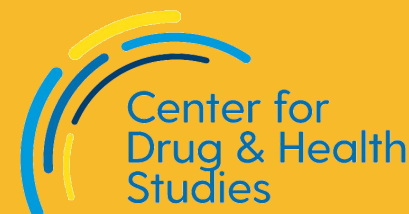
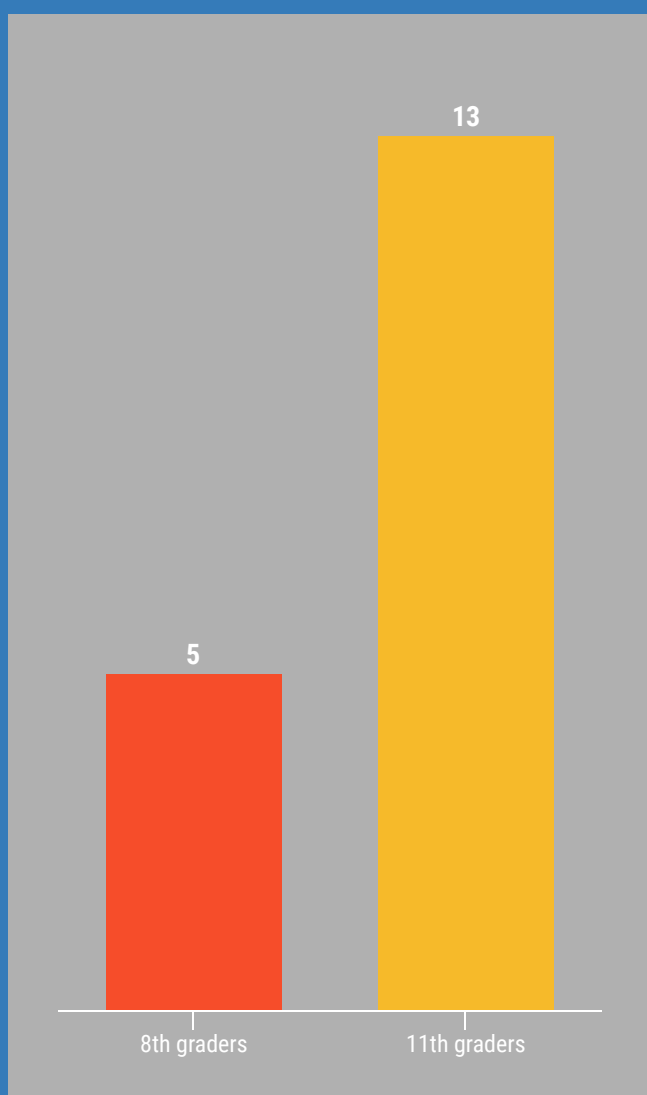


# Alcohol Use in Delaware



## Past Month Alcohol Use (%)



In 2021, **13% of 11th graders** and **5% of 8th graders** reported using alcohol in the past month.<sup>b</sup>



## Perceptions of Risk

In 2021, among Delaware students, **37% of 8th graders** and **43% of 11th graders** reported believing that binge drinking poses a great risk.<sup>b</sup>

## Driving Under the Influence



In 2021, 7% of surveyed 11th grade students reported drinking and driving in the past year.<sup>b</sup>

## Adult Binge Drinking\*



**Nearly 1 in 3** young adults aged 18-25 report binge drinking in the past month, higher than the rates among younger teens (3.35%) and adults aged 26 and older (22.48%).<sup>a</sup>

\* Binge drinking defined as four or more drinks for women and five or more drinks for men, on an occasion during the past 30 days.

Source(s):

<sup>a</sup> National Survey on Drug Use and Health (NSDUH), 2019-2020.

<sup>b</sup> Center for Drug & Health Studies. (2021). Delaware School Survey: Secondary [Annual Survey]. University of Delaware. Note: Delaware School Survey data is unweighted.

This is a publication of the Delaware State Epidemiological Outcomes Workgroup (SEOW) project and accompanies the 2022 Delaware Epidemiological Profile. Support for this project has been provided by the Delaware Department of Health and Social Services, Division of Substance Abuse and Mental Health through funding from the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA).