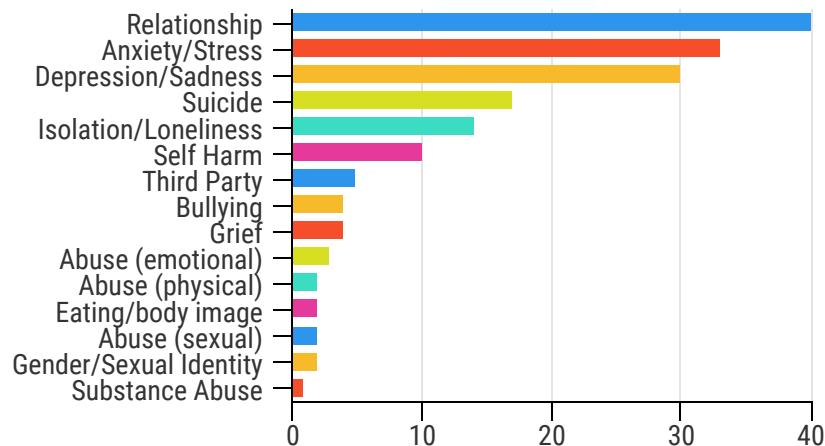


Crisis Text Line in Delaware

Most frequent topics of Crisis Text Line conversations in Delaware, by percent



Relationships, anxiety or stress, and depression or sadness are the top three reasons that people use the Crisis Text Line in Delaware.

Crisis texting services are considered promising practices in suicide prevention.

The US Substance Abuse and Mental Health Services Administration (SAMHSA) sponsors the Garrett Lee Smith Suicide Prevention initiative, which supports the Department of Services for Children, Youth and their Families (DSCYF) Project SAFETY in Delaware. The agency has partnered with Crisis Text Line (CTL), a non-profit organization that provides crisis texting services staffed by trained volunteers who respond to the texters, providing support and information, and, whenever necessary, triggering an active rescue.

Staffers code the conversations according to keywords. When a texter uses the DE hash tag, data becomes available to highlight aggregate characteristics of the conversations. ***From June 2016 through April 2019, the Crisis Text Line has registered 1,147 conversations in Delaware and facilitated 5 active rescues.***



**To use the Crisis Text Line,
Text DE to 741741**

CRISIS TEXT LINE |