



# Opioid Infographic Series

## Topic: Effects of Opioid Use During Pregnancy

**Women with opioid use disorder and their infants face critical barriers to optimal care, such as potential legal consequences, stigma, lack of education among healthcare professionals, and fragmented systems of care (Savin & Paul, 2016).**



- Maternal death
- Poor fetal growth
- Preterm birth
- Stillbirth
- Specific birth defects
- Neonatal abstinence syndrome



- Central nervous system irritability, such as tremors or seizures
- Gastrointestinal dysfunction, such as feeding difficulties
- Temperature instability



- Developmental delays
- Motor skills problems
- Learning and behavior problems
- Speech and language problems
- Sleep disorders
- Hearing and vision problems



**14 per 1,000**  
newborn hospitalizations in Delaware involved  
neonatal abstinence syndrome (NAS)\*, in 2021.



\*NAS is a withdrawal syndrome that occurs in newborns who have been exposed to drugs, *most commonly opioids*, during pregnancy (March of Dimes, 2025)

This infographic series is interactive.

To open the webpage associated with the above information, click on the author's name in parentheses.



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