during the past 12 months												No linear change	Not available [¶]	No change
QN55: Percentage of students who used marijuana during the past 30 days												No linear change	Not available	No change
QN56: Percentage of students who have ever exercised to lose weight or to keep from gaining weight												No linear change	Not available	No change
QN57: Percentage of students who have ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight												No linear change	Not available	No change
QN65: Percentage of students who had one or more caffeinated drinks yesterday												Decreased, 2011-2013	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Black* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN67: Percentage of students who get eight or more hours of sleep on average school night												No linear change	Not available [¶]	No change
										54.4	47.3			
QN68: Percentage of students who typically sleep at home, or at the home of friend or relative, with their parent(s) or guardian(s)												No linear change	Not available	No change
										96.9	97.3			
QN69: Percentage of students who have physical disabilities or long-term health problems												No linear change	Not available	No change
										4.1	3.6			
QN70: Percentage of students who have long-term emotional problems or learning disabilities												No linear change	Not available	No change
										5.8	6.4			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN8: Percentage of students who never or rarely wore a seat belt when riding in a car												No linear change	Not available [§]	No change
									9.8	4.1	6.4			
QN9: Percentage of students who ever rode in a car driven by someone who had been drinking alcohol												Decreased, 2009-2013	Not available	No change
									28.0	25.8	15.6			
QN10: Percentage of students who ever carried a weapon, such as a gun, knife, or club												Decreased, 2009-2013	Not available	No change
									24.5	17.5	14.5			
QN11: Percentage of students who have ever been in a physical fight												No linear change	Not available	No change
									55.1	47.8	44.0			
QN12: Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse												No linear change	Not available	No change
										1.7	2.6			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey

Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN15: Percentage of students who ever seriously thought about killing themselves											Decreased, 2009-2013	Not available [§]	No change	
									15.1	16.7	9.0			
QN16: Percentage of students who ever made a plan about how they would kill themselves											No linear change	Not available	No change	
									7.5	10.9	16.6			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino Tobacco Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18: Percentage of students who ever tried cigarette smoking, even one or two puffs														
									29.6	25.4	16.8	Decreased, 2009-2013	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN26: Percentage of students who ever had a drink of alcohol, other than a few sips														
									43.9	36.6	25.3	Decreased, 2009-2013	Not available [§]	No change
QN27: Percentage of students who had their first drink of alcohol other than a few sips before age 11 years														
									17.9	15.0	5.7	Decreased, 2009-2013	Not available	No change
QN28: Percentage of students who ever used marijuana														
									16.8	9.6	7.9	Decreased, 2009-2013	Not available	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years														
									0.0	2.4	1.2	No linear change	Not available	No change
QN30: Percentage of students who ever used any form of cocaine, including powder, crack, or freebase														
									7.7	4.3	2.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31: Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high											No linear change	Not available [§]	No change	
										17.5	11.5			
QN32: Percentage of students who ever took steroid pills or shots without a doctor's prescription											No linear change	Not available	No change	
										1.3	2.1			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN49: Percentage of students who had ever been taught in school about AIDS or HIV infection														
									48.8	40.3	35.4	Decreased, 2009-2013	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN38: Percentage of students who described themselves as slightly or very overweight											No linear change	Not available [§]	No change	
QN39: Percentage of students who were trying to lose weight											Increased, 2009-2013	Not available	Increased	
QN40: Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight											No linear change	Not available	No change	
QN41: Percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight											No linear change	Not available	No change	
QN42: Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight											No linear change	Not available	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN43: Percentage of students who ate breakfast on all of the past seven days											No linear change	Not available [§]	No change	
QNNOBKFT: Percentage of students who ate breakfast on none of the past seven days											No linear change	Not available	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey

Trend Analysis Report

Hispanic/Latino Physical Activity												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN44: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days												No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days												No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days												No linear change	Not available	No change
QN45: Percentage of students who watched three or more hours per day of TV on an average school day												No linear change	Not available	No change
QN46: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day												Increased, 2009-2013	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino Physical Activity												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47: Percentage of students who attended physical education (PE) classes one or more days in an average week when they were in school												No linear change	Not available [§]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school												Increased, 2009-2013	Not available	No change
QN48: Percentage of students who played on one or more sports teams during the past 12 months												Increased, 2009-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Other														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN50: Percentage of students who had ever been told by a doctor or nurse that they had asthma												No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting, scraping, or burning themselves on purpose, during the past 12 months												No linear change	Not available [§]	No change
QN56: Percentage of students who have ever exercised to lose weight or to keep from gaining weight												Increased, 2009-2013	Not available	No change
QN57: Percentage of students who have ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight												No linear change	Not available	No change
QN65: Percentage of students who had one or more caffeinated drinks yesterday												Decreased, 2011-2013	Not available	Decreased
QN67: Percentage of students who get eight or more hours of sleep on average school night												No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Sussex County, DE Middle School Survey
Trend Analysis Report

Hispanic/Latino Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN68: Percentage of students who typically sleep at home, or at the home of friend or relative, with their parent(s) or guardian(s)												No linear change	Not available [§]	No change
										97.1	98.6			
QN69: Percentage of students who have physical disabilities or long-term health problems												No linear change	Not available	No change
										0.7	4.1			
QN70: Percentage of students who have long-term emotional problems or learning disabilities												No linear change	Not available	No change
										2.8	3.2			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.