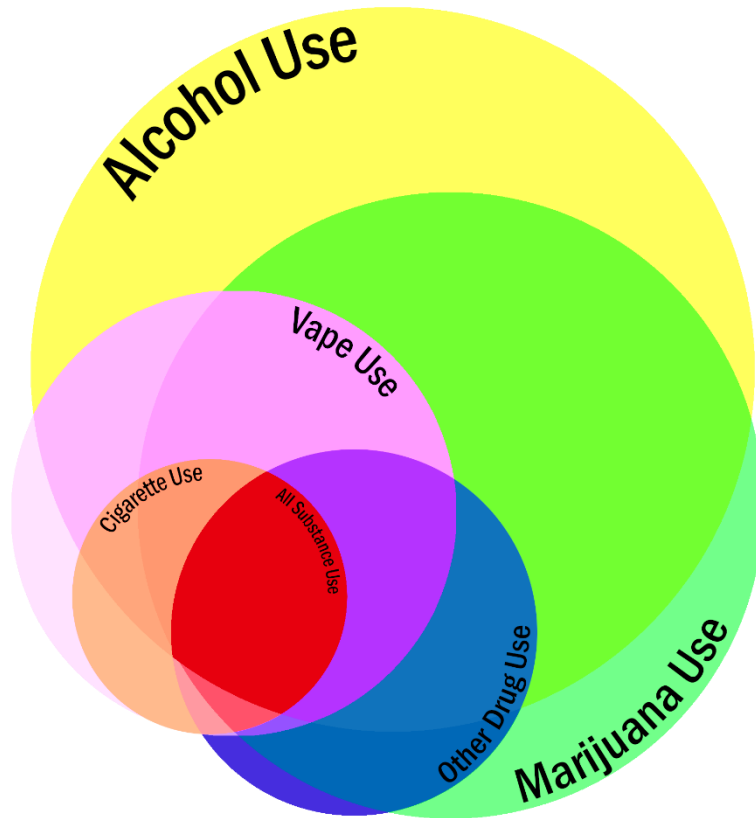


## Polysubstance use among 11<sup>th</sup> grade students



This venn diagram illustrates the prevalence of past year polysubstance use among 11<sup>th</sup> grade students in Delaware. Each circle has been scaled relative to the number of students who report using that substance in the past year, and the areas where circles overlap are accurate to the proportion of students who reported using multiple substances. Overall, 55% of students report using at least one substance in the past year, meaning that 45% of students did not report past year substance use.

As in previous years, alcohol remains the most commonly used substance, with marijuana as the second most used substance. Most students who reported using a different substance were also using alcohol or marijuana, if not both. Also of note, every student who reported smoking cigarettes also reported the use of an e-cigarette or vaping device. Two percent of students reported using substances from all five categories of drugs here.

Substance	% reporting past year use
Alcohol	45%
Marijuana	34%
E-cigarette/Vape	17%
Cigarettes	7%
At least one other drug <sup>a</sup>	12%
All of the above categories	2%

Note: <sup>a</sup>This includes ecstasy, hallucinogens, steroids, over-the-counter drugs, amphetamines, crack, cocaine, heroin, synthetic marijuana, and/or any prescription medication used in ways other than prescribed.

Source: [“2018 Delaware School Survey.” Center for Drug and Health Studies, University of Delaware.](#)