**SEOW MEETING MINUTES**

### February 13th, 2024

**9:30-11:30am** | **Zoom**
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#### Attendance
MJ Scales (UD-CDHS), Sharon Merriman-Nai (UD-CDHS), Rochelle Brittingham (UD-CDHS), David Borton (UD-CDHS), Dana Holz (UD-CDHS), Shauna Leahy (UD-CDHS), Cheryl Ackerman (UD-CDHS), Eileen Sparling (UD-CDHS), Yendelela Cuffee (UD), Nuno Martins (DSAMH), Amy Herb (DSAMH), Noel Duckworth (DSAMH), Karen McGloughlin (DPH), Caroline Judd (DPH), Teri Lawler (DOE), Thomas Morrison (SOD), Jonathan Rhodes (KIDS), James Ellison (Jefferson University), Janice Barlow (UD, KIDS COUNT), Kimberly Blanch (Beebee Healthcare), Shawn Stevens (Wilmington University), Michael McCline (Bellevue Community Center), Brandy Mace (SN4C), William Lynch (Jefferson University, atTack DE), Dionne Cornish (Brandywine Counseling Center), Jody Seyfferth (Delaware Counsel on Gambling Problems), Gloria James (retired, DPH), Hannah Edelman (Delaware Online/News Journal)

#### Welcome and Introductions

*Please note: A recording of this meeting’s featured presentations is available on our YouTube channel at: [https://www.youtube.com/channel/UCju6_hmcBAAd2LLn0Oxpw3Q](https://www.youtube.com/channel/UCju6_hmcBAAd2LLn0Oxpw3Q)*

Participants were welcomed by MJ Scales, PI of the SEOW. Members of the network and attendees were asked to introduce themselves in the chat.

MJ reviewed the agenda for the day:

- 4 goals of the SEOW
- SEOW Announcements and New Products
- Featured Presentation: *A 4-D View of Delaware’s Geriatric Behavioral Health Issues: Dementia, Depression, Drugs, and Diversity*
- Q/A and Discussion
- Network Share

#### The 4 Goals of the SEOW
MJ reviewed the 4 goals of the SEOW:

- Identify, analyze, and share data
- Create data-guided products
- Train communities in understanding and using data
- Building state and local level data monitoring systems

### New SEOW Data Products
MJ highlighted new **SEOW Products and Resources** that have been developed since our last meeting: the Annual SEOW program infographic; January 2024 3D webinar materials highlighting the behavioral health data in the annual epi profile (recording, slides, and links) and the suite of epi 2023 profile products (modules, infographics, executive summary data visualization, and slides); and the upcoming brief cannabis report as well as the updated older adults and behavioral health infographic.

![Image](image.png)

**Since we last saw you in August...**

NEW!
- 2023 SEOW Annual Infographic
- 3D Webinar Materials
- Epi Report Executive Summary
- Epi Report Slides
- Cannabis Short Report

*Updated*
- Older Adults & Behavioral Health Infographic

All this and more available on our website soon!

### Featured Presentation:
Sharon Merriman-Nai introduced the Dr. James Ellison, geriatric psychiatrist, Professor of Psychiatry and Human Behavior, and director of the Comprehensive Alzheimer’s Center at Thomas Jefferson University. Dr. Ellison, also the former director of the Christiana Care Swank Center for Memory Care and Geriatric Consultation, provided a comprehensive overview of behavioral health issues among older adults. The presentation highlighted topics of dementia, depression, issues related to substance use and polypharmacy, and also highlighted populations at disproportionate risk for various concerns. National and Delaware data were presented. Dr. Ellison also discussed workforce challenges and available resources.
A “4-D” View of Delaware’s Geriatric Behavioral Health Issues: 
*Dementia, Depression, Drugs, and Diversity*

James M. Ellison MD, MPH
Director, Comprehensive Alzheimer’s Center,
Vickie & Jack Farber Institute for Neuroscience, Jefferson Health
Professor of Psychiatry and Human Behavior
Sidney Kimmel Medical College, Thomas Jefferson University
Philadelphia, PA

The group engaged in a robust question and answer discussion following the presentation, covering topics such as difficulty navigation of healthcare systems and specialists, Alzheimer’s disease risk factors, older individuals and cannabis, behavioral health screenings in geriatric settings and workforce challenges, the role of talk therapy, etc.

*(Please note: Downloadable copies of the presentation slides are available on the SEOW Presentations page and a recording is available on our YouTube channel.)*

### Network Share and Future Steps

Following a question-and-answer period, participants were reminded to visit the SEOW website to download new data products, including those highlighted in today’s meeting. They were also encouraged to share news and resources with the SEOW facilitator team and to reach out for data technical assistance by contacting MJ Scales (mjscales@udel.edu).

Announcements included Take Back Drug Day, SHIP Coalition Meeting, Partnerships for a Healthy Community Professional Mix and Mingle; Health Equity Conference; Bridge Conference; and the DSAMH Opioid Response Conference.

The next SEOW semi-annual meeting will be held in Summer 2024.

*Many thanks for your continued support and participation in the Delaware SEOW!*
NOTE: All links shared throughout the meeting will be posted in a document alongside other relevant meeting materials. For more information, please visit the SEOW Presentations page. A recording of the meeting, excluding the CHOP presentation, is available on our YouTube channel.

Funding for the SEOW has been provided by the Delaware Department of Health and Social Services, Division of Substance Abuse and Mental Health through a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).