

Protective Factors for Delaware Youth



Support and Encouragement

In 2021, **95% of surveyed 5th grade students** reported that **at least one person** in their life provides them with support and encouragement, most commonly a parent or guardian.^b



Feelings of Safety

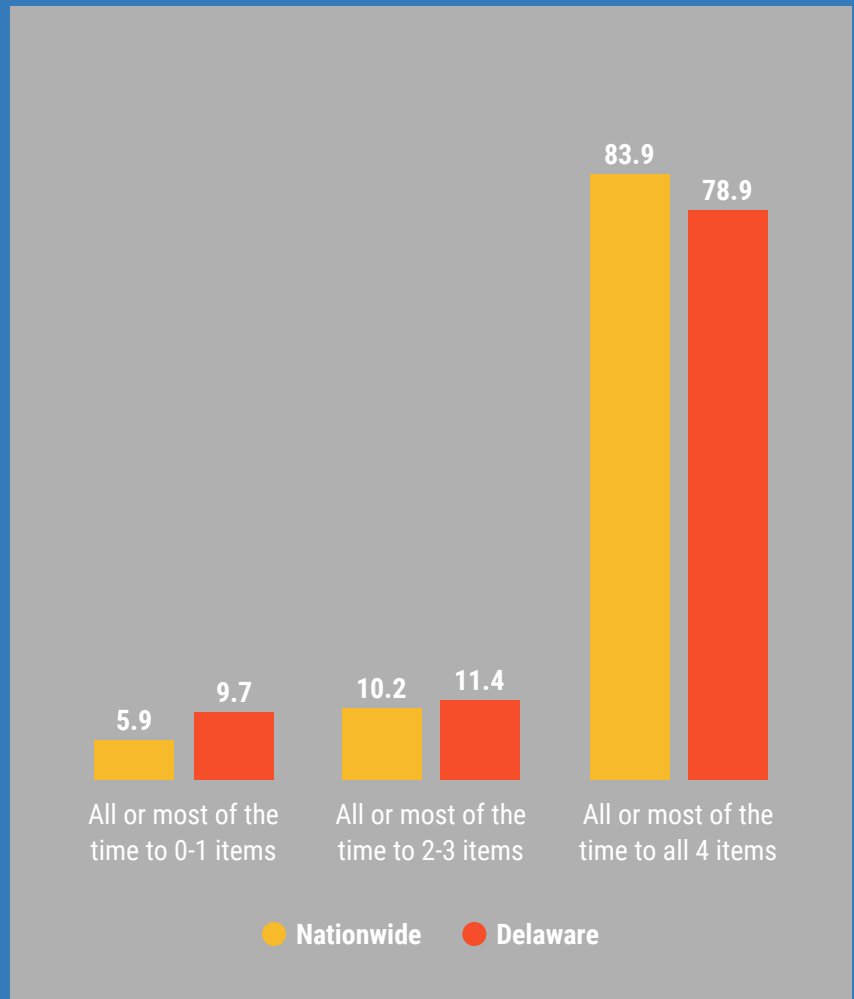
In 2021, 8th and 11th grade **students who reported feeling safe in their neighborhood also reported lower rates of anxiety and depression.**^b



Academic Achievement

In 2021, surveyed **students in 8th and 11th grade who reported higher grades also reported lower rates of vaping, alcohol, and marijuana use.**^b

Family Resilience Composite Measure* (%)



The National Survey of Children's Health includes four questions to determine the Family Resilience Composite Measure. About **79% of Delaware parents** report their child lives in a home with all four supports in place all or most of the time, which is lower than the national sample.^b

*The composite measure includes the following four items: talk together about what to do; work together to solve our problems; know we have strengths to draw upon; and stay hopeful even in difficult times.