



Early Start Denver Model (ESDM)

Are you struggling to find a good program to help your kids with Autism Spectrum Disorder (ASD)? This is where you may find an answer!

What is ESDM?

The Early Start Denver Model (ESDM) is a behavioral therapy program for children with autism spectrum disorder (ASD) between the ages of 12-48 months.

- Play and joint attention with parents and therapists
- Everyday activities
- Building positive relationship
- Encourage interaction and communication



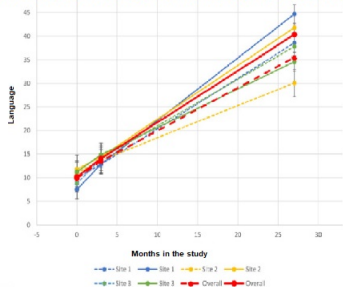
Does ESDM work?

The ESDM was examined by many researchers, and existing evidence suggests that ESDM was able to improve both language abilities and IQ scores in children with ASD (Dwoson et al., 2010):

- Receptive language improved 18.9
- Expressive language improved 12.1
- IQ increased up to 17 points



Children's receptive/expressive language (age equivalent) average scores on Mullen Scales of Early Learning (MSEL) increased after ESDM treatment (Roger et al., 2019)



Two more notes!

1. You have the option to enroll your child in either a specialized ASD setting or a typical classroom setting, since research has shown that both setting work similarly in help children with ASD (Vivanti et al., 2018)
2. Children who are within the age range of 12-48 months are the most appropriate candidates for ESDM (Vivanti et al., 2016)

