



Maternal Behavioral Health Data

Preconception Health

Indicator, 2020	Delaware	All Sites
Any Reported Cigarette Smoking, 3 months before Pregnancy	18.5%	14%
Any Reported E-Cigarette Use, 3 months before Pregnancy	5%	5.2%
Heavy Drinking (8 or more drinks/week), 3 months before Pregnancy	2.7%	3%
Self Reported Depression, 3 months before Pregnancy	16.9 %	15.5%
Health Insurance Status - Medicaid, 1 month before Pregnancy	31.4%	23.5%
Health Insurance Status - None, 1 month before Pregnancy	10.2%	14%

Data Source: [Pregnancy Risk Assessment Monitoring System, CDC Division of Reproductive Health, National Center for Chronic Disease Prevention and Health Promotion](#)

Risk: Intimate Partner Violence

4.3%



Delaware women reported experiencing Intimate Partner Violence during the 12 months before pregnancy

2.7%



Delaware women reported experiencing Intimate Partner Violence during pregnancy

Delaware scored a D- on the 2023 The Policy Center for Maternal Mental Health Maternal Mental Health State Report Card

The report card grades states on three domains: providers and programs; screening and screening reimbursement; and insurance coverage and payment.

The National average score was a D.



Funding for the SEOW has been provided by the Delaware Department for Health and Social Services, Division of Substance Abuse and Mental Health through the Substance Abuse and Mental Health Services Administration (SAMHSA).



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During Pregnancy

Indicator, 2020	Delaware	All Sites
Any Reported Cigarette Smoking, during last 3 months of Pregnancy	9.1%	6.5%
Any Reported E-Cigarette Use, during last 3 months of Pregnancy	1.4%	1.5%
Self Reported Depression, During Pregnancy	15.9%	15.2%
Began Prenatal Care in 1st Trimester	79.4%	87.1%
Health Insurance Status - Medicaid, Prenatal Care	42.8%	36.6%
Health Insurance Status - None, Prenatal Care	2.3%	2.8%

Data Source: [Pregnancy Risk Assessment Monitoring System, CDC Division of Reproductive Health, National Center for Chronic Disease Prevention and Health Promotion](#)

Delaware Service Engagement



Nearly 7%

of women admitted to publicly-funded substance use treatment in DE in 2021 were pregnant.

Nearly 2%

of women admitted to publicly-funded mental health services in DE in 2021 were pregnant.

Data Source: Delaware Division of Substance Abuse and Mental Health Consumer Reporting Form, 2021.

Postpartum

Indicator, 2020	Delaware	All Sites
Any Reported Cigarette Smoking, Postpartum	12.3%	8.8%
Self Reported Depressive Symptoms, Postpartum	10.6%	13.4%
Had Maternal Postpartum Checkup	88%	88.1%
Health Insurance Status - Medicaid, Postpartum	40.7%	35.4%
Health Insurance Status - None, Postpartum	4.8%	7.2%

Data Source: [Pregnancy Risk Assessment Monitoring System, CDC Division of Reproductive Health, National Center for Chronic Disease Prevention and Health Promotion](#)



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