Marijuana

13% of females 12 and over reported using marijuana in the past month (NSDUH, 2022).

Prevalence of Cannabis Use in Early Pregnancy, 2009-2018 (percentages)

In a study of pregnant patients aged 11 and older in Northern California, the overall rate of marijuana use during pregnancy rose from approximately 4% in 2009 to almost 9% in 2018 (Young-Wolff et al., 2022).

Marijuana: Women, Pregnant People, & Girls

Word Choice Regarding “marijuana” and “cannabis”: To preserve accuracy, whenever possible, the editors use the words, phrases, and data labels that are used in the original sources.

There is no known amount of marijuana safe for pregnant and breastfeeding women to consume. (Ryan et al., 2018)

THC, the main psychoactive component in marijuana, binds to the brain’s receptors and has been linked to:

- low birth weight
- increased likelihood of premature birth
- poor cognitive function
- hyperactivity
- problem solving issues

(Ryan et al., 2018)

Sources:

February 2024
Marijuana in Middle School

approximately 5% of female middle school students in Delaware report having ever used marijuana. (YRBS, 2021)

Marijuana in High School

Percentage of Female High School Students Reporting Marijuana Use (YRBS, 2021)

<table>
<thead>
<tr>
<th></th>
<th>U.S.</th>
<th>Delaware</th>
</tr>
</thead>
<tbody>
<tr>
<td>Past Month Use</td>
<td>18</td>
<td>17</td>
</tr>
<tr>
<td>Ever Used</td>
<td>31</td>
<td>34</td>
</tr>
</tbody>
</table>

Marijuana & Age at First Use

4% of Delaware high school females report trying marijuana before age 13 (YRBS, 2021)

Marijuana: Women, Pregnant People, & Girls

Youth who chronically use marijuana have been shown to be at increased risk of prescription misuse compared to youth who have never used marijuana (Jones & McCance-Katz, 2019).

Similarly, adults with marijuana use disorder have increased odds of experiencing an opioid use disorder (Harton et al., 2023).

Sources:

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