Delaware*

3,541 Conversations
1,980 Texters in Crisis
62% Shared Something for First Time
32 Suicide De-escalations
14 Active Rescues

Issues

- Relationships: 34% / Delaware, 33% / National
- Anxiety/Stress: 34% / Delaware, 33% / National
- Depression/Sadness: 34% / Delaware, 33% / National
- Suicide: 21% / Delaware, 21% / National
- Isolation/Loneliness: 19% / Delaware, 19% / National
- Self Harm: 12% / Delaware, 12% / National
- Grief/Bereavement: 4% / Delaware, 4% / National
- Eating/Body Image: 3% / Delaware, 3% / National
- Emotional Abuse: 3% / Delaware, 3% / National
- Bullying: 3% / Delaware, 3% / National
- Substance Use: 2% / Delaware, 3% / National
- Sexual Abuse: 2% / Delaware, 3% / National
- Physical Abuse: 1% / Delaware, 2% / National
- Gender/Sexual Identity: 1% / Delaware, 2% / National

Race/Ethnicity

- White: 69% / Delaware, 68% / National
- Black/African American: 18% / Delaware, 18% / National
- Hispanic/Latinx: 13% / Delaware, 13% / National
- Asian: 5% / Delaware, 4% / National
- Native American/Native Alaskan/Indigenous: 5% / Delaware, 4% / National
- Native Hawaiian/Pacific Islander: <1% / Delaware, <1% / National
- Middle Eastern/North African/Arab: <1% / Delaware, <1% / National

Sexual Orientation

- / 40% Heterosexual
- / 60% LGBTQ+

Gender

- / 3% Genderqueer
- / 2% Agender
- / 7% Trans
- / 13% Boys+Men
- / 75% Girls+Women

* State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.