Tobacco and Vaping in Delaware

Cigarettes vs. Vaping*

In 2021, while only 2% of 8th grade students reported using cigarettes in the past year, 7% of 8th grade students reported vaping in the past year.

Delaware Tobacco Use

Roughly 1 in 5 Delawareans (20.25%) aged 12 and older report using a tobacco product\(^a\) in the past month.\(^a\)

Perception of Harm

In 2021, nearly a third (30%) of 8th grade students reported that vaping poses a great risk, while nearly half (45%) believed smoking a pack of cigarettes poses a great risk.\(^b\)

Recent Trends in Vaping among 11th Grade Students (%)

Self-reported vaping among 11th grade students seems to have peaked in 2019. After a data gap in 2020 due to a lack of data, vaping rates dropped dramatically in 2021. However, this latest trend should be interpreted with caution given the likelihood of pandemic-related influences on data collection and substance use behavior.\(^b\)

Source(s):

\(^a\) National Survey on Drug Use and Health (NSDUH), 2019-2020.

Note: Delaware School Survey data is unweighted. 11th grade data was not available in 2020.

*Vaping refers to the use of any e-cigarettes, Juul, or any other vaping device.
\(^a\) Tobacco products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or snus), cigars, or pipe tobacco.