

SPF-SIG 101

Overview of SPF-SIG From the
National Level, State Level and down
to the Community Level

What is the SPF?

Strategic Prevention Framework

- Process is known to promote youth development, reduce risk-taking behaviors, build assets and resilience, and prevent problem behaviors across the life span.
- The SPF is built on a community-based risk and protective factors approach to prevention and a series of guiding principles that can be utilized at the federal, State/tribal and community levels.
- The idea behind SPF is to use the findings from public health research along with evidence-based prevention programs to build capacity within States/Tribes/Territories and the prevention field. This in turn will promote resilience and decrease risk factors in individuals, families, and communities.
 - What is exciting about SPF-SIG: It is a data-driven process!

The Strategic Prevention Framework (SPF)
uses a five-step process.



5 Steps of the SPF Process

1. Assess their prevention needs based on epidemiological data
 2. Build their Prevention Capacity
 3. Develop a Strategic Plan
 4. Implement effective community prevention programs, policies, and practice
 5. Evaluate their efforts
- *Throughout the 5 steps must also address issues of **sustainability** and **cultural competency**.

National Level

- SPF-SIG is one of **SAMHSA**'s grant programs.
- SAMHSA's mission: to reduce the impact of substance abuse and mental illness on America's communities.
- SAMHSA has funded
 - 49 States (Idaho is the only state not funded)
 - All states received about \$10 million
 - 19 tribes/tribal organizations
 - 8 territories
 - And the District of Columbia
- 5 Cohorts of SPF-SIG Grantees at the Nat'l level
 - DE is Cohort 4 -- funded in 2009
 - 5 year grant

National Goals of SPF-SIG

1. Prevent the onset and reduce the progression of substance abuse, including childhood and underage drinking.
2. Reduce substance abuse-related problems in communities.
3. Build prevention capacity and infrastructure at the State and community level.

How did we get it?

- We applied before but we were denied!
- In the meantime, developed a SEOW to help with data collection, tracking problems, infrastructure development, etc...
- Applied again for Cohort 4 (successfully) and Delaware was funded in 2009.

DSAMH Key Players

- Dr. Marc Richman: Assistant Director for Community Mental Health and Addiction Services, DSAMH
- Joe Hughes: Director of Planning
- Dr. Cecilia Willis: Project Director (DSAMH)
- Isabel Rivera-Green: NPN representative, DSAMH
- Erica Melman: DHSS Planner (substance abuse prevention and treatment)
- Chevonne Boyd: Project Manager
- Ann Elizabeth (Nancy) McGee: Field Monitor

SEOW/DDATA

- Created in 2006

Mission:

1. DDATA collects, synthesizes, and makes accessible information on DE substance use, its precursors and its consequences
 2. DDATA Informs and guides substance abuse policy, program development and evaluation in the State
 3. DDATA disseminates information to State and community agencies, to targeted decision-makers, and to the Delaware public
- SEOW made initial recommendations of Priorities.
 - Used Score Sheet
 - Presented to DAC and State

Delaware Advisory Council (DAC)

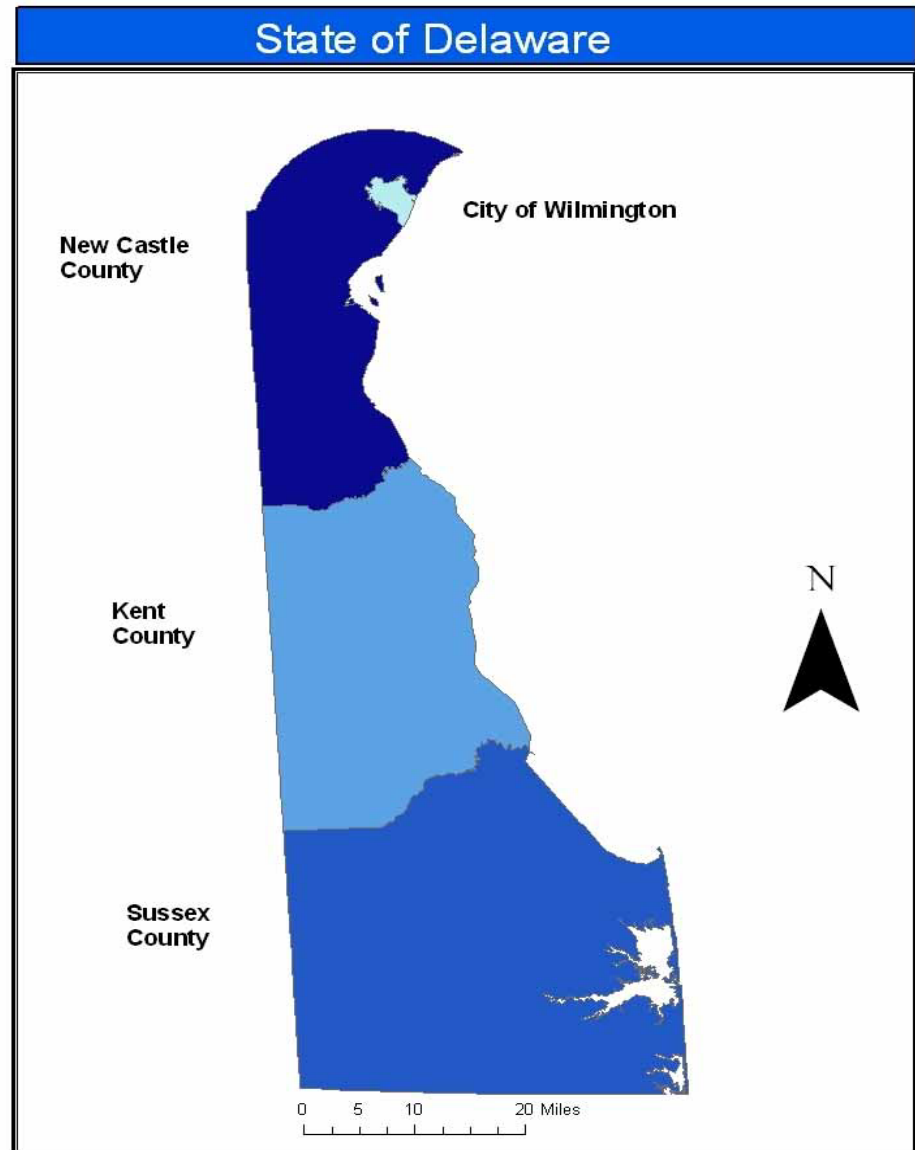
- The first DAC meeting was on October 30, 2009
- The role of the DAC is that are involved in all aspects of the implementation of the SPF SIG at the state and community level. The level of involvement of the DAC is high and very influential on the entire SPF SIG process.
 - Representing different sectors, community groups
 - Defining key words associated with SPF-SIG (community and cultural competency)
 - Issue of funding – Full vs. Associate members
 - Agreeing on proposed priorities
- For the selection of Priorities: DAC made use of the DDATA information but wanted additional input from key informants and from community members.
 - This led to the creation of the Community surveys (English and Spanish versions) that are available on the web and have also been distributed to community members at local meetings.

Assessment Process

- SEOW had a large role in the assessment:
 1. Assessing the substance use and related problems
 - Consumption and Consequences
 - Annual Epi State and Substate reports
 2. Assessing the substance abuse related systems in the State

Delaware's 4 Sub-state Planning Areas

1. New Castle County (excluding Wilmington)
2. Wilmington
3. Kent County
4. Sussex County



Strategic Planning Process

- Wrote DE Strategic Plan
 - Input from DAC
 - Input from SEOW/DDATA - must be data driven
 - Input from State
- Sent off to federal project officer at SAMHSA on 3/31/2010.
- Finally approved on 10/28/2010
 - Which means DE can start the RFP process with community groups/agencies!

Delaware SPF-SIG Priorities

Statewide Priority:

1. Reduce past month alcohol misuse and abuse of Delaware residents 12-25 years of age.

Indicators of change may include, but are not limited to:

- A decrease of underage and binge drinking (consumption)
- A decrease in alcohol related traffic crashes, death, and/or injuries (consequences)

Delaware SPF-SIG Priorities

Secondary Priority:

2. Communities that want to focus on an additional substance abuse priority must provide relevant data to support its approval.

- Needs Assessment Process; Data-driven process

Goals of DE SPF-SIG

1. Reduce underage and binge drinking (12-25 year olds) and its related consequences.
2. Build Prevention Capacity and Infrastructure!!!

RFP Process for Contractors

- RFP = Request for Proposal
- The 1st round of RFP was due: March 7, 2011. The 2nd round was due: April 17, 2012
- Who was funded
 - 1st round:
 - Brandywine Counseling and Community Services (BCCS)
 - Wellspring, UD
 - Wesley College
 - Boys and Girls Club of Dover
 - YMCA of Delaware
 - La Esperanza
 - Kent Sussex Counseling Services
 - Open Door, Inc
 - 2nd round:
 - Each 1 Teach 1
 - Edgemoor Community Center
 - Latin American Community Center (LACC)

Now the Community Level

- The communities replicate the process the State went through to get funding (5 steps)
 - Conducted an assessment, wrote a strategic plan.
 - Cohort 1 Strategic Plans were approved April 18, 2012
 - Cohort 2 Strategic Plans were approved Nov 13, 2012

Where are we now?

Implementation!

- All Contractors are implementing their SPF-SIG activities
 - The activities vary but fall under 6 categories: Information dissemination, alternative activities, community based processes, prevention education, environmental strategies, and problem identification and referral