

Substance Use & Opioid Use Disorder: Who is Accessing Publicly Funded Treatment in Delaware? - A Preliminary Look



DELAWARE HEALTH AND SOCIAL SERVICES

Division of Substance Abuse and Mental Health



Background

Who provides publicly funded services?

The Division of Substance Abuse & Mental Health (DSAMH), a part of the Department of Health and Social Services (DHSS), serves Delawareans in need of publicly funded behavioral health and substance use related services

What client level treatment data is collected by DSAMH?

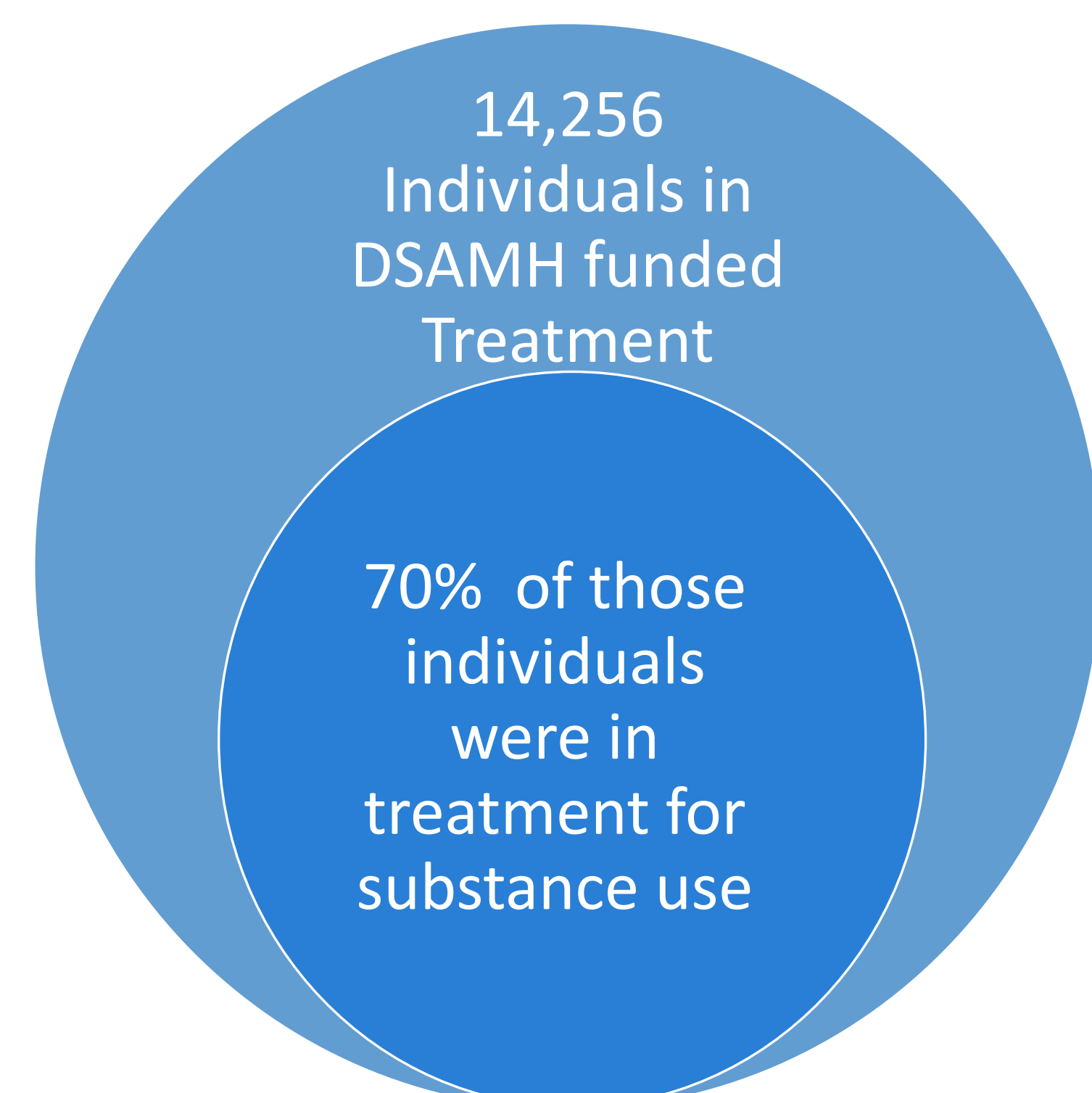
As part of a client's treatment, a client is asked questions about their demographics, substance use & mental health on the DSAMH Consumer Reporting Forms (CRFs)

Analysis - 2018 Data

The University of Delaware Center for Drug and Health Studies (CDHS), in collaboration with DSAMH's Statistics and Research Unit (SRU), are analyzing the CRF data with a focus on opioid use and disparities in treatment

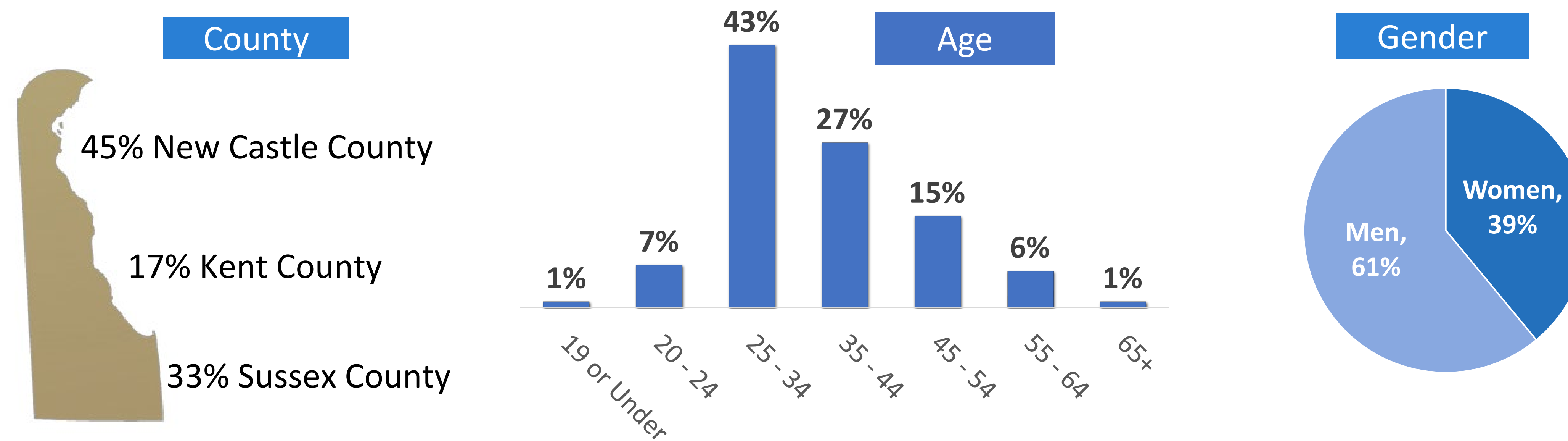
Early Stage Analysis - development of data cleaning procedures is still ongoing

2018 Data - Data presented only describes people receiving DSAMH services in 2018



Preliminary Findings - 2018 Data

Individuals in Substance Use Treatment Who Report Using Opioids, Past Year - 2018



Race	
Black	16%
White	78%
Multiple Races	4%
Other	1%

Hispanic or Latino	
Yes	5%
No	95%

Less than High School	29%
High School Completed	53%
Some College	15%
College Degree	3%
Advanced Coursework or Degree	<1%

Other Descriptors	
Homeless (at some point in 2018)	24%
Veteran or Active Duty	4%
Arrested (at some point in 2018)	13%
Received DSAMH Treatment as a Result of Legal System Involvement	16%
Reported Use of Both Opioids and Non-Opioids at the Same Admission	66%
Received More than One DSAMH Service in 2018	55%

	DSAMH Clients who Report Past Year Opioid Use	All DSAMH Clients	Population of Delaware
New Castle County	45%	48%	59%
Kent County	17%	17%	18%
Sussex County	33%	26%	23%
Women	39%	38%	52%
Men	60%	62%	48%
Black	16%	30%	22%
White	78%	64%	69%
Ages 25-34	43%	34%	13%
Homeless (at some point in 2018)	24%	20%	0.3%*

*Homelessness from Delaware State Housing Authority Report

Heroin Use Findings

52% Of Individuals Reported Using Heroin In the Past Year

Higher use of heroin in women - 58% of women in DSAMH substance use treatment reported having used heroin in the past year, compared to 45% of men

Higher heroin use in those identifying as White - 60% of clients who identify as White reported past year heroin use, compared to 26% of Black and 40% of multiple races. 60% of clients who racially identify as other also reported past year heroin use

Higher heroin use in ages 25-34 - 59% of clients who use substances, ages 25-34, reported using heroin within the past year

Higher heroin use in non-veterans and non-active duty - 51% of non-veterans and non-active duty individuals receiving DSAMH substance use treatment reported heroin use, compared to 34% of active duty and veterans

Next Steps

Qualitative interviews with DSAMH clients and providers began in late summer 2019

- Looking for facilitators and barriers to accessing, maintaining, and completing services

Continued partnership between DSAMH and UD to analyze treatment data to help inform data driven decisions, with a focus on identifying disparities to drive decision-making and resource allocation