



YEAR 2006

DELAWARE YOUTH TOBACCO SURVEY STUDENT ASSENT AND INSTRUCTIONS

We at the University of Delaware are conducting a study for the Delaware Division of Public Health and the Federal Centers for Disease Control and Prevention. We want to find out what students think about, know about, and do about cigarettes and other tobacco products. To learn these things, we are asking 6th to 12th graders in all the Delaware schools these questions. This study includes parts of a much larger study asking other students across the country the same questions. We are doing this to find out what kinds of information and programs students need most and what kinds they don't need. THIS IS NOT A TEST. This is research, so there are no right or wrong answers. It is very important that you answer each question truthfully. The best answer you can give us is the one that is true for you.

DO NOT PUT YOUR NAME ON THIS BOOKLET. We want to be sure that everyone's answers are private. When you are done, all of the booklets will be put in a box at the front of the room. Then we will mix them up, so that no one will know which one was filled out by you. Your teacher will not know, your classmates will not know, and even you will not be able to find your own booklet. The answers will be important to us only when we know what all students in Delaware are thinking and doing about topics we are asking about in the questions. We will keep your responses secret because if the study is to be helpful, it is important that you answer each question truthfully.

You don't have to answer any questions you don't want to. Anything you don't want to answer, just leave blank. There is no penalty if you choose not to fill out the survey or any part of it. Below you will see marking instructions. They will be explained to you. Unless the question says otherwise, mark only one answer for each question. When you are finished, turn your booklets over and you may work on something else. When everyone has finished, bring your booklet up and put it in the box so that we can mix them up.

REMEMBER, this isn't a test, so there are no right or wrong answers. We need TRUE ANSWERS. Work quickly so you can finish. If you don't find an answer that fits exactly, choose the one that comes closest. If it's something you just don't understand, raise your hand for help. If it's something you don't know, leave it blank and go on to the next question.

Thank you very much for your help and for being an important part of this study.

MARKING INSTRUCTIONS
• Use a No. 2 pencil only.
• Do not use ink, ballpoint, or felt tip pens.
• Make solid marks that fill the response completely.
• Erase cleanly any marks you wish to change.
• Make no stray marks on this form.
CORRECT: ● INCORRECT: ✓ ✗ ○ ●

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THE FIRST QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF

1. How old are you?
 - 9 years old
 - 10 years old
 - 11 years old
 - 12 years old
 - 13 years old
 - 14 years old
 - 15 years old
 - 16 years old
 - 17 years old
 - 18 years old
 - 19 years old
 - 20 years old
 - 21 years old
2. What is your sex?
 - Male
 - Female
3. What grade are you in?
 - 6th
 - 7th
 - 8th
 - 9th
 - 10th
 - 11th
 - 12th
 - Ungraded or other grade
4. How do you describe yourself? (You can CHOOSE ONE ANSWER, or MORE THAN ONE)
 - American Indian or Alaskan Native
 - Asian
 - Black or African American
 - Hispanic or Latino
 - Native Hawaiian or Other Pacific Islander
 - White
5. Which one of these groups BEST describes you? (CHOOSE ONLY ONE ANSWER)
 - American Indian or Alaskan Native
 - Asian
 - Black or African American
 - Hispanic or Latino
 - Native Hawaiian or Other Pacific Islander
 - White
6. Have you ever tried cigarette smoking, even one or two puffs?
 - Yes
 - No

THE NEXT GROUP OF QUESTIONS ASK ABOUT TOBACCO USE

Cigarette Smoking

7. How old were you when you smoked a whole cigarette for the first time?
 - I have never smoked a whole cigarette
 - 8 years old or younger
 - 9
 - 10
 - 11
 - 12
 - 13
 - 14
 - 15
 - 16
 - 17 years old or older
8. About how many cigarettes have you smoked in your entire life?
 - None
 - 1 or more puffs but never a whole cigarette
 - 1 cigarette
 - 2 to 5 cigarettes
 - 6 to 15 cigarettes (about 1/2 pack total)
 - 16 to 25 cigarettes (about 1 pack total)
 - 26 to 99 cigarettes (more than 1 pack but less than 5 packs)
 - 100 or more cigarettes (5 or more packs)
9. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?
 - Yes
 - No
10. During the past 30 days, on how many days did you smoke cigarettes?
 - 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days
11. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?
 - I did not smoke cigarettes during the past 30 days
 - Less than 1 cigarette per day
 - 1 cigarette per day
 - 2 to 5 cigarettes per day
 - 6 to 10 cigarettes per day
 - 11 to 20 cigarettes per day
 - More than 20 cigarettes per day

TOBACCO USE QUESTIONS
Cigarette Smoking (Continued)

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12. During the past 30 days, what brand of cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)

- I did not smoke cigarettes during the past 30 days
- I do not have a usual brand
- American Spirit
- Camel
- GPC, Basic, or Doral
- Kool
- Lucky Strike
- Marlboro
- Newport
- Parliment
- Virginia Slims
- Some other brand

13. What type of cigarette did you usually smoke in the past 30 days?

- I have never smoked
- I did not smoke cigarettes in the past 30 days
- I do not have a usual type
- Regular/Full flavor
- Light
- Ultra light

14. Are the cigarettes you usually smoke menthol cigarettes?

- I do not smoke cigarettes
- Yes
- No

15. During the past 30 days, how did you usually get your own cigarettes? (CHOOSE ONLY ONE ANSWER)

- I did not smoke cigarettes during the past 30 days
- I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- I bought them from a vending machine
- I gave someone else money to buy them for me
- I borrowed (or bummed) them from someone else
- A person 18 years or older gave them to me
- I took them from a store or family member
- I got them some other way

16. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?

- I did not try to buy cigarettes in a store during the past 30 days
- Yes, I was asked to show proof of age
- No, I was not asked to show proof of age

17. During the past 30 days, where did you buy the last pack of cigarettes you bought?

- I did not buy a pack of cigarettes during the past 30 days
- A gas station
- A convenience store
- A grocery store
- A drugstore
- A vending machine
- I bought them over the Internet
- Other

18. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?

- I did not try to buy cigarettes in a store during the past 30 days
- Yes, someone refused to sell me cigarettes because of my age
- No, no one refused to sell me cigarettes because of my age

19. Where do you smoke cigarettes? (Choose one or more answer)

- I do not smoke now
- At home
- At school
- At work
- In the car
- At friends' houses
- At sports event, parties, dances, raves, or other social events
- In public places (parks, shopping malls or other hangouts)

20. During the past 30 days, on how many days did you smoke cigarettes on school property?

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

PLEASE DO NOT WRITE IN THIS AREA



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Cigarette smoking, continued:

21. When was the last time you smoked a cigarette, even one or two puffs?
- I have never smoked even one or two puffs
 - Earlier today
 - Not today, but sometime during the past 7 days
 - Not during the past 7 days but sometime during the past 30 days
 - Not during the past 30 days but sometime during the past 6 months
 - Not during the past 6 months but sometime during the past year
 - 1 to 4 years ago
 - 5 or more years ago
22. How long can you go without smoking before you feel like you need a cigarette?
- I have never smoked cigarettes
 - I do not smoke now
 - Less than an hour
 - 1 to 3 hours
 - More than 3 hours but less than a day
 - A whole day
 - Several days
 - A week or more
23. During the past 12 months, did you ever try to quit smoking cigarettes?
- I did not smoke during the past 12 months
 - Yes
 - No
24. Do you want to stop smoking cigarettes?
- I do not smoke now
 - Yes
 - No
25. How many times, if any, have you tried to quit smoking?
- I have never smoked
 - None
 - 1 time
 - 2 times
 - 3 to 5 times
 - 6 to 9 times
 - 10 or more times
26. When you last tried to quit, how long did you stay off cigarettes?
- I have never smoked cigarettes
 - I have never tried to quit
 - Less than a day
 - 1 to 2 days
 - 3 to 7 days
 - More than 7 days but less than 30 days
 - More than 30 days but less than 6 months
 - More than 6 months but less than a year
 - More than a year

27. Has a doctor, dentist or nurse ever asked you whether you smoke cigarettes?
- Yes
 - No
 - I don't know/can't remember
28. Has a doctor, dentist or nurse ever advised you to quit smoking
- I have never smoked
 - Yes
 - No
 - I don't know/can't remember

Smokeless Tobacco: Chewing Tobacco, Snuff or Dip:

29. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?
- Yes
 - No
30. How old were you when you used chewing tobacco, snuff, or dip for the first time?
- I have never used chewing tobacco, snuff, or dip
 - 8 years old or younger
 - 9
 - 10
 - 11
 - 12
 - 13
 - 14
 - 15
 - 16
 - 17 years old or older
31. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days
32. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

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Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip, continued:

33. During the past 30 days, how did you usually get your own chewing tobacco, snuff, or dip? (CHOOSE ONLY ONE ANSWER)
- I did not use chewing tobacco, snuff, or dip during the past 30 days
 - I bought them in a store, such as a convenience store, supermarket, discount store, or gas station
 - I bought them from a vending machine
 - I gave someone else money to buy them for me
 - I borrowed (bummed) them from someone else
 - A person 18 years or older gave them to me
 - I took them from a store or family member
 - I got them some other way

Cigars:

34. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?
- Yes
 - No
35. How old were you when you smoked a cigar, cigarillo, or little cigar for the first time?
- I have never smoked a cigar, cigarillo or little cigar
 - 8 years old or younger
 - 9
 - 10
 - 11
 - 12
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 - 16
 - 17 years old or older
36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

37. During the past 30 days, how did you usually get your own cigars, cigarillos, or little cigars? (CHOOSE ONLY ONE ANSWER)
- I did not smoke cigars, cigarillos, or little cigars during the past 30 days
 - I bought them in a store such as a convenience store, supermarket, discount store, or gas station
 - I bought them from a vending machine
 - I gave someone else money to buy them for me
 - I borrowed (bummed) them from someone else
 - A person 18 years or older gave them to me
 - I took them from a store or family member
 - I got them some other way

Pipe:

38. During the past 30 days, on how many days did you smoke tobacco in a pipe?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

Bidis and Kreteks:

The next three questions are about bidis and kreteks. Bidis (or beedies) are small brown cigarettes from India consisting of tobacco wrapped in a leaf tied with a thread, available in a variety of flavors. Kreteks (also called clove cigarettes) are cigarettes containing tobacco and clove extract.

39. Have you ever tried any of the following?
- Bidis
 - Kreteks
 - I have tried both bidis and kreteks
 - I have never smoked bidis or kreteks

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40. During the past 30 days, on how many days did you smoke bidis?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

41. During the past 30 days, on how many days did you smoke kreteks?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO

42. Do you think that you will try a cigarette soon?
- I have already tried smoking cigarettes
 - Yes
 - No

43. Have either of your parents (or guardians) discussed the dangers of tobacco use with you?
- Mother (female guardian) only
 - Father (male guardian) only
 - Both
 - Neither

<i>Mark one answer only please</i>	Definitely Yes	Probably Yes	Probably Not	Definitely Not
44. Do you think you will smoke a cigarette at anytime during the next year?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. Do you think you will be smoking cigarettes 5 years from now?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. If one of your best friends offered you a cigarette, would you smoke it?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. Can people get addicted to using tobacco just like they can get addicted to using cocaine or heroin?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
48. Do you think young people who smoke cigarettes have more friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
49. Do you think smoking cigarettes makes young people look cool or fit in?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
50. Do you think young people risk harming themselves if they smoke from 1-5 cigarettes per day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
51. Do you think young people risk harming themselves if they smoke one or more packs per day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
52. Do you think it is safe to smoke for only a year or two, as long as you quit after that?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
53. Have you ever been curious about smoking a cigarette?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

54. If the price of cigarettes were to go up by fifty cents per pack, do you think you would . . .
- Definitely smoke fewer cigarettes
 - Probably smoke fewer cigarettes
 - Smoke about the same number of cigarettes
 - I don't smoke cigarettes
 - Don't know/not sure

55. Do you think you would be able to quit smoking cigarettes now if you wanted to?
- I have never used tobacco
 - Yes
 - No

56. Have you ever participated in a program to help you quit using tobacco?
- I have never used tobacco
 - Yes
 - No
57. During this school year, did you practice ways to say NO to tobacco in any of your classes (for example, by role playing)?
- Yes
 - No
 - Not sure
58. During this school year, were you taught in any of your classes that most people your age do not smoke cigarettes?
- Yes
 - No
 - Not Sure
59. During this school year, were you taught in any of your classes about the dangers of tobacco use?
- Yes
 - No
 - Not sure

**THE NEXT QUESTIONS ASK ABOUT
EVENTS YOU MAY HAVE ATTENDED
OR WHAT YOU HAVE SEEN ON TV,
AT THE MOVIES, OR ON THE
INTERNET:**

60. During the past 12 months, have you participated in any community activities to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?
- Yes
 - No
 - I did not know about any activities
61. During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?
- Not in the past 30 days
 - 1 - 3 times in the past 30 days
 - 1 - 3 times per week
 - Daily or almost daily
 - More than once a day
62. During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of second hand smoke?
- Not in the past 30 days
 - 1 - 3 times in the past 30 days
 - 1 - 3 times per week
 - Daily or almost daily
 - More than once a day

63. When you read newspapers or magazines, how often do you see ads or promotions for cigarettes and other tobacco products?
- I don't read newspapers or magazines
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never
64. When you watch TV or go to the movies, how often do you see actors using tobacco?
- I don't watch TV or go to movies
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never
65. When you watch TV, how often do you see athletes using tobacco?
- I don't watch TV
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never
66. When you are using the Internet, how often do you see ads for tobacco products?
- I don't use the Internet
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never
67. When you go to a convenience store, supermarket, or gas station, how often do you see ads for cigarettes and other tobacco products or items that have tobacco company names or pictures on them?
- I never go to a convenience store, supermarket, or gas station
 - All of the time
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never
- SOME TOBACCO COMPANIES MAKE ITEMS
LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS,
HATS, JACKETS, AND SUNGLASSES THAT
PEOPLE CAN BUY OR RECEIVE FREE.**
68. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it?
- Yes
 - No

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69. Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not

THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE:

70. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?
- 0 days
 - 1 or 2 days
 - 3 or 4 days
 - 5 or 6 days
 - 7 days
71. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?
- 0 days
 - 1 or 2 days
 - 3 or 4 days
 - 5 or 6 days
 - 7 days
72. Do you think the smoke from other people's cigarettes is harmful to you?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
73. Does anyone who lives with you now smoke cigarettes?
- Yes
 - No
74. Does anyone who lives with you now use chewing tobacco, snuff, or dip?
- Yes
 - No
75. Which statement best describes the rules about smoking inside your home?
- Smoking is not allowed anywhere inside my home
 - Smoking is allowed at some places or at some times inside my home
 - Smoking is allowed anywhere in my home
 - There are no rules about smoking in my home

76. Which statement best describes the rules about smoking in the car you drive?
- I do not drive a car
 - Smoking is not allowed in the car I drive
 - Smoking is allowed in the car I drive
 - There are no rules about smoking in the car I drive
77. How many of your four closest friends smoke cigarettes?
- None
 - One
 - Two
 - Three
 - Four
 - Not sure
78. How many of your four closest friends use chewing tobacco, snuff, or dip?
- None
 - One
 - Two
 - Three
 - Four
 - Not sure
79. Do either of your parents/guardians smoke cigarettes, cigars, or use chewing tobacco, snuff, or dip?
- Yes
 - No

80. Out of 100 KIDS your age in Delaware, how many do you think smoke cigarettes at least once a month?

Instructions: Write the number in the blank box below and fill in the matching circle below each number.

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2	2
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7	7
8	8
9	9

81. Out of 100 ADULTS in Delaware, how many do you think smoke cigarettes at least once a month?

Instructions: Write the number in the blank box below and fill in the matching circle below each number.

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1	1
2	2
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9	9



Now we want to ask you a few questions about your lifestyle.

	None	Less than 1 hour	About 1 hour	About 2 hours	About 3 hours	About 4 hours	5 or more hours
82. About how many hours do you usually spend watching television (including videos) in your free time on a <u>weekday</u> ?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
83. About how many hours do you usually spend using a computer (for playing games, emailing, chatting or surfing the internet) in your free time on a <u>weekday</u> ?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
84. About how many hours do you usually spend doing homework on a <u>weekday</u> ?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
85. <u>Outside school hours:</u> How many HOURS a week do you usually exercise in your free time so much that you get out of breath or sweat?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
86. <u>Outside work hours:</u> How many HOURS a week does your mom usually exercise in her free time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

87. Over the past 7 days, on how many days did you eat breakfast?

- None
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

88. On average, how much time each day do you spend riding in a car or bus?

- Less than 15 minutes
- 15 minutes but less than 30 minutes
- 30 minutes but less than 45 minutes
- 45 minutes but less than 1 hour
- 1 hour but less than 1 and 1/2 hours
- 1 and 1/2 hours but less than 2 hours
- 2 or more hours

89. In the past month, have you seen a television ad or heard a radio ad about "Get Up and Do Something?"

- YES
- NO

90. As a result of seeing the TV ad or hearing the radio ad with the slogan "Get Up and Do Something," have you become more physically active?

- YES
- NO

Please go on to next page.

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91. How much do you weigh without your shoes on?

92. How tall are you without your shoes on?

Directions: Write your weight in the shaded blank boxes. Fill in the matching oval below each number.

Directions: Write your height in the shaded blank boxes. Fill in the matching oval below each number.

Example		
Weight		
Pounds		
1	5	2
0	0	0
●	1	1
2	2	●
3	3	3
4	4	4
	●	5
	6	6
	7	7
	8	8
	9	9

Weight		
Pounds		
0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
	5	5
	6	6
	7	7
	8	8
	9	9

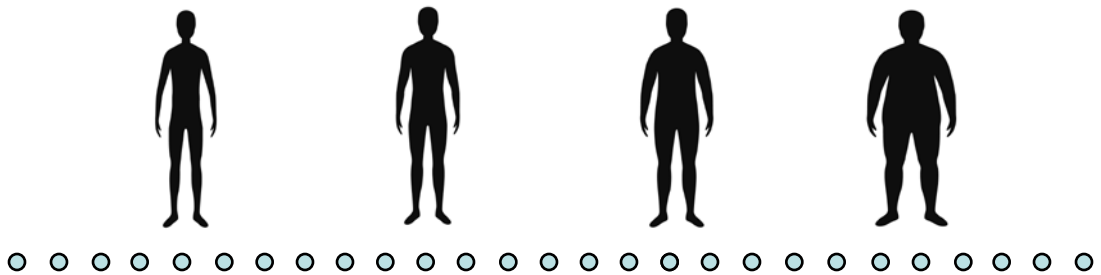
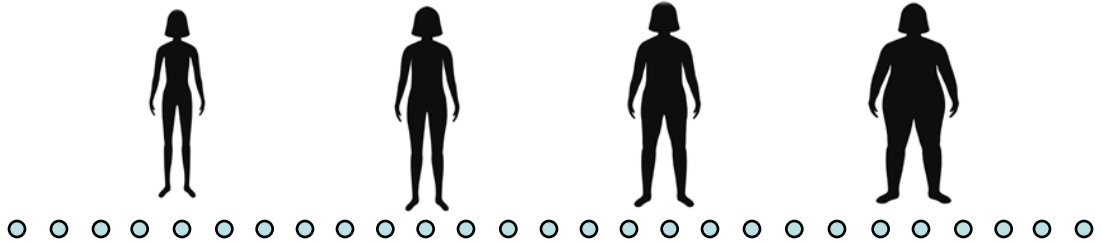
Example	
Height	
Feet	Inches
5	7
3	0
4	1
●	2
6	3
7	4
	5
	6
	●
	8
	9
	10
	11

Height	
Feet	Inches
3	0
4	1
5	2
6	3
7	4
	5
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	10
	11

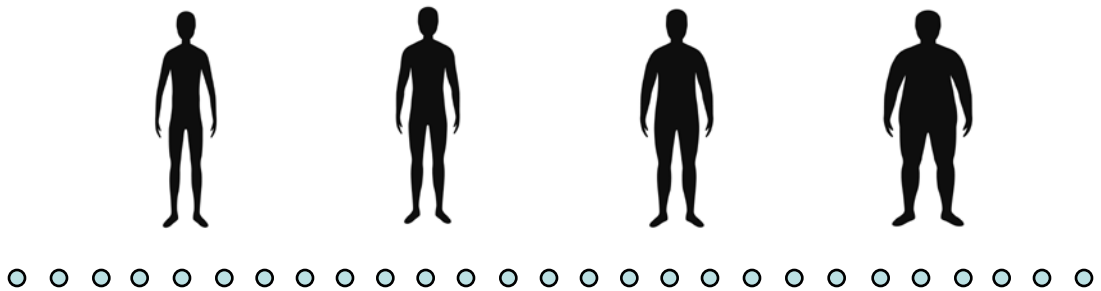
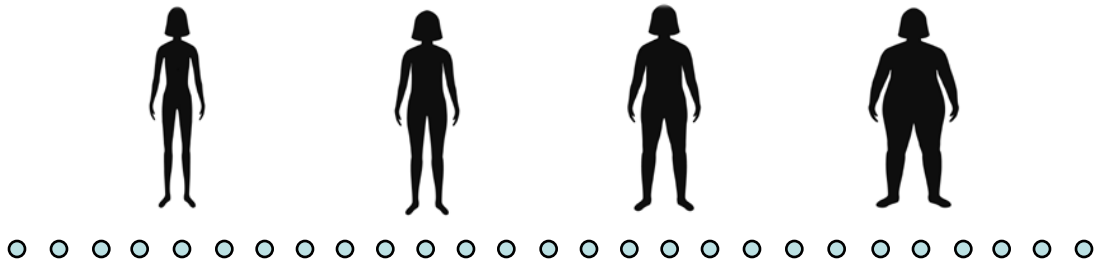
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Fill in the circle that best reflects your current appearance.



Fill in the circle that reflects the appearance you would most want to look like.



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PLEASE DO NOT WRITE IN THIS AREA



[SERIAL]

38" SPINE PERF