

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Total
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN6: Percentage of students who never or rarely wore a bicycle helmet (among students who had ridden a bicycle)													No linear change	Not available [§]	No change
						77.0	79.1	77.5	77.2	74.9					
QN7: Percentage of students who never or rarely wore a helmet when rollerblading or skateboarding (among students who used rollerblades or rode a skateboard)													No linear change	Not available	No change
							83.0	78.9	82.6	79.1					
QN8: Percentage of students who never or rarely wore a seat belt (when riding in a car)													No linear change	Not available	No change
						5.1	6.9	3.5	3.8	4.8					
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car)													Decreased, 2007-2015	Not available	No change
						29.5	30.2	22.7	20.5	20.8					

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Total
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015								
QN10: Percentage of students who carried a weapon (such as a gun, knife, or club)													26.1	26.6	25.5	27.0	No linear change	Not available [§]	No change	
QN11: Percentage of students who were in a physical fight													60.4	58.5	51.7	45.8	45.3	Decreased, 2007-2015	Not available	No change
QN12: Percentage of students who were injured in a physical fight (injuries had to be treated by a doctor or nurse)													5.7	4.4	4.8	No linear change	Not available	No change		
QN13: Percentage of students who were bullied on school property													43.1	42.7	No linear change	Not available	No change			
QN14: Percentage of students who were electronically bullied (including through e-mail, chat rooms, instant messaging, web sites, or texting)													17.8	21.7	Increased, 2013-2015	Not available	Increased			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Total
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN15: Percentage of students who seriously thought about killing themselves													Decreased, 2007-2015	Not available [§]	Increased
						23.3	18.7	20.3	9.0	16.4					
QN16: Percentage of students who made a plan about how they would kill themselves													No linear change	Not available	Decreased
						13.3	9.4	11.2	15.1	10.2					
QN17: Percentage of students who tried to kill themselves													No linear change	Not available	No change
									5.5	5.7					

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Total Tobacco Use													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN18: Percentage of students who ever tried cigarette smoking (even one or two puffs)													Decreased, 2007-2015	Not available [§]	No change
							31.6	28.2	23.7	17.6	14.4				
QN19: Percentage of students who smoked a whole cigarette before age 11 years (for the first time)													Decreased, 2007-2015	Not available	No change
							7.4	7.9	6.6	3.2	3.1				
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													Decreased, 2007-2015	Not available	Decreased
							10.4	9.4	5.4	5.0	2.7				
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)													Decreased, 2007-2015	Not available	No change
							2.9	2.3	1.8	1.2	0.5				
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													Decreased, 2007-2015	Not available	No change
							1.7	1.6	1.3	0.9	0.5				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Total
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015								
QNCIGINT: Percentage of students who usually obtained their own cigarettes by buying on the internet (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)													0.0	0.1	0.1	0.1	0.0	Not available	Not available [§]	Not available
QN23: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)													3.5	3.0	2.9	3.0	1.9	No linear change	Not available	No change
QN24: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)													5.9	5.9	4.0	3.3	1.9	Decreased, 2007-2015	Not available	No change
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													12.9	11.6	8.0	7.3	4.8	Decreased, 2007-2015	Not available	Decreased
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													11.2	11.0	6.8	5.9	3.7	Decreased, 2007-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Total
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNNOTOB3: Percentage of students who did not currently use cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													Increased, 2007-2015	Not available [§]	Increased
							87.6	89.3	92.4	93.0	95.7				
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Increased, 2007-2015	Not available	Increased
							89.1	89.8	93.6	94.3	96.6				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Total Alcohol and Other Drug Use													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN27: Percentage of students who ever drank alcohol (other than a few sips)													Decreased, 2007-2015	Not available [§]	No change
							43.4	38.3	33.3	24.3	25.3				
QN28: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													Decreased, 2007-2015	Not available	No change
							18.5	15.1	14.5	7.2	8.7				
QN29: Percentage of students who ever used marijuana (during their life)													Decreased, 2007-2015	Not available	No change
							14.4	16.4	11.5	9.1	9.9				
QN30: Percentage of students who tried marijuana before age 11 years (for the first time)													Decreased, 2007-2015	Not available	No change
							3.5	2.3	3.3	1.9	1.7				
QN31: Percentage of students who ever used any form of cocaine (such as powder, crack, or freebase during their life)													Decreased, 2007-2015	Not available	No change
							2.9	7.9	2.3	1.4	1.1				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Total													Linear Change*	Quadratic Change*	Change from 2013-2015 †			
Alcohol and Other Drug Use																		
Health Risk Behavior and Percentages																		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015						
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high during their life)													12.3	6.6	6.5	Decreased, 2011-2015	Not available [§]	No change
QN33: Percentage of students who ever took steroids without a doctor's prescription (pills or shots during their life)													1.2	1.4	1.4	No linear change	Not available	No change
QN34: Percentage of students who ever took prescription drugs without a doctor's prescription (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life)													3.0	3.4		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Total
Sexual Behaviors**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN35: Percentage of students who ever had sexual intercourse													Decreased, 2007-2015	Not available [§]	No change
							23.5	22.2	18.7	10.2	11.1				
QN36: Percentage of students who had sexual intercourse before age 11 years (for the first time)													Decreased, 2007-2015	Not available	No change
							7.3	6.1	5.2	2.5	2.7				
QN37: Percentage of students who had sexual intercourse with three or more persons (during their life)													Decreased, 2009-2015	Not available	No change
								8.7	6.4	3.5	2.9				
QN38: Percentage of students who used a condom (during last sexual intercourse among students who ever had sexual intercourse)													No linear change	Not available	No change
							73.1	77.7	74.9	70.8	69.2				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Total													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Weight Management and Dietary Behaviors															
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN39: Percentage of students who described themselves as slightly or very overweight													No linear change	Not available [§]	No change
							26.6	26.5	30.8	29.5	28.8				
QN40: Percentage of students who were trying to lose weight													No linear change	Not available	No change
							45.8	45.9	48.8	50.4	48.3				
QN41: Percentage of students who did not eat breakfast (during the 7 days before the survey)													No linear change	Not available	No change
									11.6	10.7	10.3				
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)													No linear change	Not available	No change
									46.7	45.4	46.8				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Total
Physical Activity**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015									
QN42: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													56.6	50.4	55.4	51.1	No linear change		Not available [§]	No change	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													11.5	10.7	9.0	9.8	No linear change		Not available	No change	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)													36.7	35.3	31.4	33.1	Decreased, 2009-2015		Not available	No change	
QN43: Percentage of students who watched television 3 or more hours per day (on an average school day)													37.6	41.8	35.2	38.9	31.8	Decreased, 2007-2015		Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Total
Physical Activity**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN44: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)													Increased, 2009-2015	Not available [§]	No change
							25.5	30.9	39.7	43.1					
QN45: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)													Decreased, 2007-2015	Not available	Decreased
							75.4	71.4	67.9	72.4	63.6				
QNDLYPE: Percentage of students who attended physical education classes on all 5 days (in an average week when they were in school)													Increased, 2007-2015	Not available	No change
							23.4	24.5	43.2	47.4	40.0				
QN46: Percentage of students who played on at least one sports team (run by their school or community groups during the past 12 months)													Increased, 2007-2015	Not available	Decreased
							60.2	61.3	67.1	67.5	61.8				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Total Other	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN47: Percentage of students who had ever been told by a doctor or nurse that they had asthma																
								19.0	22.6	21.8	21.2	19.8		No linear change	Not available [§]	No change
QN48: Percentage of students who had 8 or more hours of sleep (on an average school night)																
											61.5	57.2	56.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting, scraping, or burning themselves on purpose during the 12 months before the survey)											13.6	10.9	11.9	No linear change	Not available [§]	No change
QN53: Percentage of students who currently drank alcohol (other than a few sips, during the 30 days before the survey)												7.6	8.2	No linear change	Not available	No change
QN54: Percentage of students who currently used marijuana (during the 30 days before the survey)											5.6	3.4	5.2	No linear change	Not available	No change
QN56: Percentage of students who did not drink fruit juice (such as orange juice, apple juice, or grape juice, not counting punch, Kool-Aid, sports drinks, or other fruit-flavored drinks, one or more times the day before the survey)												40.3	39.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				2015
QN57: Percentage of students who did not eat fruit (not counting fruit juice, one or more times the day before the survey)																
												23.1	25.3	No linear change	Not available [§]	No change
QN58: Percentage of students who did not eat green salad (one or more times the day before the survey)																
												68.0	69.7	No linear change	Not available	No change
QN59: Percentage of students who did not eat other vegetables (not counting green salad, potatoes, or carrots, one or more times the day before the survey)																
												36.4	40.6	Increased, 2013-2015	Not available	No change
QN60: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not including diet soda or diet pop, one or more times the day before the survey)																
												44.8	47.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN61: Percentage of students who did not drink milk (one or more glasses the day before the survey)																
												32.2	37.1	Increased, 2013-2015	Not available [§]	No change
QN64: Percentage of students who have been taught about AIDS or HIV infection in school																
								57.0	44.5	43.6	33.5	29.2	Decreased, 2007-2015	Not available	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Male
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN6: Percentage of students who never or rarely wore a bicycle helmet (among students who had ridden a bicycle)													No linear change	Not available [§]	No change
						81.0	80.9	80.1	78.8	76.7					
QN7: Percentage of students who never or rarely wore a helmet when rollerblading or skateboarding (among students who used rollerblades or rode a skateboard)													No linear change	Not available	No change
						82.4	81.2	81.8	82.9						
QN8: Percentage of students who never or rarely wore a seat belt (when riding in a car)													No linear change	Not available	No change
						6.1	7.0	3.9	4.5	5.7					
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car)													Decreased, 2007-2015	Not available	No change
						32.1	28.7	21.3	18.9	20.4					
QN10: Percentage of students who carried a weapon (such as a gun, knife, or club)													No linear change	Not available	No change
						38.4	40.9	35.9	39.4						

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey
Sussex County
Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN11: Percentage of students who were in a physical fight															
							72.7	72.7	63.9	57.8	58.5		Decreased, 2007-2015	Not available [§]	No change
QN12: Percentage of students who were injured in a physical fight (injuries had to be treated by a doctor or nurse)															
								7.7	6.3	6.3			No linear change	Not available	No change
QN13: Percentage of students who were bullied on school property															
										37.9	38.0		No linear change	Not available	No change
QN14: Percentage of students who were electronically bullied (including through e-mail, chat rooms, instant messaging, web sites, or texting)															
										9.7	12.7		No linear change	Not available	No change
QN15: Percentage of students who seriously thought about killing themselves															
							18.9	14.0	15.5	5.5	9.5		Decreased, 2007-2015	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN16: Percentage of students who made a plan about how they would kill themselves															
								10.5	7.3	6.5	8.6	4.7	Decreased, 2007-2015	Not available [§]	Decreased
QN17: Percentage of students who tried to kill themselves															
											2.7	2.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Male
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN18: Percentage of students who ever tried cigarette smoking (even one or two puffs)													Decreased, 2007-2015	Not available [§]	No change
							32.3	30.1	22.0	16.2	13.6				
QN19: Percentage of students who smoked a whole cigarette before age 11 years (for the first time)													Decreased, 2007-2015	Not available	No change
							8.2	8.7	7.4	3.3	3.7				
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													Decreased, 2007-2015	Not available	No change
							9.9	8.8	6.5	4.4	2.1				
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)													No linear change	Not available	No change
							2.6	2.4	2.0	1.5	0.8				
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													No linear change	Not available	No change
							1.8	2.2	1.3	1.1	0.8				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Male Tobacco Use													Linear Change*	Quadratic Change*	Change from 2013-2015 †					
Health Risk Behavior and Percentages																				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015								
QNCIGINT: Percentage of students who usually obtained their own cigarettes by buying on the internet (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)													0.0	0.2	0.2	0.0	0.0	Not available	Not available [§]	Not available
QN23: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)													4.9	4.8	4.2	4.2	3.2	No linear change	Not available	No change
QN24: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)													6.8	7.9	5.8	2.8	1.8	Decreased, 2007-2015	Not available	No change
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													13.7	12.3	10.1	7.5	4.9	Decreased, 2007-2015	Not available	No change
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													11.0	11.2	8.7	5.3	3.0	Decreased, 2007-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Male
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNNOTOB3: Percentage of students who did not currently use cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													Increased, 2007-2015	Not available [§]	No change
							87.0	88.8	89.9	92.7	95.9				
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Increased, 2007-2015	Not available	Increased
							89.4	89.7	91.3	94.7	97.4				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Male															
Alcohol and Other Drug Use															
Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN27: Percentage of students who ever drank alcohol (other than a few sips)													Decreased, 2007-2015	Not available [§]	No change
						45.5	41.7	31.5	22.9	25.7					
QN28: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													Decreased, 2007-2015	Not available	No change
						22.4	18.0	15.5	8.7	10.8					
QN29: Percentage of students who ever used marijuana (during their life)													Decreased, 2007-2015	Not available	No change
						16.2	19.5	13.7	10.5	9.7					
QN30: Percentage of students who tried marijuana before age 11 years (for the first time)													Decreased, 2007-2015	Not available	No change
						5.3	3.7	4.9	2.8	2.3					
QN31: Percentage of students who ever used any form of cocaine (such as powder, crack, or freebase during their life)													No linear change	Not available	No change
						2.9	6.8	2.9	1.8	1.0					

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Male															
Alcohol and Other Drug Use															
Health Risk Behavior and Percentages															
													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high during their life)															
										10.9	5.8	6.2	Decreased, 2011-2015	Not available [§]	No change
QN33: Percentage of students who ever took steroids without a doctor's prescription (pills or shots during their life)															
										1.1	1.7	0.9	No linear change	Not available	No change
QN34: Percentage of students who ever took prescription drugs without a doctor's prescription (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life)															
											2.7	3.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Male
Sexual Behaviors**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN35: Percentage of students who ever had sexual intercourse													Decreased, 2007-2015	Not available [§]	No change
							26.2	27.4	23.7	12.8	15.9				
QN36: Percentage of students who had sexual intercourse before age 11 years (for the first time)													Decreased, 2007-2015	Not available	No change
							10.0	7.4	8.3	3.4	4.0				
QN37: Percentage of students who had sexual intercourse with three or more persons (during their life)													Decreased, 2009-2015	Not available	No change
								11.7	9.2	5.0	4.7				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Male													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Weight Management and Dietary Behaviors															
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN39: Percentage of students who described themselves as slightly or very overweight													No linear change	Not available [§]	No change
							25.0	26.3	28.7	27.3	25.2				
QN40: Percentage of students who were trying to lose weight													No linear change	Not available	No change
							36.9	39.4	41.1	42.5	39.7				
QN41: Percentage of students who did not eat breakfast (during the 7 days before the survey)													No linear change	Not available	No change
									6.6	9.1	7.6				
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)													No linear change	Not available	No change
										53.5	51.9	54.1			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey
Sussex County
Trend Analysis Report

Male
Physical Activity

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015				
QN42: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)																
									65.3	54.7	61.4	56.8	No linear change	Not available [§]	No change	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)																
									8.3	8.6	8.2	10.4	No linear change	Not available	No change	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)																
									47.6	41.7	38.4	41.0	Decreased, 2009-2015	Not available	No change	
QN43: Percentage of students who watched television 3 or more hours per day (on an average school day)																
									42.9	44.8	37.6	40.3	31.7	Decreased, 2007-2015	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Male Physical Activity													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN44: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)													Increased, 2009-2015	Not available [§]	No change
QN45: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)													Decreased, 2007-2015	Not available	No change
QNDLYPE: Percentage of students who attended physical education classes on all 5 days (in an average week when they were in school)													Increased, 2007-2015	Not available	No change
QN46: Percentage of students who played on at least one sports team (run by their school or community groups during the past 12 months)													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Male Other	Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	QN47: Percentage of students who had ever been told by a doctor or nurse that they had asthma															
							17.6	22.4	21.2	21.8	20.1			No linear change	Not available [§]	No change
	QN48: Percentage of students who had 8 or more hours of sleep (on an average school night)															
										63.1	58.7	57.0		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Male
Site-Added

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015						
QN52: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting, scraping, or burning themselves on purpose during the 12 months before the survey)													7.6	4.4	4.1	Decreased, 2011-2015	Not available [§]	No change
QN53: Percentage of students who currently drank alcohol (other than a few sips, during the 30 days before the survey)													6.8	8.0		No linear change	Not available	No change
QN54: Percentage of students who currently used marijuana (during the 30 days before the survey)													8.2	4.0	4.1	Decreased, 2011-2015	Not available	No change
QN56: Percentage of students who did not drink fruit juice (such as orange juice, apple juice, or grape juice, not counting punch, Kool-Aid, sports drinks, or other fruit-flavored drinks, one or more times the day before the survey)													35.6	36.7		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Male
Site-Added

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN57: Percentage of students who did not eat fruit (not counting fruit juice, one or more times the day before the survey)													No linear change	Not available [§]	No change
						22.6	24.7								
QN58: Percentage of students who did not eat green salad (one or more times the day before the survey)													No linear change	Not available	No change
						68.3	69.0								
QN59: Percentage of students who did not eat other vegetables (not counting green salad, potatoes, or carrots, one or more times the day before the survey)													No linear change	Not available	No change
						38.7	40.2								
QN60: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not including diet soda or diet pop, one or more times the day before the survey)													No linear change	Not available	No change
						43.0	44.9								

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey
Sussex County
Trend Analysis Report

Male
Site-Added

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN61: Percentage of students who did not drink milk (one or more glasses the day before the survey)													No linear change	Not available [§]	No change
QN64: Percentage of students who have been taught about AIDS or HIV infection in school													Decreased, 2007-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey
Sussex County
Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN6: Percentage of students who never or rarely wore a bicycle helmet (among students who had ridden a bicycle)													No linear change	Not available [§]	No change
							72.6	77.0	75.5	75.4	73.4				
QN7: Percentage of students who never or rarely wore a helmet when rollerblading or skateboarding (among students who used rollerblades or rode a skateboard)													No linear change	Not available	No change
								83.8	76.3	82.7	76.1				
QN8: Percentage of students who never or rarely wore a seat belt (when riding in a car)													No linear change	Not available	No change
							4.1	6.6	3.3	3.0	3.9				
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car)													Decreased, 2007-2015	Not available	No change
							26.6	32.2	24.8	22.4	20.5				
QN10: Percentage of students who carried a weapon (such as a gun, knife, or club)													No linear change	Not available	No change
							14.0	12.8	14.4	13.2					

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey
Sussex County
Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN11: Percentage of students who were in a physical fight															
								47.2	44.3	39.3	32.7	31.2	Decreased, 2007-2015	Not available [§]	No change
QN12: Percentage of students who were injured in a physical fight (injuries had to be treated by a doctor or nurse)															
										3.4	2.6	3.1	No linear change	Not available	No change
QN13: Percentage of students who were bullied on school property															
											48.9	47.6	No linear change	Not available	No change
QN14: Percentage of students who were electronically bullied (including through e-mail, chat rooms, instant messaging, web sites, or texting)															
											26.6	30.0	No linear change	Not available	No change
QN15: Percentage of students who seriously thought about killing themselves															
								28.0	23.2	25.2	12.1	23.0	Decreased, 2007-2015	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN16: Percentage of students who made a plan about how they would kill themselves															
							16.3	11.3	15.2	22.0	15.4		No linear change	Not available [§]	Decreased
QN17: Percentage of students who tried to kill themselves															
											8.7	8.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Female
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN18: Percentage of students who ever tried cigarette smoking (even one or two puffs)													Decreased, 2007-2015	Not available [§]	No change
								30.8	25.5	25.6	19.3	15.0			
QN19: Percentage of students who smoked a whole cigarette before age 11 years (for the first time)													Decreased, 2007-2015	Not available	No change
								6.5	6.9	6.1	3.0	2.6			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													Decreased, 2007-2015	Not available	No change
								11.0	9.4	4.5	5.2	3.4			
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)													Decreased, 2007-2015	Not available	No change
								3.1	2.1	1.8	0.7	0.3			
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													Decreased, 2007-2015	Not available	No change
								1.6	1.1	1.3	0.5	0.1			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Female
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015								
QNCIGINT: Percentage of students who usually obtained their own cigarettes by buying on the internet (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)													0.0	0.0	0.0	0.0	0.0	Not available	Not available [§]	Not available
QN23: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)													1.9	1.0	1.8	1.6	0.4	No linear change	Not available	No change
QN24: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)													4.8	3.3	2.5	3.5	1.5	Decreased, 2007-2015	Not available	No change
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													12.1	10.1	6.5	6.8	4.1	Decreased, 2007-2015	Not available	No change
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													11.4	9.9	5.3	6.2	4.0	Decreased, 2007-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Female
Tobacco Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNNOTOB3: Percentage of students who did not currently use cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													Increased, 2007-2015	Not available [§]	No change
							88.2	90.5	94.4	93.7	95.9				
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Increased, 2007-2015	Not available	No change
							88.6	90.5	95.4	94.2	96.0				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Female

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015									
QN27: Percentage of students who ever drank alcohol (other than a few sips)													41.0	34.9	35.4	25.6	23.9	Decreased, 2007-2015		Not available [§]	No change
QN28: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													14.5	12.6	13.2	5.2	6.5	Decreased, 2007-2015		Not available	No change
QN29: Percentage of students who ever used marijuana (during their life)													12.2	12.7	9.6	7.3	9.2	No linear change		Not available	No change
QN30: Percentage of students who tried marijuana before age 11 years (for the first time)													1.5	0.6	1.8	1.0	0.9	No linear change		Not available	No change
QN31: Percentage of students who ever used any form of cocaine (such as powder, crack, or freebase during their life)													2.7	8.7	1.8	0.8	1.2	Decreased, 2007-2015		Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Female

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high during their life)															
										13.9	7.6	6.4	Decreased, 2011-2015	Not available [§]	No change
QN33: Percentage of students who ever took steroids without a doctor's prescription (pills or shots during their life)															
										1.3	0.9	1.8	No linear change	Not available	No change
QN34: Percentage of students who ever took prescription drugs without a doctor's prescription (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life)															
											3.4	3.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Female
Sexual Behaviors**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN35: Percentage of students who ever had sexual intercourse													Decreased, 2007-2015	Not available [§]	No change
							20.8	17.3	14.1	7.3	5.5				
QN36: Percentage of students who had sexual intercourse before age 11 years (for the first time)													Decreased, 2007-2015	Not available	No change
							4.4	4.6	2.4	1.1	1.2				
QN37: Percentage of students who had sexual intercourse with three or more persons (during their life)													Decreased, 2009-2015	Not available	No change
								5.9	3.8	1.6	0.8				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN39: Percentage of students who described themselves as slightly or very overweight													No linear change	Not available [§]	No change
							28.2	26.9	33.4	31.0	32.4				
QN40: Percentage of students who were trying to lose weight													No linear change	Not available	No change
							55.4	52.0	56.9	58.2	57.2				
QN41: Percentage of students who did not eat breakfast (during the 7 days before the survey)													No linear change	Not available	No change
										16.5	11.4	13.2			
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)													No linear change	Not available	No change
										39.7	39.7	39.6			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Female
Physical Activity**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015								
QN42: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													48.0	46.5	48.8	45.2	No linear change	Not available [§]	No change	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													14.4	12.8	9.4	9.1	Decreased, 2009-2015	Not available	No change	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)													25.8	29.1	24.1	24.6	No linear change	Not available	No change	
QN43: Percentage of students who watched television 3 or more hours per day (on an average school day)													32.1	38.5	32.7	36.9	31.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Female
Physical Activity**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN44: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)													Increased, 2009-2015	Not available [§]	No change
								20.1	29.2	34.2	39.7				
QN45: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)													No linear change	Not available	Decreased
								72.9	67.7	66.1	72.2	60.6			
QNDLYPE: Percentage of students who attended physical education classes on all 5 days (in an average week when they were in school)													Increased, 2007-2015	Not available	No change
								22.4	21.0	42.3	46.7	37.5			
QN46: Percentage of students who played on at least one sports team (run by their school or community groups during the past 12 months)													No linear change	Not available	Decreased
								57.9	53.3	62.9	65.8	58.5			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Female
Other

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN47: Percentage of students who had ever been told by a doctor or nurse that they had asthma															
							20.3	22.5	22.6	20.5	19.3		No linear change	Not available [§]	No change
QN48: Percentage of students who had 8 or more hours of sleep (on an average school night)															
										58.7	55.7	55.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015						
QN52: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting, scraping, or burning themselves on purpose during the 12 months before the survey)													19.7	18.2	19.7	No linear change	Not available [§]	No change
QN53: Percentage of students who currently drank alcohol (other than a few sips, during the 30 days before the survey)													8.3	7.5		No linear change	Not available	No change
QN54: Percentage of students who currently used marijuana (during the 30 days before the survey)													3.4	2.8	5.9	No linear change	Not available	No change
QN56: Percentage of students who did not drink fruit juice (such as orange juice, apple juice, or grape juice, not counting punch, Kool-Aid, sports drinks, or other fruit-flavored drinks, one or more times the day before the survey)													44.6	41.9		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN57: Percentage of students who did not eat fruit (not counting fruit juice, one or more times the day before the survey)													No linear change	Not available [§]	No change
QN58: Percentage of students who did not eat green salad (one or more times the day before the survey)													No linear change	Not available	No change
QN59: Percentage of students who did not eat other vegetables (not counting green salad, potatoes, or carrots, one or more times the day before the survey)													Increased, 2013-2015	Not available	Increased
QN60: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not including diet soda or diet pop, one or more times the day before the survey)													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Female
Site-Added

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN61: Percentage of students who did not drink milk (one or more glasses the day before the survey)															
											37.3	44.7	Increased, 2013-2015	Not available [§]	Increased
QN64: Percentage of students who have been taught about AIDS or HIV infection in school															
							54.1	38.2	41.6	28.8	25.8		Decreased, 2007-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*

Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN6: Percentage of students who never or rarely wore a bicycle helmet (among students who had ridden a bicycle)													No linear change	Not available [¶]	No change
						70.2	74.3	72.8	70.8	67.6					
QN7: Percentage of students who never or rarely wore a helmet when rollerblading or skateboarding (among students who used rollerblades or rode a skateboard)													Decreased, 2009-2015	Not available	No change
						81.5	74.4	77.4	73.5						
QN8: Percentage of students who never or rarely wore a seat belt (when riding in a car)													No linear change	Not available	No change
						4.0	6.3	3.2	2.8	2.9					
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car)													Decreased, 2007-2015	Not available	No change
						29.1	29.7	22.3	26.2	21.4					
QN10: Percentage of students who carried a weapon (such as a gun, knife, or club)													Increased, 2009-2015	Not available	No change
						25.1	28.1	31.2	32.2						

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey
Sussex County
Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN11: Percentage of students who were in a physical fight													Decreased, 2007-2015	Not available [¶]	No change
							52.6	53.3	47.4	38.9	36.5				
QN12: Percentage of students who were injured in a physical fight (injuries had to be treated by a doctor or nurse)													No linear change	Not available	No change
										6.4	4.1	4.5			
QN13: Percentage of students who were bullied on school property													No linear change	Not available	No change
											49.5	48.7			
QN14: Percentage of students who were electronically bullied (including through e-mail, chat rooms, instant messaging, web sites, or texting)													Increased, 2013-2015	Not available	Increased
											20.3	25.8			
QN15: Percentage of students who seriously thought about killing themselves													Decreased, 2007-2015	Not available	Increased
							20.9	17.6	20.8	9.6	15.5				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015								
QN16: Percentage of students who made a plan about how they would kill themselves													12.8	8.7	11.0	15.8	10.1	No linear change	Not available [¶]	Decreased
QN17: Percentage of students who tried to kill themselves																5.7	4.5	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*

Tobacco Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN18: Percentage of students who ever tried cigarette smoking (even one or two puffs)															
								27.6	23.1	20.4	17.4	12.1	Decreased, 2007-2015	Not available [¶]	Decreased
QN19: Percentage of students who smoked a whole cigarette before age 11 years (for the first time)															
								6.2	5.5	6.4	3.5	1.5	Decreased, 2007-2015	Not available	Decreased
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)															
								10.7	8.2	5.5	6.0	2.6	Decreased, 2007-2015	Not available	Decreased
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)															
								2.6	2.2	2.7	0.9	0.6	Decreased, 2007-2015	Not available	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)															
								1.7	1.5	2.0	0.9	0.5	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*

Tobacco Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015								
QNCIGINT: Percentage of students who usually obtained their own cigarettes by buying on the internet (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)													0.0	0.2	0.0	0.0	0.0	Not available	Not available [¶]	Not available
QN23: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)													3.9	2.7	3.9	4.0	1.9	No linear change	Not available	No change
QN24: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)													5.0	5.1	3.4	2.9	0.8	Decreased, 2007-2015	Not available	Decreased
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													13.7	9.7	8.3	8.8	3.9	Decreased, 2007-2015	Not available	Decreased
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													11.4	9.1	7.1	6.8	2.8	Decreased, 2007-2015	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNNOTOB3: Percentage of students who did not currently use cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													Increased, 2007-2015	Not available [¶]	Increased
							86.5	90.6	92.3	91.4	96.7				
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Increased, 2007-2015	Not available	Increased
							88.7	91.2	93.3	93.2	97.4				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN27: Percentage of students who ever drank alcohol (other than a few sips)													Decreased, 2007-2015	Not available [¶]	No change
						41.7	34.1	31.2	24.3	22.3					
QN28: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													Decreased, 2007-2015	Not available	No change
						15.8	11.3	12.8	7.8	7.0					
QN29: Percentage of students who ever used marijuana (during their life)													Decreased, 2007-2015	Not available	No change
						12.2	13.5	9.7	9.1	6.4					
QN30: Percentage of students who tried marijuana before age 11 years (for the first time)													No linear change	Not available	No change
						1.6	1.1	3.0	1.8	0.9					
QN31: Percentage of students who ever used any form of cocaine (such as powder, crack, or freebase during their life)													Decreased, 2007-2015	Not available	No change
						2.0	8.2	2.4	0.9	0.9					

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high during their life)													Decreased, 2011-2015	Not available [¶]	No change
						11.2	6.1	4.4							
QN33: Percentage of students who ever took steroids without a doctor's prescription (pills or shots during their life)													No linear change	Not available	No change
						1.5	1.5	0.8							
QN34: Percentage of students who ever took prescription drugs without a doctor's prescription (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life)													No linear change	Not available	No change
								2.9	3.3						

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**White*
Sexual Behaviors**

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN35: Percentage of students who ever had sexual intercourse															
								16.2	17.1	14.1	8.8	8.1	Decreased, 2007-2015	Not available [¶]	No change
QN36: Percentage of students who had sexual intercourse before age 11 years (for the first time)															
								3.0	4.0	4.1	1.3	2.1	No linear change	Not available	No change
QN37: Percentage of students who had sexual intercourse with three or more persons (during their life)															
									6.9	5.2	2.4	1.2	Decreased, 2009-2015	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN39: Percentage of students who described themselves as slightly or very overweight													No linear change	Not available [¶]	No change
							28.5	28.2	32.1	28.7	29.9				
QN40: Percentage of students who were trying to lose weight													No linear change	Not available	No change
							49.2	48.3	48.8	46.9	46.0				
QN41: Percentage of students who did not eat breakfast (during the 7 days before the survey)													No linear change	Not available	No change
									10.0	9.0	9.4				
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)													No linear change	Not available	No change
										51.0	47.1	49.0			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*

Physical Activity

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN42: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Not available [¶]	No change
									61.5	53.0	57.3	54.3			
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Not available	No change
									9.7	8.0	6.1	7.2			
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)													Decreased, 2009-2015	Not available	No change
									40.0	37.4	31.8	34.2			
QN43: Percentage of students who watched television 3 or more hours per day (on an average school day)													No linear change	Not available	Decreased
									29.5	32.3	27.5	31.7	23.6		

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*

Physical Activity

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN44: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)													Increased, 2009-2015	Not available [¶]	No change
							19.9	25.6	37.6	39.5					
QN45: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)													Decreased, 2007-2015	Not available	Decreased
							74.7	69.9	68.6	73.1	61.8				
QNDLYPE: Percentage of students who attended physical education classes on all 5 days (in an average week when they were in school)													Increased, 2007-2015	Not available	No change
							19.1	21.5	43.4	47.0	39.5				
QN46: Percentage of students who played on at least one sports team (run by their school or community groups during the past 12 months)													No linear change	Not available	No change
							60.1	61.7	67.6	69.8	63.8				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White* Other	Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN47: Percentage of students who had ever been told by a doctor or nurse that they had asthma																
							17.5	20.0	20.3	19.6	18.2		No linear change	Not available [¶]	No change	
QN48: Percentage of students who had 8 or more hours of sleep (on an average school night)																
										62.0	60.7	59.2	No linear change	Not available	No change	

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey
Sussex County
Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting, scraping, or burning themselves on purpose during the 12 months before the survey)													No linear change	Not available [¶]	No change
								14.2	11.7	12.1					
QN53: Percentage of students who currently drank alcohol (other than a few sips, during the 30 days before the survey)													No linear change	Not available	No change
										8.0	8.3				
QN54: Percentage of students who currently used marijuana (during the 30 days before the survey)													No linear change	Not available	No change
								4.6	3.2	3.3					
QN56: Percentage of students who did not drink fruit juice (such as orange juice, apple juice, or grape juice, not counting punch, Kool-Aid, sports drinks, or other fruit-flavored drinks, one or more times the day before the survey)													No linear change	Not available	No change
										47.5	44.9				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN57: Percentage of students who did not eat fruit (not counting fruit juice, one or more times the day before the survey)													No linear change	Not available [¶]	No change
						23.0	23.4								
QN58: Percentage of students who did not eat green salad (one or more times the day before the survey)													No linear change	Not available	No change
						66.4	68.8								
QN59: Percentage of students who did not eat other vegetables (not counting green salad, potatoes, or carrots, one or more times the day before the survey)													No linear change	Not available	No change
						36.4	36.6								
QN60: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not including diet soda or diet pop, one or more times the day before the survey)													No linear change	Not available	No change
						46.6	50.5								

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN61: Percentage of students who did not drink milk (one or more glasses the day before the survey)															
											28.2	33.9	Increased, 2013-2015	Not available [¶]	Increased
QN64: Percentage of students who have been taught about AIDS or HIV infection in school															
							53.7	39.3	41.9	31.1	26.6		Decreased, 2007-2015	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey
Sussex County
Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN6: Percentage of students who never or rarely wore a bicycle helmet (among students who had ridden a bicycle)													No linear change	Not available [¶]	No change
QN8: Percentage of students who never or rarely wore a seat belt (when riding in a car)													No linear change	Not available	No change
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car)													Decreased, 2007-2015	Not available	No change
QN10: Percentage of students who carried a weapon (such as a gun, knife, or club)													No linear change	Not available	No change
QN11: Percentage of students who were in a physical fight													No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey
Sussex County
Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN12: Percentage of students who were injured in a physical fight (injuries had to be treated by a doctor or nurse)													No linear change	Not available [¶]	No change
								4.7			6.9	4.6			
QN13: Percentage of students who were bullied on school property													No linear change	Not available	No change
											30.8	35.8			
QN14: Percentage of students who were electronically bullied (including through e-mail, chat rooms, instant messaging, web sites, or texting)													No linear change	Not available	No change
											13.6	14.5			
QN15: Percentage of students who seriously thought about killing themselves													No linear change	Not available	Increased
							22.7	20.2	17.4	7.3	23.4				
QN16: Percentage of students who made a plan about how they would kill themselves													No linear change	Not available	No change
							9.7	9.0	8.9	12.5	12.4				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN17: Percentage of students who tried to kill themselves													No linear change	Not available [¶]	No change
											5.3	9.7			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Black*
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN18: Percentage of students who ever tried cigarette smoking (even one or two puffs)															
								37.1	34.3	24.8	19.9	22.3	Decreased, 2007-2015	Not available [¶]	No change
QN19: Percentage of students who smoked a whole cigarette before age 11 years (for the first time)															
								6.7	9.3	5.6	5.1	7.2	No linear change	Not available	No change
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)															
								8.5	9.4	6.3	2.0	3.5	Decreased, 2007-2015	Not available	No change
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)															
								1.3	2.0	0.5	0.6	0.4	Decreased, 2007-2015	Not available	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)															
								0.0	2.0	0.5	0.0	0.4	Not available	Not available	Not available

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Black*

Tobacco Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015								
QNCIGINT: Percentage of students who usually obtained their own cigarettes by buying on the internet (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)													0.0	0.0	0.0	0.0	0.0	Not available	Not available [¶]	Not available
QN23: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)													0.5	1.3	0.0	2.2	1.3	Not available	Not available	No change
QN24: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)													7.9	6.2	5.8	2.7	3.3	Decreased, 2007-2015	Not available	No change
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													10.2	10.6	7.4	4.5	5.9	Decreased, 2007-2015	Not available	No change
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													10.1	10.6	7.4	3.6	5.8	Decreased, 2007-2015	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNNOTOB3: Percentage of students who did not currently use cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													Increased, 2007-2015	Not available [¶]	No change
							90.6	90.0	92.6	96.1	94.7				
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Increased, 2007-2015	Not available	No change
							90.7	90.0	92.6	97.1	94.7				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Black*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015								
QN27: Percentage of students who ever drank alcohol (other than a few sips)													45.1	43.8	31.2	23.4	36.7	Decreased, 2007-2015	Not available [¶]	Increased
QN28: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													23.8	16.8	16.1	5.3	12.4	Decreased, 2007-2015	Not available	Increased
QN29: Percentage of students who ever used marijuana (during their life)													18.4	19.0	13.0	9.4	16.6	No linear change	Not available	No change
QN30: Percentage of students who tried marijuana before age 11 years (for the first time)													6.1	3.4	4.0	2.6	3.3	No linear change	Not available	No change
QN31: Percentage of students who ever used any form of cocaine (such as powder, crack, or freebase during their life)													1.3	6.1	1.8	2.6	0.0	Not available	Not available	Not available

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Black*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high during their life)													No linear change	Not available [¶]	No change
								12.2		6.0		12.5			
QN33: Percentage of students who ever took steroids without a doctor's prescription (pills or shots during their life)													No linear change	Not available	No change
								0.9		1.2		2.4			
QN34: Percentage of students who ever took prescription drugs without a doctor's prescription (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life)													No linear change	Not available	No change
										4.5		6.1			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Black*
Sexual Behaviors**

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN35: Percentage of students who ever had sexual intercourse													Decreased, 2007-2015	Not available [¶]	No change
							42.7	40.5	29.7	20.7	22.2				
QN36: Percentage of students who had sexual intercourse before age 11 years (for the first time)													Decreased, 2007-2015	Not available	No change
							19.6	14.6	8.0	4.5	4.9				
QN37: Percentage of students who had sexual intercourse with three or more persons (during their life)													Decreased, 2009-2015	Not available	No change
								16.2	8.9	7.4	7.3				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Black*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN39: Percentage of students who described themselves as slightly or very overweight													No linear change	Not available [¶]	No change
							20.8	20.3	26.1	23.8	23.5				
QN40: Percentage of students who were trying to lose weight													Increased, 2007-2015	Not available	No change
							41.8	37.4	47.0	47.5	51.8				
QN41: Percentage of students who did not eat breakfast (during the 7 days before the survey)													No linear change	Not available	No change
									14.5	10.3	10.6				
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)													No linear change	Not available	No change
										41.9	38.7	47.7			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Black*

Physical Activity

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015								
QN42: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													55.2	46.7	53.7	47.4	No linear change	Not available [¶]	No change	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													14.1	24.3	12.8	15.0	No linear change	Not available	No change	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)													33.4	32.3	31.7	34.4	No linear change	Not available	No change	
QN43: Percentage of students who watched television 3 or more hours per day (on an average school day)													57.7	67.2	57.0	65.9	52.2	No linear change	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Black*
Physical Activity**

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN44: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)															
								43.5	39.7	43.4	51.5		No linear change	Not available [¶]	No change
QN45: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)															
								78.2	71.6	64.4	72.6	66.4	No linear change	Not available	No change
QNDLYPE: Percentage of students who attended physical education classes on all 5 days (in an average week when they were in school)															
								29.7	28.0	37.8	50.7	36.5	Increased, 2007-2015	Not available	Decreased
QN46: Percentage of students who played on at least one sports team (run by their school or community groups during the past 12 months)															
								69.5	70.5	68.5	67.9	69.8	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Black*
Other

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN47: Percentage of students who had ever been told by a doctor or nurse that they had asthma															
							25.0	33.4	22.2	28.2	26.5		No linear change	Not available [¶]	No change
QN48: Percentage of students who had 8 or more hours of sleep (on an average school night)															
										54.4	47.3	43.2	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Black*
Site-Added**

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015						
QN52: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting, scraping, or burning themselves on purpose during the 12 months before the survey)													10.2	6.7	13.2	No linear change	Not available [¶]	No change
QN53: Percentage of students who currently drank alcohol (other than a few sips, during the 30 days before the survey)													5.1	10.1		No linear change	Not available	No change
QN54: Percentage of students who currently used marijuana (during the 30 days before the survey)													7.4	6.2	8.7	No linear change	Not available	No change
QN56: Percentage of students who did not drink fruit juice (such as orange juice, apple juice, or grape juice, not counting punch, Kool-Aid, sports drinks, or other fruit-flavored drinks, one or more times the day before the survey)													33.3	30.1		No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Black*
Site-Added**

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN57: Percentage of students who did not eat fruit (not counting fruit juice, one or more times the day before the survey)													Increased, 2013-2015	Not available [¶]	Increased
						23.2					37.3				
QN58: Percentage of students who did not eat green salad (one or more times the day before the survey)													No linear change	Not available	No change
						72.7					81.3				
QN59: Percentage of students who did not eat other vegetables (not counting green salad, potatoes, or carrots, one or more times the day before the survey)													Increased, 2013-2015	Not available	Increased
						37.0					52.1				
QN60: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not including diet soda or diet pop, one or more times the day before the survey)													No linear change	Not available	No change
						36.4					44.9				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN61: Percentage of students who did not drink milk (one or more glasses the day before the survey)													No linear change	Not available [¶]	No change
QN64: Percentage of students who have been taught about AIDS or HIV infection in school													Decreased, 2007-2015	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN6: Percentage of students who never or rarely wore a bicycle helmet (among students who had ridden a bicycle)															
											85.9	83.1	No linear change	Not available [§]	No change
QN8: Percentage of students who never or rarely wore a seat belt (when riding in a car)															
								9.8	4.1	6.4	3.1		Decreased, 2009-2015	Not available	No change
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car)															
								28.0	25.8	15.6	17.0		Decreased, 2009-2015	Not available	No change
QN10: Percentage of students who carried a weapon (such as a gun, knife, or club)															
								24.5	17.5	14.5	15.8		No linear change	Not available	No change
QN11: Percentage of students who were in a physical fight															
								55.1	47.8	44.0	43.5		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Hispanic/Latino
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN12: Percentage of students who were injured in a physical fight (injuries had to be treated by a doctor or nurse)													No linear change	Not available [§]	No change
QN13: Percentage of students who were bullied on school property													No linear change	Not available	No change
QN14: Percentage of students who were electronically bullied (including through e-mail, chat rooms, instant messaging, web sites, or texting)													No linear change	Not available	No change
QN15: Percentage of students who seriously thought about killing themselves													No linear change	Not available	No change
QN16: Percentage of students who made a plan about how they would kill themselves													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN17: Percentage of students who tried to kill themselves													No linear change	Not available [§]	No change
											7.9	5.6			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino

Tobacco Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN18: Percentage of students who ever tried cigarette smoking (even one or two puffs)															
									29.6	25.4	16.8	12.4	Decreased, 2009-2015	Not available [§]	No change
QN19: Percentage of students who smoked a whole cigarette before age 11 years (for the first time)															
											1.8	2.0	No linear change	Not available	No change
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)															
											5.1	2.1	No linear change	Not available	No change
QNFRSIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)															
											1.7	0.4	Decreased, 2013-2015	Not available	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)															
											1.2	0.4	Decreased, 2013-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino

Tobacco Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015					
QNCIGINT: Percentage of students who usually obtained their own cigarettes by buying on the internet (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)													0.7	0.0	Not available	Not available [§]	Not available
QN23: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)													1.7	0.4	Decreased, 2013-2015	Not available	No change
QN24: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)													4.1	1.7	No linear change	Not available	No change
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													5.6	2.5	No linear change	Not available	No change
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													5.6	2.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino
Tobacco Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNNOTOB3: Percentage of students who did not currently use cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													No linear change	Not available [§]	No change
											94.4	97.5			
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)													No linear change	Not available	No change
											94.4	97.5			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN27: Percentage of students who ever drank alcohol (other than a few sips)													43.9	36.6	25.3	22.7	Decreased, 2009-2015	Not available [§]	No change
QN28: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													17.9	15.0	5.7	8.7	Decreased, 2009-2015	Not available	No change
QN29: Percentage of students who ever used marijuana (during their life)													16.8	9.6	7.9	9.7	No linear change	Not available	No change
QN30: Percentage of students who tried marijuana before age 11 years (for the first time)													0.0	2.4	1.2	0.9	Not available	Not available	No change
QN31: Percentage of students who ever used any form of cocaine (such as powder, crack, or freebase during their life)													7.7	4.3	2.7	2.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high during their life)													Decreased, 2011-2015	Not available [§]	No change
								17.5		11.5		7.0			
QN33: Percentage of students who ever took steroids without a doctor's prescription (pills or shots during their life)													No linear change	Not available	No change
								1.3		2.1		0.8			
QN34: Percentage of students who ever took prescription drugs without a doctor's prescription (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life)													No linear change	Not available	No change
										4.1		1.3			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino
Sexual Behaviors

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN35: Percentage of students who ever had sexual intercourse													No linear change	Not available [§]	No change
											6.2	7.2			
QN36: Percentage of students who had sexual intercourse before age 11 years (for the first time)													No linear change	Not available	No change
											1.9	1.4			
QN37: Percentage of students who had sexual intercourse with three or more persons (during their life)													No linear change	Not available	No change
											4.6	2.2			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015				
QN39: Percentage of students who described themselves as slightly or very overweight													No linear change	Not available [§]	No change	
							25.2	31.0	32.5	29.2						
QN40: Percentage of students who were trying to lose weight													No linear change	Not available	Decreased	
							46.9	53.2	66.4	50.7						
QN41: Percentage of students who did not eat breakfast (during the 7 days before the survey)													No linear change	Not available	No change	
							14.1	16.6	12.0							
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)													No linear change	Not available	No change	
							38.0	40.9	40.9							

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Hispanic/Latino
Physical Activity**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN42: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													41.0	46.4	45.6	45.0	No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													15.8	7.5	12.2	13.3	No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)													28.7	35.9	26.1	27.0	No linear change	Not available	No change
QN43: Percentage of students who watched television 3 or more hours per day (on an average school day)													42.5	30.5	42.0	36.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Hispanic/Latino
Physical Activity**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN44: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)													Increased, 2009-2015	Not available [§]	No change
							19.2	27.4	41.2	44.2					
QN45: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)													No linear change	Not available	Decreased
							68.6	75.9	74.1	61.5					
QNDLYPE: Percentage of students who attended physical education classes on all 5 days (in an average week when they were in school)													Increased, 2009-2015	Not available	No change
							20.5	52.1	45.1	40.6					
QN46: Percentage of students who played on at least one sports team (run by their school or community groups during the past 12 months)													No linear change	Not available	No change
							49.5	64.9	61.6	57.5					

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey
Sussex County
Trend Analysis Report

Hispanic/Latino
Other

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN47: Percentage of students who had ever been told by a doctor or nurse that they had asthma															
									20.3	21.3	20.0	17.6	No linear change	Not available [§]	No change
QN48: Percentage of students who had 8 or more hours of sleep (on an average school night)															
										59.2	56.8	59.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino
Site-Added

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting, scraping, or burning themselves on purpose during the 12 months before the survey)													No linear change	Not available [§]	No change
								13.0			13.8	10.6			
QN53: Percentage of students who currently drank alcohol (other than a few sips, during the 30 days before the survey)													No linear change	Not available	No change
											8.2	5.9			
QN54: Percentage of students who currently used marijuana (during the 30 days before the survey)													No linear change	Not available	No change
											3.0	5.0			
QN56: Percentage of students who did not drink fruit juice (such as orange juice, apple juice, or grape juice, not counting punch, Kool-Aid, sports drinks, or other fruit-flavored drinks, one or more times the day before the survey)													No linear change	Not available	No change
											28.2	29.8			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN57: Percentage of students who did not eat fruit (not counting fruit juice, one or more times the day before the survey)													No linear change	Not available [§]	No change
											19.3	19.2			
QN58: Percentage of students who did not eat green salad (one or more times the day before the survey)													No linear change	Not available	No change
											65.9	61.0			
QN59: Percentage of students who did not eat other vegetables (not counting green salad, potatoes, or carrots, one or more times the day before the survey)													No linear change	Not available	No change
											36.1	44.9			
QN60: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not including diet soda or diet pop, one or more times the day before the survey)													No linear change	Not available	No change
											45.8	40.2			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware Middle School Survey

Sussex County

Trend Analysis Report

Hispanic/Latino
Site-Added

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN61: Percentage of students who did not drink milk (one or more glasses the day before the survey)															
											26.6	39.2	Increased, 2013-2015	Not available [§]	Increased
QN64: Percentage of students who have been taught about AIDS or HIV infection in school															
									48.8	40.3	35.4	23.4	Decreased, 2009-2015	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.