Alcohol Use in Delaware

In 2021, 13% of 11th graders and 5% of 8th graders reported using alcohol in the past month.\(^b\)

Perceptions of Risk

In 2021, among Delaware students, 37% of 8th graders and 43% of 11th graders reported believing that binge drinking poses a great risk.\(^b\)

Driving Under the Influence

In 2021, 7% of surveyed 11th grade students reported drinking and driving in the past year.\(^b\)

Adult Binge Drinking*

Nearly 1 in 3 young adults aged 18-25 report binge drinking in the past month, higher than the rates among younger teens (3.35%) and adults aged 26 and older (22.48%).\(^a\)

* Binge drinking defined as four or more drinks for women and five or more drinks for men, on an occasion during the past 30 days.

Source(s):

\(^a\) National Survey on Drug Use and Health (NSDUH), 2019-2020.